

CLASS - 1

Nagaland Heritage Studies

CHOKRI



STATE COUNCIL OF EDUCATIONAL RESEARCH & TRAINING (SCERT)
and STATE CENTRE OF NAGALAND LANGUAGES (SCNL), DSE



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NAGALAND HERITAGE STUDIES | CLASS 1 - CHOKRI

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Illustrator: Imtinungsang Longchar

FOREWORD

The Nagaland Heritage Studies (NHS) is a series of 18 officially recognized Nagaland languages from classes 1 up to 8. These books aim to teach the Nagaland Languages using local culture and heritage as its content base and also promote cultural richness of every tribe and community. The introduction of the Nagaland Heritage Studies in the State's schools from 2018 was in consonance with the guidelines of the National Curriculum Framework (NCF) 2005. The Nagaland Heritage Studies textbooks revised edition covers the learning needs of the students which have added meaningful illustrations. The NHS textbooks are evolving to better language learning of Mother Tongue which is the core basis of one's identity, history and culture.

The State Council of Educational Research and Training & SCNL would like to express gratitude to Professor D. Koulie for his contributions.

We would also like to acknowledge the Department of Arts and Culture, DIPR, all Literature Boards, Tribal Hohos, and the individuals concerned for their contributions towards the development of Nagaland Heritage Studies Textbooks.

The Council & SCNL also wishes to extend its gratitude to Smt. Kevileno Angami, Commissioner & Secretary, Government of Nagaland, SCERT and School Education for sharing valuable suggestions towards improving/updating of Nagaland Heritage Studies textbooks.

Lastly, appreciation goes to SCERT and SCNL team members who have worked hard in completing the NHS textbooks revision on time.

Dated: Kohima the 7th of November 2022.



THAVASEELAN K
Principal Director (IAS)
School Education, Nagaland, Kohima



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Director,
SCERT, Nagaland, Kohima

VAPHRAJÜ

Nagami utho u jü kükrekrekübako hi mükrü pö bayi mozoküsu na küphrida thipö tayhece lü phriyi küve thiyiküta na u nüba. Lüsü mhase cho co müreyo küzhomiko mütsümüce de rhüpö kümüta pö kütasa küphrinumiko po u tho u jü phri mozoküsu na mharhü müta. Veli Nagaland lü-e thüzho süko müdзи tүйi mo tina rünükümo pö thi vorite. Süziküba dolü SCERT ko utho u jü lü küphrida doso 5 kütsona khipö pariyiküta zöde Nagami swöye mütü mhase cho co kümha de u se zhiyitaküto mülüba.

Nagami utho u külhüzhörüle jö phriküti hi khreküsanumi po u jü phrise, thoseyi, ukümüle seyi mu u jü hi unüyiküte thisüte. Sümhuri ukrüne zhorüle küveko khiyi mu müdзиyi küve pö thisüte.

Küphrida doso 5 lü hi ngoyiküti Nagami hi dipöbi de vo u cejü lü lhüyi, dipö cho co vori, dibide kümüthi kümükroyo, litho lithi thiyo, dipö teti tekrayo, dipö tüce tsakhayo, dipö tüce khro thünye nyeyo mu dibi de nyeyo mu ube mhatho türhi türha küthido kümhatiko pö kümületho thide phri tozü.

Süna küphrida pö pariküyi zöde khreküsanumi po u krüne jö seküyi lübi mo de utho u jü seyi mozoküsu lүйi mu seyiküto müriyo.

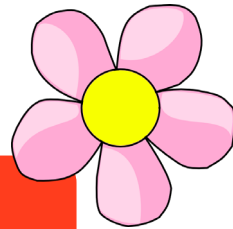
Vala lü, Chokri Chakhesang Literature Committee za lü posü künyiyo kütasa Nagaland Government mu bahoshi SCERT-e u küvethoyo khasü de Nagami külhü jö küphrida khipö pariküyi na unürizote mu müzari zoho thiküti posüyo.



(JOLAYI NIENU)

Chairman

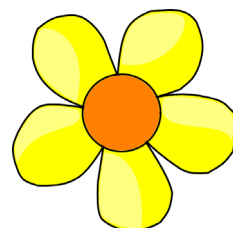
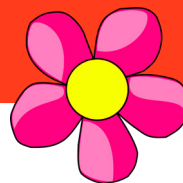
Chokri Chakesang Literature Committee



Ulükübako

Lha

1. Mhasekho mu qhüphrako	1
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THÜPHRİ 1

Mhasekho mu qhüphrako

Seyiküto coleko:

1. U jü lü mhasekhoko seyi.
2. Mhasekho qhüphrako seyi.
3. U jü lü mhasekho qhüphrao zöde putüo poseyi.

Mhasekhoko mu uqhüphrako

Aa = a

Hh = h

Oo = o

Vv = v

Bb = bi

li = i

Pp = p

Ww = w

Cc = c

Jj = j

Qq = q

Xx = x

Dd = d

Kk = k

Rr = r

Yy = y

Ee = e

L = l

Ss = s

Zz = z

Ff = f

Mm = m

Tt = t

Üü = ü

Gg = ko

Nn = n

Uu = u

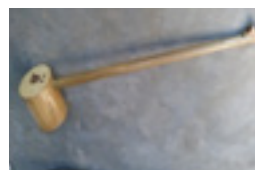
Aa



Rase



Küka



Tati

Bb



Bavü



Baro



Bine

Cc



Ci



Cekha



Cekho

Dd



Düphe



Do



Dikre

Ee



Pe



Cephose



Se

Ff



Fhü



Fhüse

Gg



Gapa



Gochi



Gugo

Hh



Haho



Hetu Pü



Heka

Ii



Pi



Tizaa



Diku

Ji



Ji



Jekho



Jethu

Kk



Küle



Küvü



Küce

Li



Le



Lakho



Lülü

Mm



Mürha



Mürose



Mavü

Nn



Nüna



Nhaco



Nyepü

Oo



Ohe



Qo



Thüvo

Pp



Phaqü



Pekhü



Punose

Qq



Qhide



Qhüdü



Qhülha

Rr



Rüngu



Rüda



Rüpu

Ss



Sako



Saro



Sü

Tt



Tükho



Tüshi



Tühe

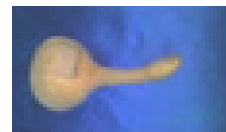
Uu



Ruu



Mükhu



Müku

Üü



Mhü

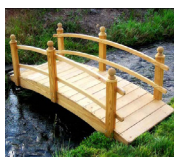


Mürü



Külü

Öö



Pö



Labö



Söqö

Vv



Verü



Vüzü



Vükrü

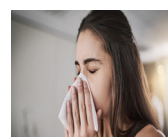
Ww



Wi



Whi



Whü

Xx



Xhünxhü



Xhadzo

Yy



Yi



Yhota



Yode

Zz



Ze



Zesho



Zekhrene

Dodiküti:

A. Mhasekho phri mu jücoko phri mütosüte.

B. U jü lü Mhasekho seyi de thosüte.

**C. Mhasekhoko qhüphrako pö sü müchükütiko lü
lusüte.**

A _____

B _____

C _____

D _____

E _____

F _____

G _____

H _____

I _____

J _____

K _____

L _____

M _____

N _____

O _____

Ö _____

P _____

Q _____

R _____

S _____

T _____

U _____

Ü _____

V _____

W _____

X _____

Y _____

Z _____

D. Mhasekhoko utülü kūsaso de pö kükhüsala süte.

B _____	N _____
D _____	Ö _____
C _____	P _____
A _____	T _____
E _____	R _____
G _____	Q _____
F _____	S _____
H _____	U _____
L _____	Ü _____
J _____	W _____
I _____	V _____
K _____	Z _____
M _____	X _____
O _____	Y _____

E. Jüco tho thüra lü qhüphrako sö de thakako khapü thosüte.

1. A _____	6. H _____
2. P _____	7. S _____
3. T _____	8. V _____
4. Ü _____	9. O _____
5. M _____	10. R _____

THÜPHRI 2

Khorokho (1-20)

Seyiküto coleko:

1. Khorokho zako seyi 1-20.
2. Khorokho zako kūsaso de seyi.
3. Khorokho zako putü thi de po mu phriseyi.
4. Khorokhoko pö thüzako zön kükhüsüte.

Uko küzö tsale hi thiqhe

Pö dotsü, küna dotsü

Sö dotsü Nagako

Da dotsü, pöngu dotsü

Sorö dotsü Nagako

Thüna dotsü, tüttha dotsü

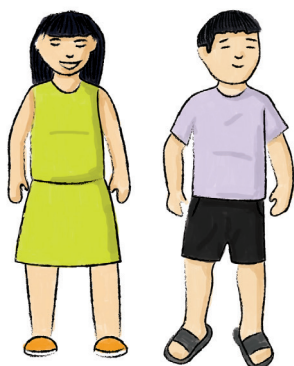
Thüci dotsü Nagako

Küri dotsü Naga puneko.

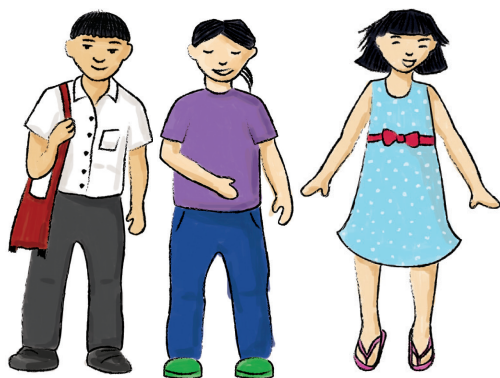
Uko phri mu soseyi qhe:



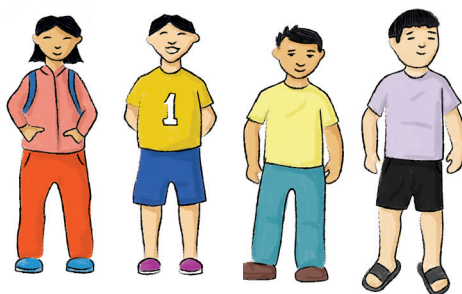
1- pö



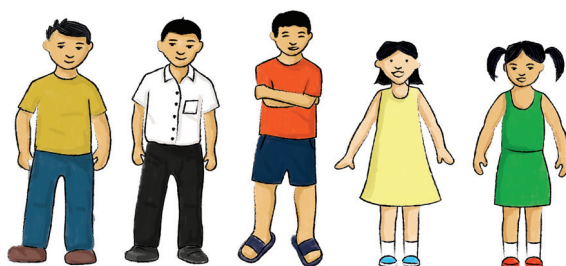
2- küna



3- sö



4- da



5- pöngu



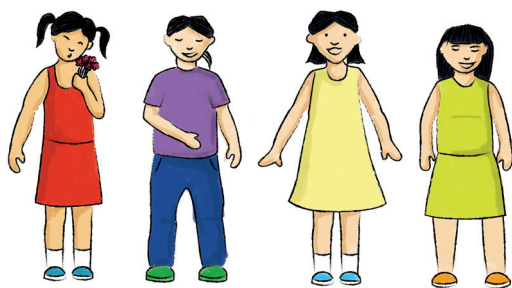
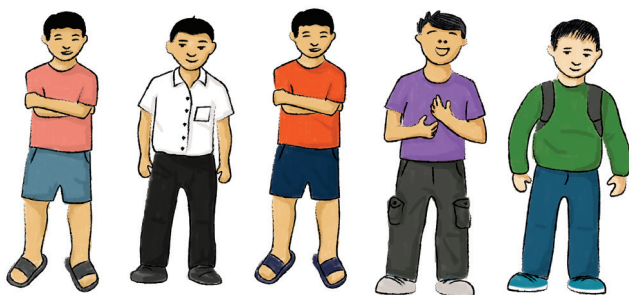
6- sorö



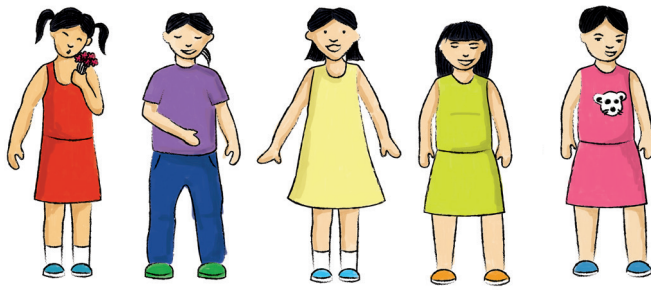
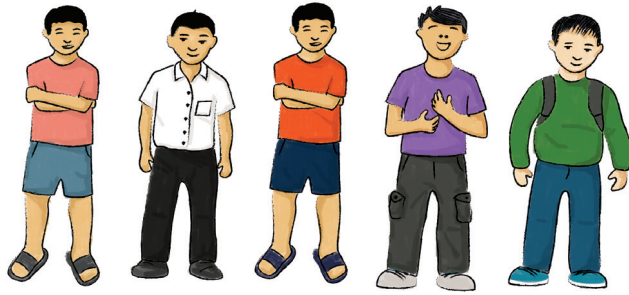
7- thüna



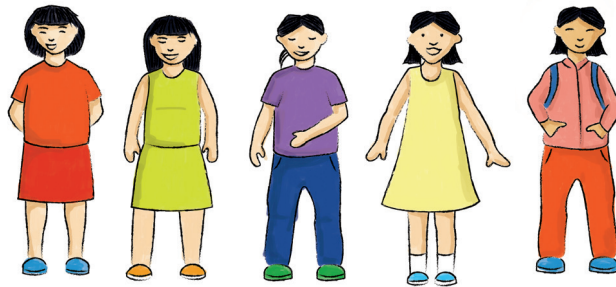
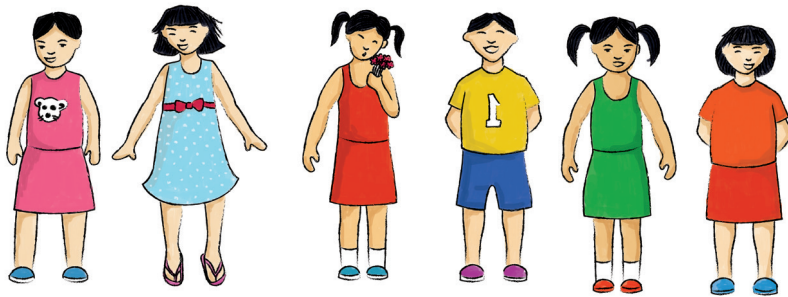
8- tütha



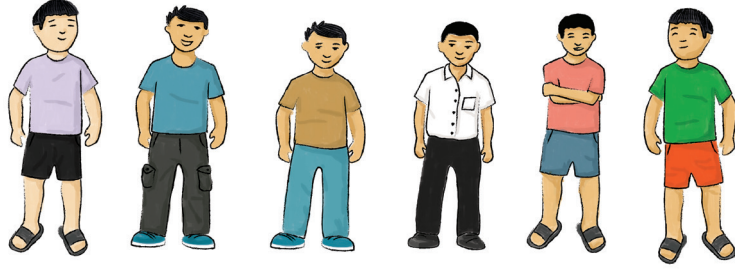
9- thüci



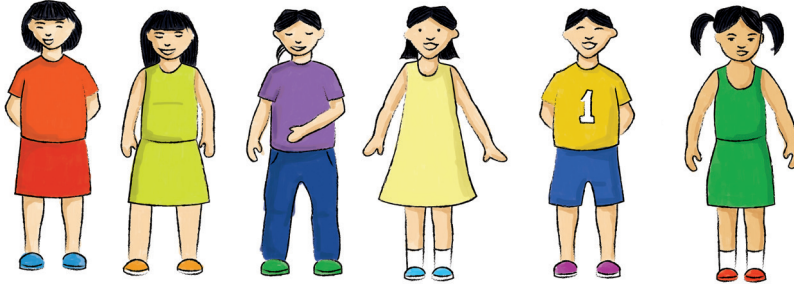
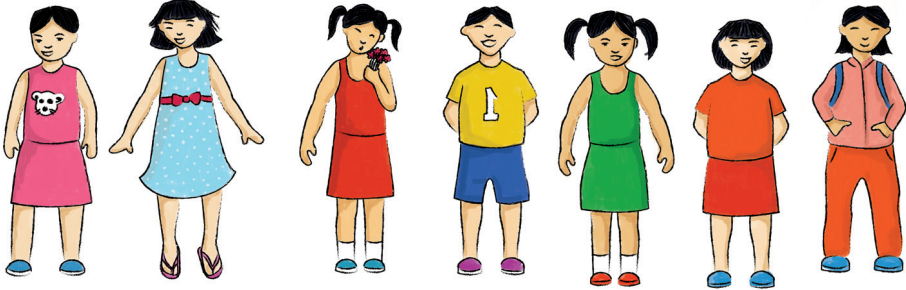
10- küri



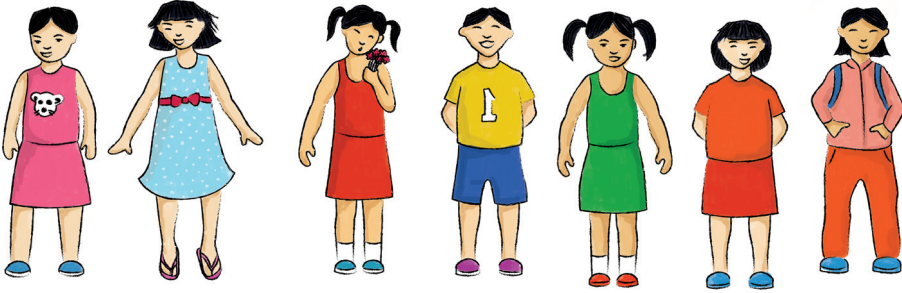
11- Küripökri



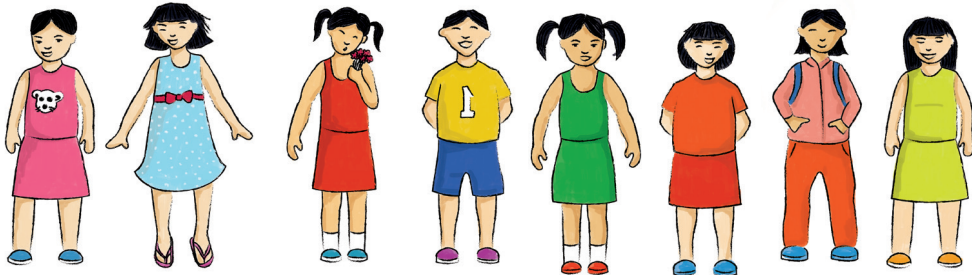
12- K rik na



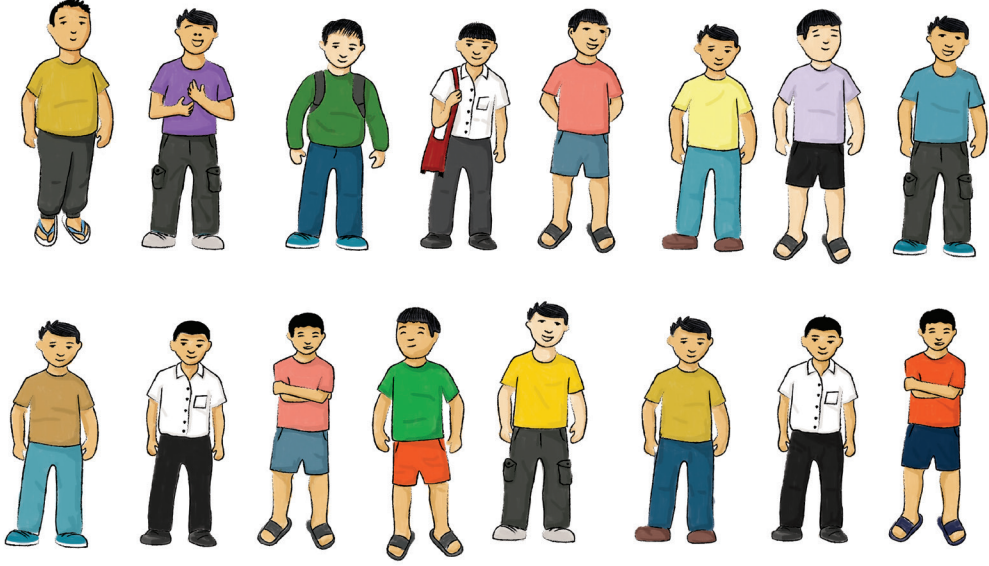
13- K ris 



14- Kürida



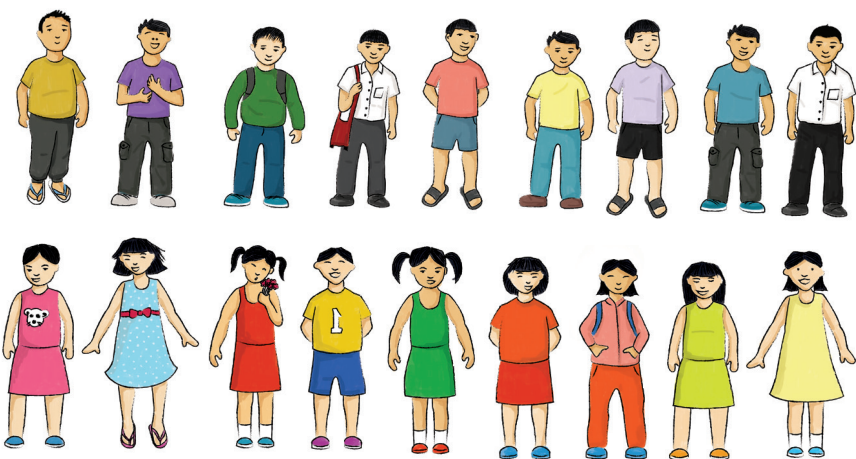
15- Küripöngu



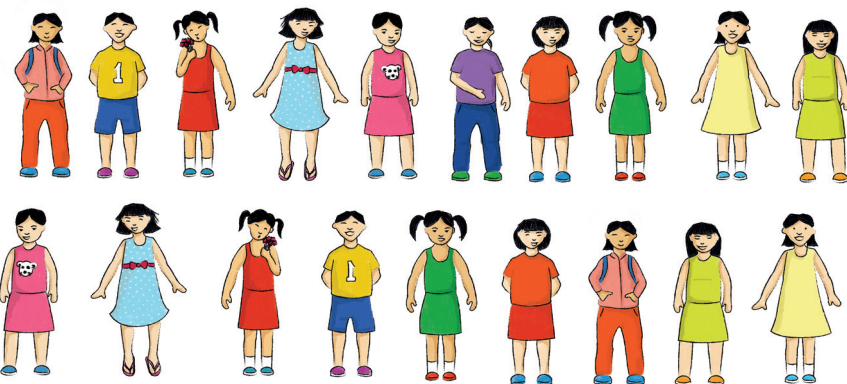
16- Kürisorö



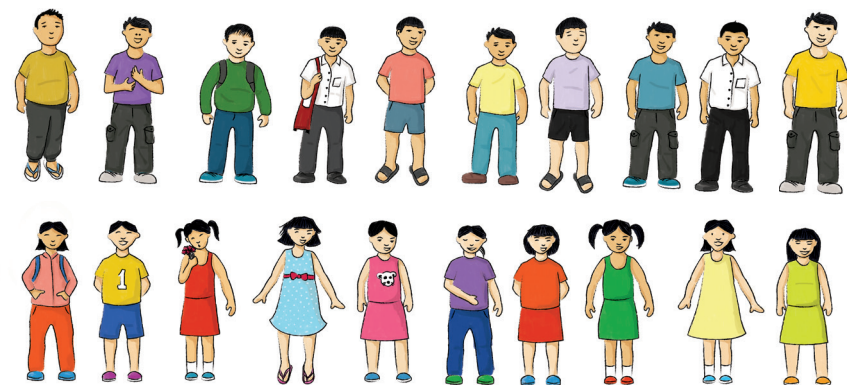
17- kürithüna



18- Kürütütha



19- Kürithüci



20- Müci

Dodiküti:

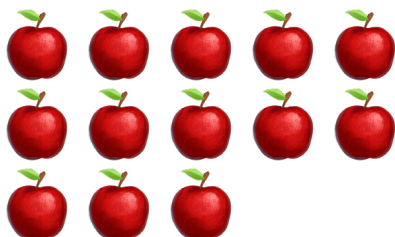
A. Hikho lü mharheko pesüte. Mharheko phrisü de khorokho za thosüte. Thaka pö thima.

1.



Küri

2.



3.



4.



5.



6.



B. Khorokho mharheo zöü dümitio thasüte side khorokho za thosüte. Thaka pö thima.

Khorokho

Mharhe

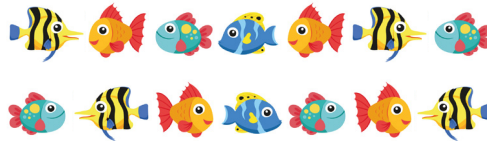
Khorokho Zako

3



Sö

14



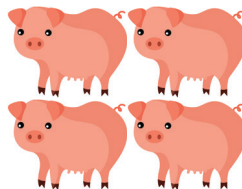
8



20



4



11



C. 1-20 khongu lü thosüte.

D. Kürhüküzu khoroko kükiyo lü khoma ma küti zholü thiküsala süte.

8,4,2,6,20,10,5,18,1,16,14,3,7,9,11,15,12,17,13,19

E. Kürhüküzu khoroko kükholü kima ma küti zholü thiküsala süte.

8,4,2,6,20,10,5,18,1,16,14,3,7,9,11,15,12,17,13,19

F. Khoroko müchükütiko lü khoroko kha kükhü süte.

1		3		5
	7		9	
11		13		15
	17		19	

THÜPHRI 3

Zhophrido lü tüsozhoko

Seyiküto coleko:

1. Zhophrido tüsozho zako seyi.
2. Zhophrido tüsozho zako po mu poseyi.
3. Zhophrido tüsozho küsasokütiko seyi.
4. Kütsokütiko külasüte.

Zhophrido pö lü tüsozho thüna bayo.

Süko lizo:

Monday	-	Zhole
Tuesday	-	Zhodu
Wednesday	-	Zhokri
Thursday	-	Zhotsö
Friday	-	Zhongu
Saturday	-	Zhoyi
Sunday	-	Zhodü

Ngane zhole nha qhü münyi,
Zhodu nha tülhe thi,
Zhokri nha qhüko thürü,
Zhotsö nha ce thi kümüsa,
Zhongu nha qhü nyo,
Zhoyi nha tizhe lü mhathi,
Zhodü nha rülüyi.

Dodiküti:

A. Ngane marhe pesüde ukhro lü kütso kübako külasüte.



1. Dipö küthice Ngane qhü münyioa?

2. Dipö küthice Ngane tülhe thiyoa?



3. Dipö küthice Ngane qhüko thürüyoa?



4. Dipö küthice Ngane ce thi kûmûsayoa?

5. Dipö küthice Ngane qhûko nyoyoa?



6. Dipö küthice Ngane tizhe lû mhathiyoa?

7. Dipö küthice Ngane rûlüiyoa?



B. Jücho hiko thotsosüte:

1. _____ satü nha zhodu.
2. _____ mu _____ dolü zhotsü ba.
3. _____ zhodü mhüdzü ba.
4. Zhophrido pö lü _____ tüsozho kürathoyo.
5. Zhophrido pö lü _____ tüsozho künuthoyo.

C. Zhophrido tüsozho zako phriseyi side pö n lüsi lü thoyi.

D. Zhophrido pö lü tüsozhoko rheküsala pö putü lü süte.

Zhongu	
Zhole	
Zhodü	
Zhodu	
Zhoyi	
Zhokri	
Zhotsö	

E. Ubo küza küma lü zhophrido lü tüsozhoko thosüte.

Zhodü	4
Zhongu	1
Zhole	7
Zhotsö	5
Zhoyi	2
Zhodu	6
Zhokri	3

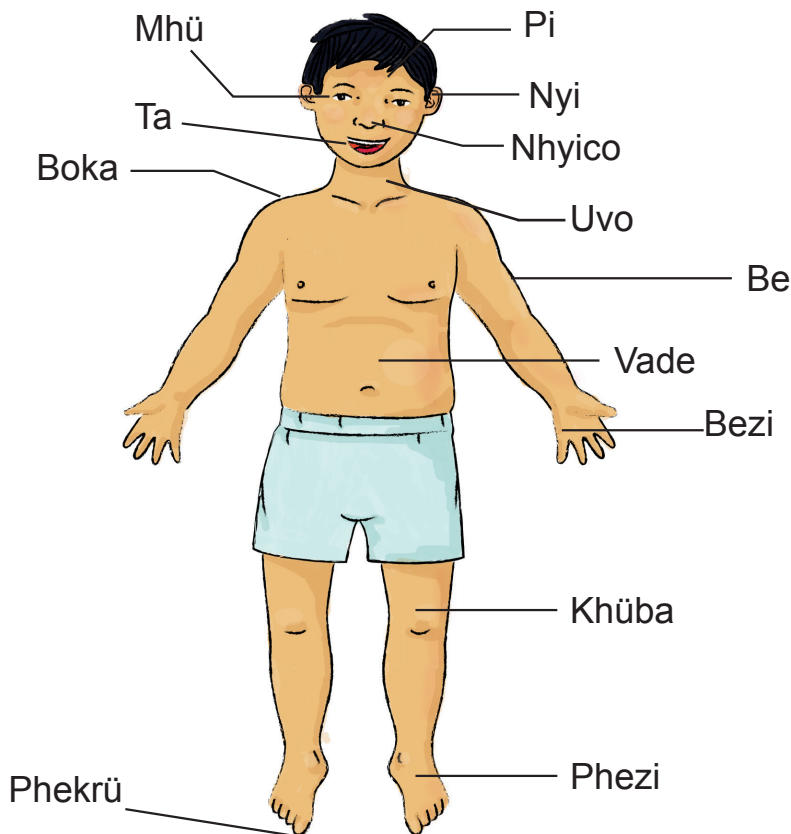
THÜPHRI 4

A mo - I

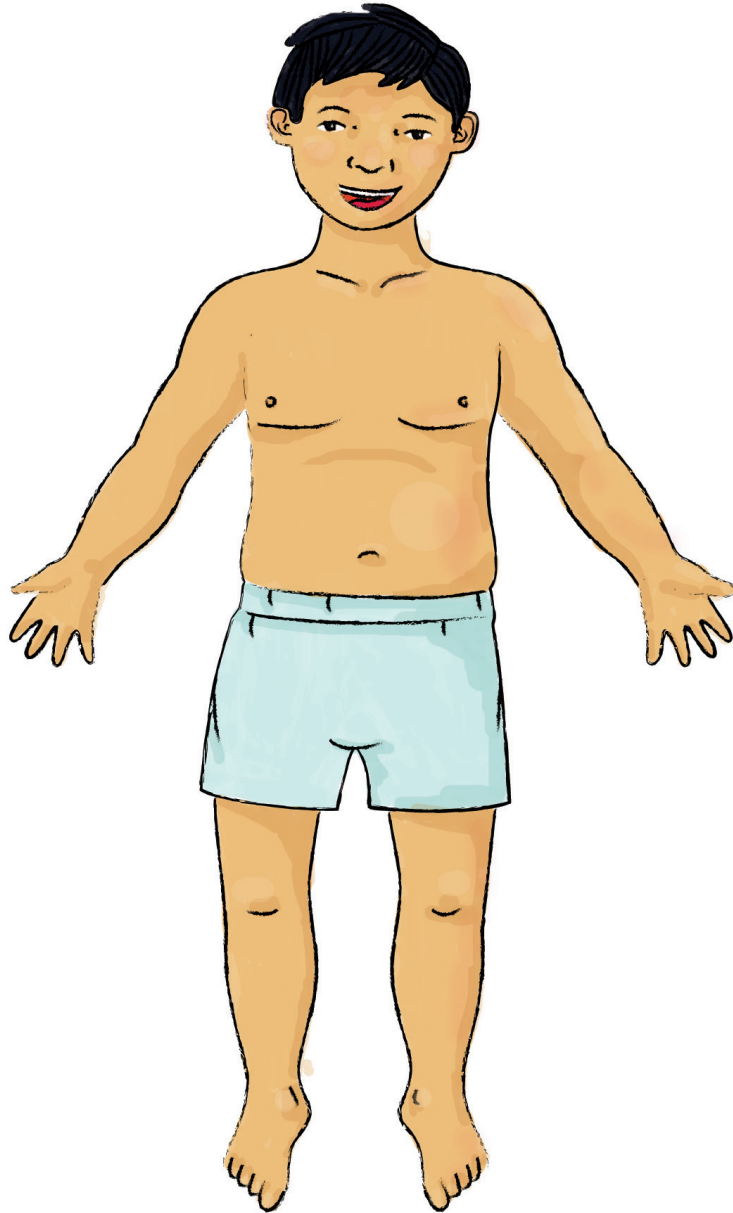
Seyiküto coleko:

1. N mo zatho kükrekretiko seyi.
2. N mo zatho kükrekrekütiko se kükreyi.
3. Zathoko utü thide po mu poseyi.
4. Thüphri lü kütsokütiko külasüte.
5. Thüphri lü küpo mu kütho nyi thitso süyi.

Mharhe pe sü de n mo zhatho kükrekrekütiko phri mütö süte.



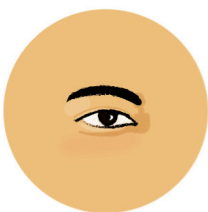
Marhe mükhro lü kübako pesü de rhö pö künhüsüte; pi,
boka, khüba, mhü, nyi, nhyi mu ta.



Dodiküti:

A. Mharhe lha 23 pe sü de n mo zhatho kükrekrekütiko phri müto süte.

B. Umo zatho hiko thosüte.



1. _____



2. _____



3. _____



4. _____

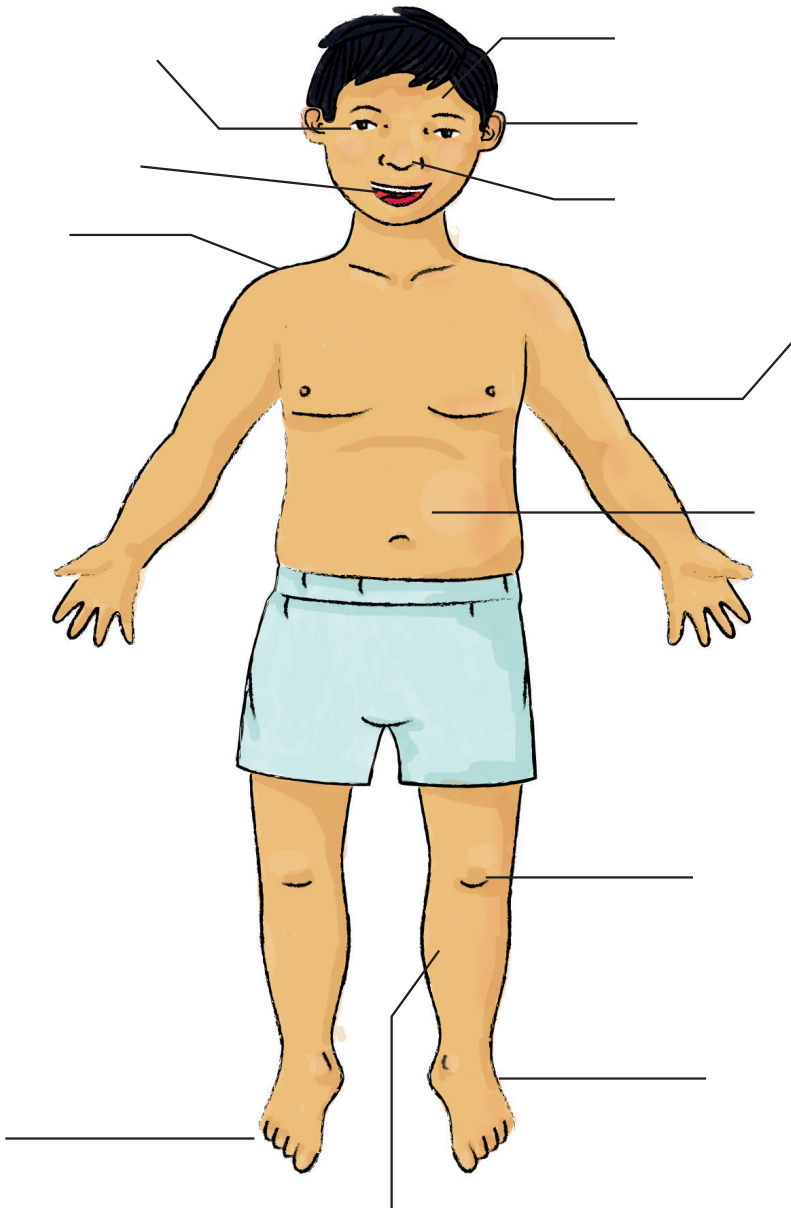


5. _____

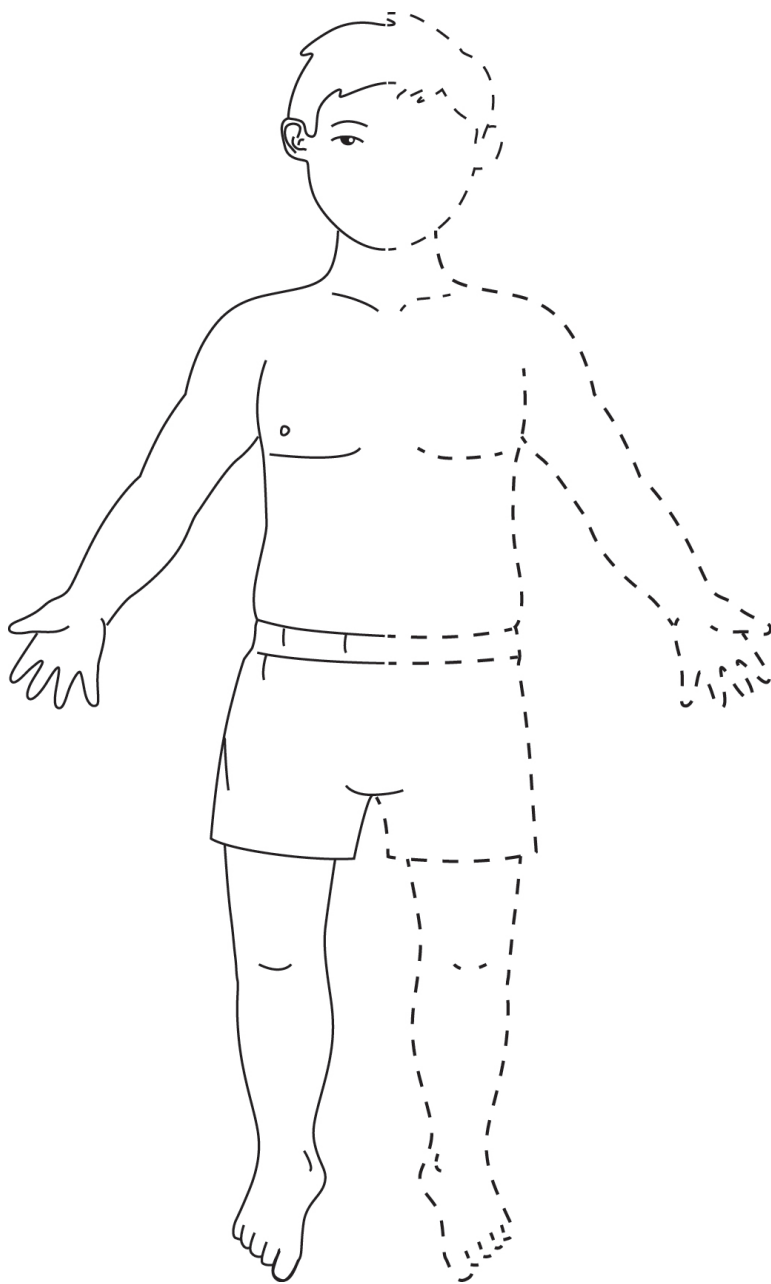


6. _____

C. Umo zatho-o thaküsüko thosüte.



D. Marheo rheticsüte side umo zatho kükrekretiko pö thosüte.



THÜPHRI 5

A ci

Seyiküto coleko:

1. Ci bo kükrekretiko za seyi.
2. Ci bo zako utü thide po mu poseyi.
3. Ci bo lü mhanyo zako utü thide po mu poseyi.
4. Thüphri lü kütsokütiko posüte.



Hihi-e mhashobö



Hihi-e zibo



Hihi-e dzülubö



Hihi-e methibo

Dodiküti:

A. Thüphri lü mharhe khakümako jö küposüte. Jüco khapö botu lü sü kümako phrisüde u küsö jö küposüte.

B. Jüco hiko seyi. Phri mütosüte mu thosüte.



Rhese



Qhüsü



Becebö



Pikhü



Tavole



Rhawhu



Thübükhu



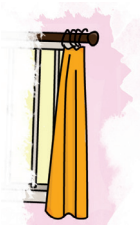
Lekhüba



Bade



Mephö



Cekhaqhü



Mharhe shibotu



Nyepübö



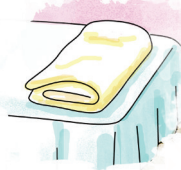
Zikhra



Mütsu cobaju

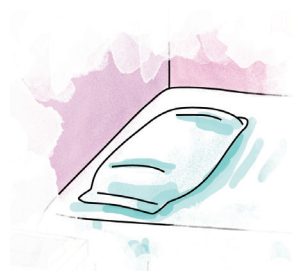
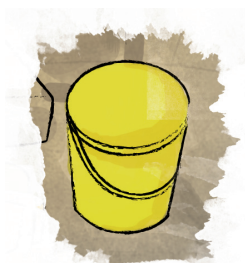
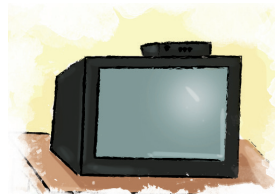
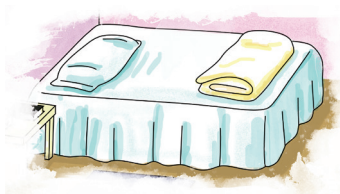


Müku



Qhüdü

C. Mharheko pesü de pö u bo utüo lü sūsüte.



Zibo

Methibo

Mhashobö

Dzülubö

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

D. Poküti: N doso lü kübako ce ncelü thüthi nkünüthoyo
jücho pö küna khi püsü küzasüte.

THÜPHRI 6

Tütse Pö Lü Khriphriko



Kükhrü küzōneko,
uko mharhe hikhro
lū kūbao pesūqhe

Seyikūto coleko:

1. Tütse pö lū tūkhri zako seyi.
2. Tūkhri zako po mu poseyi.
3. Tütse pö lū tūkhri kūsaso kütiko seyi.
4. Kūtsokütiko kūlasüte.

KHRIPHRI 2023

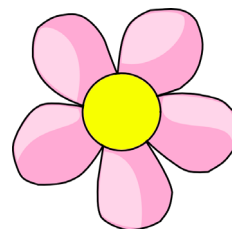
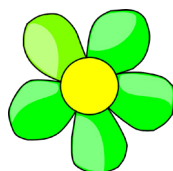
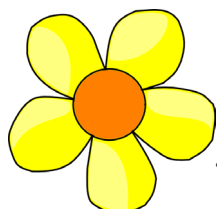
Thora						Tsakro						Tsarhü					
Zhole	30	2	9	16	23	Zhole		6	13	20	27	Zhole		6	13	20	27
Zhodu	31	3	10	17	24	Zhodu		7	14	21	28	Zhodu		7	14	21	28
Zhokri		4	11	18	25	Zhokri	1	8	15	22		Zhokri	1	8	15	22	29
Zhotsö		5	12	19	26	Zhotsö	2	9	16	23		Zhotsö	2	9	16	23	30
Zhongu		6	13	20	27	Zhongu	3	10	17	24		Zhongu	3	10	17	24	31
Zhoyi		7	14	21	28	Zhoyi	4	11	18	25		Zhoyi	4	11	18	25	
Zhodü	1	8	15	22	29	Zhodü	5	12	19	26		Zhodü	5	12	19	26	

Tsade						Tsapörala						Zhore					
Zhole		3	10	17	24	Zhole	1	8	15	22	29	Zhole		5	12	19	26
Zhodu		4	11	18	25	Zhodu	2	9	16	23	30	Zhodu		6	13	20	27
Zhokri		5	12	19	26	Zhokri	3	10	17	24	31	Zhokri		7	14	21	28
Zhotsö		6	13	20	27	Zhotsö	4	11	18	25		Zhotsö	1	8	15	22	29
Zhongu		7	14	21	28	Zhongu	5	12	19	26		Zhongu	2	9	16	23	30
Zhoyi	1	8	15	22	29	Zhoyi	6	13	20	27		Zhoyi	3	10	17	24	
Zhodü	2	9	16	23	30	Zhodü	7	14	21	28		Zhodü	4	11	18	25	

Kröti						Zholo						Yidü					
Zhole	31	3	10	17	24	Zhole		7	14	21	28	Zhole		4	11	18	25
Zhodu		4	11	18	25	Zhodu	1	8	15	22	29	Zhodu		5	12	19	26
Zhokri		5	12	19	26	Zhokri	2	9	16	23	30	Zhokri		6	13	20	27
Zhotsö		6	13	20	27	Zhotsö	3	10	17	24	31	Zhotsö		7	14	21	28
Zhongu		7	14	21	28	Zhongu	4	11	18	25		Zhongu	1	8	15	22	29
Zhoyi	1	8	15	22	29	Zhoyi	5	12	19	26		Zhoyi	2	9	16	23	30
Zhodü	2	9	16	23	30	Zhodü	6	13	20	27		Zhodü	3	10	17	24	

Shera						Nguha						Zhove					
Zhole	30	2	9	16	23	Zhole		6	13	20	27	Zhole		4	11	18	25
Zhodu	31	3	10	17	24	Zhodu		7	14	21	28	Zhodu		5	12	19	26
Zhokri		4	11	18	25	Zhokri	1	8	15	22	29	Zhokri		6	13	20	27
Zhotsö		5	12	19	26	Zhotsö	2	9	16	23	30	Zhotsö		7	14	21	28
Zhongu		6	13	20	27	Zhongu	3	10	17	24		Zhongu	1	8	15	22	29
Zhoyi		7	14	21	28	Zhoyi	4	11	18	25		Zhoyi	2	9	16	23	30
Zhodü	1	8	15	22	29	Zhodü	5	12	19	26		Zhodü	3	10	17	24	31

U bo lü rhö kümüre pö müsozu jüco tho kümako lizo tütse pö lü tühri zako.



Tütse pö lü tükhri 12 bayo:

Tükhri küräo - **Thora**
January

Tükhri künao - **Tsakro**
February

Tükhri söo - **Tsarhü**
March

Tükhri dao - **Tsade**
April

Tükhri pönguo - **Tsapörala**
May

Tükhri soröo - **Zhore**
June

Tükhri thünao - **Kröti**
July

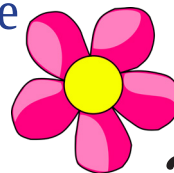
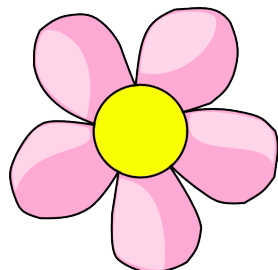
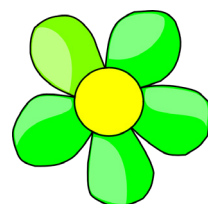
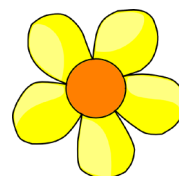
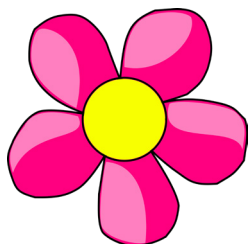
Tükhri tüthao - **Zholo**
August

Tükhri thücio - **Yidü**
September

Tükhri kürio - **Shera**
October

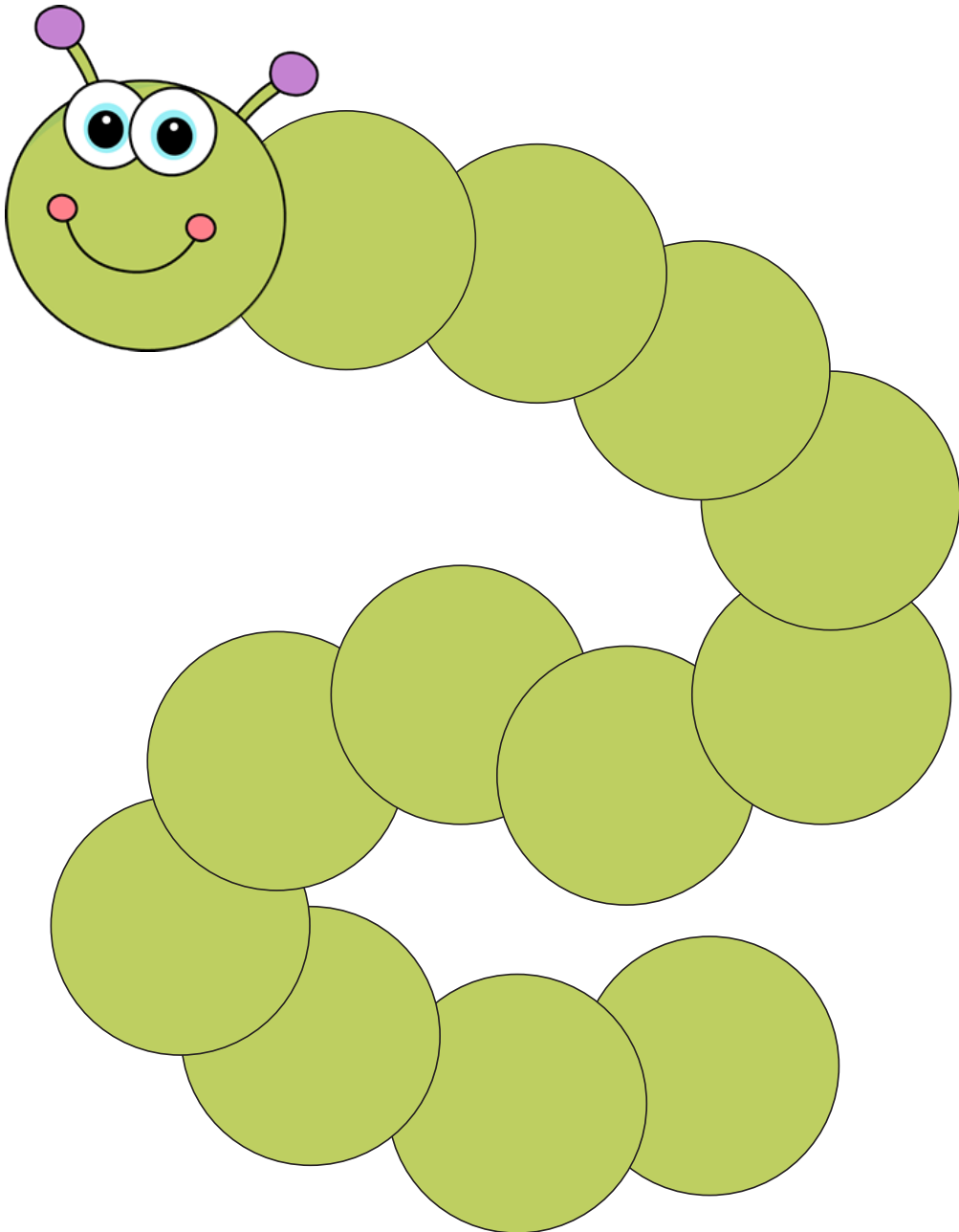
Tükhri küripökrio - **Nguha**
November

Tükhri kürikünao - **Zhove**
December

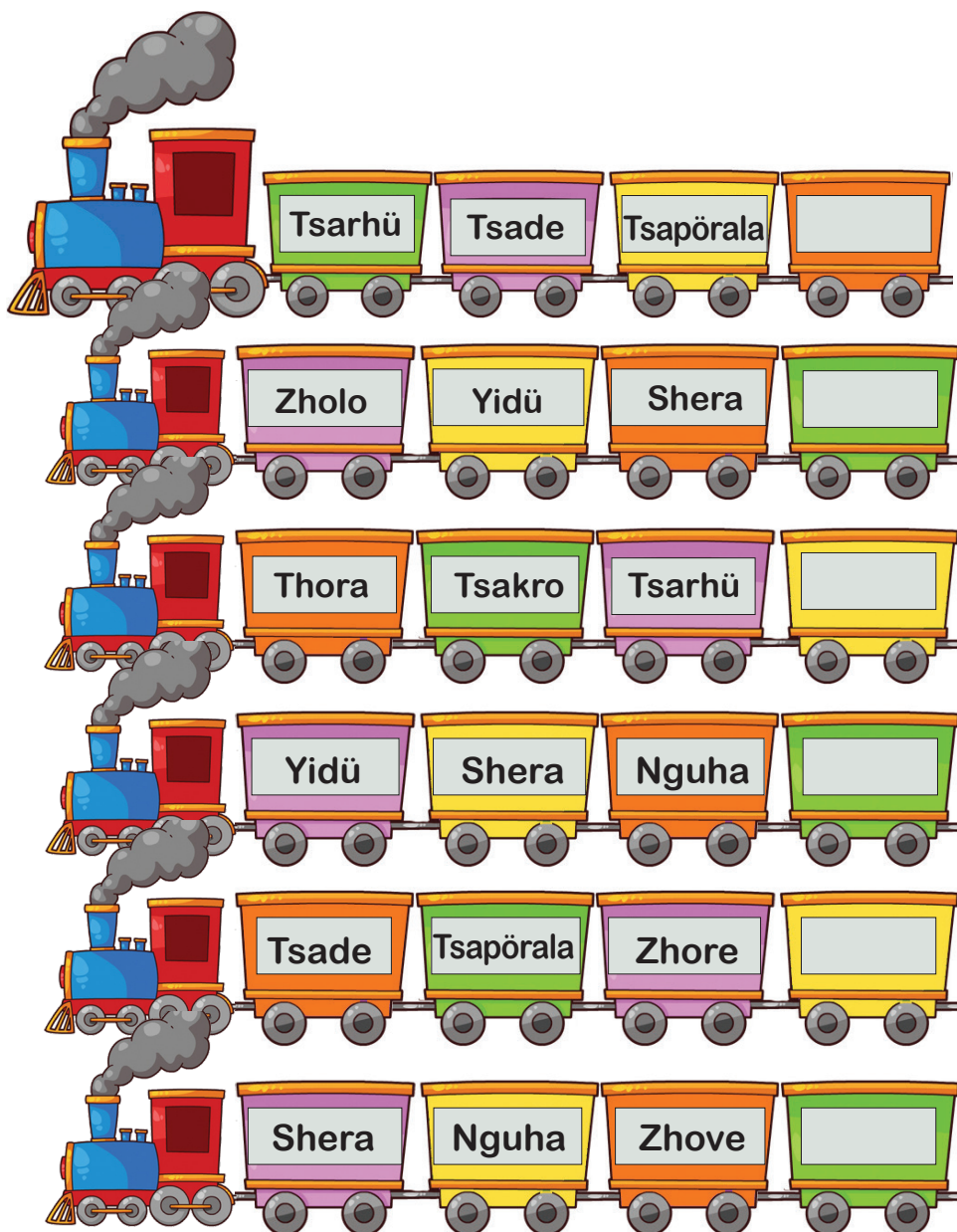


Dodiküti:

A. Tütse pö lü tühri küriküna zako pö mharhe lü thosüte.



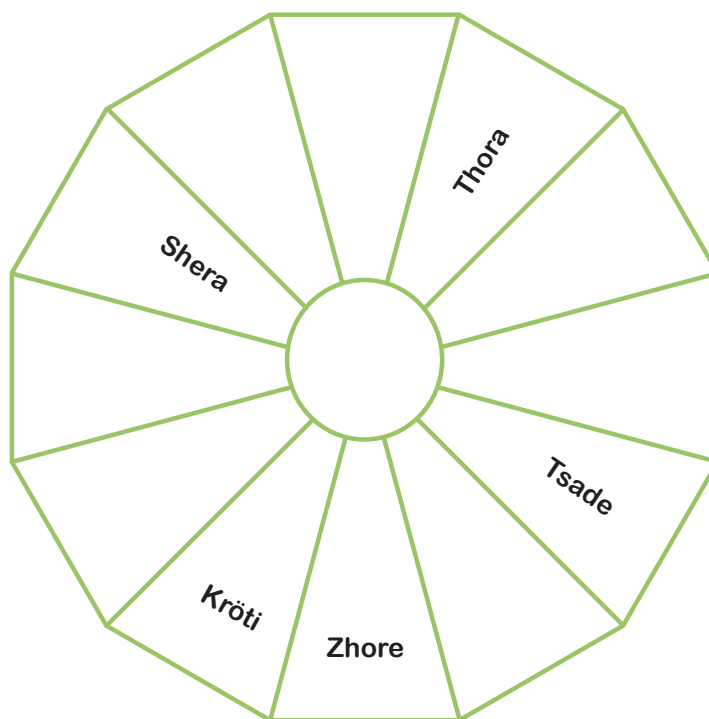
B. Tühri dipöö usa lü ba shili thosüte.



C. MÜCHÜKÜTIKO LÜ LUSÜTE.

Vokütao khri	Tsüo khri	Künüo khri
Shera	Nguha	Zhove
	Zholo	
	Tsakro	
	Zhore	
	Thora	
	Tsade	
	Yidü	
	Tsarhü	
	Shera	

D. WHITU KÜBAO THÜTHI MÜCHÜKÜTIKO LÜ LUSÜTE.



THÜPHRI 7

A Cekro

Seyiküto coleko:

1. U jü lü cekro zako a zu, a po, pröo mu lipü seyi.
2. Thüzako utü lü po mu poseyi.
3. Thüphri lü kütsokütiko külasüte.
4. Cekro sü uco dipö sheli seyi.



Aza Nülü
I a cekro zön lhüyo
Thüma ukro thide huhu zön
kümüroküti pö cekro thiba.



Hio apo, azu, aprüo mu lipü.
Hako küzö ci pö lü lhüyo.
Hako künü cekro pö.



Apo yitemi.

Puni a khrü
mu münude a
tükhrosüyo.



Dodiküti:

A. Kütsoküti hiko külasüte:

1. N cekro lü mi didü ba?
2. N po dipö mhatho thiyoa?
3. N zu dipö mhatho thiyoa?
4. No n lipü mori n prüo bame?
5. Cekroko huhu khrüyo me?

B. Hikhro lü cekro zako posüte: po, zu, lipü, prüo

Hio a _____



Hio a _____



Hio a _____



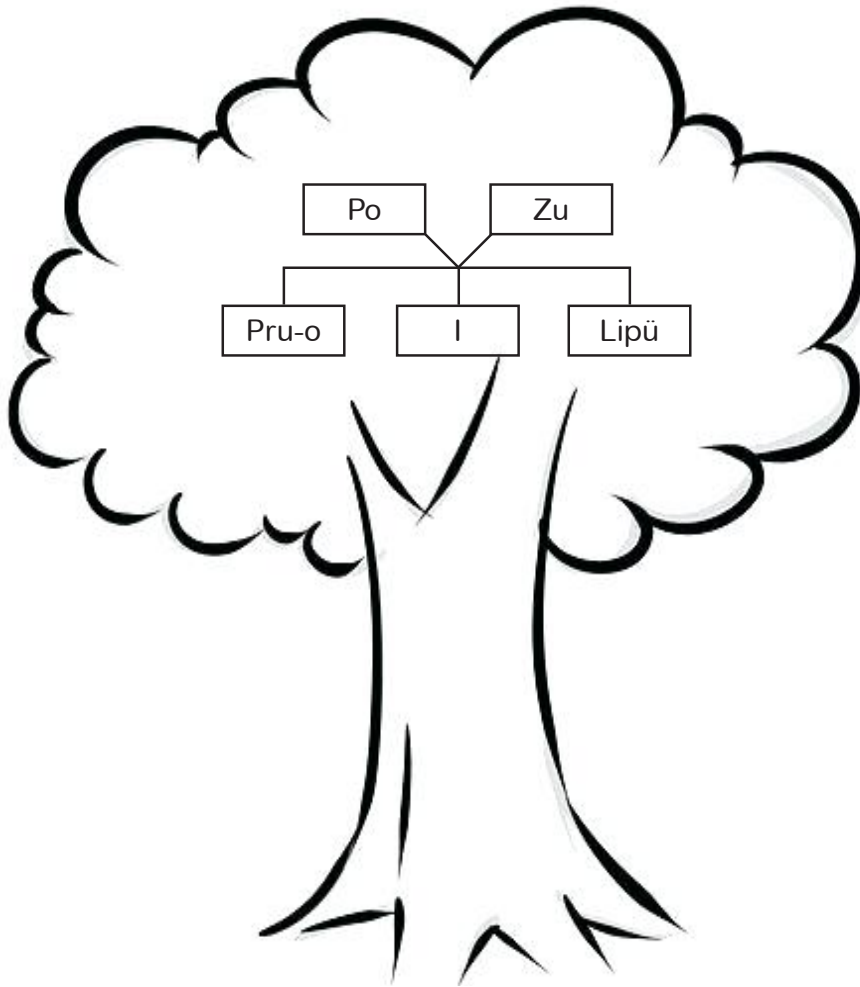
Hio a _____



C. Kürüthiküti

- i) Noyi ncekro dolü mhaküdüpü thisüyo shili n doso lü po küzasüte.
- ii) Nzömi pö küdayi de ncekro lü thüma nkünüthoyo jö po küzasüte.

D. Ncekro söbo rhesüte. Thaka khaküsü



THÜPHRI 8

Fhü dotsü

Seyiküto coleko:

1. Lizo-o lü qhüphra kükho, kükiko utü thide phrisüyi.
2. Lizo-o seyi de kütsokübako mu külakütiko thi seyi mosu.

Fhü dotsü

Dzü lü fhüko

Pö, küna, sö

Dzü lü fhüko

Dzülü, Dzülü, Dzülüthi.

Dzü lü fhüko

Dzüvü pheli phe

Dzü lü fhüko

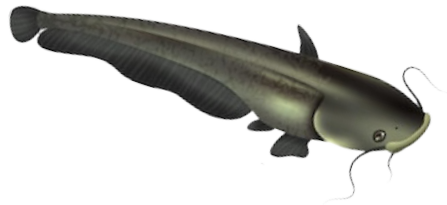
Tasüte, tasüte, tasüte.

Dodiküti:

- A. Mi künana moyi ukro thi de lizo-o phrisüte.
- B. Lizo-o lü mhaco küna rhesü de rhö pö künhüsüte.
- C. Kütsokübako külasüte.
1. Lizo-o lü fhü didü pö popümüta?
 2. Fhüko-e dzü lü dipö thibayoa?
- D. Fhüko kükrekre küti bayo. Nkülhü lü fhü küthoza nküngoko rhe mütu süte.



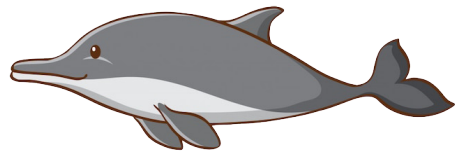
Eel



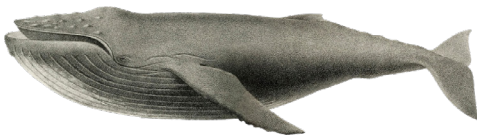
Catfish



Mackerel



Dolphin



Whale



Salmon



STATE COUNCIL OF EDUCATIONAL RESEARCH & TRAINING (SCERT)

STATE CENTRE OF NAGALAND LANGUAGES (SCNL), DSE



Iodine deficiency disorder is the single most common cause of preventable mental retardation and brain damage.

"Consume only Iodized Salt"