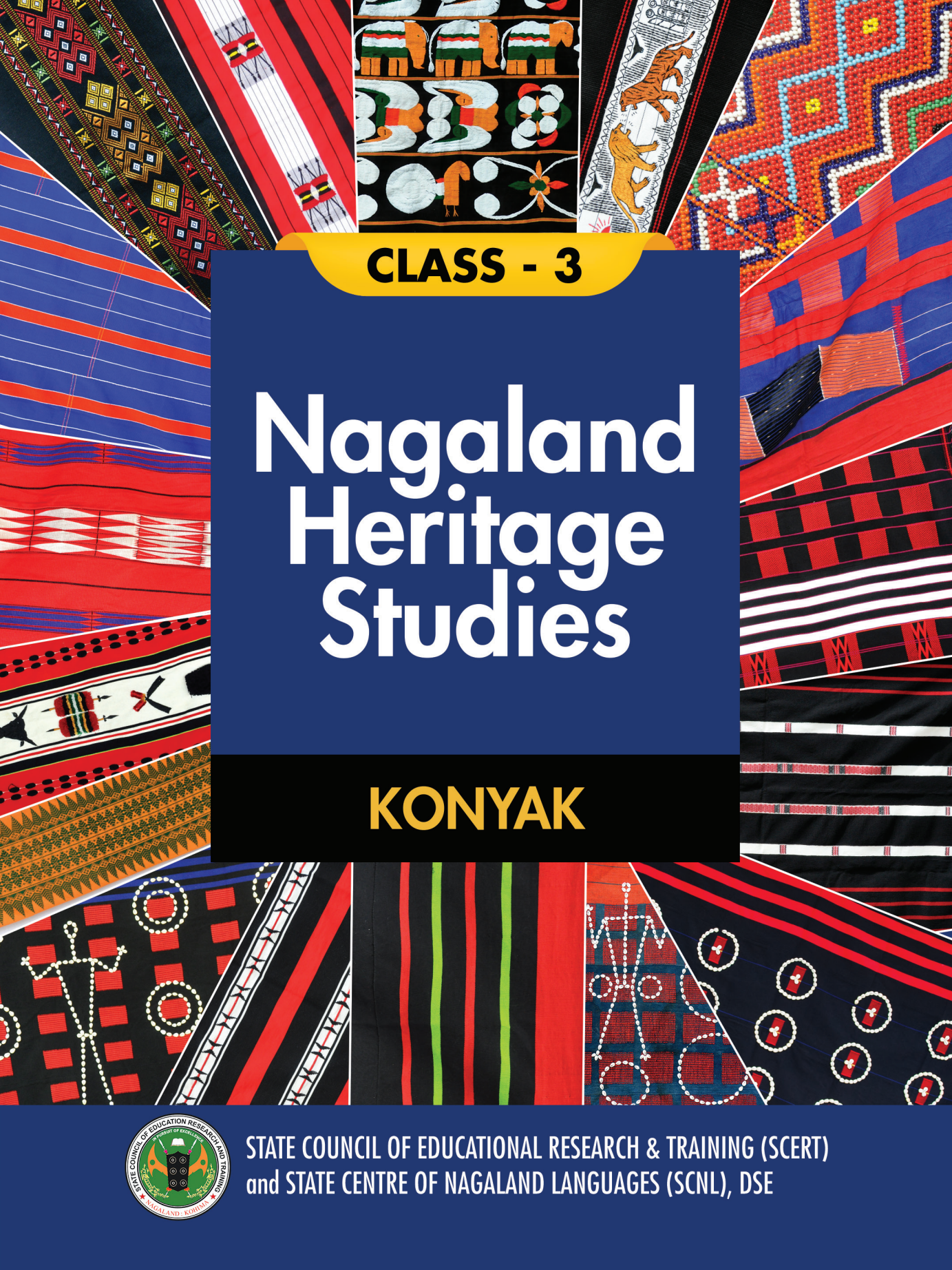




CLASS - 3

Nagaland Heritage Studies

KONYAK



STATE COUNCIL OF EDUCATIONAL RESEARCH & TRAINING (SCERT)
and STATE CENTRE OF NAGALAND LANGUAGES (SCNL), DSE



Nagaland Heritage Studies

CLASS - 3

STATE COUNCIL OF EDUCATIONAL RESEARCH & TRAINING (SCERT)
and **STATE CENTRE OF NAGALAND LANGUAGES (SCNL), DSE**

NAGALAND HERITAGE STUDIES | CLASS 3 - KONYAK

Copyright © SCERT & SCNL, DSE 2018

Third Edition 2023

Illustrator: Vineizotuo Z. Tase, Tsachumla Mongzar

FOREWORD

The Nagaland Heritage Studies (NHS) is a series of 18 officially recognized Nagaland languages from classes 1 up to 8. These books aim to teach the Nagaland Languages using local culture and heritage as its content base and also promote cultural richness of every tribe and community. The introduction of the Nagaland Heritage Studies in the State's schools from 2018 was in consonance with the guidelines of the National Curriculum Framework (NCF) 2005. The Nagaland Heritage Studies textbooks revised edition covers the learning needs of the students which have added meaningful illustrations. The NHS textbooks are evolving to better language learning of Mother Tongue which is the core basis of one's identity, history and culture.

The State Council of Educational Research and Training & SCNL would like to express gratitude to Professor D. Koulie for his contributions.

We would also like to acknowledge the Department of Arts and Culture, DIPR, all Literature Boards, Tribal Hohos, and the individuals concerned for their contributions towards the development of Nagaland Heritage Studies Textbooks.

The Council & SCNL also wishes to extend its gratitude to Smt. Kevileno Angami, Commissioner & Secretary, Government of Nagaland, SCERT and School Education for sharing valuable suggestions towards improving/updating of Nagaland Heritage Studies textbooks.

Lastly, appreciation goes to SCERT and SCNL team members who have worked hard in completing the NHS textbooks revision on time.

Dated: Kohima the 7th of November 2022.



THAVASEELAN K
Principal Director (IAS)
School Education, Nagaland, Kohima



N.CHUMCHANBENI KIKON
Director,
SCERT, Nagaland, Kohima

SÜOWANG

Nagaland Heritage Studies (NHS) she min yange laipan nahalan-e eylak jingne laitep üla nga ne tümpüt te toman o yüong mongmei teihpu phei hatüo lai nyannang. Lintüpu wangpean mapu mongme nyupuh ngao [Mother Tongue] Laitep a ülang shüyong she jon-e pei yangki. Hüpoi tünung me pei-e Naga jat moilan ngao me jakih üyin shin-e ling yang-e jonlak jingne State Council of Educational Research and Training [SCERT]-e, Directorate of School Education, Nagaland, Kohima mepulanguage Officer, Assistantlanguage Officer heilanguage Assistantlan te lam hüo yange lingpu laitep üla ne mengnang. Hatüo laitep eypu kai-e nahalane yoi nyupuh ngao me yoi jatlipungao hei Nagapungao Wanglüm mei mei üpong tüo shingkülak üneo Naga ja hei ja pa me shüpshapu ngai külakshe monghüm e teihnang.



A. PEIHWANG KONYAK
Konyak Literature Board
Mon, Nagaland

Süo Ompulan

LAIPHA

1. Lungtet (51-100)

1

2. Püm Mepu Meitümlan - II

8

3. Juwan

12

4. Nagaland Mepu Districts
Hei Jatlan

21

5. Meinyu Hei Aolepungao

25

6. Tümanpuyim Oleng

29

7. Üneyi Linglak

34

8. Tüman Kahtok Me Ngaipu
Peweng- I

36

9. Tüman Kahtok Me Ngaipu
Pewenglan - II

40

10. Loungmeilan Te Wangshim
Hüolak

45

Süo 1

Lungtet (51-100)

Shinge yahlak Müktakpe:

1. Lungtet 51-100 (tünga meja mepu ghoja) ngoi – e shinge yahlak.
2. Lungtet minlan nyoi leipu shinge yahlak.
3. Lungtet minlan eypu hei nyanpu khakshu-e shinge yahlak.
4. Lungtet minlan hei nyanpu lungtet shu-e hüptüoh.

Lungtetlan Khakshupu lüm me nahalan taopa pheishu-e nyantüoh.
(üjoi me wange üyong te ngoie nyantüoh).



Tünga, Ta, Tüli, Pün, Tülüm.

Lungtet tūnga me ja mepu ghoja (51-100) ngoi she ipu hüyange nyanpu shinge yahhah.

51

– Tūnga mü ja

61

– Tüwok mü ja

52

– Tūnga mü nyi

62

– Tüwok mü nyi

53

– Tūnga mü lüm

63

– Tüwok mü lüm

54

– Tūnga mü püli

64

– Tüwok mü püli

55

– Tūnga mü nga

65

– Tüwok mü nga

56

– Tūnga mü wok

66

– Tüwok mü wok

57

– Tūnga mü nyit

67

– Tüwok mü nyit

58

– Tūnga mü tet

68

– Tüwok mü tet

59

– Tūnga mü tu

69

– Tüwok mü tu

60

– Tüwok

70

– Tünyit

7 1

– Tünyit mü ja

8 1

– Tütet mü ja

7 2

– Tünyit mü nyi

8 2

– Tütet mü nyi

7 3

– Tünyit mü lüm

8 3

– Tütet mü lüm

7 4

– Tünyit mü püli

8 4

– Tütet mü püli

7 5

– Tünyit mü nga

8 5

– Tütet mü nga

7 6

– Tünyit mü wok

8 6

– Tütet mü wok

7 7

– Tünyit mü nyit

8 7

– Tütet mü nyit

7 8

– Tünyit mü tet

8 8

– Tütet mü tet

7 9

– Tünyit mü tu

8 9

– Tütet mü tu

8 0

– Tütet

9 0

– Tütü



– Tütu mü ja



– Tütu mü wok



– Tütu mü nyi



– Tütu mü nyit



– Tütu mü lüm



– Tütu mü tet



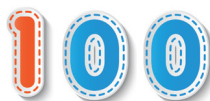
– Tütu mü püli



– Tütu mü tu



– Tütu mü nga



– Ghoja

Linglaklan:

- A. Lungtet tünga meja mepu tütet (51-80) ngoi e ngaokek me nyantüoh.
- B. Üphangme pha-e ngohpu Noksa te leiyange tüolan lungtet min nyantüoh.

1.



2.



3.



4



5



6



7



C. Lungtet tütet meja mepu ghoja (81-100) ngoi- e ngaokek me nyantüoh.

D. Lungtetlan shu-e hüptüoh:

82	Tünyit mü ja
63	Tüwok mü peli
71	Tütu
59	Tünga mü nyi
90	Tütet mü nyi
88	Tünyit mü lüm
95	Tütet mü tet
52	Tütu mü nga
73	Tüwok mü lüm
64	Tünga mü tu

E. Lungtet minlan ülüm kih-e üyin shen e üyongpa mepu üjoi te ngoi e ling yetüoh.

Tüwok mü nga	Tünyit mü tu	Tütu mü tet
Tüwok mü nyi	Tütet	Tütu mü wok
Tüwok mü püli	Tünyit mü nyit	Tütu mü tu
Tüwok mü ja	Tünyit mü tet	Tütu mü nyit
Tüwok mü lüm	Tünyit mü wok	Ghoja.

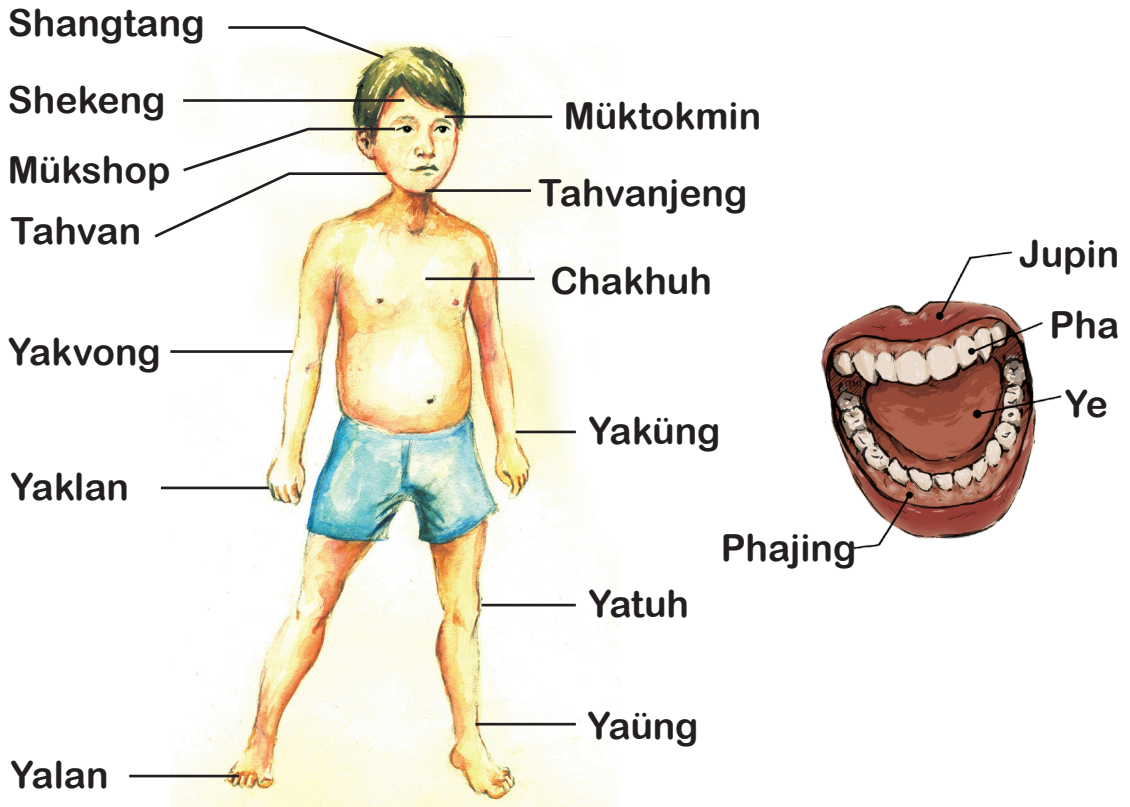
Süo 2

Püm Mepu Meitümlan-II

Shinge yahlak Müktakpe:

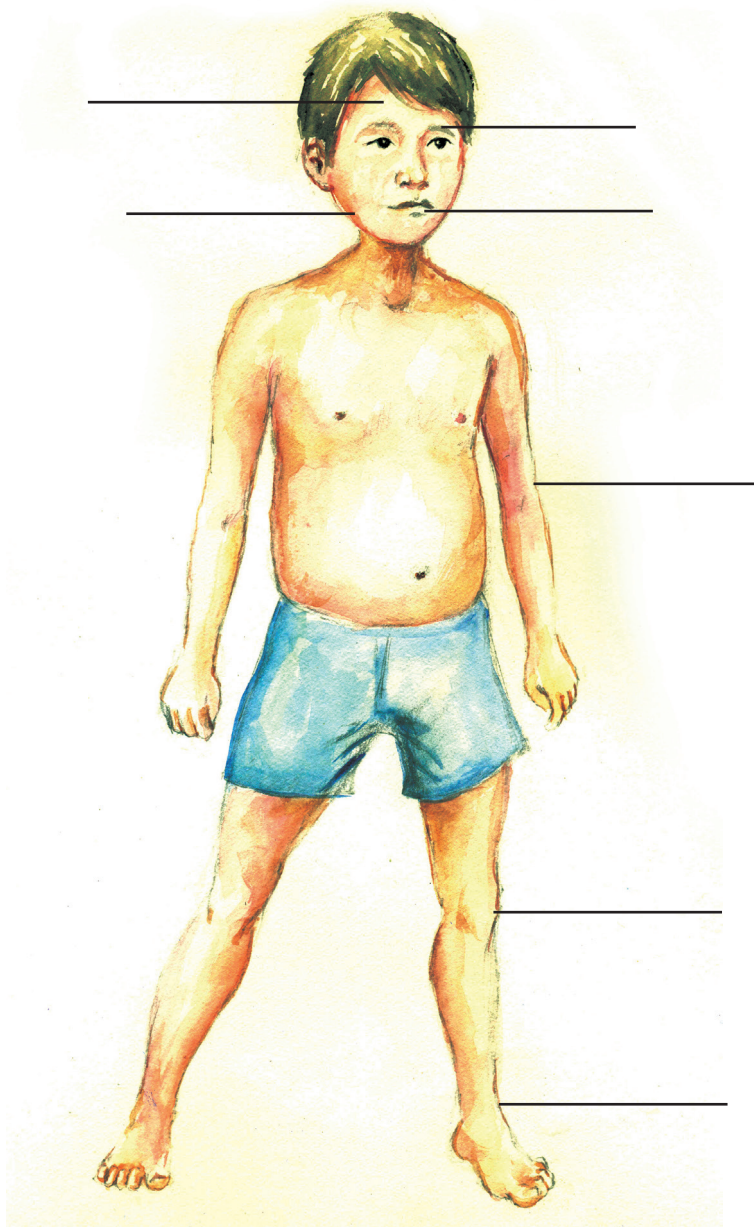
1. Püm mepu lam e lampu meitümlan min shinge yahlak.
2. Püm mepu yoiyoi meitümlan üpöntüo shingyahlak.
3. Pümtangta mepu meitümlan min hei ngaokeklan khakshu e eylak.
4. Tongpulante süo me ngohpu kih e jantüoh.

Hello, Shimnyu shimpalan. Üte Ayong she minnang.
Tüman pümmepu meitümlan min shinge yahhah.

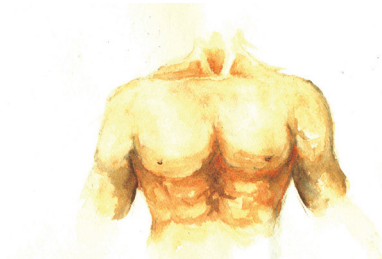
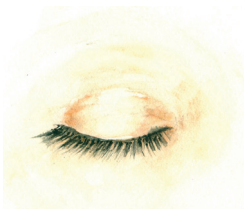


Linglaklan:

A. Pha-e ngohpu püm mepu meitümlan min üyin shen e nyantüoh.



B. Püm mepu meitümlan min nyantüoh.



C. Shümpa mongjam ja leyah hüyangenange shingyah okpu püm mepu yoi yoi meitümlan min jeang ngaotüoh.

D. Ngaoleng ey- e leiyange ükeng nyoi me aikeklan shai ngohpu nyoi maa tamtüh

1. Ü ya me meitam nga ngohnang. Y _ _ _ n
2. Ü yak nip-hunangki.Y _ _ _ _ _ g
3. Ü yak me meitam nga ngohnang.Y _ kL _ N
4. Tao e nüpjeih she shitnang. P _ a
5. Iman a ü müktok tangme ngohnang. MüK _ i _ l _ n

E. Pum mepu meitümlan min pün (10) aikek yamtüh.

G	M	Ü	K	M	I	N	L	A	N	N
H	O	P	P	Ü	N	A	V	H	A	T
M	A	H	W	K	K	J	W	L	U	D
N	A	A	F	S	H	E	K	E	N	G
L	H	J	S	H	E	A	I	A	T	Y
M	V	I	N	O	Y	B	L	C	A	A
L	S	N	U	P	Ü	A	W	P	R	K
Y	H	G	O	E	Y	L	T	I	U	Ü
C	H	U	H	K	A	H	C	U	W	N
Ü	J	G	G	K	S	I	T	Y	H	G

F. Noksa lingtüh üneo shingyah okpu püm mepu yoiyoi meitümlan min nyantüh.

Süo 3

Juwan

Shinge yahlak müktakpe:

1. Lüm-e lümpu Ju hei wan shingtüoh hüyange tüolan min nyantüoh.
2. Lame-e lümpu ju hei wan jeng shinge yahlak.
3. Shinge okyange khakshu-e wün-eylak.
4. Süo mepu tongpulan te janlak.

Wangpeng ja me juwan püli ngohnang.
Lümlei, Jüo, Laoje hei Enyu.



Lümlei Ju me, nyih a shemnang.
Jupeang peange wangnang.
Phuseak pasha mepu-e kemnang.



Jüo ju me, wanghe phihlange üneo yüonge shemnang.
Nyih a lüonang üneo yaning shohnang.
Jüo hipak me kahtalan-e yeng yüonge yingnang.



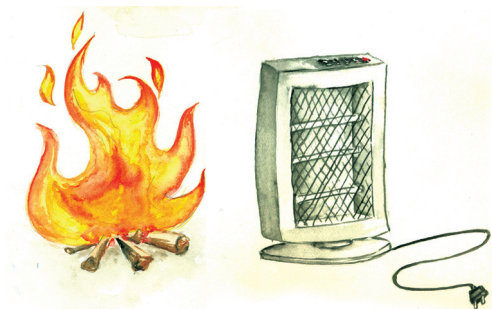
Laoje ju me, nyih a wüngnang.
Peyaklan koi-e mah-e wenang.



Enyu hipakme, nyih yüonge wingnang.
Nyih a shohnang üneo yaning a lüonang.
Nyoi ütüm me yi yeinang.

Linglaklan:

A. Pha-e ngohpu noksa te leitüoh. Tüolan pheí shupu ju hei wan min nyantüoh.



B. Tongpulan te jantüoh.

1. Jüo ju me nyihning hei yaning hangke ngohnangki?
2. Laoje jume peyaklan hangke ngohnangki?
3. Jupeanglan aope peang wangnangki?
4. Enyu jume nyihning hei yaning hangke ngohnangki?

C. Nange sheliengpu juwan noksa lingyange hasi photüoh.

D. Ju hei wan min hei noksa shu-e hüptüoh.

A

1.



B

Laoje

2.



Enyu

3.



Jüo

4.



Lümlei

E. Juwan pheí shu-e pha-e ngohpu noksalan jeng ngaoleng ütüm
20 - 30 ngoi-e nyantüoh.

1.



2.



3.



4.



Süo 4

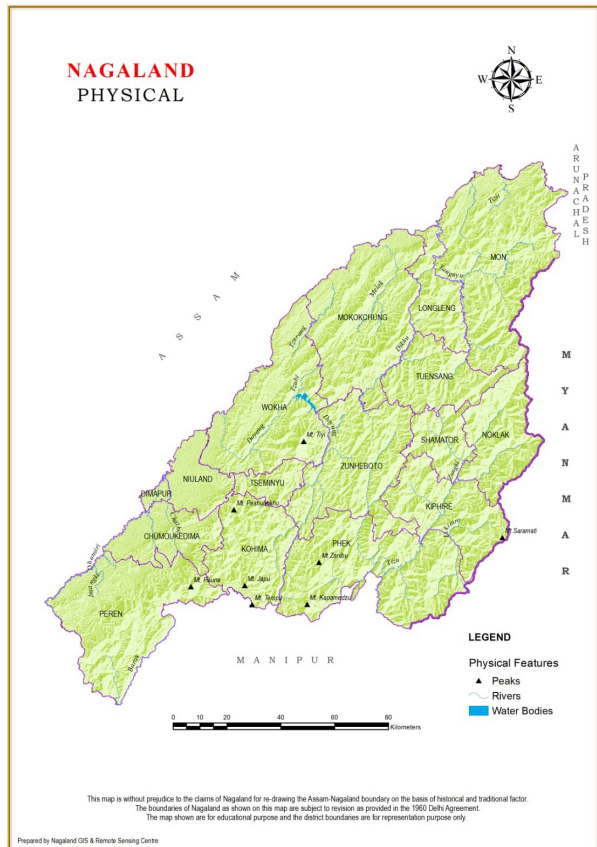
Nagaland Mepu Districts Hei Jatlan

Shinge yahlak müktakpe:

1. Naga kahtok (Nagaland) state aope towpu üneo yupi Statelan jeng shinge yahlak.
2. Naga Kahtok (Nagaland) mepu wankon (Dist.) pün me wok (16)lan min shinge yahlak.
3. Jat pünme nyit (17) üneo.... Ngohpu wankon (Dist.)lan min shinge yahlak.
4. Apye, Heye, He-ongye üneo Henyip yelan jeang shinge yahlak.
5. Mih jatlan jeng shinglak te mongphalak wongpong.

Nagaland a 1st December 1963 me Stateja ne lingengai yangki. Nagaland yupilan ne-Henyip yeme Assam, He-ong yeme Myanmar, üpye me Arunachal Pradesh üneo Heye me Manipur she ngohnang.

Nagaland me district pün me nyi (16) ngohnang. Tüolan a Kohima, Dimapur, Peren, Wokha, Zunheboto, Phek, Kiphire, Mokokchung, Tuensang, Longleng, Niuland, Shamator, Tseminyu, Chümoukedima, Mon hei Noklak.



Kohima jila a Nagaland tüpu üshangpa nyoiching ngohnang. Hatüo jatlan a Angami, Ao, Chakheshang, Chang, Khiamniungan, Kuki, Konyak, Kachari, Lotha, Phom, Pochury Rengma, Sumi, Sangtam, Yimkhiung, Tikhir üneo Zeliang she ngohnang. Jat lili me yoi yoi chingnyoi wanglüm, ngao üneo ouleng she ngohnang.

Nagaland kahtok nyoiphan khongkümpu a 16,579 sq.km ngohnang. 2011 census yah leipu me kahta shangtoi pangpu 19.79lakh ngohpu hüoe ngohnang. Nagaland me shingheimanpu (literacy rate) 79.55% ngohnang she 2011 census me hüo ngohnang.

Linglaklan:

A. Tongpulante jantüoh:

1. Nagaland a state ne aope linge ngaipu shi?
2. Nagaland yupi ne üpye, heye, he-ongye üneo henyip yeme aohilan ngohnangki?
3. Numan district me üpye, heye, he-ong ye üneo henyip yeme yupi ne aohilan ngohnangki? (Nagaland map te leiyange nyantüoh)
4. Nagaland me hangshin jatlan ngohnangki?
5. Nagaland mepu district pünmewok (16)lan min nyantüoh?

B. Nagaland Map noksa lingyange hashi photüoh hüyange nyoijing phei khakshu e ümong me jatlan 17 min nyantüoh.

C. Laipa e khoih ngaopu te jaiyange, ngaolenglan shupu hei yeshupu te leiyange phaikok phataoh.

1. Nagaland me 16 district ngohnang.
2. Dimapur a Nagaland jing Capital ngohnang.
3. Sangtam jat a Tuensang hei Kiphire district moi-nyi me ngohkülak.

4. Tseminyu district a Rengma jat nyoipu nyoijing ngohnang.
5. Nagaland yikeng pong apye me ngohpu yupi state a Assam ngohnang.

D. Üphang me ngophu ükeng nyoite hüntüoh.

1. Nagaland kahtok nyoiphan khongkümpu a _____.
2. 2011 census yah leipu me kahta shangtoi a _____.
3. Nagaland me shingheimanpu (literacy rate) _____
2011 census me hüo ngohnang.

E. Jaiyahlak toishao

Laipa kai e Naga jatlan min ja pheii me ja she wün e eylak. Lainyao nahalan e jaiyah yange iman e shingpu jat min te ükam phalak.

Lotha	Kuki
Phom	Khiamniungan
Konyak	Chang
Yimkhiung	Kachari
Sangtam	Tikhir
Zeliang	Chakhesang
Sumi	Ao
Rengma	Angami
Pochury	

F. Linglak taitum

Mihjat mepu kahta nyi pheii hüoyange phae ngohpu tongpu te janpu, iman ngao me shinge yahtüoh.

- i. “Nangte hangke minnangki?” üneo
- ii. “Nang hangke ngohnangki?”

Süo 5

Meinyu Hei Aolepungao

Shinge yahlak Müktakpe:

1. Hatüo pa süo khakshu-e shinge yahpu pheiyak
2. Ngaolak ülalan shinge yahyange ngaopu hei nyanpu me jon oklak.
3. Tüopapungao mongte ong yahlak. Üneo teitapu shing yahlak.
4. Tüopapungao jeng ngaolak.
5. Hatüo kihpupungao üneo shinge yahlak te mong phalak wongpong.
6. Pungao jü me ipu yüong mei oklak.



Üwangpu hipak me yeng shaoha jate meinyu hipak lep i-e yeng yinglak jingne tai-e ngoh. Nyihja tüopa yenga shüm yengne meng yange ngoh. Tüokhei meinyu mongshih e hüke i, “Aohi-e hatüo wongnangpu Meinyu yeng shüm yeng ne meng tampu? üphei sheyongpu yejema-a üshinpulan e hei oklak”. Iye aohi kai-e shümYeng ne meng shinglak jingne shah te ngaokeng pha. Shah yengtuh yete

ong. Tüome Aole-e yengnah me kahkook shüo-e ngoh. Shah e Aole te hüke i, “wongnangpu meinyunangte mong yemei.nang

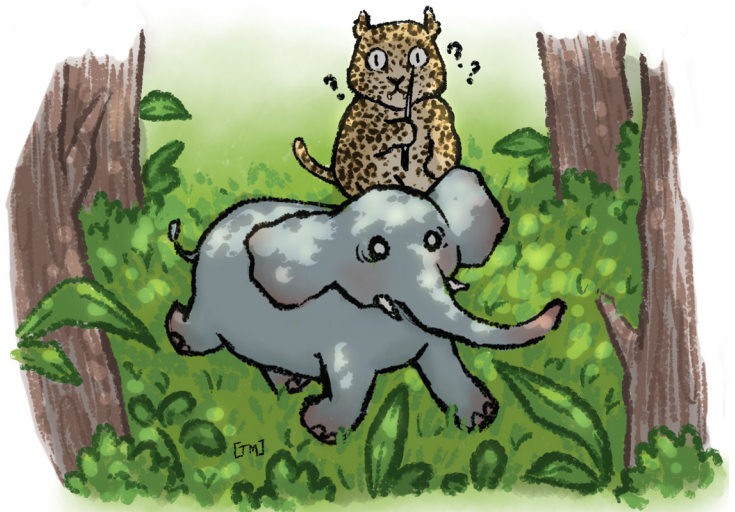
hatüo kahkook shüopu kai-e i yeng shümyeng ne mengtampu yang. Meinyu i pheï sheyongpu yüjema-a i shinpulane hei oklak she l”.

Aole- e huh kihpu i shangmin bhei yah e shah te pha. Hüyange i, “taitüoh hüyange wongnangpu meinyu te huke itüoh, i jing ümin e üjing ümin pheï wong shenang üneo shewan she ngohya”.



Shah meinyu tangte leih-e ye yange i, “O wongnangpu meinyu, tao enang yeng shüm yeng ne mengpupa pheï hüoki”. Hüyange i-e Aole jing ümin meinyu te pha, üneo huke i, “Nang jing ümin hatüo pheï shewan üneo sheyong she ngoh ya.” Meinyu e tüopa Aole min

te lei üneo l jing ümin te lei. Hüyange i yüonge nyüm. Meinyu e hukihe teih, hatüo yinmok a yüonge yongpu üneo nyümlakpa yinmok yang. Tüokhei meinyu phaote taimah üneo tüopa yengyin te aoepo leih e yüye.



Linglaklan:

A. Tongpulante jantüoh:

1. Hatüopungao me hanghi yinmoklan ngohnangki?
2. Meinyu hangne mongshihpu shi?
3. Aohi e shüm yengne mengtampu shi?
4. Shah e Aole te hanghi ipu shi?
5. Aole e wongnangpu Meinyu te nyümya shi?
6. Wongnangpu meinyu te Aole e hanghi ngaolan shon yepu shi?
7. Tüopapungao me aohi ao shüote nyampu shi?

B. Phae ngohpu ngaolenglan shupu (✓) yejema yeshupu (x) nyantüoh.

1. Meinyu e shah te mongshih yangki
2. Aole e shaoha shüm yengne meng tam yangki
3. Meinyu shinpu yejema a l phei shüyongpulan e hei yeng meangtam oklak
4. Aole e shah te l ümin phei tüp yangki
5. Meinyu e Aole ümin ngi yange nyamyangki.

C. Pha-e ngohpu ngaokek te shu e leppu ngaoleng te phaikok (✓) phatüoh :

I. Shaoha

- (a) Yengsho üjoiha ()
- (b) Yengtung ()
- (c) Yengkok ()

II. Shümyeng

- (a) Kahkook ()
- (b) Mak phei nu tampu ()
- (c) Yeng jao ()

III. Wongnangpu

- (a) Okpu ()
- (b) Shemeiyüoma ()
- (c) Min yenangpu yinmok ()

IV. Meinyu

- (a) Sheshoipu yinmok ()
- (b) Wong yenangpu yinmok ()
- (c) Wongnangpu yinmok ()

V. Aole

- (a) ümin nyahshampu yinmok ()
- (b) ümin huh kihpu yinmok ()
- (c) üyang myim yange ngohpu yinmok ()

D. Ngaoleng ja pong nyantüoh:

(a)pungao wangpu jeng:

(b)pungao üneo nyoi jeng:

(c)pungao shopu nyoi jeng:

E. Nange laipan me shinge yahpu kih e hatüopungao noman classlante itüoh.

Süo 6

TÜMANPUYIM OLENG

Shinglak müktakpe:

1. Tümanpuyim wanglüm shinglak.
2. Süo eypu kaie mei-e shing yahlak.
3. Tongpulan te süo me ngohpu kihe janlak.
4. Süo jeng iwante shülan she janyah.
5. Tümanpuyim oleng te eyeshelak üneo alao jatlan oleng to iye-shelak.



Tomnyi a Khampei hei Watlong. Tomnyi-e toman jatpu o tüm ngohnang.

Shükolane neipu te nyümlong shengnong She minnang. Hüyange inpu nyi te Nyiko She minnang. Toman e juyik hei wüntong o yahnang, üneo shangme Shangkhüm khümnang.



Nütanlan e püm ütangyi me otümnang. Nütanlane phak me weihpu te topak she minnang. Shengshim Yime tüophah yahnang. Nütanlane shaoshüoh, Lekwün, yakjep, yanshüo, mengjot hei yakhüp yahnang.



Toman jat shükolan e shangme hasi pheipu shangkhüm yahnang. Tüo te Shangkhüm she nyiknang. Üneo nütanlan e shangme oupute shüoshüoh she nyiknang.



Nütanlane yang, ngou hei veelan jonnang.

Iman e tüolana toilinglak, meitoilak, hei wepalan tienlak jingne jonnang.

Linglak:

A. Tongpulan te shue jantüoh:

1. Numan jat Shükolane inpu nyi min nyantüoh.
2. Numan jat nütanlane inpu nyi min nyantüoh.
3. Numan jat shükolan-e yahpu shengnong min nyantüoh.
4. Numan jat nütanlane ümai yime yahpu nyiphen min nyantüoh.
5. Nütanlan-e püm me yahpu o min nyantüoh.
6. Shükolane shangme khümpu te hangke minnangshi?
7. Aopenangepu ou ounangki?
8. Shenghüt nyi a hanghi shi?

B. Shupu te phaikuk phatüoh.

1. Shükolane ümai yime yahpu nyi
 - (a) shenghüt
 - (b) shengnong
 - (c) ya melanglak
 - (d) yik

2. Nütanlan ya me neipu te
- (a) Najulak
 - (b) innyi
 - (c) yakhüp
 - (d) lekwün
3. Nütanlan-e püm me weihpu nyi
- (a) Shenghit
 - (b) yaklanglak
 - (c) Yang
 - (d) shüoshuoh
4. Shükolan yak melangpu o
- (a) innyi
 - (b) to
 - (c) vee
 - (d) shüptet.
5. Nütanlane shangme yahpu-o
- (a) ngou
 - (b) shaoshüoh
 - (c) yik
 - (d) shenghüt
6. Shükolane inpu nyi
- (a) shengnong
 - (b) Najulak
 - (c) yik
 - (d) innyi

- C. Teingaopu- Alao jat mepunange lengpupu-ou ja min itüoh ?
Hangnenange lengpu ?nang pheipu shümpa mongjam pheiteingaotüoh.
- D. Pu-ou ja nyan yange hashi e photüoh.(Naoshelan e nütanlan
jingpu-ou nyanlak üneo naoyalan e shekolanjingpu-ou nyanlak)
- E. Puwanglam teihüopu nyih, class room me taitam linge jontüoh.
Numan jat e yahpu nyemo heipu-ou tümyange class te peilak.
Shümnyu hei shümpalan pa me, ja pheime ja shepuwanglam
ou-leng ülamlan hei wongpong toishao jeng itüoh. Üneonange
hangne lengpu.

F. Ümai ye-me pha e ngohpu Noksalan te leitüoh hüyange jat pheih khakshupu noksa te lei e hüptüoh.



Konyak

☐


Zeliang

☐


Kuki

☐


Pochury

☐


Sangtam

☐


Khamniungan

☐


Yimkhiong

☐


Rengma

☐

Süo 7

ÜNYEI LINGLAK

Shinglak müktakpe:

1. Hemgao me hangke ngoh khakshu-e mongme eytüoh.
2. Hemgao ükengnyu mei-e shingyange ngaotüoh üneo nyantüoh.

Ajingha shüneyi she
Ajingha üneyi teihtüoh
Ajingha üneyi püotüoh
Ajingha üneyi küntüoh
Hüyange ajingha üneyi
ümeang wintüoh
Ajingha üneyi phatüoh
Ajingha üneyi mongte ongyah
Khongkümpu me üneyi
lingtüoh
Tüo me nakshih shümeipu,
künpu hei shüwingpupa.

- Kelhoukhrieno Savi



Linglaklan:

A. Hemgao mongme ükhung-e nyi jüm-e üneo pümlom e eytüoh.

B. Nyane ngohpu ngaophalan te leppu ükengnyu shingtüoh.

1. Lu-e teihpu - Yüonge juteihpu.
2. Püotükpu - Namnoe lei tampu.
3. Künpu - Nange kahta te künpu.
4. Ümengwinpu - Püohpu te ümeang wintampu.
5. Mongte ongpu - Üpong tüo-e shing okpu.
6. Hümpa - Mong yongpu Naomei.

C. Hanghi lüm menange üneyi künlak üneyi ümeng winlak hei üneyi mong te ongyahlak tüo ülüm ütam nyantüoh.

D. Ümai me nyan ngohpu aikeklan pheï ngaolenglanlanta e lingtüoh hüyange moilan jingne üngwün e eytüoh.

Luwe teihpu	Püowe-tükpu	Ütingpa
-------------	-------------	---------

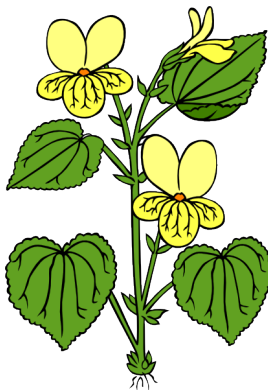
Süo 8

Tüman Kahtok Me Ngaipu Peweng - I

Shinglak müktakpe:

1. Pe phao mepu meitamlan min shingtüoh.
2. Süo eiyange mongte ongyahtüoh.
3. Numan nyoi me ngohpunange shingpu pelan min nyantüoh.
4. Pe jeng ngao yange i-a hanghi wongpong me jon tüo shülan she nyantüoh.
5. Pelan wongpongne mengpu shinge iman te pütüktüoh.
6. Süo mepu ngao phalan pheu ngaoleng nyai sham-e shülan she lingtüoh.

Tümane tüman neikon – e peweng ülüm yoi yoi ngohpu ngingang. Pewenglan a üyin ngohpu toi ngohnang. Imane lüo-o henang üneo jongnang. Iman o hanaopuhngang. Pewenglan a tüman wongpongme jonnang. Peweng ütüm a yüong yongnang üneo wannang. Peweng ütam a shoiyange wong yünangpe khainang.





Yangpe (Alder)



Yankhekpe (Pine)

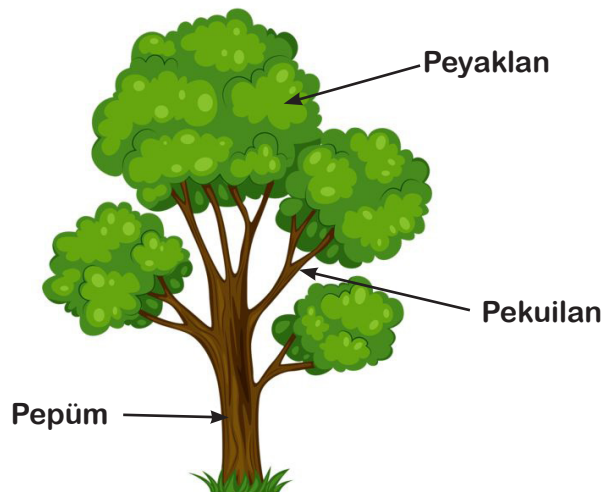


Aokat (Banyan)

Pe üyonglan.

Shütaopu, shüyongpu hei shüwanpulan te pe she minnang. Iman me ükuilan ma ngohnang. Iman wong pheï yong oknang. Iman a yüonge wannang. Iman me yüongwanpu pewanta ngohnang. Pe wanta te pepüm sho minnang.

Pelane tüman te wangshim, ülick hei toktalan phanang. Longkhüm (Oak), Yangpe (Alder), Yankhekpe (Pine), Phukpe (Fig), Aokat (Banyan), Aomah (Naga Tenga), Wouh (Walnut), Tanpoi (Mechinga), Phang (Gooseberry), Tanyin (Orange), Phangkhah (Peach) hei Jüoh (Simul)lan-a tüman moilan ngipu pelan ngohnang.



Linglaklan:

A. Pephao ja linyange meitümlan phatüoh.

B. Tongpulan te jantüoh:

1. Numan nyoi me tüopu pelan min nyantüoh.
2. Numan nyoi me tüopu pelicklan min nyantüoh.
3. Tüman-e han hei tokta ne yahpu pelan min nyantüoh
4. Peja-a hanghi wongpong shi?
5. Peja-a hangne üyin ngohpu toishe ipu shi?
6. Tüman-e pelan ak win kümaa hangkenanglak shi?

C. Ükhok me pha ngohnangpu ngaophalan pheü ükeng nyoi matümtüoh.

ülick, Jongnang, wangshim, wouh, phüm, lüo-henang.

1. Phaang _____ pe.
2. Tüman te wangshim phapu peüyonga _____ pe.
3. _____ a tüman te ülick hei tokta nyi phapu pe.
4. Pelane wanghe tak wante _____ phanang.
5. Pelan a üyin ngohpu kaie _____ üneo _____.

D. Pha ngohpu ngaophalan pheü ngaoleng lingtüh.

üyong, üjoi, ütao, jongpu, ülick, wangshim, ükhai.

E. Numan nyoi me ngohpu peyaklan yahyange yilai me nemtüh hüyange iman min nyantüoh.

Süo 9

Tüman Kantok Me Ngaipu Phimhünglan - II

Shingyahlak müktakpe:

1. Süo ey-yange mongte ong yahtüoh.
2. Numan nyoi me ngohpu phimhing üjoi halan te numan ngao me hangke nyiknangki.
3. Numan nyoi me ngaipu phimyak wengyong ülüm yoi yoi üt hütüoh.
4. Phimhing üjoilan hangke iman wonpong me jon tüolan itüoh.



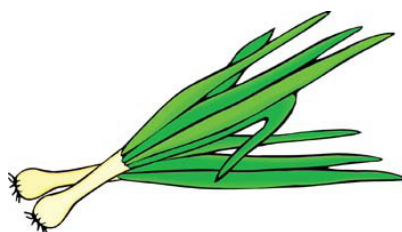
Phimhing üjoihalan a pe pheishüshui. Iman üpe a shui yange wong panang she ngohnang. Iman a meiyange yütüo. Wu hei phimhinglan a shüshoipu lüm ngohnang.

Phimha:



Phimhing a shüşhoipu lüm ngohnang. Iman me o wanhoihpu ükui hei üpelan ngohnang. Huh jupeang nemu hei aoweilan a tüman shongme ngohpu phimhünglan ngohnang.

Nyaishümpu phimha:



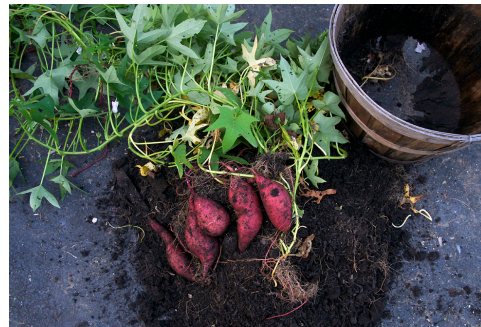
Nyaishümpu phimhüng üjoihalan a lekeng ütüm hei ngohnang. Iman me nyaishümpu üteng üyaklan ngohnang. Sangteng, peshe teng, tah hei long phenglan a tüman e lipu teililan ngohnang Basil, maize, lek, hoipe aoshih.

Üwulan:



Phim ütüm a i-nying nying te yonge yüokpu, ngohnang. Iman a Iman yonglak jingne, shengpu ütüm ja wongpong. Tüolan te üwu (climbers) she minnang. Üwulan a iman nenglak toi lüm ütüm wongpong. Üwulan a passion fruit, Maikok, hoishi üjoiha, hoilick, pheng hei grapeslan tüman – e nginang.

Kahtok me wupulan:



Teili ütüm a kahtok me wunang.

Taolan te mih ngaome creepers she minnang. Iman o iman shaa yonge yüok pe khainang. Manlong hei Meilongshe, yaolan a kahtok me wupu jat ngohnang.

A. Tongpulan te jantüoh.

- i. Nange hahpu hingyaklan min itüoh.
- ii. Nange üwu hei ülick hahpu min itüoh.
- iii. Nange ülick hahpu kahtok me wupu ülüm nyi itüoh.
- iv. Nenok me hoi pesha ngohya? nange tüo me hanghi hahying linangki?

B. Khoih hüopu ngaomükkan te lei e shupuye shüküma yeshupu nyantüoh

1. Phimhünglan a üyin jin shohnang.
2. Kahtok me wupulan a iman nyingnyingke tingkhak e yongpu oklak.
3. Hoiling hüng (Mint) a phimhüng yo me omnang.
4. Pejoihalan a nyaisham e üneo üpümlan a hüng e ngohnang.
5. Üwulan yonglak jingne shenglak ütam ja wongpong.

C. Nang ngohpu nyoi me teipu hoi lai ülick hei üyak hahpu lüm üphang me hüopu pheishu-e nyantüoh.

Pejoiha	Hing	Kahtok me wupu	Hansho me wupu
Pelick	Teng	Manlong	Hoilick
Phangkhah	Tah	Maikok	Pheng
Tanyin	Anshao	Yao	Wu winglick
Phang	khemkhah	Meilongshe	Phengtong
Petüopheng	Longpheng		Naovüo

D. Ngaolak toishaolan:

Numan wankon me ngaipu phimha weangyong, hoiyak laipha, ütang me wupulan hei kahtok me wupulan class room te yah e peitüoh. Hatao pephao weangphao ülam yoi yoi jeang khoih e teingaotüoh.

E. Taitüm hipak:

Numan laipalan te tong yange lingtüh:

- Kahtok nyoi ütüm yüm yange hoilai pesha ja numan class jingne lingtüh.
- Numan me ngohnangpu ülilan teitüh.
- Ükhung tüm yange class jing pesha te namnotüh.
- Pesha me ngaipu hahying a tümtüh yishikümaa class jingne ngin te yüotüh.

Süo 10

Lungmeilan Te Wangshim Hüolak

Shingyahlak müktakpe:

1. Naga nyoingoh wanglüm ümei jeng shinglak.
2. Lungmeilante wangshim hüolak lam shinglak.
3. Nyoi ngoh wanglüm ümei wongpongne mengpu shinge yahlak.
4. Süo yüong mei-e shinge okyange eylak.
5. Ngaokek ülalan shinge yahlak.



Naga kahtalan me nyoingoh wanglüm ümei ma ngohnang. Tüolan-a tümanpupalan e nyüotümpu ngohnang. Tüo yome ja-a lungmeilan te wangshim hüopu ngohnang.

Tüman nagapu wanglüm me lounmeilan te wangshim hüolak ülüm ma-a hüo ngohnang.

Aope lungmei ja nok mongte onglakeih.

Tüman yongyange ite shotlak nyoi phalak wongpong.



Aope lOUNgmei ja ngaolakeih tüman in-nyaipu Phei ngao jailak wongpong.

Aope tüman taisheang jümlakeih hipak phime-lOUNgmeilan üwangne min ngaokei she tanlak wongpong.



Tüman e hipak leppe lOUNgmeilan te mongmei ngaolan ilak wongpong.



Tümane lounmeilan ngao jai-e iman nyüopu juteih pheih te woiak.



Tümane okpu lüm me lounmeilan te jümlak wongpong.

**Nyoi ngoh wanglüm ümei a tümanpuzim ünang hüopu ngohnang,
Tüman-e iman a ao-pe-o yüpelak üneo mah ne yitamlak yang.
Tümane lungmeilan te wangshim hüopu kaie tüman wanglüm
püotük angnang.**

Linglaklan:

Ngao leppu:

1. Pupalan - Üwangpu hipak me ngohpulan.
2. Umee - Pheitüm itpu
3. Wangshim - Lungmeilan te iye-shepu
4. Teitapu - Nyimtai meipu
5. Puwanglüm -pupalane jon peipu wanglüm

A. Tongpulan te jantüoh:

1. Lungmei ja nok mongte ongkümaanange hangke linglak shi?
2. Ao pe lungmeilane ngaolakeih, nange hangke ngohlak shi?
3. Pupa nyüo angpu Naga wanglüm ümei ja-a hanghi shi?
4. Hangne tüman-e Naga wanglüm ümei yupi yüshükümaa yümah pe anglak shi?

B. Nyan ngohpu ngaolenglan shupu te (s) yishupu te (y) phatüoh.

1. Hipak phe me tümane lungmeilan te ponngao ilak wongpong _____.
2. Tüman-e lungmeilan te yüjamlak _____.
3. Tüman-e lungmeilan ngao jailak wongpong _____.
4. Tümane lungmeilan-e phapu juteih ümei yüyahlak _____.

C. nang e shingyah okpu aikek ülalan phei ükengnyoi maa tamtüh.

Pajeiyonglan, Wangshüm, nyüoleipu, puyim wanglam, nyoingoh wanglam ümei

1. Nyahponglan e salute phapu a _____ hüopu ngohnang.
2. Shümpalan te iyeshelak jingne üte nyupalan e _____ phayangki

3. Tüman_____ e hatao ching epyangki.
4. Hatao tüman _____ püotük e anglak a yüongpu wongpong toishao.
5. I a moilan phei _____ me ngohpu kahta.

D. Ümai yeme pha e ngohpu leppu ngaolam atam a, iye-shepu hei ye-i-yeshepu nyoingoh wanglam ngohnang. Eye-leiyange, ngaomüklan nyüt e ngohpu mepu iye-shepu hei ye-i-yeshepu ngaolam yoi yoine leye khakshu e huntüoh.

Tamhanpu	Chingmeilamlinge, püohpuyang, üneo ümeng winpha she jonpu ngaokeklan
Yahyeng shüpshi e teihpu ngaokeklan	Ülaolan te üngwenpu
Ülaolan e ngaowante Ngaokenglan yejaipu	Loishe hahnyakpu jaipu Nushaktampu
Nükhah nyoi jaosha	Püohpinpu te tingtam wante, tampu ngao jan yepu.
Nange yahhupu yetaowante mongshih ngaipu	Hipak khakshu e jonpu

IYE-SHEPU	YE-I-YESHEPU

E. Ükhung ükhung, tümyange hanghi lüm me lungmeilan te wangshim hüolak teingaotüoh.



STATE COUNCIL OF EDUCATIONAL RESEARCH & TRAINING (SCERT)

STATE CENTRE OF NAGALAND LANGUAGES (SCNL), DSE



Iodine deficiency disorder is the single most common cause of preventable mental retardation and brain damage.

"Consume only Iodized Salt"