

CLASS - 5

Nagaland Heritage Studies

KONYAK



STATE COUNCIL OF EDUCATIONAL RESEARCH & TRAINING (SCERT)
and STATE CENTRE OF NAGALAND LANGUAGES (SCNL), DSE



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NAGALAND HERITAGE STUDIES | CLASS 5 - KONYAK

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FOREWORD

The Nagaland Heritage Studies (NHS) is a series of 18 officially recognized Nagaland languages from classes 1 up to 8. These books aim to teach the Nagaland Languages using local culture and heritage as its content base and also promote cultural richness of every tribe and community. The introduction of the Nagaland Heritage Studies in the State's schools from 2018 was in consonance with the guidelines of the National Curriculum Framework (NCF) 2005. The Nagaland Heritage Studies textbooks revised edition covers the learning needs of the students which have added meaningful illustrations. The NHS textbooks are evolving to better language learning of Mother Tongue which is the core basis of one's identity. History and culture.

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Dated: Kohima the 7th of November 2022.



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SÜOWANG

Nagaland Heritage Studies (NHS) she min yange laipan nahalan-e eylak jingne laitep üla nga ne tümpüt te toman o yüong mongmei teihpu pheih hatüo lai nyan nang. Lintüpu wangpeang mongme nyupuh ngao [Mother Tongue] Laitep a ülang shüyong she jon-e pei yangki. Hüpoi tünung me pei-e Naga jat moilan ngao me jakih üyin shin-e ling yang-e jonlak jingne State Council of Educational Research and Training [SCERT]-e, Directorate of School Education, Nagaland, Kohima mepu Language Officer, Assistant Language Officer hei Language Assistant lan te lam hüo yange lingpu laitep üla ne mengnang. Hatüo laitep eypu kai-e nahalane yoi nyupuh ngao me yoi jatlipungao hei Nagapungao Wanglüm mei mei üpong tüo shingkülak üneo Naga ja hei ja pa me shipshapu ngai külakshe monghüm e teih nang.



A. PEIHWANG KONYAK
Konyak Literature Board
Mon, Nagaland

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SÜO 1

Nagaland mepu jatlan e iman min tüo ngaipu - I

Shinge yahlak müktakpe:

1. Naga jatlan min hei iman ngaipu nyoi shinge yahlak.
2. Nagapungao shinge yahlak.
3. Tüopa süo yeong mei-e shinge yahpu pheiyak.
4. Ngao me ipu hei nyanyange ngohpu shingne tümpu kih-e mongte ong e yahlak.
5. Ngaokek üla lan shinge yahlak.
6. Mih jatlan me ngohpu wanglüm ümei shinge yahlak.

Naga me yoi yoi jatlan hangke ngaipu, teih nyüo yah ei? Hatüo a jat lili e ngaipu ngao hei nyoingoh wanglüm yoi yoi ne ngohnang. Naga jatlan te minpupungao jeng me, tüman e tüopa jatlan wanglüm lili nyoi jeng shinge yahpu oklak.

1. Phom

Phom kahtalan a kahtang Chingshüo üyüo mei-e chinglan neikon-e nyoipu jat ja ngohnang. Phom te leppu a wangphom ngohnang. Phom jatpuyimlan-a sha-a ngohpu nyoite lamnyu nyi mepu peiyangki. Ja-a'ying' üneo alao pa-a 'Long'. Phom lan-e iman ngaipu hei peipu nyoite 'ying' she nyiknang.





2. Lotha

Lotha jatlan e iman a china mepu Manchuria she nyikpu nyoi mepu Naga kahdang mepu Khezakheno chingte pei yangki she inang. Tüo a Khezakheno ching me kahta yüong e phong ngaipu jingne iman üpye khao te yengyin kai-e tai mah yangki. Kahtalan e iman jeng tong wante 'Latha' she iyangki. "Lahta" te leppu a "shüo te tai mah tepu" she ngohnang. Phei me 'Latha' a 'Lotha' ne meng e tüopa shüo te taipu kahtalan khung te nyik yangki.

'Lotha' she nyik-e ngaipu alüo pa-a Christianity man pei pe, Lotha lan e maapu kahwang te yopkhüm

e, dopu pha ngoh yangki. Tüopa te iman-e "Lotha ta lao eroe jipo" she nyik ngoh yangki. Tüopa te leppu a "wangngoi- e dopu phapu kahtalan" she ngohnang. Phei me 'Lotha' she sheshoh she ngai yangki. British Political Officer J.P Mills e 'Lotha Naga' she nyan ang yangki, hüyange phei me Lotha she ling ye yangki.

3. Konyak

Jat ja kahta ne menglak jingne yoi na shung lak teih nyüohu? Hatüo kih-ekonyak lan ngohnang. Konyak lan e iman te "Na-ga" she nyiknang, leppu a na shung yange ngohpu kahtalan. Konyak lan e mih jat lan phei ye nyüt lak jingne naha me muh na shungpu wanglüm ngohnang. Konyak lante 'kah-ha' she o nyiknang, tüopa te leppu a kahdang me ngohpu kahtalan. Na shungpu hei sheta tupu(tattoo) a Konyak kahta



she shing oklak ülüm nyi ngohnang. Konyak she nyikpu a ülüm nyi me ngaipu ngohnang. Ja a 'khaonyak', leppu a shangmin ünyak, üneo alao pa-a 'kong-nyak', leppu a nateang nütan me tattoo ngohpulan. Sha-a Konyak she nyikpu min a British lan e nyikpu min ngohnang.



4. Kuki

Nagaland mepu Kuki jat a 'khul' mepu peipu she üting laknang. Hatüo wankon nyoï a central China me ngohnang. Khul te leppu a 'Longsa yeshüküma-a kahmong'. Burmese lan-e Kukis te Chin she nyiknang uneo Kukis lante 'Cookies' she Chittagong kahtang mepu Bengalis lan-e o nyiknang. Britishers lan kai-e Kukis she min nyan-e tüohpu tunyih te ngoi-e jonpeipu ngohnang.

5. Sangtam

British lan üwang ne üpye sangtam nyoï te pei wante iman woipa Woodthorpe-e, tüome ngohpu kahtalan te iman ampu nyoï me peipu she tong. Tüopa te 'Sangdang' she jan yangki. Sangdang te leppu a lengjong ngohnang, hangjingne Sangtam kahtalan lengjong ütao me nyoï ngoh yangki. Üneo Sangdang she imanpupajin mepu chingshüo min ne-o ngoh yangki. Hüpoi British Officer lan e Sangtam she nyan e hühik e nyik e tai yangki.



Ngaokek te leppu:

1. Nyün - Hipak hipak te yephün pe ngaipu.
2. Ütöp linge peipu - Kahta yejema-a phao yinmok lan yünne peipu hei taipu.
3. Tattoo - pümtangta te tushangpu, sheta tupu.
4. Tongyüm - kahtalan te ülüm ja jeng tong e yüm leipu.
5. Puyim - pajeiyong,pu hei palan.
6. Mengshi - nyüm lakpa ne nangpu kahta yejema-a yinmok.
7. Lengjong - Shütao she shinlingpu.

Linglaklan:

A. Tongpu lante jantüöh:

1. 'Phom' te leppu a hanghe shi? Phom kahtalan ngai wangpu jeng khoih-e nyantüöh.
2. Lotha she nyikpu hangke ngai wangpu shi? Tüopa te leppu a hanghi shi?
3. Lotha lan e iman kahtalan te hangke nyik ngohpu shi?
4. Kuki jatlan ampu nyoi me ngai wangpu shi?
5. Sangtam chingtepupa jin me hangke nyik ngohpu shi? Tüopa te leppu a hanghi shi?
6. Konyak she nyik e ngaipu ülam nyi jeng khoih-e nyantüöh?

B. Shupu kih e hüntüöh:

1. Lotha wangphom te leppu
2. Phom wanmei kahtok
3. Sangtam shüote taipu
4. Kuki Na shungpu hei sheta tupu
5. Konyak Lengjong shütaopu nyoi

C. Ükeng nyoi te ngaokek hüntüöh:

1. Lotha lan a china mepu _____ she nyikpu nyoi me pei yangki.
2. Phom kahtalan _____ me chingshüo üyüo yeong e mei-e nyoinang.
3. 'Kah-ha'she Konyak ngao me _____ te leppu ngohnang.
4. Kuki jatlan _____ she nyikpu nyoi me pei yangki.
5. British üshangpa _____ 'Sangtam' she min phayangki.

D. Pha e ngohpu ngaolenglan te shupu hei yeshupu she nyantüoh.

- a) Kahta ja Konyak jat ne menglak jingne na shunglak wongpong.
- b) Phom kahtalan e yinglong she iman ngaipu nyaoi te nyiknang.
- c) Lotha jatlan e Khezakenoma ching upye kao mepu peiyangki.
- d) Sangtam jatlan phei üwangne teingao e iman jat jeng tongpu a British Officer, J P Mills ngohyangki.

E. Ülhung jümyange ngaoleng üla lingyange class mepu lan phei meitam yah e lingtüh.

F. Yoi jat yeje pe, jat ja le ngaiyange nang e shingpupa jat jeng khoih-e nyan tüh. Leppu me hahying, oleng hei won wangpu jeng. Noksa o hünpu oklak.

Yephünpe

Tonge yampu

No inpu

Süo 2

Ü Nagaland

Shinge yahlak müktakpe:

1. Hemngao mongme eypu me ülam kih khakshhu-e üyin shien-lak, hüyange ngao ülong lai-e ünyei mongphapuphei eylak.
2. Hemngao khakshu-e üpöngtö-e shingyah yange ngaolak hüyange eylak.
3. Hemngao te yaphün yange tonglak hei jonlak.
4. Üpöngtö-e shingyah yange nyanpu hei ngaopu me nyöoleipu wanglüm te woilak.
5. Üla ngaokeklan shingyahlak hüyange nange mongpu kih ngaolenglan lingnyanpume jonpailak.
6. Numan nyoime ngohpu phimnyak weangyong hei yinmok nyuha jeang shingyah tüoh.

Ü Nagaland



Tüome phümyak weangyong a Anghya
Hüyange yinmok nyuh-a monghümpu
yompa
Tüome kahtoknyu-a hon kih-e kahnying
wangha
Üneopungao lai me-a okpu jeng
Tüome kahdang a shedaopu.
Hüyange wanghi-o shemeipu.
Hatüo-a tao-e künpu Nagaland.



Tüome künpu-a yengnung kih
Hüyange chingmei-a yengkih.
Tüome monghüm wangshim tüonang
Üneo wongnangpu-a kahtok me mong-
jung ngohnang.
Tüome wangdang e deipu
Mongyongpu hümpa naomeilan.
Hatüo-a tüo-e künpu, Nagaland.

Rükülü Kezo

Ngaokek te leppu.

- | | |
|----------------------|--|
| 1. Phimnyak wengyong | - nyoijing jame tüöpu pephao weng phao lan. |
| 2. Yinmok | - phao me ngohpu yinmok yinhalan. |
| 3. Kahnying wünga | - mokshe yashanlak ne ngaipu toishüo hei yaphün. |
| 4. Eyeshepu | - wangshüm hño-e yihnonpu. |
| 5. Okpu | - Wehok me okpu towpu. |
| 6. Mongyongpu | - yenyam pe wongnang mong hñöpu. |
| 7. Naomei | - wehok me okpu towpu kahta. |
| 8. Yünyampu | - mongshöpu yenangpu. |

Linglaklan:

A. Laipan nahalan te hemngao ükhung lingyang e yijima-a yoi yoi ne tümyang e ngao ngai-e ey ne tüm tüöh.

B. Tongpu lante jantüöh:

1. Tüopa hemngao, 'üjing Nagaland' me phimyak wengyong she hanghi te nyikpu shi?
2. Hemngao nyanpa- e, tüopa hemngao me Nagaland me hanghi ümeilüm lan ngohpu nyan ngohpu shi?
3. "Tüome kahtoknyu-a hon kih-e kahnyingwangha üneopungao lai me-a okpu jeng" she hemngao nyanpa-e hanghi te leppu shi?
4. Tüopa hemngao me yenyampulan she aohi lante nyikpu shi? Hemngao nyanpa-e imante hñkih-e hangne nyikpu shi?
5. "Tüome kñnpu-a yengnung kih hñyange chingmei a yeng kih". Tüopa ngaoleng me nange hanghi mongte onge yah nangki?

C. Ükeng nyoi lante ngaokek hñntüöh.

1. Tüome phimyak wengyong a _____ hñyange yinmok nyuha-a _____.
2. Tüome kahtang a _____ hñyange _____ o shemeipu.
3. Tüome monghüm wangshim _____ üneo wongnangpu-a kahtok me _____.
4. Tüome wangdang e _____ hñmpa _____.

D. Hangke tuman e phümyak weangyong hei yinmok nyuha jongwan tamlak shi? Ling oklak ülam ni hei lüm, teihyange nyantüoh.

E. Ngaolak Toishüo

Class a ükhung lüm ne tamtüh. Üphang me pha ngohpu ngaophalan phei laile e ngaolenglan linglak jingne ükhung te ja phei me ja she tongtüh.

Wangshüm

wong

kahnyingwangha

okpu

F. Linglaklan

Nang wankon me tüopu phimyak wengyong hei yinmok nyuhalan jing noksa nga (5) ngoi-e yah yange lai me nem yange iman min nyantüh.

Süo 3

Nagaland me Mopu jeng - I

Shinge yahlak müktakpe:

1. Yoi jat Mopu hei wongpong jeng shinge yahlak.
2. Mih jatlan Mopu jeng shinge monghah- e yahlak.
3. Ngaokek üla shinge yah yange ngaoleng lingpu oklak.
4. Tüopa Süo mongte onge yahlak jingne yüong e mei-e eylak.
5. Yoi nyupuh ngao me yüong e mei-e nyanpu hei ngaopu oklak.
6. Nyan yange ngohpu hei ngao me ipu shingne tümpu lan mongte ongpu oklak.
7. Jat lanshepu me jakihpu wanglüm ngohpu itpu phehi mongte onge yahlak.
8. Jat lili me ngohpu wanglüm ümei shinge monghah-e yahlak.

Nagaland te Mo kahtok she o nyiknang. Nagaland mepu jat lili me yoiyoi mo ngohnang. Sheyongpu mo a kakhüm manwaipu phehi lep-e ngohnang. Hangjingne lin tepu hipak me kakhümpu-a toishao üshang pa ne ngoh yangki.

Kahteyenghapungao me, mopu hipak me ütahpa kahwang te mengpu wanglüm me phümwim-e ngoh yangki. Hatüo a wangngoi-e hahyinge, hongli mongmeipu hipak ne ngoh yangki.

Aoleang Monyu

Aleang mo a Konyak jat jing mo üyong ja ne ngohnang. Hatüo mo a kah te teiha liha tei sho yange üpeang ülick mei pha she phümwimpu hei wangpeang ülangshoy-ange üla ükong wangpu ngohnang. Üjao yaha



wangwan ompu teih tow yahpu mo ngohnang. Aoleang mo a wangme ley la ngaipu tan ngoh yange Chingja pheii me ja she yoi yoi hipak me mo e ngohyangki. Hüpoi tünyih ngainyih a Aoleang ley üwangpa hat mong me moilan jüm e mo nang. Chingshüo ütüm pan shüo me pei üyak pheii yong yange, wangwan te topu mo me om-e moiheiman lak jingne nyiknang. Tüopa mo me, hahlak jingne kahtalan nyah ompu, meikep ne tayange mo me hahying shümei meipu tümta yange hahnang, üneopuhemlokpu hei hungli mongmei-pu wonwang taitüm mapu yah e mo nang.



Metümnyo

Yimkhiung jatlan e Tangla ley 8th (August) nyih Metemneo mo nang. Yimkhiung lan e nütan lan me yaha wok (6) üneo sheko lan me yaha nga (5) ngohnang she üting laknang. Tüokhei hatüo mo apuhpu nao la lante yaha phalak jingne mopu

ngohnang. Hatüo mo hipak me, nütan naha jingne mei üphin wok üneo sheko naha jingne üphin nga she ükao ja me angyang üneo hatüo mo hipak a hahyingpu, shimnyu shimpa lingpu üneo wepalan pheii chingmei lingpu hipak ne ngohnang.

Mimkut

Wangtu ley 17th (January) nyih Kuki jatlan e Mimkut Mo nang. Hatüo mo min a ülikek 'mim' (job mükphi) me ngaipu ngohnang. Kuki lan e hatüo ülikek a iman kahtok ü-at te ngai yang-



phei me tüopa she üting laknang. Kuki lan e iman a üwangne kahtok ümongsha me ngohpu she üting laknang. Hatüo Mimkut mo kahtok mongsha me wanglüm lüm ngohpu Thilha she nyikpu kahshih mongmei tümlak jingne mopu ngohnang.

Tokhu Emong

Lotha jatlan shüopan ley 7th (November) nyih Tokhu Emong mo nang. 'Tokhu Emong' she tah yah sho yangphei me toloimeipu hipak te leppu ngohnang. Ülao mo lan kih e yejipe, Tokhu Emong hipak me mei keppu, nyah ompu üneo yin kempte tien nang. Hatüo mo hipak me aohi te-o chingshüo mepu ngai ne yetam pe mo nang. Eiha lante üneo yoi pheipu lante shüpsha ngohlak jingne mei teipha nang hüyang e mong tei meang ngohpu pe lak jingne üneo pan shüo me vün jak yange shüpjim e mo nang.



Sekrenyi

Angami lan jingne mo yome Sekrenyi a üshangpa ngohnang. Tai let 25th (February) nyih mo nang. Sekrenyi a jaoshapu mo ne ngohnang. Tüokhei hatüo mo hipak me chingshüo jaosha-e üneo nütan lan



yengnungme yeng yüo-e mo nang. Yengyüopu-a daktin hei yatuhshüo ümeang jaosha pu she üting laknang. Hüyange yengnung mepu yeng pei yange nütan nyemo jao lak jingne yeng shai nang. Sheko lan e nok mepu shongnyu te nükyeng shai-e noksha jaonang. Tüophei me hahying e hongli mongmei-e mo nang.



Chega-Gadi

Hatüo mo a Liangmai kah-ta lan e wangpeang lepi Noklüt ley (October) 31st mong me mo nang. Tüo mo a kahtalan jalun pha she ie Aopong pheih phümwim e ükongwang nang. Tüophei me ching kahtalan ‘Tibae

Baibo’ she üngwüne yoi kahte tanang leppu kahmepu yinmoknyuha yantpoh she ngaokeng phapu ngoh nang. Tüoyangpoi Chega Gadi mo ükengnyu a nok yümlak jingne jenge jüp yangpu naoshe naoya jingne, naoya nokme hahying tümyange jüm hahpu ngoh nang. Üneo noksha kahtalan hei ükhung jüme mo hah nang.

Pha-e ngohpu ngaokek lan hei leppu shinge yahtüoh.

- | | |
|---------------------|---|
| 1. Tah yahpu | - tahnyin yah e yopu. |
| 2. Yinkem | - nyoi ja mepu alüo nyoi te tai-onge kempu. |
| 3. Teiha liha | - kah-hümpa lane kahte üli teipu. |
| 4. Shongnyu | - nok hei pan me ükeangnyu ne yahpu peshüm. |
| 5. Üjao yaha | - mük-e ye ngi pe ümei lingtümüpu yaha. |
| 6. Mo | - ükhung mongmeipu hipak. |
| 7. Taktin | - iy hei mei me ütang yeshupu jingne dakpu. |
| 8. Yatuhshüo ümeang | - yemei pe hüopu yaphün. |
| 9. Jaosha | - ünu wintümüpu. |
| 10. Phümwümüpu | - üwangpu hipak me jon peipu wümwapu. |

Linglaklan:

A. Pha ngohpu hatao ngaolenglan te leppu, jakihpu ngaophalan süo mepu yam yange nyantüoh.

1. Ülam ja yeshükümaa kahta ütam üjao ne lingtampu. _____
2. Üphao jonge ngailak jingne kahtok me üli teipu. _____
3. Tao hipak me kahtalan jüm yange hongli mongmeipuphei hahyingpu. _____
4. Eihalan te üneo yoi pheipulan te mei teiphapu. _____
5. Wangngoi e ngohpu üyin. _____
6. Wong nange ngohlak. _____

B. Jat hei iman mo shu-e hüpüöh.

JAT	MO
Yimkhiung	Chaga-Gadi
Lotha	Sekrenyi
Konyak	Aoleang Monyu
Kuki	Metümnyo
Liangmai	Mimkut
Angami	Tokhu Emong

C. Tongpu lante jantüoh.

1. Hanghi mo me kahta lan nyah ompu, meikeppu üneo yinkempu te tien nang ki?
2. Aoleang Monyu hangne mopu shi? Pan shüo me peei hangne angpu shi?
3. Puhpu üla naolan jingne Metümnyo mo hangke wongpong ne mengpu shi?
4. Angami lan Sekrenyi mo me hangke jaosha nangke?
5. Naga jatlan mo yome hanghi pa mo me tangshim lan hei ghonyoi jingne phünepha nang ki? Hatüo mo me sheko-nütan ja hei ja jeng hangke teishing nang ki?
6. Kuki lan e Mimkut hangne mopu shi?
7. Pha e ngohpu naga mo wok (6) yome jakih e ngohpu wanglüm ülüm nyi (2) nyan tüoh.

Mo min	Aope Mo nangki?
Medumneo	
Mimikut	
Aoleng Monyu	
Tokhu Emong	
Chega Gadi	
Sekrenyi	

D. Üphang me pha ngohpu Molan min pheii kahkshu e nyihlan nyantüoh.

E. Shupu pa te phaikok (Tick) phatüoh:

1. Kuki lan e üwangne imman ampu nyoi me ngohpu she üting lakpu shi.
(a) Phao me. (b) Kahtang me.
(c) Kahmong sha me. (d) Yengnyu nah me.
2. Tah yah sho yang pheii me toloimeipu she hanghe pa mo te leppu shi.
(a) Sekrenyi (b) Tokhu Emong
(c) Aoleang Monyu (d) Metümnyo
3. Sekrenyi wante yeng a hangne yüopu shi.
(a) Tahyah sho pheii me tangta jao lak jing ne.

- (b) Ünu yaha sho pheï yan ngoh lak jingne.
- (c) Taktin hei yatuh shüo ümeang jao lak jingne.
- (d) Üjao yaha wangwan nyik lak jingne.

4. Mei üphin nga hei wok a aoïe pha nangki.

- (a) Metümnyo
- (b) Tokhu Emong
- (c) Mimkut
- (d) Sekrenyi.

5. Tokhu Emong me mei a hangne tei phapu shi?

- (a) Eiha lan üneo yoi pheipu lan pheï mong tei meang ngohpu pelak jingne.
- (b) Yinpa te yihnon lak jingne.
- (c) Nao te üyin yaha pha lak jingne.
- (d) Yaha 'Thilha' te mongmei tam lak jingne.

6. "Tebai Bailo" she üngwenpu a

- (a) Kahtalan te kah mepu yan ngoh lak jingne.
- (b) Chega-Ghadi mo pei wangpu shingne tümpu.
- (c) Sheko-nütan tei künpu ütah te ngai lak.
- (d) Yinmok lan te Kah mepu yan ngoh lak jingne.

F. Laitep eytüoh hüyange ngaopha ja janlak yamyange tongpulan te jantüoh.

1. Tah yahsho yangpheï me mopu mo min. _____
2. Jaosha tampu mo min. _____
3. Teihaliha tei shoyang pheï me mopu mo. _____
4. Kahtalan jalun tamlak jingne yinmok toi e phümwim e ükhung wangpu mo. _____

G. Teih yang e jantüoh:

Ükhung yejema a kahta nyi shot yang e pha e ngohpu tongpu te tei ngao yang e jantüoh.

- (a) Süo me pha-e ngohpu mo te om lak jing ne nang te nyik küma-a, hang mo te pei lak üneo hangne?
- (b) Nagapupajin me kahwang te lüm-e lümpu dopu hangne phapu shi?

Süo 4

Nagaland mepu jatlan e iman Min tüo ngaipu - II

Shinge yahlak müktakpe:

1. Yoi yoi Naga jatlan min hei iman ngaipu nyoilan shingyahlak.
2. Nagapungao shinge yahlak.
3. Süo yüongmei-e eylak hei üpongüo-e shingyah oklak.
4. Shing okpu hei nyan ngohpu ngaome ngaopu me nyüolei phapu te woilak.
5. Üla ngaokeklan shingyahlak.
6. Yoi jat te hangke kün tüokih-e ülao jat te-o meilakpa lüm me monghahpu phei yihnoon tamlak shingyahlak.

6. Yimkhiung

Nyihjapu hipak me jeinao nyi yoi yoi ne yanne ngohyangki. Imni hipak laolinge mongshangpu phei jaja yümpu yetüo okpe ngoh. Hüpoi hipak laolinge yümpu kai-e nyihja imni mongmei shei-e nyishe shüpsa yangki. Yüong mongmeipu phei imnyi-e chingja lingngai hüyange tüote' Yimkhiung Awün' she min. Yimchiung te leppu a 'yam me yam me' üneo Awün te leppu-a'ülang'. Hatüo ngaokek nyi te leppu a "ülang nyoi yeshüküma-a ngai peipu nyoi, ümeken me imni üküm ne hño". Üshongwante Sokali Record me yimchunger she ngohkülak hüyangpoi üwangpu ütingpa min a yimchungrü ne ngohyangki.



7. Zeliang

Zeliang kahtalan ükhung nyi ngohnang. Tüolan a Zeme hei Liangmai. Iman a sha-a ngohnangpu Peren District nyoijingpuhu kahtalan ngohnang. April 1943, C.R. Pawsey aohipa Deputy Commissioner, Naga Hills District ne ngoh wante kahtalan ükhung nyi te phapu min Zeliang Naga jat ngohnang. Tüokih-e iman min tüopu ngohnang.



8. Angami



Naga jatlan yome Angami o jat yong ja-ne ngohnang. ‘Angami’ she nyikpu a British lan-e phapu min ngohnang. Hatüo ngaokek ‘Ngami’ yeshükümaa ‘nganbami’ leppu ‘khongkümpu ling oklak Kahtalan’. Ülao nyoï om e wanglüm lümpu jin (Colonial era) shaome, Angami kahtalane iman nying nying te “Tenyimia” she nyik yangki. 1832, me Captain Jenkins e nyahponglan 700-800 ngoi-e woiyange Meitei kahta nanpala om-e Angami kahtok kai-e Assam kahtok te taiyangki. Tüo wante üshangpa (officer) e Meitei ngao lüppa te ‘Hatüo

wankon me aohi nyoipu shi’ she tongyangki, hüwante ngao lüppa e jan-e i yangki ‘Ngami’ yeshükümaa ‘ngübami’. British üshangpa e nyan angpu ngaokek ‘Angami’ üneo hatüo min tenyik te ngoi-e jon taipu ngohnang.

9. Chang

Chang jat a yüonge yongpu ‘Chongnyu’ she minpu pee-nyu ja mepu peipu she ütinglak nang. Hatüo a phümpee ja ne ngohyangki, hüyange ükünphi me leitüoh me ngi-okpu pee-nyu.

Hüyangpoi Chang she ipu min a ülaopa yoi yoi lam me peipu min ngohnang. Chang a ‘Changennyu’ mepu pei ngaipu ngaokek ngohnang, leppu a “dao yongpu” yeshükümaa “Neikonpulan nyoime she-daopupa”. Üneo ülaopa lam me peipu min a Chang kahtalan a he-ong yeme peipu she inang. Chang ngaome he-ong yete ‘Chaangbou ae’ she minpu, tüome wange iman nying nyingke Chang she nyik wangpu ngohnang.



10. Chakhesang

Chakhesang min a kahtalan ükhung lüm mepu sheiyange yah ngaipu min ngohnang. Leppu, ‘Cha’ a Chokri, ‘khe’ a Kheza üneo ‘sang’ a Sangtam. Chakhesang a tüolan ükhung lüm kai-e jane ling ngaipu ngohnang.

Chakhesang Naga jat a yoi yoi ngao maa pangpu ükhunglan, Chokri, khezha, (kuzha) poümei, Sangtam, Sümi hei Rengma, hüpoi iman pame üpong tüo-e teishinpu phei ngao oknang.



Ngaokek te leppu:

- | | |
|--------------|--|
| 1. Pheitün | - Ngaokeklan ütüm üküm yeme püo-e nyanpu. |
| 2. Nyoijing | - Kahtalan ngoh peipu nyoi. |
| 3. Ükhong | - kahtalan jümshe ngohpu. |
| 4. Min | - Ülam jate tüo üja she nyikpu. |
| 5. Pungao | - Ütingme ngaipu yeshükümaa hüke nanglak she teih yange ipu. |
| 6. Pajeiyong | - Pupajin mepu pa jeilan. |

Linglaklan:

A. Tongpu lante jantüoh:

1. Ao pe üneo aohi kai-e Zeme hei Liangmai nyite Zeliang Naga jatshe minpha tampu shi?
2. Yimkhiung Awün te leppu a hanghi shi?
3. Angami min a hangke ngai peipu shi?
4. Chakhesang min ngai wangpu hei iman e ngoapu ütam yoi yoi ngao jeng khoih-e nyantüoh?
5. Chang kahtalan e yoi yoi lam me ütinglak e nyikpu me ükhong wange ngaipu min jeang khoih-e nyantüoh?

B. Ükeng nyoi lante ngaokek hüntüoh.

1. Chang jat a _____ she minpu pe-nyu mepu pei.
2. Chakhesang jat a ükhung _____ shei yange ngaipu ngohnang.
3. Zeliang kahtalan a ükhong nyi mepu shüpjümpu ngohnang, tüolan a _____.
4. Angami she nyikpu a Meitei ngao mepu peipu ngaokek _____ yeshükümaa-a _____.
5. Üshong wantepu ütingpa Yimkhiung jat min a _____ she nyik ngohyangki.

C. Shupu kih-e hüptüoh.

- | A | B |
|---------------|---|
| 1. Yimkhiung | Peren district |
| 2. Zeliang | 'dao yongpu' yeshükümaa neikonpu me shetaopupa' |
| 3. Angami | Yoi yoi ngao maa pangpu ükhong |
| 4. Chang | Yimkhiung Awün |
| 5. Chakhesang | Khongkümpu lingoklak hahtalan. |

D. Sño me ngohpu ngaokek yah e, pha e ngohpu ngaolenglan te leppu nyantöoh.

- Kahta hei kahta nyi she shüpsha e tampu _____
- Neikonpu yo-me yeshüküma-a toinan pheii o shedaopu _____
- Sha a me wange ükongwangpu _____
- Lei okpu kai e ünyei ne khoih nyai e ngaotampu _____

E. Numan laipa e wün e eywante jaiyahpu ngaokek te ükam phatöoh.

Okpu
Lamhüopu
Yoiyoi
Mongmei me

Jamshe
Sheiyange
Ompu
Yan ngohpu

Pongshei
Tüopu
Khintak
Shangnyak e

F. Ükhok me pha ngohpu ngaokeklan leiyange jatlan min nyantöoh.

Chakhesang Chang Zeliang
Yimkhiung Angami

A	F	E	S	T	B	V	R	V
C	B	D	C	X	A	Z	E	U
E	O	N	H	B	S	R	Q	I
G	L	I	A	C	F	L	X	O
Y	I	M	K	H	I	U	N	G
I	X	A	E	A	X	R	D	B
K	Z	G	S	N	V	F	D	S
M	V	N	A	G	B	A	Q	T
P	S	A	N	D	V	R	S	N
R	T	O	G	X	S	J	H	I
M	N	Z	E	L	I	A	N	G

G. Sño me ngohpu Naga jatlan yo mepu jat ja leye yah-e iman meipu jeang, nyoingoh wanglüm, hahying, nyimtai hei won wangpu jeang ngaokeklan 70—100 ngoi-e nyantöoh. Nange ngaomük tüo-oklak jingne noksa linge nyanpu oklak.

SÜO 5

Zah Hei Vemeipungao

Shinge yahlak müktakpe:

1. Tüopa süo yeonge mei-e shinge yahpu pheiyak.
2. Ngaokek üla shinge yahyange ngaoleng lingpu oklak.
3. Ükhung jam e lam me lampu lingpu me ngaopu hei jaipu jalon lak.
4. Nyan ngohpu hei ipu kih-e mongte ong e anglak.
5. Pungao kih-e tongpu lante jantüoh.
6. Nagapungao jeng shinge yahlak.
7. Tüopapungao jeng shemei she eypu oklak.

Hipak ja me Shimpa ümei Zah hei Vimeiyi ngoh. Nyih ja tüo nyi-e Temi she minpu wongnangpu ünu yaha toilak jingne sho. Lüm me üneo shimpa ütüm hüo. Tüolan a mahu ih, peshim (log) üneo pheang, Iman o tüopa Temi toi lak jingne mong e jam e tai. Iman she nga Temi nok te wangnyak me ngoi, hüpoi I nok me ye ngoh. Tüökhei iman ünuk me lowe ngoh.

Vimeiyi shinleng me lo üneo Zah shinleng shong me lo. Pheang vün jak jing me lo, Peshüm taküp tangme lo üneo Mahu ih taküp shong me lo. Yaning shon-e Temi ye-e ngoi. Wangnyak me I shinleng te ong, hüwante Vimeiyi e la, I wao-e ngai e lüo, hüpoi Zah e tük e tam. Sha-a ji Temi te yüong e meange tak .



Wangnyak ne mengpu jingne l te hanghi e shah peih, i-e yeshing. Tüokhei Vün jak lak jingne vün jak jingte ngoi. Aope vün jak yah peih, Pheang phüp ngai e l mük te shah. Temi taküp yekhao te tailak jingne phet e win wante Mahu ih me lek- e hao ta. Hüwante taküp tangme ngohpu Peshim e Temi te shah.

Hükih e Temi a toiyangki. Shaaji Temi e hango shangshih phapu ye oklak. Hatüopungao me tüman e shinge yahlak a. Shimnyu, shimpa lan ja ne shüpsa küma-a wongnangpu wepa te o oklak üneo üyin me hüopu lam me lampu shangshih-o- okpu ngilak.

Ngaokek te leppu:

- | | |
|--------------|---|
| 1. Pho | - Pho- e tükpu. |
| 2. Yatuhshüo | - yoi pheih hüopu yaphün, mei jangpu yatuhshüo. |
| 3. Taipu | - kem e taipu, lümnyu ja me shüote taipu. |
| 4. La | - Vemei hei hansho kihpu e lapu. |
| 5. Shüpsa | - ja me jimpu, mongsheipu. |
| 6. Tükpu | - Zah e tükpu. |
| 7. Phüp | - ma phalak ne phüp ngaipu. |
| 8. Tengpu | - teng e tümpu, paipu. |

Linglaklan:

A. Tongpu lante jantüoh.

1. Nyih ja Vimei hei Zah nyi hanghi linglak jingne shopu shi?
2. Vimei hei Zah pheii lüm me shimpa aohi lan hüöpu shi? Iman hanghi linglak jingne shopu shi?
3. Temi toi ne peipulan ampu nyoi me lopu shi?
4. Nok ngoipu pheii jümshe Temi hanghi lingpu shi?
5. Vünjak jing me Temi te hangke nang, khoih-e nyan tüoh?
6. Vimei hei Zah nyi alao shimpa lan yejam küma-a, Temi toi ok hahpu jiya? Hatao jeng nange teihpu nyantüoh?
7. 'Zah hei Vimei'pungao me shinge yahlak hanghi shi?

B. Nange aoöpe o nang shangshih ngai wante nang shimnyu shimpa te jümüpu yu ya eih? Tüopa jeng ngaölinge ütam nyan tüoh.

C. Ükeng nyoi lante ngaökek hüntüoh.

1. Vimei hei Zah nyi a _____ ümei ne ngoh yangki.
2. Temi a wongnangpu _____ ne ngoh.
3. Nyih ja Vimei hei Zah nyi _____ toi lak jingne sho.
4. Temi vünjak wante, pheng phüp ngai-e Temi jing _____ te shah.
5. Shimnyu shimpa shüpsha-e ngoh küma-a wongnangpu _____ te-o oklak.

D. Shupu kih-e hüntüoh.

A

1. Pheng
2. Peshim
3. Zah
4. Mahu ih
5. Vimei

B

- a) la lak
- b) phüp lak
- c) teng lak
- d) tük lak
- e) yei lak

E. Toijong linglak:

Putahpa-ngao ja leyange nyantüoh hüyange numan class me hataopungao itüoh.

Laipalan e teihtüolak:

- Laipa kaie class a ükhung yoi yoi ne tamlak. Aoyin wankon ja me ngohyahpeih tüölan a ükhung ja ne omlak hüyange laipan yan yangphei mepungao yamlak.

- Nyan yangpheipungao ükhung ja pheï me ja she class me eyhüolak.
- Ükhung yo mepu member ja epungao khoih e ngao ne tamlak.
- Lainyüo nahalan epungao khoih e iwante ülam kih khakshu e woïlak jingne laipa kai e nyüoleipu phalak:

1. Pungao me üwang, üwo hei ükum ngohlak wongpong.
2. Pungao ngao wante lainyüo nahalan üshei e nyüoleipu te tingkhak e leïlak.
3. Ngao wante jamloi yepolak üneo yak pheï yewonlak.
4. Iman jamloi mamtam e yeshükümaa jamloi monglao e ye-ngaolak.
5. Iman jamloi üngwün e yeshükümaa jamloi nyaikhai e ye-ngaolak.

F. Ümai me pha e ngohpu ngaolenglan a ngaolak ngaomük ütam ngohnang. Lainyüo nahalan nishep ne tamyange, iman shimnyu hei shimpalan te tonghupu ngaolak ngaomük le-ne tamtüoh.

1. Nange shelengpu hahying a hanghi shi? 2. Nange hangne lengpu? 3. Nange aoïpe hahpu? 4. Nange hangshin me hah ei?	1. Nange shelengpu wonwangpu a hanghi shi? 2. Nange aoïhi pheï wonhu nangki? 3. Nange hangke won nangki? 4. Wonlak jingne nangte aoïhi e nyüotampu shi?	1. Nang shimpa mongjam a aoïhi shi? 2. Nang shimpa mongjam pheï hüohne hangshin me tai-nangki? 3. Nang shimpa a ümeken me ngoh nangki? 4. Nang shimpa e nangte hangke jam nangki?
1. Nangpuhpu nyih a aoïpe shi? 2. Nange hangke mo nangki? 3. Nangpuhpu nyih me hang kihpu hünghüo yahhu nangki? 4. Nangpuhpu nyih mo me hangkihpu hahying hahhu nangki?	1. Nange shelengpu juwan a ampupa shi? 2. Hangne nange lengpu? 3. Nange hatao juwan me hanghi nyeemo in nangki? 4. Nange hatao juwan me hanghi ling nangki?	1. Nange shelengpu yinmok a ampupa shi? 2. Nange hangne lengpu? 3. Ampukün nyoi me ngoh nangki? 4. Hei ne hangyin hah nangkü shi?

Süo 6

Nagaland me Mopu jeng-II

Shinge yahlak müktakpe:

1. Yoi jat Mopu hei wongpong jeng shinge yahlak.
2. Mih jatlan Mopu jeng shinge monghah- e yahlak.
3. Ngaokek üla shinge yah yange ngaoleng lingpu oklak.
4. Tüopa Süo mongte onge yahlak jingne yüong mei-e eylak.
5. Yoi nyupuh ngao me yüong e mei-e nyanpu hei ngaopu oklak.
6. Nyanyange ngohpu hei ngao me ipu shingne tümpu lan mongte ongpu oklak.

Nagaland te Mo kahtok she o nyiknang. Nagaland mepu jat lili me yoiyoi mo ngohnang. Sheyongpu Mopu-a kahhüm manwaipu phei lep-e ngohnang. Hangjingne lin tepu hipak me kahhümpu-a toishao üshang pa ne ngoh yangki.

Kahteyenghapungao me, mopu hipak me ütahpa kahwang te mengpu wanglüm me phümwim-e ngoh yangki. Hatüo hipak a wangngoi-e hahyinge hongli mongmei hipak ne ngoh yangki.

Moatsü

Moatsü a Ao jat-e Mopu Mo üyongja ngohnang. Iman e tüo Mo a teihaliha teiyang phei me Leangha ley 2nd (May) nyih mo nang. Hatüo mopu müktakpe-a kahwangte tonge moiheiman yupu hipak ümei. Üneo hatüo mo a teiha



liha dei yangphei me toloimeipu hei hongli mongongpu hipak ümei ja ngohnang. Shükolan hei nütanlanpuyim ou shümeipu tümyange lok e leipu me meitüm yahlak. Iman lok e leipu, wushupu, wonwangpu hei Mo hahyingpu a vün yüong yonge jakyange kahtalan neikon-e shot-yange Mo- nang.



Mongmong

Mongmong a Sangtam kahtalan jing Mo lan yome shüyongpu Mo üyong ja ngohnang. Hatüo mo-a Aonye ley 3rd (September) nyih mo nang. Mongmong te leppu-a

‘jinte jümshe ngohlak’. Hatüo Mo-a ütahpa kahwang ‘Lijaba’ mepu moiheiman tüopu kai-e wangman-e tah yahlak hüyange jalon e tailak jingne Mopu ngohyangki. Iman-e kahwang nanleine phongjong me lingngaipu yong lüm te noksha kahtalan-e wümwapu ‘Müsüyantap’ linge yopdo yangphei me ütingpa mo ükung wangnang. Hatüo yong lüm te nük hei shei dopu phayang pheime hongli mongongpu mo ükung wangnang.

Bushu hei Bishu

Bushu/Bishu a Kachari lan e yüong iyeshepu mo ngohnang. Hatüo mo a Wangtu ley 27th (January) nyih mo nang. Iman ngao me ‘Bi’ a yoppu üneo ‘shu’ a chingmei jingne tongpu. Hatüo mo a tahyah sho yangphei me mo nang hüyange ülam lüm ne tamyange mopu



wanglüm ngohnang. Üwangpa-a Busu jidap, tüophei me Surem Baino üneo üküm ne Hangseu Busu. Phangsla ching peten a ngut phei shemei yüomapuphei lingyange hüyange aope petün mongte ongyahpeih, puyim ou tümyange lok e leipu hei wonwangpu phei ponyahpu wanglüm ngohnang. Hatüo mo me iman e yepelak jane lingpu-a Viwo wüngpu hei pheam kongpu wanglüm ngohnang.

Mileingi



Mileingi a Zeme kahtalan e Mopu mo hüyange vün kai-e jaosha tampu mo ngohnang. Hatüo mo-a Tepley 11th (march) nyih mo nang. Tüo hipak me jaosha ngohpu naoshilan kai-e peei üla yahpeipu-e pan me jak tamlak hüyange mo hipak mansho mansho she vün mei ne yetampe jak-e anglak.

Nyih nyi shepupa mo manngoi manngoi she shekolan hei nütanlan yesheipe yoi yoi ne ngohlak. Hatüo Mileingi mo-a Zeme nütanlan e kahwang mepu wong hei mongyongpu tüolak jingne wümwa-tampu ngohnang, tüo kai-e yoi kahtalan wipalan hei phao yinmok ümenglan mepu yoi kahtalan yin oklak she ütinglakpu ngohnang. Iman mo-e ngohlak hüyange nyih nyi shepupa mo me shekolan om me hongli mongongpu pheih yahpu hipak ngohnang.

Monyiü

Monyiü a Phom jat e Aoleang ley 1st (April) nyih mo nang. Hatüo a wangpeang üla mo hüyange teiha liha teiyang pheih me mopu ngohang. Hatüo mo a phünpha-e künpu hüopu



hei shekolante iyeshepu mo ngohnang. Monyiü hipak me noksha mepu nütanlan kai-e ülaolan pheih nokne menge nyoi taipu yoi pheipu nya naolante künpu hüo-e shemeipu hahying hei shemeipu nük-sheih tütma-e pha tamnang. Tüo hipak me üküm nyihte ngoi-e ngohlak hüyange lungmeilan e mei teiphapu hei jümshe shot-e sheih yingpu wanglüm ngohnang.

Ngaokeklan te leppu shinge yahtüoh:

1. Mo - ükhung mongmeipu phei shemeipupa hahying pu hipak.
2. Wümwapu - ütahpa kahwangte khüm-e dopu wanglüm.
3. Iyeshepu - ja hei jate wangshüm phapu.
4. Honglipu - yeonge mongmeipu.
5. Lungmeilan - kahtalan yomepu jeiyonglan.

Linglaklan:

A. Jat phei shupu Mo hüptüoh:

JAT

MO

Ao	Monyiü
Kachari	Moatsü
Phom	Bushu
Zeme	Mileingi
Sangtam	Mongmong

B. Tongpu lante jantüoh:

1. Shüko lante phün phapu mo wanglüm aohipa jat me ngohnang shi? Hangke nütan lan e sheko lante künpu hño-e iyeshe-e tümpu shi?
2. Mileingi mo me vün a hanghe lam me wongpong ne mengpu shi?
3. Ao jat mepu sheyongpu mo a hanghi shi? Hatüo-a hangne mepu shi?
4. 'Mongmong' min a hanghe te leppu shi? Tüo hipak me iman e hanghe jonpai yange lok ke leipu shi?
5. 'Bishu' min te leppu a hanghi shi? Hatüo hipak me iman e hangkihpu lokleilak kongtoi jonpu shi ?

C. Pha-e ngohpu ngaolenglan-i-lei-e tüote ngaolenglan pño-e nyantüoh.

1. Müsuyangtöp te leppu a _____.
2. Pushu mo hipak me Phangsla _____.
3. Mileingi mo hipak me jaosha ngohpu naoshi lan kai-e _____.
4. Monyiü hipak me Phom nütan lan kai-e _____.

5. Moatsü mo a toloimeipu hei hongli mongongpu hipak ümei ____.

D. Teihyange nyanlak:

1. Naga mo lan a kahhüm manwaipu phei teijümpu jeang me nange hangke teihnangki?
2. Monyiü mo kai-e Phom nütan lan e sheko lan te phünpha e künpu hüopu hei iyeshepu. Iman e hatüo lingpu te nange hangke teihnangki?

E. Mo kai e shimnyu,shimpalan hei noksa kahtalan shipsha tam-nang. Christmas o tuman moilan e mopu mo ngohnang.Christmas Pe ja nyantüoh.Hashi e photüoh hüyange nange shelengpu üneo shemeipupa toilam phei Christmas Pe owtüm tamtüoh.

F. Mo hipak me nange lenge linghu teihpu jeang ngaotüoh.Üphang me pha ngohpu kih e ja ja te tongtüoh.

1. Numan mo a aope mo nangki?
2. Taopa jeang me nange hanghi sheleng nangki?
3. Molak jingne nang ampukün te tai e mo nangki?
4. Mo hipak me hangkihpu hahying tümta nangki?
5. Puhem lokleipu me, nang meitüm yah e omya ei?

Süo 7

Nagaland mepu jatlan e iman min tüo ngaipu - III

Shinge yahlak müktakpe:

1. Naga jatlan min hei iman ngohpu nyoijing lan shingtüoh.
2. Nagapungao jeng shingyah.
3. Süo shingyah lakjingne üpöntüo-e eytüoh.
4. Nyanpu hei ngao me eylak jingne ülam hüopu mei-e shingyange lingtüoh.
5. Yoi jat tokte kai-e ülao jat ja mepu meipu lam jingne minyong phatüoh.

II. Kachari

Kachari kahta lan-e iman jat min tüopu-a ülam lüm kai-e tüopu ngohnang. Üwangpa me kacharipupalan-a Brahmaputra hei Koshi yengyin pa mepu kahtok me nyoie ngohpu she i-nang. Tüo nyoite Nepali kahta lane kachar she nyik-e ngoh hüyange tüome ngohpu kahta lante kachari she nyik-e ngoh.

Nyi shepupa-me kachari lan-a North Bengal mepu Koch Angching mepu taipulan üja she J.D. Anderson e iyangki Lüm shepupa me Mahabharata mepu North nyoie-naomei jongpu nyoie 'kachcha'leppu yengching te yongwak-e neikonpu kahmüoh nyoie me üwangne kachcharis yeshüküma-a kacharis lan nyoie ngoh yangki she N.K Burman-e iyangki.



12. Khamniungan

Khamniungan jat a India hei Myanmar monyi yekao me ngohnang. Khamniungan a ngaopha lüm jim yange ngao pha jane lingpu ngohnang. Kham te leppu-a yeng, niu-a üyong üne ngan-a ngaipu. Hüke Khamniungan te leppu-a yeng yüong ngaipu. Iman kahmük me yengyin sheyongpu Laang yengyin pheiphin-e ipu ngohnang, hüyange tüo yengyin a Myanmar mepu Chindwin yengnyu te yüt nang.



13. Pochury

Pochury a ngaomük lüm shei-e lingpu ngohnang. Po -a Sopa mepu, chu-aküchury, Ry-a khwiry mepu ngohnang. Tüo jat lüm a Myanmar mepu pei-e tenyih ngohpu Pochury kahmük me nyoipu ngohnang. Sapo-a shaphongri ching mepu, küchury khunga Southern Nagaland sha-a Myanmar ne ngohnang. Khwiry khong o east Nagaland mepu hüyange iman khongkümpu Myanmar phangme ngohnang. Tüolan jümyange Naga jat ja ne lingpu ngohnang.

14. Rengma



Rengma jat min hangke ngai tüo a jai hukei-e ngohnang. Iman ngao me Nzonyu she nyik-e peipu nginang. Nzon she iküma-a kahta. Nyu she iküma-a kahtalan te ipu ngohnang. Iman ngao me Nzon Tegibu she iküma-a jat mepu naomei ütahpa te minpu ngohnang. Rengma she minpu yoi yoi ne nyi ngohnang. Hipak ja me British Assam te pei yange Ahom Angpa te nyikpute i yetai hupu jingne inan lei-e naomei Keyhon bu otüm yange shon. Tüowante British kahta lane i-a peshüo yaha ja she teihyangki.

British kahta-e i ngao lüppa te hangke inangki she tongwante Rema she iyangki. Tüophei me British lane Rema yeshüküma-a Rengma shepu jat min pha yangki.

15. Sümi

Sümi jat min ülam mapu me ükong-wangpu ngohnang. Sümi she ipu min a Angami ngao me lungtet lüm te 'se' she nyikpu ngoh nang. Ngaolang me Angami, Chakesang, Sümi lan a kahta ja üha jeinaolan ne Khezhakenoma. Ching me jüm-e ngohyangki. Pupalan e Sümi te seme she nyikpu te leppu lüm shepupa. Ülaopa ngao jame Swemi te leppu a üwangpa chingme ngaipu üja she iyangki. Lüm shepupa me Süpu me ngaipu Sümi üja she iyangki. Püli shepupa me üjei ünao nyi Tukumi hei Suwumi te British lane shüshoh she phapu min Swemi te sema she nyike ngohpu 1992 me pei-e Sümi she jeilei tainang.



16. Ao

Sha a ngohpu Mokochung District a Ao kahtalan jing kahtok. Ao a ükhong nyi Junglir hei Mongsener, sheiyange shüpjimpu ngohnang. Üshong wante muh Junglir hei Mongsener jamshe chingnyoi peipu, taoyangpoi iman ngaipu jeng üjing yampu min yoiyoi ngohnang.

Junglir: Ngaopu pungao üjing yampu hei ütinglakpu me, Junglir a Jungliyimti ching, Lungtrok nyoi mepu long me ngaiyangki. Iman jimta-e üyin mei e nyoinang. Tüökhei, hatüo kahtalan te Junglir she minnang.

Mongsener: Mongsener a South-East Asia mepu peipu she üting laknang, iman Irrawady yeangyin hei Chindwin yeangyinlan kai e tai e Jungliyimti me nyoiyangki. Mongsener she nyikpu ngaokek a ‘Puten Menden’ shangtoilan (members) wanglam mepu peiyangki. Putu Menden shangtoilan wanglam lampu shotjing jeilei e jonnang. Tüökhei, Mongsen te leppu a Putu Menden me yelakpe shüpnei e ngohlak.

Junglir hei Mongsener yoiyoi ne ngi okpu a iman tatoos, nyimo, hahying, ngao hei pupa wanglam jonpu me yoiyoi ngohnang.

‘Aor’ she minpu a ‘Dikhu yeangyin yekhao te taipu’ yeshükümaa ‘taitepu/taipu’ te leppu ngohnang.



Ngaolam:

- | | |
|---------------|--|
| 1. Naomei | - Wehokme nao okpupa . |
| 2. Pungao | - üwangpupa lane-i-angpu ngao. |
| 3. Ükongwang | - üwang linge wangpu tenyih te ngoi-e ling peipu. |
| 4. Wankon | - Nokpu ngohyanghe hatüo kahtok a toman jing she nyoipu. |
| 5. Üntaipu | - Nyoijing mepu ülao künthe sheih taipu. |
| 6. Pheipuyapu | - yoi pheipu noksha kahtalan. |

7. Yephünpu Anghching - Bupa me wangpu-e huha te ngoi-e Angh ne meng peipu.
8. Ngaolüppa - kahta ja-e ngaopu ngao ülao ngao me lüppe ngaopu.
9. Hüopu - kahta phei yeshüküma-a juwan ja phei hüopu kai-e maapu shingyahpu.
10. Ngaowüing - Ngaopha ja ngaowüing ja me ngaipu.
11. Yelakpe - Üneo yephünpe ngohpu.

Linglaklan:

A. Tongpu lante jantüoh.

1. Kachari jat min phalak jingne juteih ülam lüm phapu khoih-e nyantüoh?
2. Khamniungan te leppu hanghi shi? Hatüo hangte ipu shi?
3. Pochury jat ne menglak jingne peipu kahta ükhong lüm min nyantüoh. Ampu mepu pei-e iman ja ne sheipu shi?
4. Rengma jat min phalak jingne üwangne ükong wangpu ngao mük nyi khoih-e ngaotüoh?
5. Üjei ünao lüm me Sümi jat hangke ükong wang khoih-e itüoh?
6. Junglir hei Mongsener ükong wang ngaipu jeng khoih nyantüoh?

B. Ükeng nyoi lante ngaokek hüntüoh.

1. NzonTegibu-e Terogvü kahdang me_____ she minpu chingja epp.
2. Pochury shepu min a_____mepu ngai yangki.
3. Khamniungan jat mepu chingshaolan-a yoi yoi ne ngipu-a iman a_____hei_____ monyi me ngohnang.
4. Kachari kahtalan ükong wangpu ülüm_____ ngohnang.
5. Sümi a Angami ngao me_____ leppu lüm sheipupa.
6. 'Aor' a _____hei _____sheiyange ngohnang.

C. Shupu kih-e hüpüöh.

A	B
1. Kachari	yengching shongmepu yong wakdang me nyoi.
2. Khamniungan	ülüm püli kai-e ükongwang.
3. Sümi	Myanmar hei India monyi me ngohnang.
4. Pochury	Nzon kahtalan.
5. Rengma	yengyong yeshükümaa yeng ngaipu nyoi.
6. Aor	‘Dikhu yeangyin yekhao te taipu’

D. Pha e ngohpu ngaolenglan te shupu hei yeshupu she nyantüöh.

- Sema she nyik ngohpu Sumi she 1992 me jeilei yangki.
- Pochury jat a China mepu pei e chingnyoipu ngohnang.
- Üwangne Britishlan Assam te peiwan te Ahom Anghpa iman phei hüolak jingne naomei Keyhon she minpu yah e tai.
- Khamniungan a ngaopha lüm phei lingpu ngohnang.
- Nepali lan e Kacharis lan te Kossari she nyik e ngoh yangki.
- Mongsener a Lungtrok mepu yonglan me ngaiyangki.

E. Ükhung jümyange ngaoleng üla lingyange class mepu lan phei meitam yah e lingtüh.

Nyoi eppu

Tokteipu

Nyoi ja mepu j ate taipu

F. Numan jat tokte kai-e ülah jat ja min iyange iman hahying, nyemo hei won wangpu hei nyoingoh nange lengpu jeng i-e ngaopha 70-100 nyantüöh. Nange nyanpu ngaomük phei shu-e noksa o phapu oklak.

Süo 8

Nagaland Mo - III

Shinge yahlak müktakpe:

1. Numan jat-e mopu mo jeng hei ükengnyu shingtüoh.
2. Ülao jatlan mo shingyange iman mo te yihlutüoh.
3. Ngaopha hei ngaoleng üla shingyange nange ngaoleng nang nying nyingte lingtüh.
4. Süo mei ey yange shingyah tüh.
5. Nang nyupuh ngao me nyan yange khoih-e eytüh.
6. Nyanlak hei ngao me janlak jingne ülam hüopu kih-e mongte ong yange lingtüh.

Nagaland a hipak phime mopu kahtok she inang. Nagaland me ngohpu jat lili yoi juwan pheishu-e mo nang. Lintepu hipak me kah-hamyengwaipu a ükengnyu ne mengpu jingne mo sheyongpu a kah-ham yengwaipu pheishinyange mo ngoh.

pu wanglüm me mo wante ütahpa kahwang she iyange tüote phümwimpu pha-e ngoh. Tüo hipak me hahying-e mo tapute üneyi mongpha-e ngoh.

Naknyulüm

Naknyulüma Changlan mowangpeang lep-i-e July 31st memonang. Naknyulüm a wangngai-e wangnyak te okpu mo. Hipak jame chang lane ütinglakpu a kahtoknyu kümpu te hango yeling okpe lanshe wangnyak. Ao pe nütan ja-e üneyi nyi pheipu shahnyu toi yahpeih, wangnyak tai mah. Tüo nyih me wange wangnyak te nao okyange kahwangte dopu Naknyulüm mo ngohnang. Alao mo kih-e tüo mo me lam, lampu won wangpu ngoh nang, hüpoipuhem lokleipu ao peo yengoh.





Ngada

Ngada-a Rengma lane wangpeang lep-i-e Shüopan Ley (November) 28th me mo nang. Tah yah sho yang pheï me monang. Ükengnyu me mo a nyih tet mongte mo nang. Üwangne

shim shu-e wongjao, litemu ülanglan mangjung jaosha yange iman te hahying phanang, yengyüo-e nyimo shüonang, yonglah hei oleng jaosha nang üneo pan pan te lok-e kemnang. Ükümpa nyih tet shepupa me moilan jingne mo tümyange hahnang, tüo pheime litemu ülanglan yaha iman mangjongte leih yenang she Rengma lan e ütinglakpu ngohnang.

Yemshe

Yemshe a Pochury lan mo yome sheyongpupawangpeanglep-i-e October 5th me mo nang. Yemshe ükengnyu a nok mepu hahying hei nok üt me peipu hahying te phümwümpu ngoh nang. Üwangpupuhei palan e tüo mo a nyih 22nd me mo-e peiyangki. Tüo mo me shimnyu shimpa



pa me üla ne linge yepu, nok yamlak jingne jengejüppu chingshüo, petün, jonglüm panha lingyepu hipak ja ne meng nang. Ükümpa nyih a jao-shipu hei monghüm pheï üla wangpu ne ngoh nang.



Miu

Miu a Khamniungan lan moja ngoh nang. Tüo mo me yoiküo lane nok me taipu yapüo hayim hei nok üntaipuhayim te ei she-e wangpeang lep-i-e Leangha ley 5th me mo nang. Yoi küo-e toi taipu hei

yapüo hayim jingne moiman pha tümpu mo ne ngoh nang. Nok me taipu yapüohayim hei pheipu yaopu lane yoi küo tangte hünghüo ne hahying, nyimo, hei yang yah e pei nang. Tüo kai-e yoi küo hei yapüo lan hayim pa me teisinpu wongshü nang she tai nang. Üneo tah meie yah lak jingne yinmok nyu ha phei Kahwang te dopu pha nang.

Sökrönye

Sökrönye a Chakhesang lan Wangtuley 15th (January) me mopu mo ja ngohnang. Tüo mo me nokmepu shongnyu pa te yinmok iy shai-e phümwim nang üneo nütan hei naoshe halan e yengyin te lai-e yengyüo jaoshanang. yengshüo yahyang hahying jüo jan lakjingne jaoshapu



aopong nokte yah peinang. Aopong mei a naoshe halante iman üyin mei tailak jingne uh tümnang. Jaosha tümpu wanglüm me iman jingne nok mepu tüklak, phongjong hei toinan a üla ne mengnang. Alao naga lan mo kih-e mo me lok leipu hei wonwangpu o ngohnang.

Tuluni



üneo nütanlan mei hei hahying yah yange peinang. Ün me kah-ham palan e mei nyah hei yinglak yu-shüi tüm yange nyikpu wanglüm ngoh yangki. Hüpoi, tenyih ngainyih a pangnyu ha jimyang e ükün ja me jüme mo nang.

Phae ngohpu ngaokeklan hei leppu shinge yah tüoh.

- | | |
|--------------------|--|
| 1. Jengjüppu | - Teijan e ngaophün yahpu. |
| 2. Jaoshapu | - ünu win tümpu. |
| 3. Shompong | - wangnyak ne ngohyange wangngai ngoipu. |
| 4. Shaipu | - kahtokte yeng shaitampu. |
| 5. Dopu | - Kahwangte yinmok yeshükümaa
shinghei ngin me dopu. |
| 6. Pümwimpu | - üwangpu hipak me jon peipu wümwapu
wanglüm. |
| 7. Shei | - yinglak jingne sheam linge ngaipu. |
| 8. Jaoshapu Aopong | - Üko-üshang yehükümaa alüo taktin hango
yenangpu aopong. |

Linglaklan:

A. Jat hei iman mo shu-e hüptüoh.

JAT

MO

Sümi	Sökrönye
Khiamniungan	Tuluni
Rengma	Yemshe
Pochury	Ngada
Chakesang	Naknyulüm
Chang	Miu

B. Tongpu lante jantüoh.

1. Yemshe ükengnyu a hang he shi? Yemshe hipak me Ching kahtalan e hang toi lingnang shi?
2. Naknyulüm mo a ükengnyu a hanghi shi?
3. Rengma lane nyih tet Ngada mo me hangling nang shi?
4. Sümi lan mo Tuluni a hangke ngaipu shi?
5. Chakhesang Sökrönye mo me nütan naha hei naoshe lan hangne shom me yengyüopu shi?
6. Miu mo me yoi kuo hei yapüo hayim hei yoinao hayimlan pa me shüpshapu lingnang shi?

C. Süo üpongüo ey shoyange ngaoleng wange hüptüoh.

1. Miu mo kai-e yoi kuo hei pheipu hayimlan pame _____.

2. Tuluni wante nokne menglak shekolan e _____.
3. Sökrönye hipak me naoshe meipu Aopong toiyange naoshelan te phapu _____.
4. Yemshe a jaja pa me ümeng tei winpu hei shimnyu shimpa phei _____.
5. Ngada nyih tet mopume chingkümpu uhpu ükengnyu a _____.
6. Chang lane ütinglakpu a payong ja-e ünyei nyi pheipu shahnyu toiyang phei me _____.

D. Teih yange jantüoh.

1. Mo hipak me Naga kahtalan shimpa aiha pa me shüpsha ngohlak ükengnyu ne teihnang. Iman-e hüke hangne teihpu shi?
2. Ülao jatlan mo a numan phei yoi yoi ne mopu ngohnang. Hanghi lam me yoi yoi ne ngohnang tüo ülam nyi itüoh.

E. Numanpu ow phei Nütan hei sheko owleng tümyange mo mopu noksha linge hütüoh.

F. Hornbill Festival kaie tumanpuwanglam mo jamshe mo lak jingne jatlan üshei shüppim tamnang. Nang shimpalan phei Hornbill Festival te winlak teihnyüohu. Hanghi jamshe linglak ngohyahpeih, teingao yange tümtatüoh.

Teingaopu hüke ngohlak

Lainyüo nahalan 1: Hornbill festival me omlak te tao tan e ye-ok.

Lainyüo nahalan 2. "Üm, tüo o"

Lainyüo nahalan 3. Taokün te ngoiwante tüman e üwangne hanghi linglak shi ?

Note: Laipa kai e lainyüo nahalan ükhung lüm ne tamlak hüyange lainyüo nahalan kai e ütang ye-me pha ngohpu leppu ngaophalan phei teingaolak. Lainyüo nahalan e ngao ngaolak jingne hipak lüm pong me taolak wongpong. Hatao toishüolan a 5 minutes mongme linglak

Süo 9

Khungtüp me meitam yahpu

Shinge yahlak müktakpe:

1. Naga kahtalan meipu jeang shingyahlak.
2. Khungtüp wongpong toishao te monghahpuphei püotüke tün oklak hüyange linge tailak.
3. Süo yeong mei-e shingyah yange eylak.
4. Üpong tüo-e shingyah yange nyanpu hei ngaopu me nyüoleipu wanglam te woilak.
5. Üla ngaokeklan shingyahlak.
6. Nyan shangpu lam me mei-e jalon e ling ngai oklak.

Lintepu hipak mepu tünyih te ngoi-e Naga Ching phi me yüong mei-e ling taipu khungtüp ngohnang. Ükhung toishüolan lingpu me Ching kahtalan khongkümpu meitam yah-e omnang, ching phi-mepu Naga kahtalan teishin-teipongpuphei ching nyoinang. Ükhung jane ngohlak teihpu wanglüm hei ütinglakpu tangme yaphün lingpu khungtüp ngohnang.



Ppuyim wanglüm me muh Naga jatlan pame khungtüp me meitüm yah peipu tünyih te ngoi-e hatüo khakwangpu nyoingoh wanglüm ngohnang. Naga jat a khungtüp te künpu kahtalan ne muh ngohyangki.

Üshong wante muh Naga kahtalan me khungtüp jingne toimei linglak juteih ngoh yangki. Ükhung yo mepu kahta ütüm te jumeng wanteang peiwante ükhung shangshih ne yah e jüm phongpu pha-e ngohyangki, leppu jame, kahta ütüm jing nok vün-e shupu-ne mengkümaa khungtüp kai-e jümhei phongpu phalak. Ching me ngohpu kahtalan üshei-e imante hahying hei nyimo yeshükümaa tük hei sheang ülao wongpongne mengpu toinanlan phatamlak üneo yupi chingshimlan

e-o tüokih muh jüm phongpu phalak wanglüm ngoh yangki.

Chingshüo ja vün e shu küma a ükhung jim yange phao mepu toinan ühing yahyange nyih ütäm mongme nokwetüm nang. Hüke ütuh pongpu noksha lan te nyimo, hahying hei toinan me moilan e jüm phong nang, hüke noksha ja jingne yeong wanpu toi a ükhung e nyaishüm e lingok nang.

Yengkah hümwante aope tah deilak hipak ngoilak eih üi-ükhung ta yange deinang. Üi tapu wanglüm a jaja kahte kah-hümlak jingne jeilei-e tapu wanglüm ngohnang, hüyange iman jaja kah-hümpu kahshao mansho mansho she yelakpe üi-tanang.

Khungtüp jane shüpjim e ngohpu kai-e toishüo lili olo-e mamshe sho tūmnang. Hatüo kai-e nokshalan hei shimpa eihalan pame teishinpu ngai tūmnang. Tüophei me jamshe iman shangnyak-e toiling wante jaja pame nyeyaipu wanglüm ümei ngohyangki. Kahme toiling palan jingne kah nokpu kai-e shemeipu hahying tūmta tūmnang.



Iman nyihlūo hipak toiling sho yangphei me iman pame wonwangpu hei nyinyaipu wanglüm ngohyangki.

Naga kahtalan e üshong wante muh linge peipu wanglüm ja-a ching mepu wunyu hei wupalan shaaji toiling yüokpulante ükhung kai-e namno-e leipu ngoh yangki. Ching mepu kahtalan yakok-yakphaipalan, yüok-yüshang palan hei juteih yewangpu kahtalan te khungtüp kai-e leitampu ngohnang.

Kahtoknyu jat hei lilan me yenangpu tüman naga khungtup me wanglüm ümei maa ngohnang. Chingshüo wongpong lili khungtüp me taisheng yang e lingnang hüyang e aohi nyulom palom o ükhung ngaokhüm kai-e yelinglak she ipu ngaokhüm lante mong e ngoh yangki.

Pupajin hipak mepu tünyih te ngoi ling peipu Wanglüm ja-a Ching hei pan e tün angpu moun jim kahtok ngoh nang tüokihpu phao



nyu yingjong te Ching
kahta moilan tapu oklak.
Wangpeang lepi-e
yimyulak jingne Ching
taisheng yange nyoijing
üla yamnang. Phaohep
wangtu yange wan
phei me vün wok yange
teililak jingne kahyikeng
tüm han nang.
Naga kahta lan
jingne khungtöp

a meiyangpu wongpong, khungtöp ngohpu kai e Ching
hei pan ngaokhüm moilan jingne wongnange linge
angnang. Tüokai e teelapu hei mopjoppu ngai wante
ngaokeng wanglüm e tien nang üneo tang hahnang.

Ngaopha te leppu:

- | | |
|----------------|--------------------------------------|
| 1. Khungtöp | - ükün ja me jamshe nyoipu kahtalan. |
| 2. Meitümyahpu | - ükhong toishüo me ompu. |
| 3. Weangtuh | - yatuhshüo yemeipe shüoshi peipu. |
| 4. Kah | - teihaliha teilak jingne humpu nyo. |
| 5. Phao | - pephao-weangphao ngaipu nyo. |

Linglaklan:

A. Nange shing yahpu ngaopha üla lan phei nang nying nying te ngaoleng lan lingtüh.

1. Taisheng
2. Ngaokeng
3. Ngaokhüm
4. Chingshüo
5. Yengkah

B. Tongpu lante jantüoh:

1. Tüman Naga kahtalane khungtüp jingne lu-e teihpu nange hangke shinglak shi?
2. Khungtüp mepu tüman-e hanghi küo tüonang shi?
3. Naga kahtalan e kahtang kah-ham lak jingne kahtok hangke tamhanpu shi?
4. Numan jat me khungtüp kai-e linge peipu toishüo ülam nyi nyantüoh?
5. Khungtüp kai-e wunyu hei wupa lante hangke lei nangki?
6. Yengkah hüm wante ükhung kai-e jaja yengkah te jümpu toi hangke lingnangki?

C. Pha-e ngohpu ngaoleng lante yeshupu hei shupu te leiyange phaikok phatüoh:

1. Naga noksha ja me jumeang wanteang ngaiwante iman pheipu kahtalan e hei jamnang. (shupu/yeshupu)
2. Ükhung wongpong toishüolan a nyulom- palom e mongpu kih yejipe khungtüp me taisheang yange lingnang. (shupu/yeshupu)
3. Ngaokhüm linge yahpu üyin shienlak jingne khungtüp me taisheang yange püoh-pienpu kahtalante tanghahpu wanglüm ngohnang. (shupu/yeshupu)
4. Khungtüp me moilan jingne yo-angpu dahli -ceelilan hei wong kihpulan a pangnyuha lan e jakih mei-e tamhanlak. (shupu/yeshupu)
5. Khungtüp kai-e yüok yeshangpulan, khak-ha wümnyu, yakok-yak phaipalan, wunyu hei wupalan hüyange juteih yewangpu kahta lante püo-e tükke leinang. (shupu/yeshupu)

D. Ükhung toishüo te kün-e teih lingpu kih classroom me-o lai nyüo nahalan kai-e jaja te jampu oklak. Üphang mepu ngaoleng lante lei-e nange ling oklak lante phaikok phatüoh.

1. Classroom mepu mak moitümlak. ()
2. Makyo khok mepu mak wintümlak. ()
3. Shimpalan class me ye-om wante nyan yahpu shimpalante tei phalak. ()
4. Nyanlak lai yeshükümaa ülao class me jonlak ükhoih ünyai yah yepeipu lan pheii tamhanlak. ()
5. Toinanlan mahpu hei tüopu jeang laipalante ngaolan phatümlak. ()

6. Laipan nok-ao nokshao mepu mak moiyanke mak-khok me yo-anglak. ()
7. Nange shingyah okpu nang shimpalante nyüo tümlak. ()
8. Classroom taten hei tawo jaosha tamlak. ()
9. Laipan nokshao me jupeanglan hei pephaolan shomtümlak. ()
10. Classroom shemei yüomapuphei tümta anglak. ()
11. Classroom otümtampu. ()
12. Class me üjoihalan hei wong yenangpulan te püotüklak. ()

E. Linglak toijong:

Nangjing yaklan üyüo üse te leiyange noksa lingtüoh hüyanke hatüo yaklan kai-e ülao lante hangke jümlak, hatüo jeng nyantüoh.

F. Meitüm yahlak jingne shimpa mongjam ja letüoh.Ükhung te hangkihpu lam me jamlak hatao jeang jaga pheii tei ngao tüoh

Süo 10

Naga lan won wangpu Konyak

Shinge yahlak müktakpe:

1. Naga kahtalan yoi yoi lam me won wangpu shingyah.
2. Süo shangnyake eytüoh, hüyange mongte ongyah tüoh.
3. Nyanpu hei ngao me janlak jingne ülam hüopu mongte onge tüokih-e lingtüoh.
4. Ngaokek hei ngaopha üla shingyange nang nying nyingte ngaoleng lingtüoh.
5. Nang nyupuh ngao me nyantüoh, hüyange ngao ngai-e eytüoh.
6. Yoi jat angyange ülao jat min tonyange iman mepu meipu lam te pon-e itüoh.
7. Süo me ngohpu ngaokek ülalan shingyahtüoh.
8. Yoi nyupuh ngao, ngaolak hei nyanlak mei e shingyahtüoh.

Naga jatlan e wonpu ülam maapu ngohnang. Yoi nokphong hei pan hei ching tümyange wonpu ngohnang. Üneyi ne mo wante shüp-e shalak jingne ükhung jame wonpu wanglüm ngohnang. Tüo wonpu kai-e tümanpuyim wanglüm te-i-she-e wangshim hüopu ngohnang.

Puyim wanglüm me won wangpu ülam mapu kai-e hangke üyin mei-e ngohlak nyüotampu hei hipak shohtam lak nyüotampu ngoh. Naga lan e wonpu ütam kai-e hangke chingnyoi nokshüoh-e ngoh oklak, leppu-vün ngaipu kihpu ngohnang.

Naga kahtalan wonpu a hongli mongmeipu, khungtüp shüpsa ngohlak heipuyim wanglüm ja hei ja pa me tei nyüotümpu ükengnyu ja ne ngohnang.

Konyak kahtalan e wonpu ülam nyi ngohnang:

1. Shongshat wonpu:

Konyak kahtalan e wonpu ülam jate shongshat wonpu she min nang. English ngao me tüo te stilt walking she min nang. Tüo-a peei lüo nyi jakihpu



yahyange ya-ong lak wengshok pheii lingnang. Moinyi kahtok pheii jakih dao yahnang. Konyak kahtalan e shongshat ülam nyi me won nang.

i) **Phütpu:** Moilane Shongshat me ongyange itpu kün ngoilak jingne phüt nang hüyang e üwangpa-e okpu ne mengnang.

ii) **Aoponghokpu:** Hatüo a kahtok üko me hoknang. Moilan shongshat me ongyange yoi shongme ngohpu pa yei tailak jingne ka nang. Ükengnyu-a yoi pheii hokpupa kahtok te yei tailak jingne wonpu ngohnang, hüyang e üküm ne yonge ngohpu pa okpu ne mengnang.

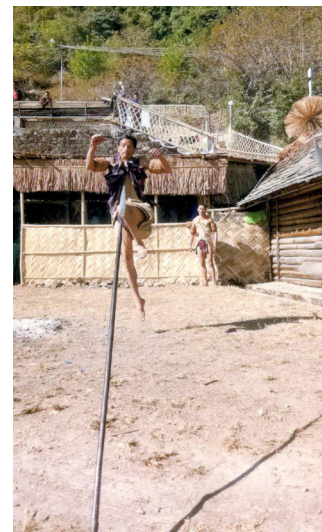
2. Phenghokpu (Top fight)

Pheng hokpu o Konyak kahtalan e wonpu ülam ja ngohnang. Pheng a pe khon e lingnang, hüyang e wu shin lakjingne üshang khün yange lingnang. Pheng lüplak jingne wu shinyange wu te jümshe shunang. Pheng hokpu-a kahta mapu jüm she hok oknang. Wonpu lan khongkümpu-e hipak ja me jümshe shipyang e aohi jing üküm ne laklag eih tüopa-e okpu ne menglak.



3. Khamniungan Yanlakanpu(High jump)

Yanlak a Khamniungan jat-e wonpu üläm ja ne ngohnang. Üwangpu hipak me wita wan te üneo mei toi ne tawante won e ngoh hüpoi tenyih ngainyih pa-a mo wante wonnang. Naoshi lane ngou ja yongyang e yeshükümaa chingtuk pelak yan ne tümnang. Wonpu ükengnyu a naoshe lan teita lak hei mongyong lakjingne won nang. Aohipa-e yonge ngohpu ngou hei pelak yan lak eih, okpa ne inang hüyang e okpu pa te mei hei shei pha tümnang.



Hatüo ngaophalan pheï leppu shinge yahtüoh.

1. Puyim : Lintepu hipak mepupu-hei-palan.
2. Pelak : Peshä yeshükümaa nok neikonpu me palak khapu.
3. Pheng : Pe khone hüyange wu shinyange wonlak jingne lingpu.
4. Shongshat : Wengshok pheï jakihpu peilüo nyi pheï ya-onge wonlak.
5. We-tapu : Yong hei lah pheï ükhung yeshüküma-a ching hei ching hokpu.
6. Phütpu : Moilan-e phütpu weih nang.

Linglaklan:

A. Tongpulan te jantüoh.

1. Shongshat wonpu hangne wongpong ne mengpu shi?
2. Shongshat wonpu me ülam nyi a hanghi shi?
3. Konyak kahtalan e wonpu Pheng jeng khoih itüoh?
4. Pheng wonpulan e hangne wu te mümshe shupu shi?
5. Üwangpu hipak me Khiamniungan lan e yanlak a hangkih wante yan ngohpu shi?
6. Khiamniungan lan e yanlak a hangke yan nangshi?

B. Shingyahpu ngaopha ülanan pheï ngaoleng lingtüh.

1. Puyim
2. Pheng
3. Shongshat
4. Yanlak
5. Konyak
6. Wu

C. Laitep te phin e leiyange, ngaolenglan üshüo ngoi e lingtüh.

1. Naga_____ wonpu ülam maapu ngohnang.
2. Konyak kahtalan e _____ ülam nyi ngohnang.
3. Konyak kahtalan e wonpu ülam ja te _____ wonpu she minnang.
4. Pheng hokpu a kahta mapu jümshe _____
5. _____ a Khiamniungan jat e wonpu ülam ja ne ngohnang.

D. Nyan e ngohpu ngaophalan mepu khakshupu leye nyantüoh.

1. Shongshat hei Pheng hokpu ülam nyi a_____kahtalan e wonpu ngohnang.
(a) Sumi
(b) Khamniungan
(d) Konyak
2. Shongshat hokpu a_____tangme ongyange hoknang.
(a) Long
(b) Pe
(d) Peei
3. Pupa jin hipak me Konyak kahtalan e wonpu ülam ja min.
(a) Pheng hokpu
(b) Yeang wopu
(c) Kaopu
4. Khamniungan naoshilan e wonpu ülam ja min.
(a) Yanlak-yanpu
(b) Pheng-hokpu
(c) Shongshat-hokpu
5. Khamniungan kahtalan e yanlak yanpu a
(a) Teitalak jingne
(b) Otalak jingne
(c) Minmei tüolak jingne

E. Nyipang linglak toishüo:

Nange shelengpupupa hipak me wonwangpu jeang tei-ngaotüoh, hatao hangke won üneo hangne nange shelengpu?

- F. Laipa kai e class ükhung nyi yoiyoi ne tamtüh.Ükhung te süh me ngohpu wonwangpu ülam japong wonlak jingne nying tamtüh.**



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Iodine deficiency disorder is the single most common cause of preventable mental retardation and brain damage.

“Consume only Iodized Salt”