

CLASS - 1

Nagaland Heritage Studies

LOTHA



STATE COUNCIL OF EDUCATIONAL RESEARCH & TRAINING (SCERT)
and STATE CENTRE OF NAGALAND LANGUAGES (SCNL), DSE



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NAGALAND HERITAGE STUDIES | CLASS 1 - LOTH

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FOREWORD

The Nagaland Heritage Studies (NHS) is a series of 18 officially recognized Nagaland languages from classes 1 up to 8. These books aim to teach the Nagaland Languages using local culture and heritage as its content base and also promote cultural richness of every tribe and community. The introduction of the Nagaland Heritage Studies in the State's schools from 2018 was in consonance with the guidelines of the National Curriculum Framework (NCF) 2005. The Nagaland Heritage Studies textbooks revised edition covers the learning needs of the students which have added meaningful illustrations. The NHS textbooks are evolving to better language learning of Mother Tongue which is the core basis of one's identity, history and culture.

The State Council of Educational Research and Training & SCNL would like to express gratitude to Professor D. Koulie for his contributions.

We would also like to acknowledge the Department of Arts and Culture, DIPR, all Literature Boards, Tribal Hohos, and the individuals concerned for their contributions towards the development of Nagaland Heritage Studies Textbooks.

The Council & SCNL also wishes to extend its gratitude to Smt. Kevileno Angami, Commissioner & Secretary, Government of Nagaland, SCERT and School Education for sharing valuable suggestions towards improving/updating of Nagaland Heritage Studies textbooks.

Lastly, appreciation goes to SCERT and SCNL team members who have worked hard in completing the NHS textbooks revision on time.

Dated: Kohima the 7th of November 2022.



THAVASEELAN K
Principal Director (IAS)
School Education, Nagaland, Kohima



N.CHUMCHANBENI KIKON
Director,
SCERT, Nagaland, Kohima

MMHATHANTHÜNG

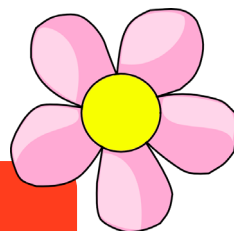
Directorate of School Education Nagaland to na State Council of Education Research and Training, Nagaland, to yakchia elhi opvü tssotso Lotha yina ekha kako chiyitoko ji tsükona, yansayangro eni shi thüangi Lotha Literature committee thüangi na mmhathanthüng ka to osi montsso piala.



THUNGJAMO TSANGLAO

Chairman

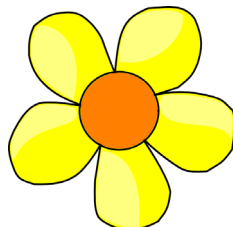
LLC Wokha, Nagaland



Ejüo Jiang

Vopyak

- | | |
|------------------------------------|----|
| 1. Erantsüng To na Vonlan To Jiang | 1 |
| 2. Mvüchak (1-20) | 8 |
| 3. Tsüngkha | 19 |
| 4. A Tsük - I | 23 |
| 5. A Ki | 28 |
| 6. Chokha | 31 |
| 7. A Wopan - I | 37 |
| 8. Ongo Teriv | 41 |



Ekhao 1

Erantsüng To na Vonlan To Jiang

Ni na ekhao shi püngnocho sülo onte na shiang engathev:

- Erantsüng jiang onte yi na ntsiv.
- Erantsüng jiang to na ovon to engathev.
- Erantsüng jiang ovon ni na mmhona phyochokchiv.

Vonlan (Sound)

Aa - A,	Bb - B,	Cc - C,	Dd - D,	Ee - Ae,	Ff - F,
Gg - go,	Hh - H,	Ii - yi,	Jj - J,	Kk - Ke,	Ll - L,
Mm - M,	Nn - N,	Oo - O,	Pp - p,	Qq - Q,	Rr - R,
Ss - S,	Tt - T,	Uu - U,	Üü - Ü,	Vv - V,	Ww - W,
Xx - X,	Yy - Y,	Zz - Z,			

Aa



Akao



Avüti



Alo

Bb



Beno



Bharü



Bayang

Cc



Chümpo



Chükcha



Choro

Dd



Donkho

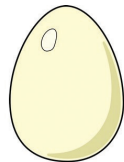


Donphen



Dita

Ee



Ejü



Ero



Evan

Ff



Füro



Füdong



Füfo

Gg



Ghonda



Ganghero



Gadho

Hh



Hanyen



Hanpong



Horo

Ii



Ichü



Imbenro

Ji



Jakhü



Jenkok



Jarong

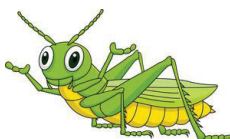
Kk



Kako



Kashak



Khomong

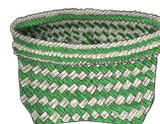
Li



Lifü



Limha



Loksa

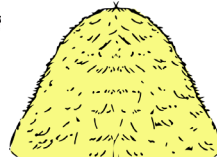
Mm



Mani



Mangsü

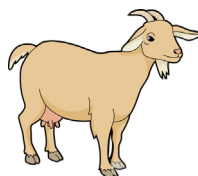


Mavü

Nn



Ngaro



Nyanya



Nhyabüng

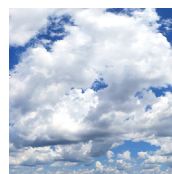
Oo



Ophük



Opvü

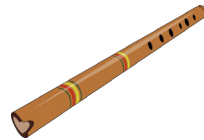


Oyak

Pp



Pvüjo

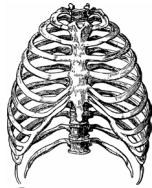


Phyulyulyu



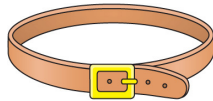
Phari

Qq



Quyoryü

Rr



Rükhüngzhü



Rhümpvü

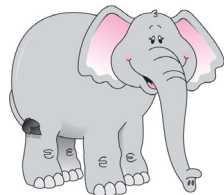
Ss



Siano



Shantio



Sotsü

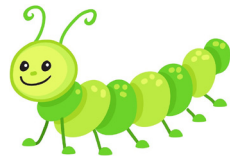
Tt



Thera



Tsümpiro



Tsütsünkük

Uu



Unri



Uro

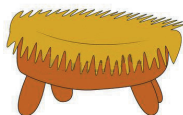


Unjak

Üü

(‘ü’ yirantsüng shi jo olongo to na odani to tae tsütsatala)

Vv



Vekhü



Vevüng



Vürümthi

Ww



Woko



Woropangti



Woro

Xx



Xalak

Yy



Yantsü



Yuthi



Yoko

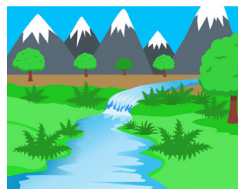
Zz



Zhüzhü



Zhüro



Zhükhü

Thangshi:

A. Ekhaos shi lo yitsüng jiang erantsüngi na tünkachia kha.

B. Ni yo yi na erantsüng jiang kha erana.

C. Ejüngi elio jiang erantsüng kha/phyoa pyingthoka

A	O
B	P
C	Q
D	R
E	S
F	T
G	U
H	Ü
I	V
J	W
K	X
L	Y
M	Z
N	

D. Erantsüng jiang elana nsünga erana.

B	K
D	M
C	O
A	N
E	P
G	T
F	R
H	Q
L	S
J	U
I	

E. Erantsüng shiang na benkae ejyuka pia.

1. A	6. H
2. P	7. S
3. T	8. V
4. L	9. O
5. M	10. R

Ekhao 2

Mvüchak (1-20)

Ni na ekhao shi püngnocho sülo onte na shiang engathev:

- a. Mvüchak mying jiang onte yi na ntsiv 1-20.
- b. Mvüchak mying jiang etsünga ntsi khiv.
- c. Mvüchak mying jiang erantsüngi na mmhona phyochev.
- d. Mvüchak to na mvüchak mying to jiang chümpotachev.

OKHEN SHI NTSÜI KHIA:

Teriv ekha, teriv eni

Teriv ethüm Lotha

Teriv mezhü, Teriv mongo

Teriv tirok, Lotha

Teriv tiying, Teriv tiza

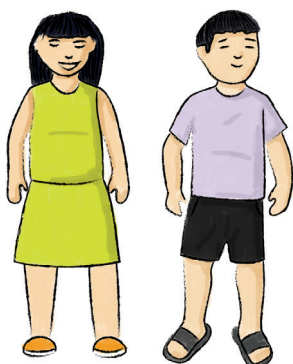
Teriv tokü Lotha

Teriv taro Lotha ngaroden.

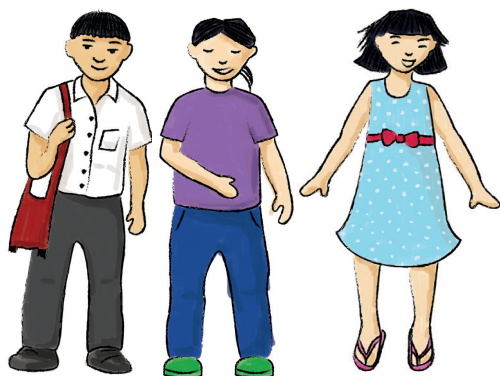
Mvüchak Ekha:



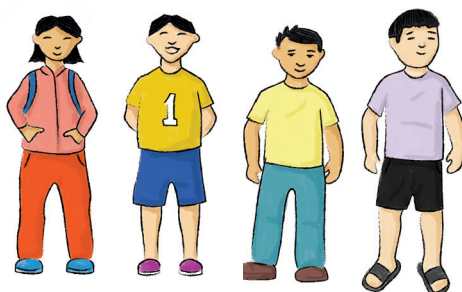
1- Ekha



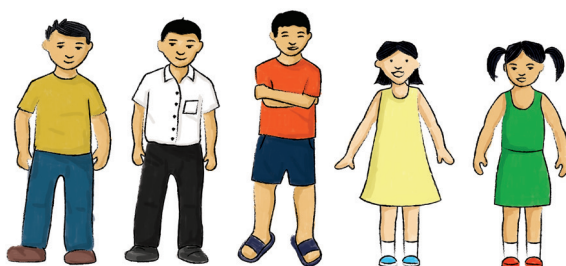
2- Eni



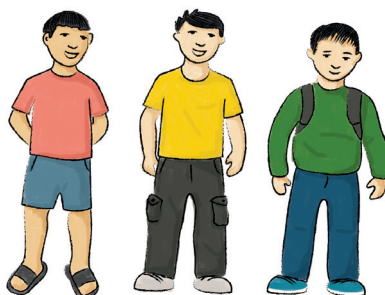
3- Ethüm



4- Mezhü



5- Mongo



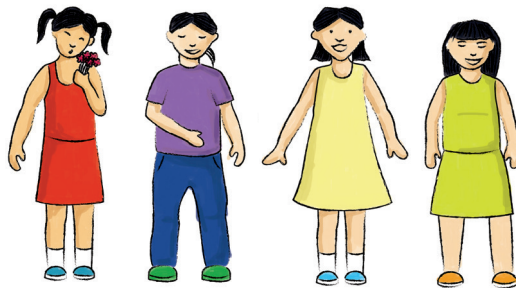
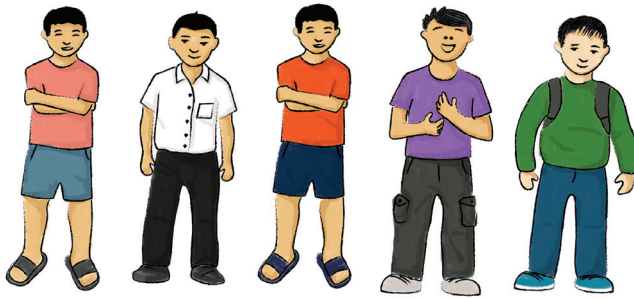
6- Tirok



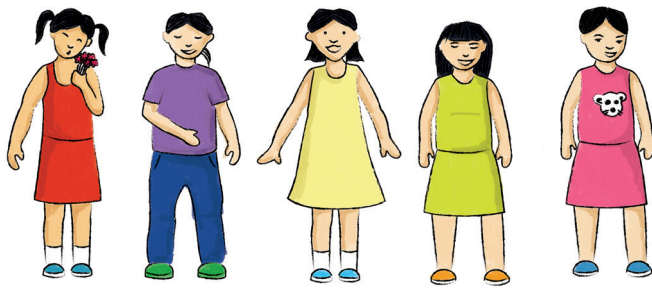
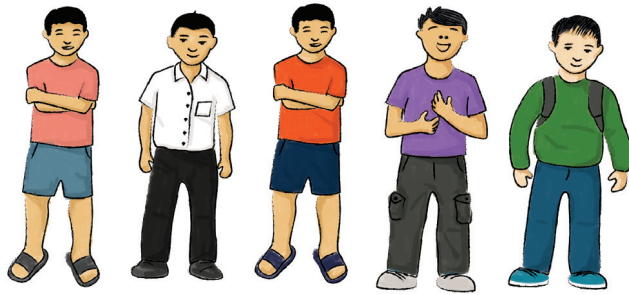
7- Tiying



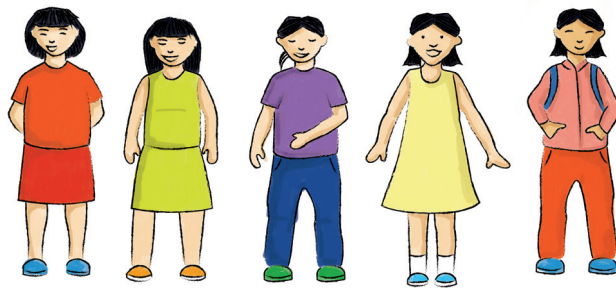
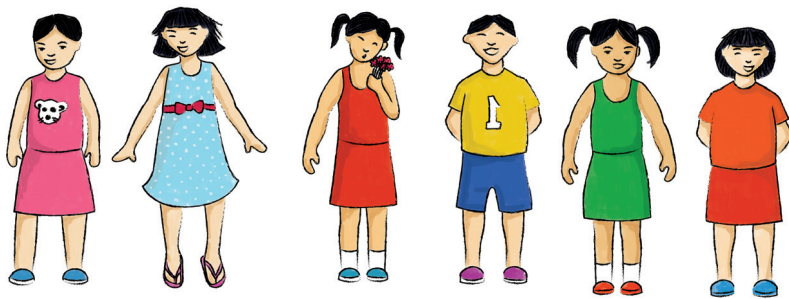
8- Tiza



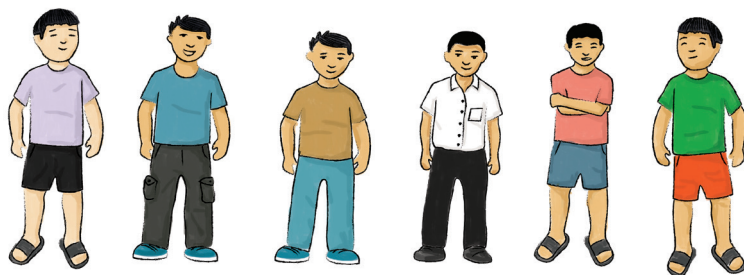
9- Tokvü



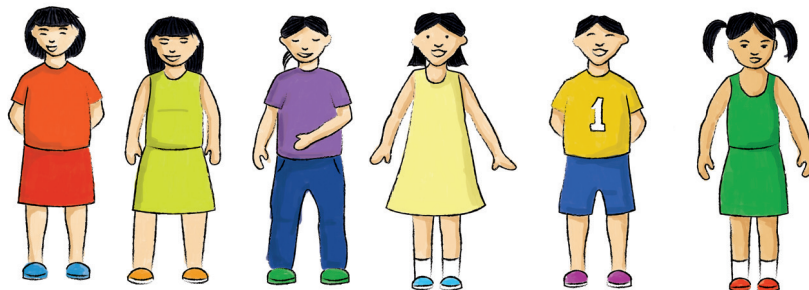
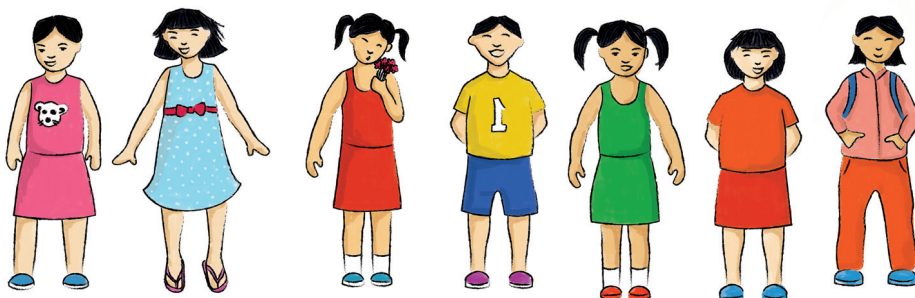
10- Taro



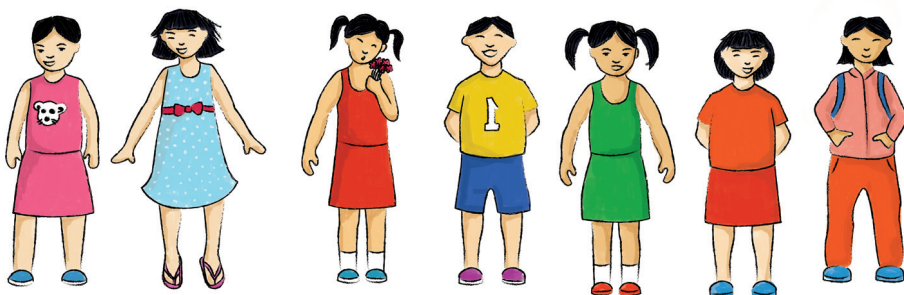
11- Taro-ekha



12- Taro-eni



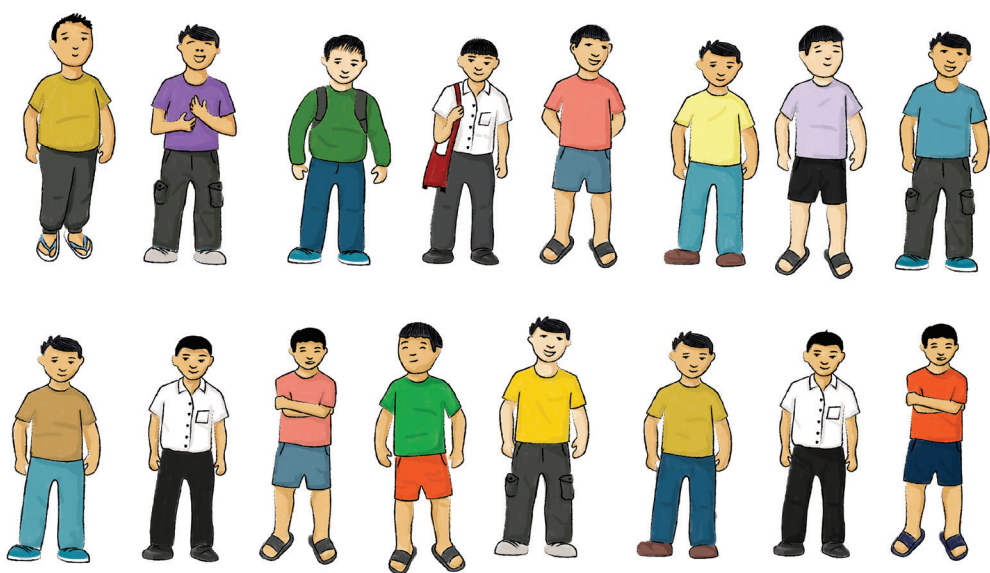
13- Taro-ethüm



14- Taro-mezhü



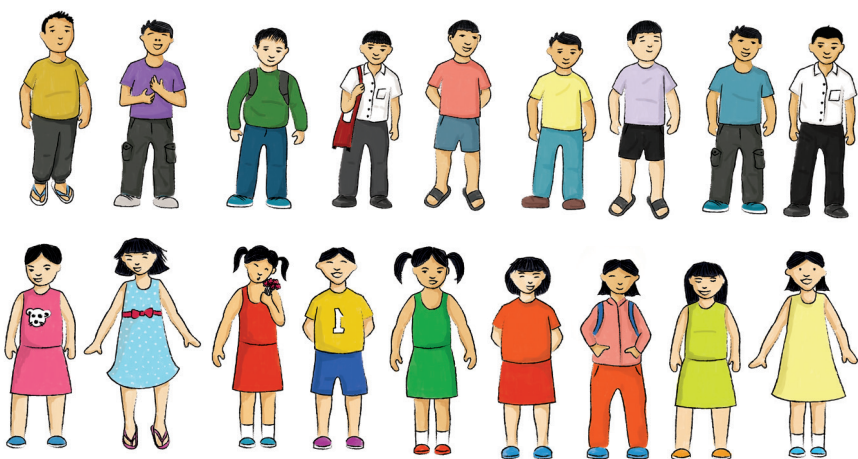
15- Taro-mongo



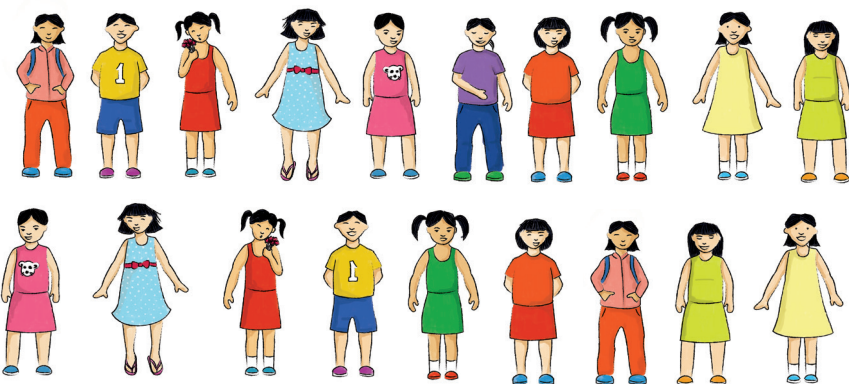
16- Taro-tirok



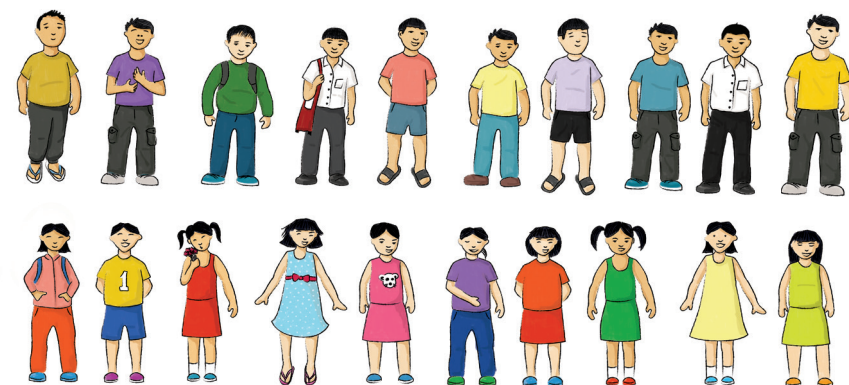
17- Taro-tiying



18- Taro-tiza



19- Taro-tokvü



20- Mekyu

Thangshi:

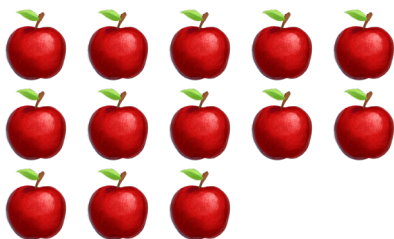
A. Oküpoe kisü pi elio jiang khæ zesi mvüchak jiang erantsüngi na erana. Ejyuka ovüngo ji zeta.

1.



Taro

2.



3.



4.



5.



6.



B. Mvüchak jiang kisü jiang lo mmyantayisi mvüchak jiang erantsüngi na erana. Ejyuka ovüngo ji zeta.

MVÜCHAK

KISÜ

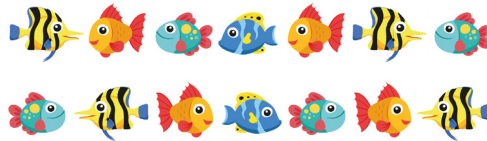
MVÜCHAK MYING

3



Ethüm

14



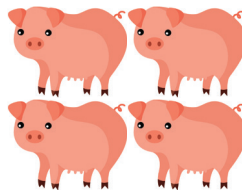
8



20



4



11



C. Mvüchak jiang erantsüngi na 1 lo na 20 nandang erana.

D. Mvüchak pyenroe elio jiang tsüphovoe na terivoe erana jeyia.

8, 4, 2, 6, 20, 10, 5, 18, 1, 16, 14, 3, 7, 9, 11, 15, 12, 17, 13, 19.

E. Mvüchak pyenroe elio jiang terivoe na tsüphovoe erana chüngia.

8, 4, 2, 6, 20, 10, 5, 18, 1, 16, 14, 3, 7, 9, 11, 15, 12, 17, 13, 19.

F. Esüng chürocho ejüngi lio jiang lo mvüchak njüo jiang ekhyima.

1		3		5
	7		9	
11		13		15
	17		19	

Ekhao 3

Tsüngkha

Ni na ekhao shi püngnocho sülo onte na shiang engathev:

- a. Tsüngon ekha jiang ni yi na ntsiv.
- b. Tsüngon ekha jiang erantsüngi na phyochev.
- c. Tsüngon ekha jiang erena ntsiv.
- d. Ekhao shi lo engao jiang opüng na janlanchev.

Ajano na mmha tsüngono osü etsüala.

Ngazo tsüngono jo ompvü na shishopheni woala.

Ronsi tsüngono jo ompvü na osü vüala.

Sükhying tsüngono jo ompvü na oki ntssüngala.

Ekhyo tsüngono jo ompvü na osü enhyikala.

Sothe tsüngono jo ompvü na phari-i elhi tssoala.

Emong tsüngono jo ompvü na esanala.

**Tsüngti (hopta) motsünga lo tsüngon tiying tsoala.
Ete na tsüngkha shi khataav.**

Sunday	- Emongtsüngon
Monday	- Mmhatsüngon
Tuesday	- Ngazotsüngon
Wednesday	- Ronsitsüngon
Thursday	- Sükhyingtsüngon
Friday	- Ekhyotsüngon
Saturday	- Sothetsüngon

Thangshi:

A. Oküpoi Ajano kisü ji zesi engao jiang janlana:



1. Ajano na kvüthüng osü
etsüa la?

2. Ajano na kvüthüng
shishopheni woa la?



3. Ajano na kvüthüng osü
vüa la?





4. Ajano na kvüthüng oki ntssünga la?

5. Ajano na kvüthüng osü enhyika la?



6. Ajano na kvüthüng phari-i elhi tssoa la?

7. Ajano na kvüthüng esana la?



B. Ejüngi elio shiang pyingthoka:

1. Ngazo tsüngon jo _____ sülo tssoala.
2. Sükhying tsüngon jo _____ tona
_____ tsüngon to yutalo tssoala.
3. Emong tsüngon jo _____ vüngi tssoala.
4. _____ jo Tsüngti tsüngon ovüngo ji.
5. _____ jo Tsüngti tsüngon okhao ji.

C. Tsüngkha shiang engtheta khathok si onte kako lo eranthoka.

D. Tsüngkha tsüngon jiang elana nsünga erana.

Ekhyo tsüngon	
Mmha tsüngon	
Emong tsüngon	
Ngazo tsüngon	
Sothe tsüngon	
Ronsi tsüngon	
Sukhying tsüngon	

E. Tsüngkha Tsüngon jiang mmyantayia.

Emong tsüngon	4
Ekhyo tsüngon	1
Mmha tsüngon	7
Sükhying tsüngon	5
Sothe tsüngon	2
Ngazo tsüngon	6
Ronsi tsüngon	3

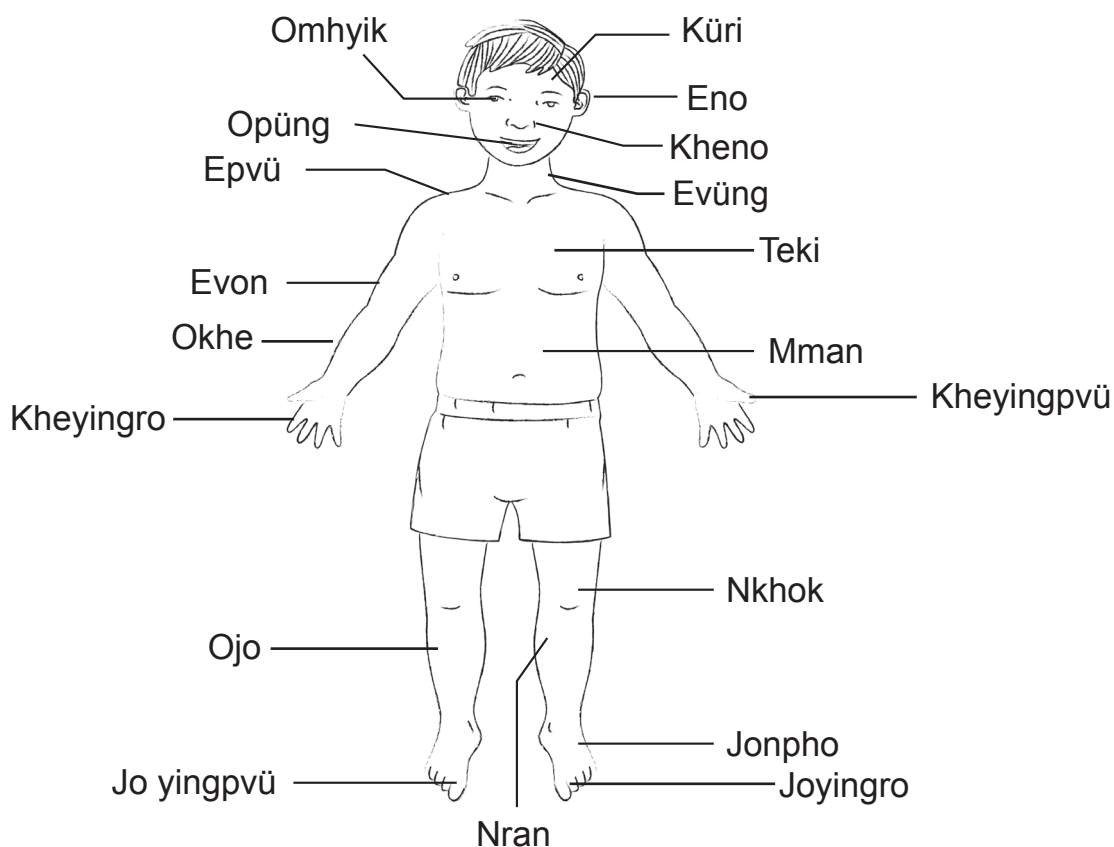
Ekhao 4

A Tsük - I

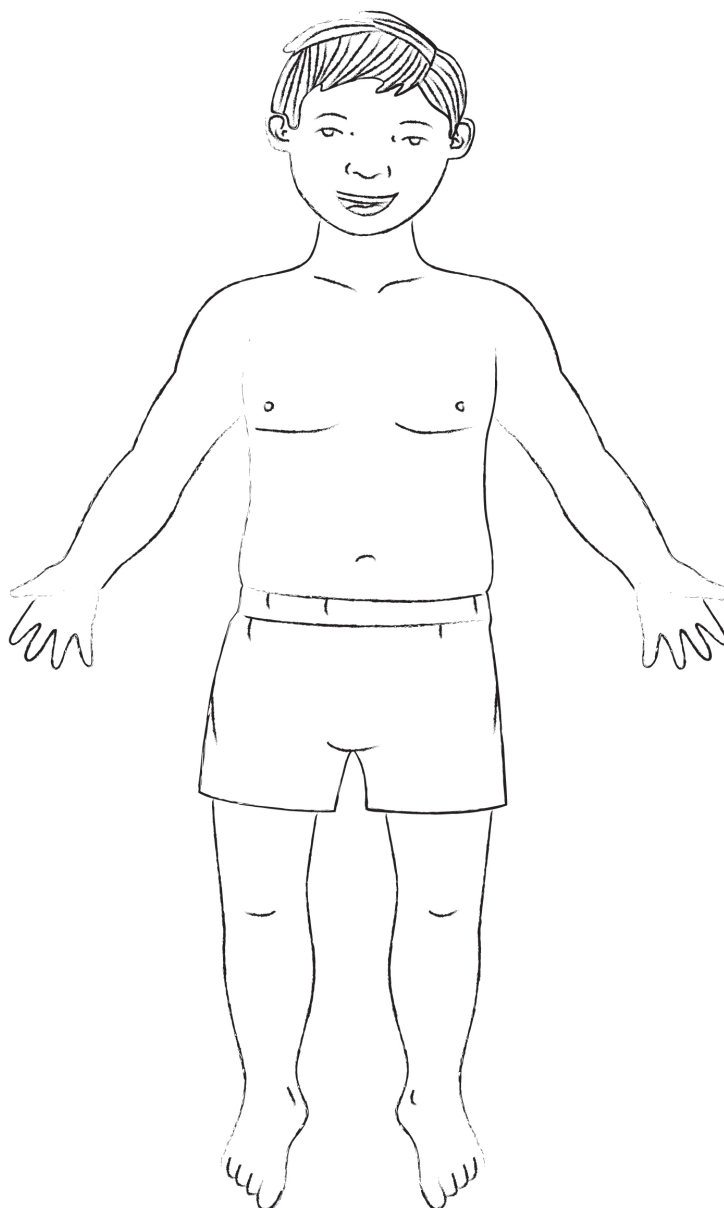
Ni na ekhao shi püngnocho sülo onte na shiang engathev:

- a. Otsüko solan jiang ntsi khiv.
- b. Otsüko solan olan olan jiang chekatv.
- c. Solan mying erani elio jiang chakcheta phyov.
- d. Ekhaio shi ephani na engao jiang janlam.
- e. Ekhaio ji lo thangshi eramo osi opüng na janlamo pi lio jiang mmhona janlanchev.

Kisü pi elio shi lo ni lümcho opyon eseta:



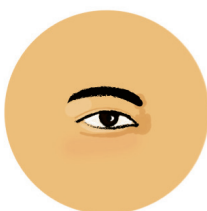
Oküpoe kisü pi elio shiang lo, kvüri, epvü, nkhok, omhyik, eno,
kheno to na opüng to jiang etsyukata.



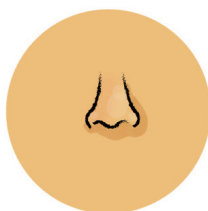
Thangshi:

A. Vopyak 23 lo kisü ji zeta, otsüko solan echümpo echümpo jiang tüngkachia kha.

B. Otsüko solan jiang omying pia:



1. _____



2. _____



3. _____



4. _____

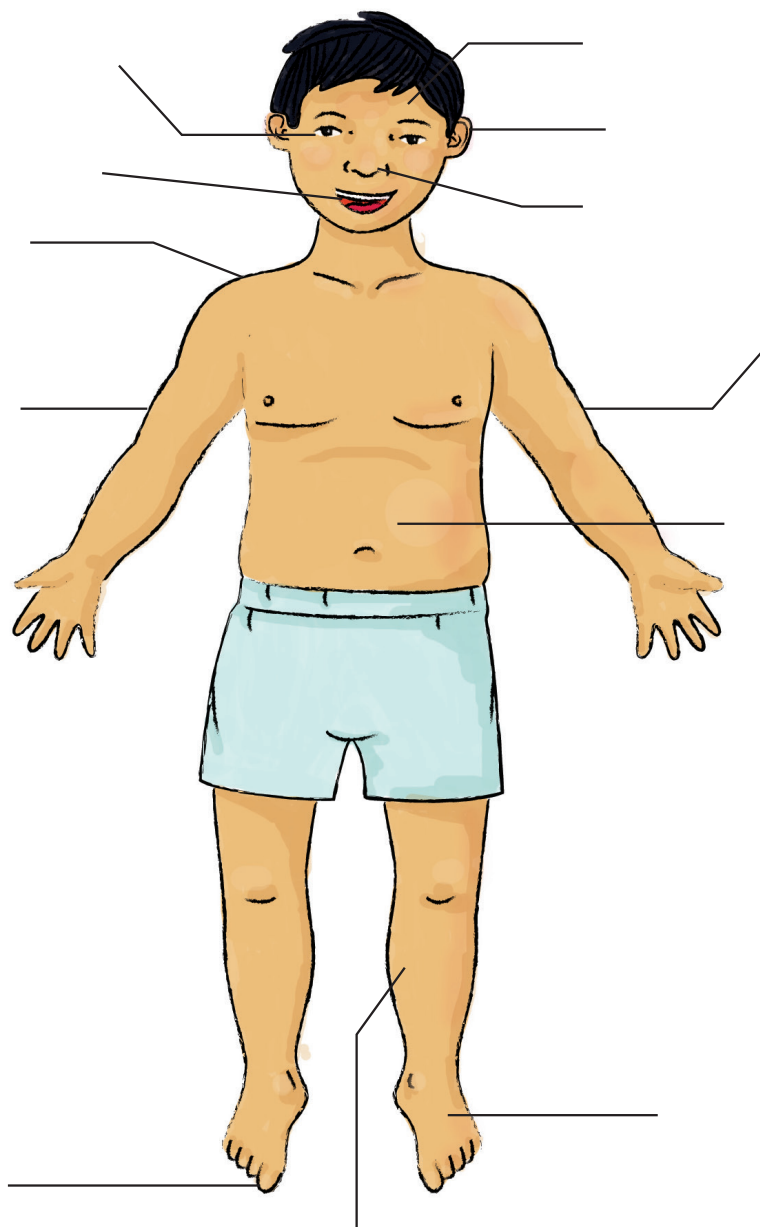


5. _____

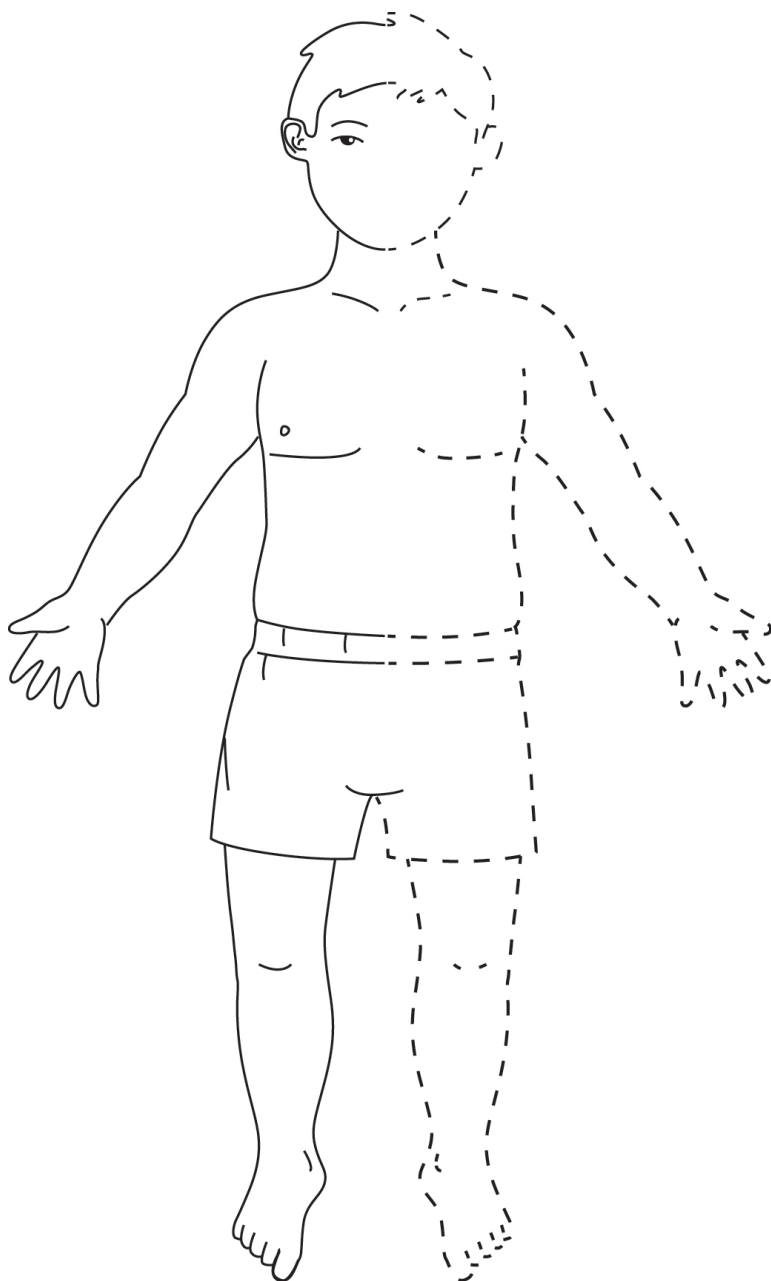


6. _____

C. Kisü shi lo solan jiang mying erankata:



D. Kisü shi mmhona nsüngrichoe otsüko solan jiang erana:



Ekhao 5

A Ki

Ni na ekhao shi püngnocho sülo onte na shiang engathev:

- a. Oki ji lo chotha jiang topvü ntsiv.
- b. Chotha mying jiang erantsüngi na topvü elana phyothiv.
- c. Chotha ji lo tsütsailan mying jiang topvü mmhona phyothiv.
- d. Engao jiang opüng na janlanchev.



Shi jo tssoyanphen chotha



Shi jo yiphen chotha



Shi jo tsükaphen chotha



Shi jo Khokphen chotha

Thangshi:

A. Ekhaoshi lo kisü shiang tsükona phyotava. Ekvüzhüi lio jiang chungü kisü jiang zeta osi, ntio lo tsütsata sana phyotava.

B. Yitsüng shiang ntsüi khia osi tüngkachia phyoa.



Konchanphen



Mhephen



Jüvophen



Nkhüm



Jülumpfü



Shapon



Pyothechiphen



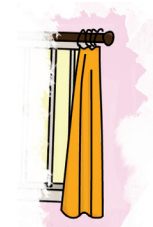
Sakiro



Enyiprov-
khokthephen



Mitsophen / nchü



Zonphen



Kisü yikaphen



Mvüri thera
chongphen



Jüranphen



Elümsü/tssansü

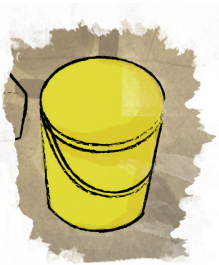
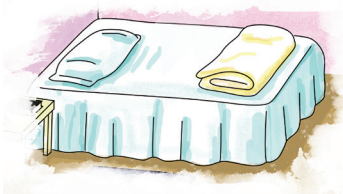
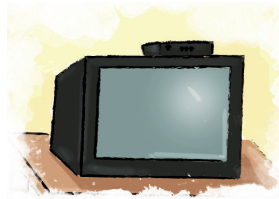
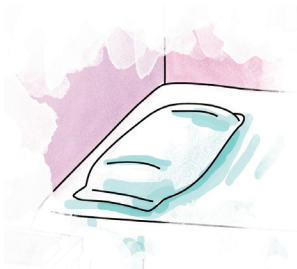


Lepokro



Chükcha

C. Kisü shiang zesi onte vanphen chotha jiang lo vata:



**Yiphen
Chotha**

**Khokphen
Chotha**

**Tsoyanphen
Chotha**

**Tsükaphen
Chotha**

D. Oyi nsamo

Ni nzo ekhae yingaden mhadongo nte ki chotha
kvüwoe ni chokatso sana yiren motsünga eni ren nte
chongta phytava.

Ekhaō 6

Chokha

Ni na ekhaō shi
püngnocho sūlo
onte na shiang
engathev:

- Nzyua chokha mying
jiang ntsiv.
- Chokha mying jiang
enrantsügi na
phyochev.
- Chokha jiang erena
ntsiv.
- Engao jiang opüng na
janlanchev.



CALENDAR 2023

Ejon						Nri						Emhü					
Mmha	30	2	9	16	23	Mmha		6	13	20	27	Mmha		6	13	20	27
Ngazo	31	3	10	17	24	Ngazo		7	14	21	28	Ngazo		7	14	21	28
Ronsyü		4	11	18	25	Ronsyü	1	8	15	22		Ronsyü	1	8	15	22	29
Sükhying		5	12	19	26	Sükhying	2	9	16	23		Sükhying	2	9	16	23	30
Ekhyo		6	13	20	27	Ekhyo	3	10	17	24		Ekhyo	3	10	17	24	31
Sothe		7	14	21	28	Sothe	4	11	18	25		Sothe	4	11	18	25	
Emong	1	8	15	22	29	Emong	5	12	19	26		Emong	5	12	19	26	

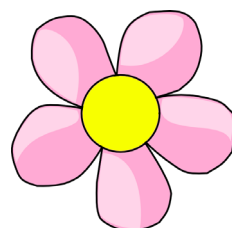
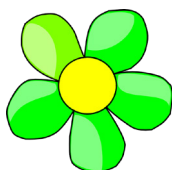
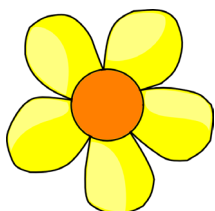
Ephi						Chesü						Eden					
Mmha		4	11	18	25	Mmha	30	2	9	16	23	Mmha		6	13	20	27
Ngazo		5	12	19	26	Ngazo	31	3	10	17	24	Ngazo		7	14	21	28
Ronsyü		6	13	20	27	Ronsyü		4	11	18	25	Ronsyü	1	8	15	22	29
Sükhying		7	14	21	28	Sükhying		5	12	19	26	Sükhying	2	9	16	23	30
Ekhyo	1	8	15	22	29	Ekhyo		6	13	20	27	Ekhyo	3	10	17	24	
Sothe	2	9	16	23	30	Sothe		7	14	21	28	Sothe	4	11	18	25	
Emong	3	10	17	24		Emong	1	8	15	22	29	Emong	5	12	19	26	

Nnüng						Jikanika						Nrüngtsü					
Mmha		4	11	18	25	Mmha	1	8	15	22	29	Mmha		5	12	19	26
Ngazo		5	12	19	26	Ngazo	2	9	16	23	30	Ngazo		6	13	20	27
Ronsyü		6	13	20	27	Ronsyü	3	10	17	24	31	Ronsyü		7	14	21	28
Sükhying		7	14	21	28	Sükhying	4	11	18	25		Sükhying	1	8	15	22	29
Ekhyo	1	8	15	22	29	Ekhyo	5	12	19	26		Ekhyo	2	9	16	23	30
Sothe	2	9	16	23	30	Sothe	6	13	20	27		Sothe	3	10	17	24	
Emong	3	10	17	24	31	Emong	7	14	21	28		Emong	4	11	18	25	

Rongorongi						Chopük						Chotantsü					
Mmha	31	3	10	17	24	Mmha		7	14	21	28	Mmha		5	12	19	26
Ngazo		4	11	18	25	Ngazo	1	8	15	22	29	Ngazo		6	13	20	27
Ronsyü		5	12	19	26	Ronsyü	2	9	16	23	30	Ronsyü		7	14	21	28
Sükhying		6	13	20	27	Sükhying	3	10	17	24		Sükhying	1	8	15	22	29
Ekhyo		7	14	21	28	Ekhyo	4	11	18	25		Ekhyo	2	9	16	23	30
Sothe	1	8	15	22	29	Sothe	5	12	19	26		Sothe	3	10	17	24	31
Emong	2	9	16	23	30	Emong	6	13	20	27		Emong	4	11	18	25	

Omhawoe ekvüzüo jiang poni. Emyomvü na omying pi elio jiang jo nzyua chokha to tsala.

Nzyua lo choro taro eni (12 months) tssoala.



Hojiang jo shiang:

Choro motsünga
(January)

- Ejon

Choro eni
(February)

- Nri

Choro ethüm
(March)

- Emhü

Choro mezhü
(April)

- Ephi

Choro mongo
(May)

- Chesü

Choro tirok
(June)

- Eden

Choro tiying
(July)

- Nhüng

Choro tiza
(August)

- Jikanika

Choro tokü
(September)

- Nrüngtsü

Choro taro
(October)

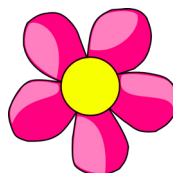
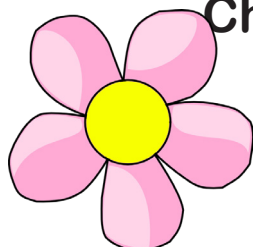
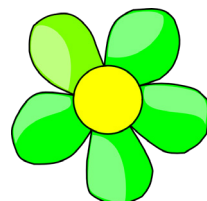
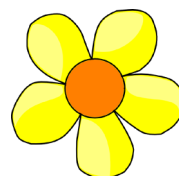
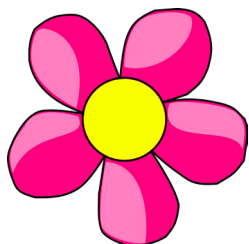
- Rongorongi

Choro taro ekha
(November)

- Chopük

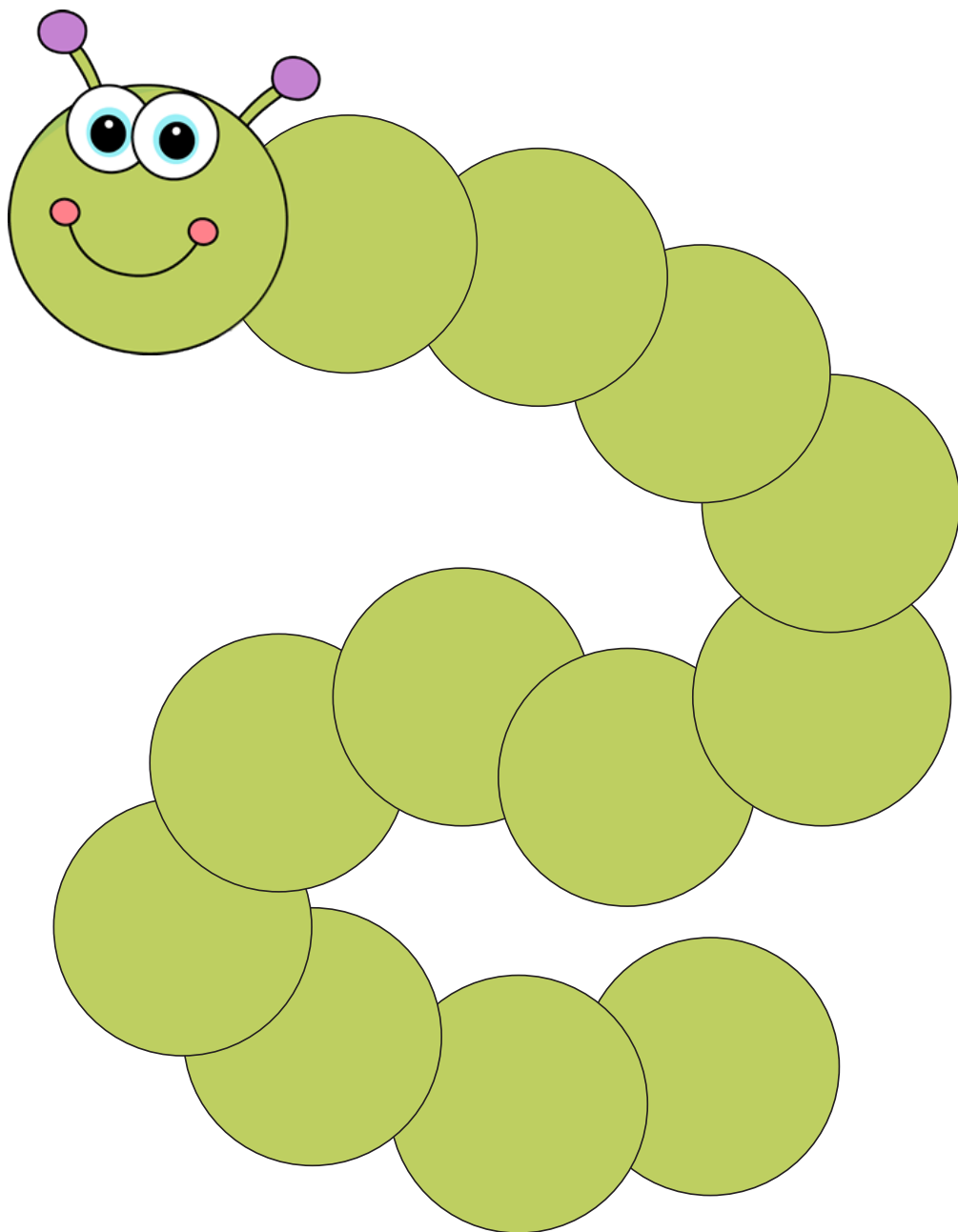
Choro taro eni
(December)

- Chotantsü

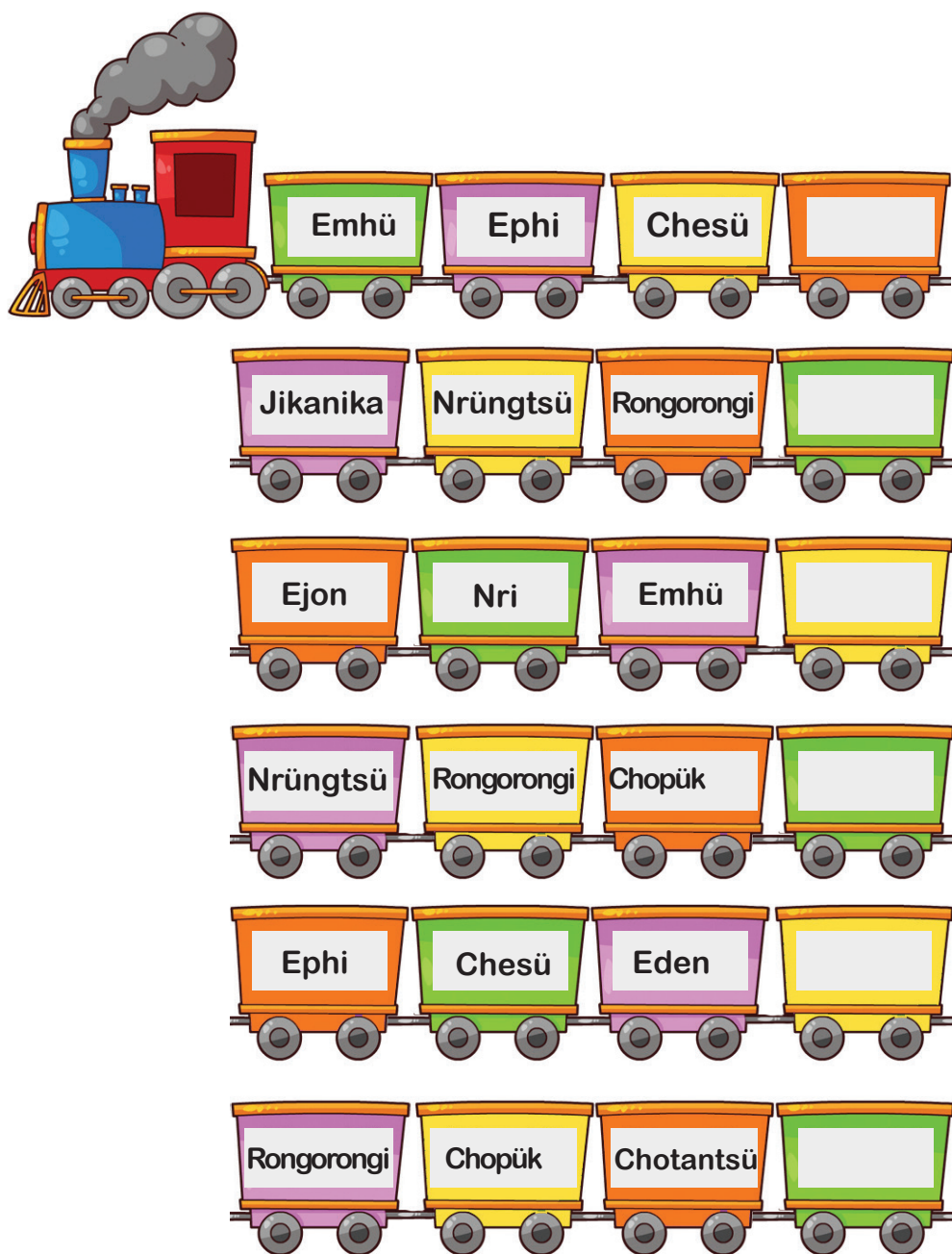


Thangshi:

A. Nzyua lo choro taro eni jiang mying nkoni elio jiang lo erana:



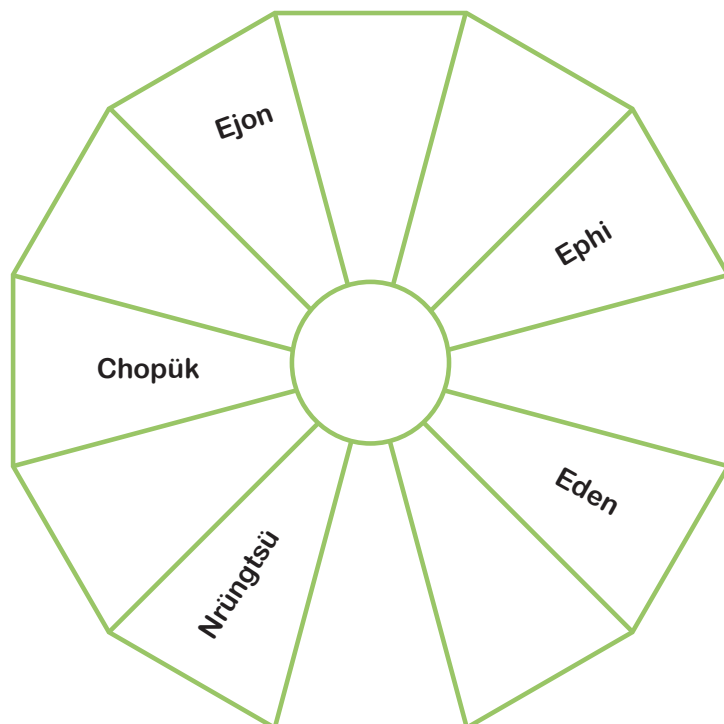
B. Ntio choro jo ntio choro sülo tssoa la:



C. Ejüngi elio jiang pyingthoka:

Yithako choro	Nchüng choro	Chothani
Rongorongi	Chopük	Chotantsü
	Jikanika	
	Nri	
	Eden	
	Ejon	
	Ephi	
	Nrüngtsü	
	Emhü	
	Rongorongi	

D. Nkoni elio jiang pyingthoka.



Ekhaio 7

A Wopan - I

Ni na ekhaio shi püingnocho sulo onte na shiang engathev:

- a. Ni yo yi na: Nipo, Niyo, Ningo, Nika mying jiang ntsi khiv.
- b. Omying jiang chakcheta phyov.
- c. Ekhaio shi lo engao jiang janlam.
- d. Wopan ji yichak hungri na eram.



Ayio Adeno,
Ayio wopan ji lo vanala/Ayio
wopan nzo vanala.
Wopan ji jo kyon okho
motsünga ochoang
otsükakvü shentsütae vana
sana.



Shi jo A po, A yo, A ngo to na
A to.
E na oki motsünga lo nzo
vanala. Eiyo ematha wopan.



A po jo oli ejon.

A yo jo oki eze.

Onte na a
nzanala osi a
ndangshonala.



Thangshi:

A. Engao shiang janlana.

1. Ni ki ji lo kyon kvüta vana?
2. Ademo opo jo ntio tssoa la?
3. Ademo oyo jo ntio tssoa la?
4. Nio ni ka ni ngo vancho a lo?
5. Ni wopan ji lo khanhyae jiang na khyingta rata nzanta ji ntio lanka yakchia ejüv la?

B. Kisü jiang zesi oküpoe ejüngi elio jiang pyingthoka:

1. Shi jo a _____



2. Shi jo a _____



3. Shi jo a _____



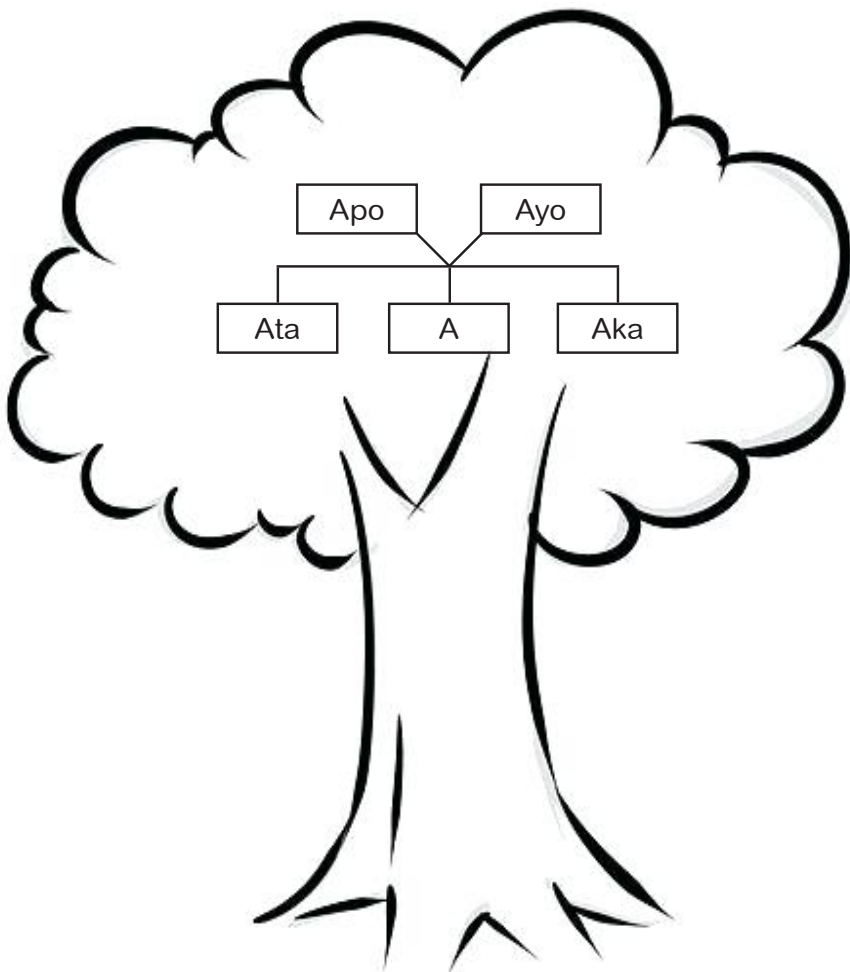
4. Shi jo a _____



C. Nshata/ thyutasanta

1. Nte kichungi ni na ntio elhi tssoa sana ni shom jiang shümnhya.
2. Ni shom nchyua yani ni wopan lo ocho ni chokatso sana rüa ezoa.

D. Ni wopan dong nsungria. Shi lo ejyuka pi lia.



Ekhao 8

Ongo Teriv

Ni na ekhao shi punгноcho sulo onte na shiang engathev:

1. Chungiyi yiphyo jiang, ovon jowo chüngi elani okhen to jiang elana khachev.
2. Engao jiang chungiyi ji ephan engathe janlanchev

Ete na chungiyi shi khataav.

Ongoden ojü chungi
Ekha, eni, ethüm.
Ongoden ojü chungi
Ephakphia, ephakphia,
ephakphia.

Ongoden ojü chungi
Wo yi hophitala.
Ongoden ojü chungi
Woa, woa, woa.

Thangshi:

A. Chungiyi shi nzo tssoe kha elani otsük enini na kha.

B. Chungiyi shi lo phyoe lichö kisü eni nsüngri opyon theta/eseta.

C. Engao jiang janlana.

1. Chungi yi ji lo ongo kvüta phyoe lichö la?
2. Ongö jiang na ojü chungi ntio lyutacho la?

D. Ongö olan elümoto vana, hojiang yolo ni na otsoe na hungthakcho motsünga nkonkata.



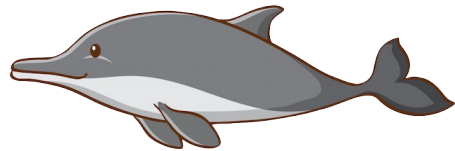
Eel



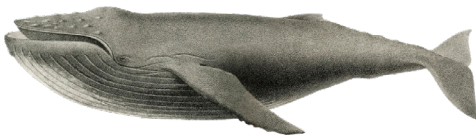
Catfish



Mackerel



Dolphin



Whale



Salmon



STATE COUNCIL OF EDUCATIONAL RESEARCH & TRAINING (SCERT)

STATE CENTRE OF NAGALAND LANGUAGES (SCNL), DSE



Iodine deficiency disorder is the single most common cause of preventable mental retardation and brain damage.

"Consume only Iodized Salt"