

CLASS - 1

Nagaland Heritage Studies

YIMKHIUNG



STATE COUNCIL OF EDUCATIONAL RESEARCH & TRAINING (SCERT)
and STATE CENTRE OF NAGALAND LANGUAGES (SCNL), DSE



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NAGALAND HERITAGE STUDIES | CLASS 1 - YIMKHIUNG

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Illustrator: Imtinungsang Longchar

FOREWORD

The Nagaland Heritage Studies (NHS) is a series of 18 officially recognized Nagaland languages from classes 1 up to 8. These books aim to teach the Nagaland Languages using local culture and heritage as its content base and also promote cultural richness of every tribe and community. The introduction of the Nagaland Heritage Studies in the State's schools from 2018 was in consonance with the guidelines of the National Curriculum Framework (NCF) 2005. The Nagaland Heritage Studies textbooks revised edition covers the learning needs of the students which have added meaningful illustrations. The NHS textbooks are evolving to better language learning of Mother Tongue which is the core basis of one's identity, history and culture.

The State Council of Educational Research and Training & SCNL would like to express gratitude to Professor D. Koulie for his contributions.

We would also like to acknowledge the Department of Arts and Culture, DIPR, all Literature Boards, Tribal Hohos, and the individuals concerned for their contributions towards the development of Nagaland Heritage Studies Textbooks.

The Council & SCNL also wishes to extend its gratitude to Smt. Kevileno Angami, Commissioner & Secretary, Government of Nagaland, SCERT and School Education for sharing valuable suggestions towards improving/updating of Nagaland Heritage Studies textbooks.

Lastly, appreciation goes to SCERT and SCNL team members who have worked hard in completing the NHS textbooks revision on time.

Dated: Kohima the 7th of November 2022.



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Principal Director (IAS)
School Education, Nagaland, Kohima



N.CHUMCHANBENI KIKON
Director,
SCERT, Nagaland, Kohima

MIKHUHYU

Isa Yimkhiung yu chingnü mükhiahmütu atsütak ngükhukshihpü thsungkhiak Nagaland Government nü mülüjihkhi ayannü thrütkhitihto. Ha hüm ching azürüponü mürühte tüsho nihpeyu thülihte anyikhitpe khin tüsho susu thsüpepo akhezürü thülünnü thrütkhitihi lah. Hüm khepe “Nagarü Jipü Yukhian” amütsan püpürü trükpo tüsho nihpe thrükshih lalim yakli mükhiah-a lushihpü thsüte thrütjih lah.

Lümlah, ha thrütkhitihi hote akhekhi tüsho mükhiahmütu limro ching alü thsüte lapah tüsho lünsozürüponü asühte mükhiah a lute alapah tüsho khin thsakham jihkhi ayannü kihinnyishito lün ching amükhiah süklakte angüpü ching alüthsüpah.

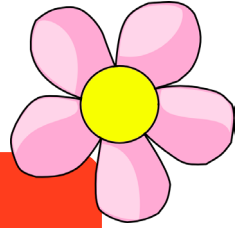
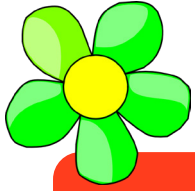
Yimkhiung Literature Board hotenü hüm thrütrüpo (SCNL) Directorate of SE tüsho Resources Persons Directorate of SCERT alala kilim Yimkhiung yu chingnü thrütkhitihi thsungkhiak asühchoh tüsho makshe jihchoh.



(THRONGSO YIMCHUNGER)

Chairman

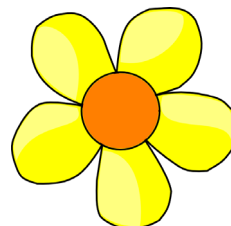
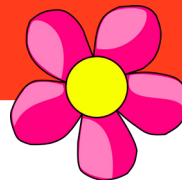
Yimkhiung Literature Board



THIYANZAHKHIPO

APIAKPO

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1. THRÜTYAK TÜSHO ARÜ TÜSHAKPO

Anyikhitpe Mükkhiahkih:

Ha anyikhityu mükhiah shu nünü harü huhkhukpeah.

1. Isa yutha chingnü thrütyak mükhiahang.
2. Isa yutha chingnü thiyupüm tüshak mükhiahang.
3. Isa yutha ching thiyupüm lakhi tükte tüshak thakhitang.

A nü Ü khiungte thiyupo mahsam tüsho pekiuhpo

A – aa

B – bi

C – ci

D – di

E – ee

G – kho

H – ech

I – i

J – je

K – ke

L – el

M – em

N – en

O – oo

P – pi

Q – khyoo

R – ar

S – es

T – ti

U – yu

V – vi

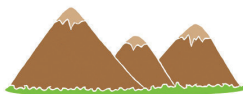
W – teplyo

Y – wai

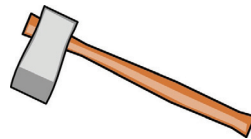
Z – züt

Ü – üh

Aa



Awung



Ayü



Ayung

Bb



Buhpu



Büntang

Cc



Changko

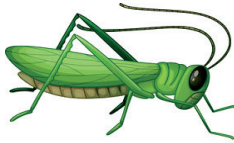


Chi



Chinying

Dd



Dangkho



Danji

Ee



Ezü

Ff



Fulipung



Fürim

Gg



Gühkhi

Hh



Hah



Hüh



Hü

Ii



Ikhiung

Jj



Jangrho



Jintükhün



Jim

Kk



Khuzü



Khüyak

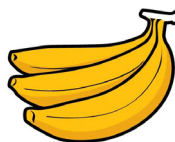


Kungpü

Ll



Liak



Lango



Lüh

Mm



Muyoloso



Müliang



Mukhu

Nn

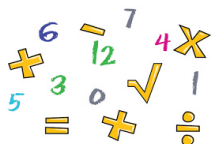


Nuktrüp



Nüpfung

Oo



Ongho

Pp



Pung

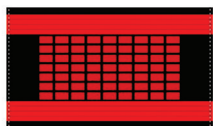


Phiak



Phüh

Rr



Rungskhim



Rikiangpung



Rimre

Ss



Shihfürim



Shing



Shirung

Tt



Thrüntsün

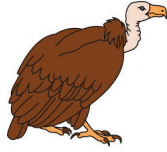


Thüngüh



Thunupung

Uu



Ungmüleang

Vv



Viyih



Vuhhu

Ww



Wühpe



Wonyin



Wühthürang

Yy



Yapkiu



Yap

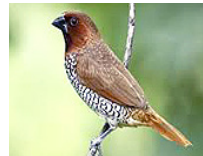


Yingkhing

Zz



Zhitung

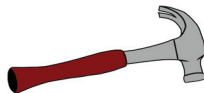


Zhiwüh



Züngshang

Üü



Ümlung



Ün

Susuthsüpe

- A. Ha ching thiyupo tüsho thrütyak zahkhi achangnü khe-ang.
- B. Isa perüyu ching thrütyak lakhi anyikhitang tüsho thrütang.

**C. Thrütyakpo tüshak lupah akiangkiang lakhipo
ching mishang:**

A	_____	O	_____
B	_____	P	_____
C	_____	Q	_____
D	_____	R	_____
E	_____	S	_____
F	_____	T	_____
G	_____	U	_____
H	_____	V	_____
I	_____	W	_____
J	_____	X	_____
K	_____	Y	_____
L	_____	Z	_____
M	_____	Ü	_____
N	_____		

D. Thrütyakpo ashihkhin tüktünü thsakhamarihlojang:

B _____	N _____
D _____	p _____
C _____	T _____
A _____	R _____
E _____	Q _____
G _____	S _____
F _____	U _____
H _____	W _____
L _____	V _____
J _____	Z _____
I _____	X _____
K _____	Y _____
M _____	Ü _____
O _____	

E. Harü thrütyakponü tankihkhi thiyupümpo khürü thrütjang:

1. A _____	6. H _____
2. P _____	7. S _____
3. T _____	8. V _____
4. Ü _____	9. O _____
5. M _____	10. R _____

2. WÜHKHEKHIPO

Anyikhitpe Mükkhiahkih

Ha anyikhityu mükhiahshu nünü harü huhkhukpeah.

1. Isa yutha chingnü wühkhe mungpo 1-20 khiungte mükhiahang.
2. Wühkhe mungpo akhinashu mükhiahang.
3. Wühkhe mungpo tükte thakhitang.
4. Mung jikhhi yante wühkhe mütsankhitang.

Ha khün thsü anü

Khülang nyinyi, mahnye nyinyi.

Mahsam nyinyi Yimkhiung

Phüyi nyinyi, phüngü nyinyi

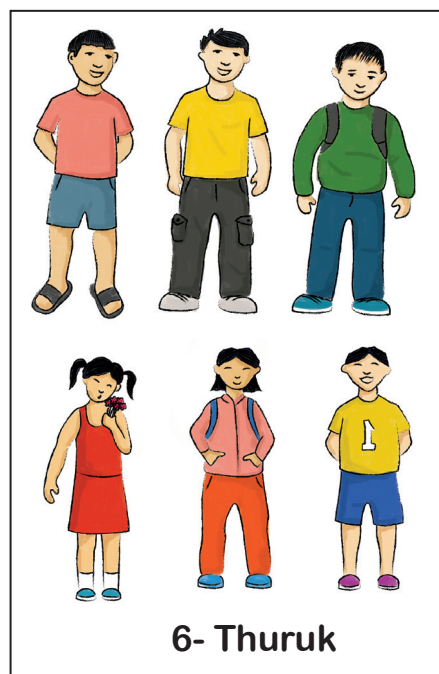
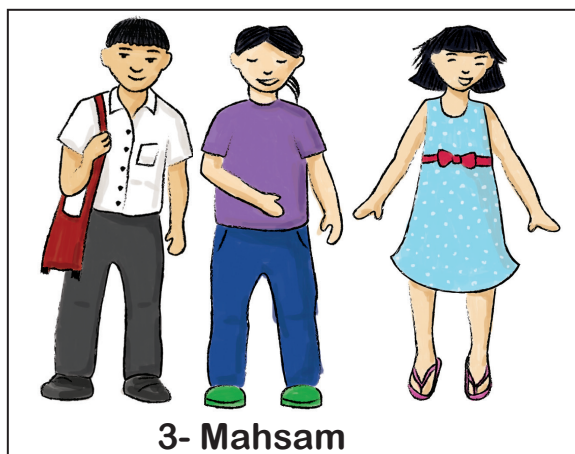
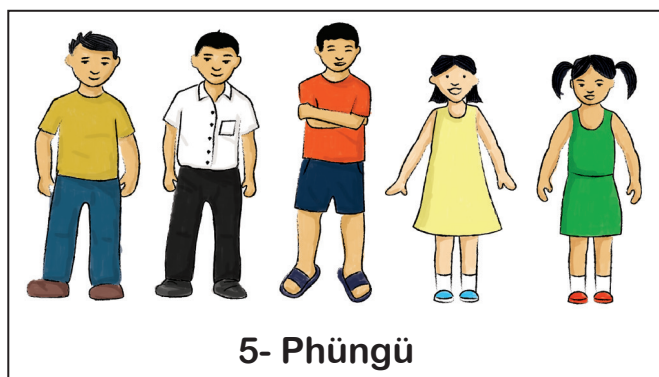
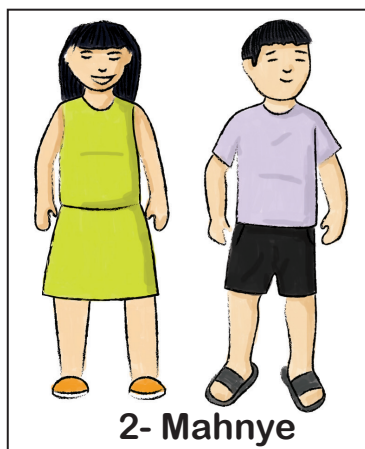
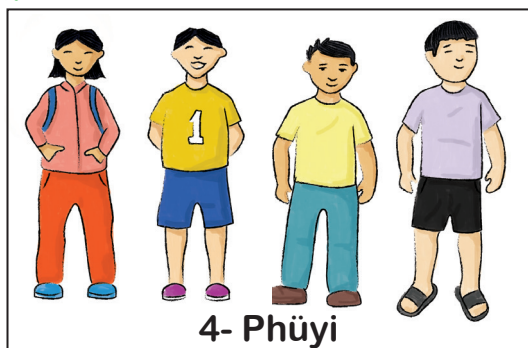
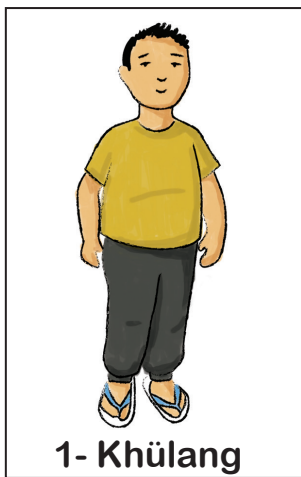
Thuruk nyinyi Yimkhiung

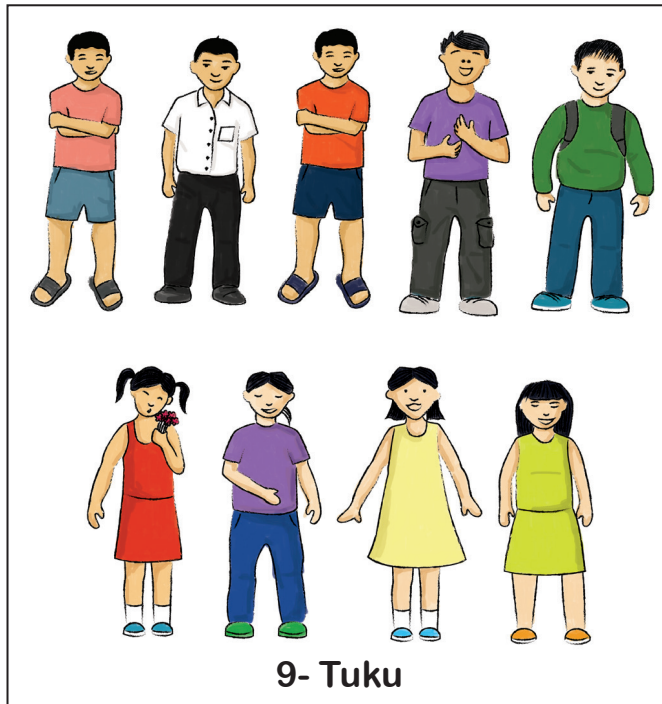
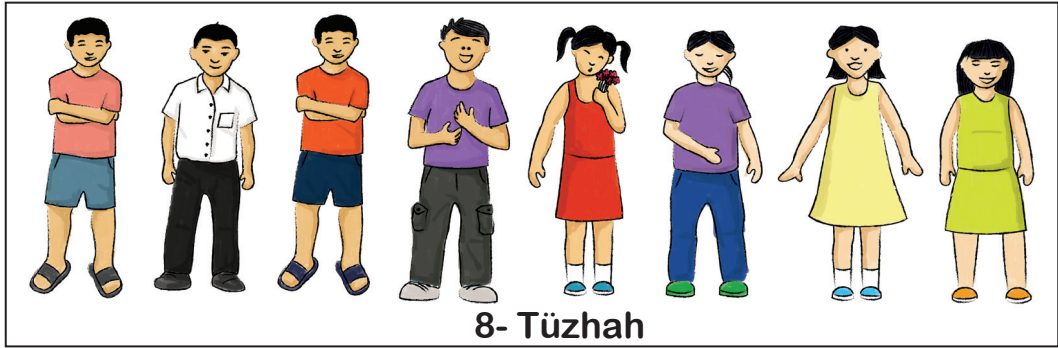
Thünye nyinyi tüzah nyinyi

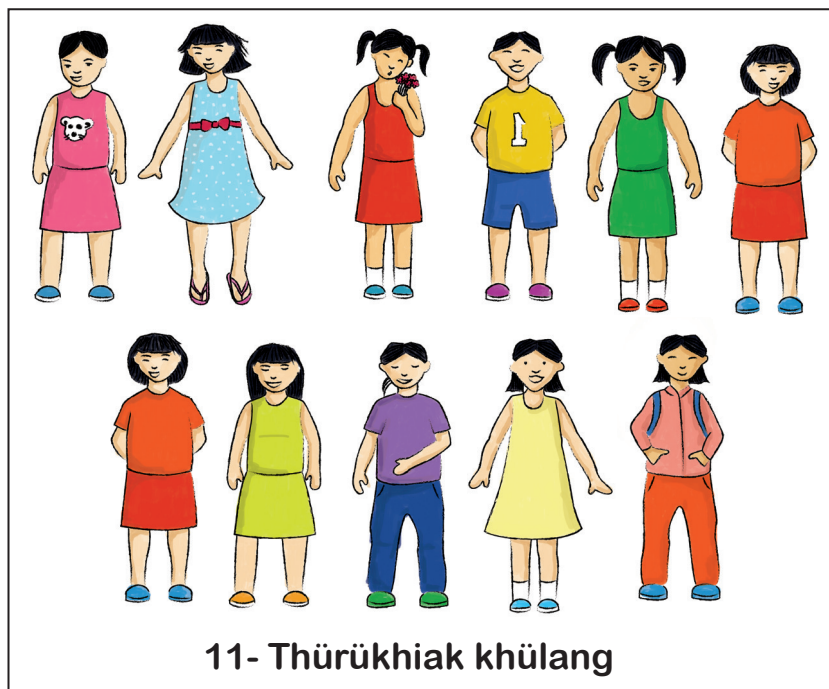
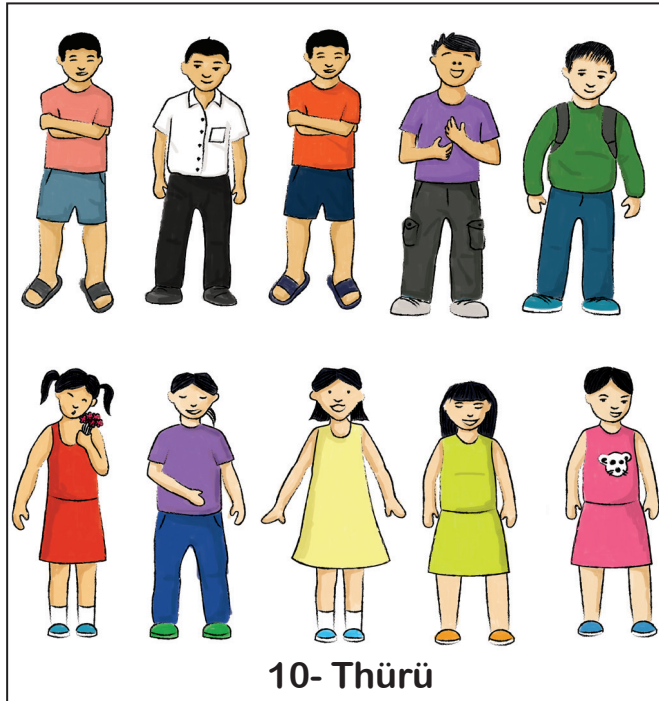
Tuku nyinyi Yimkhiung

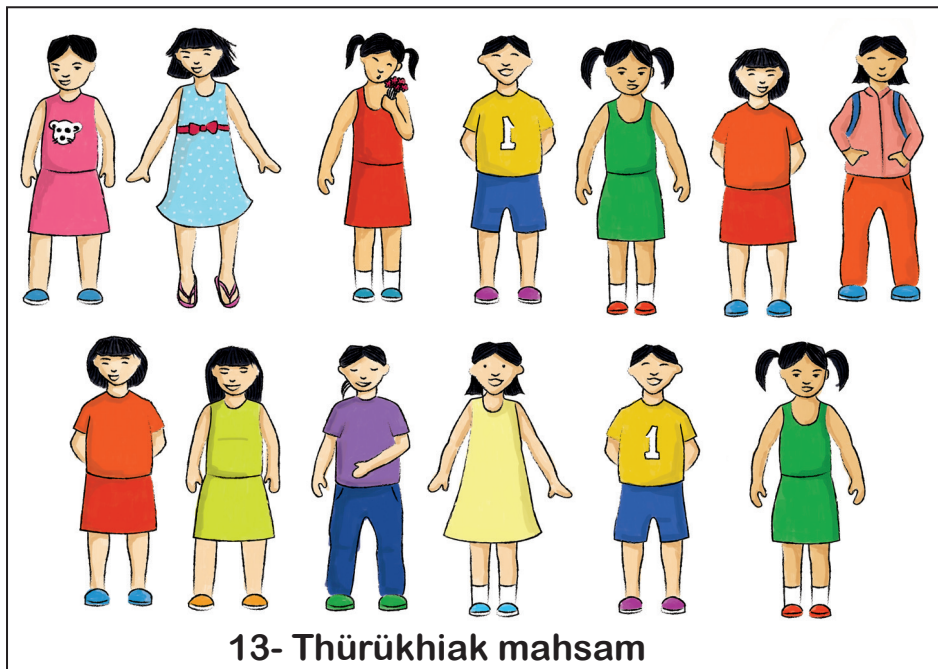
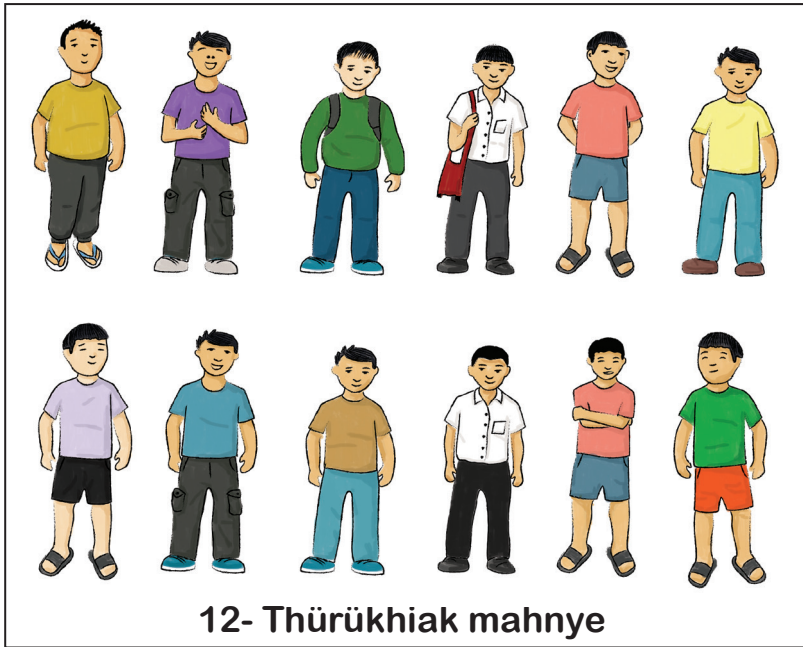
Thürü nyinyi Yimkhiung zürüpo.

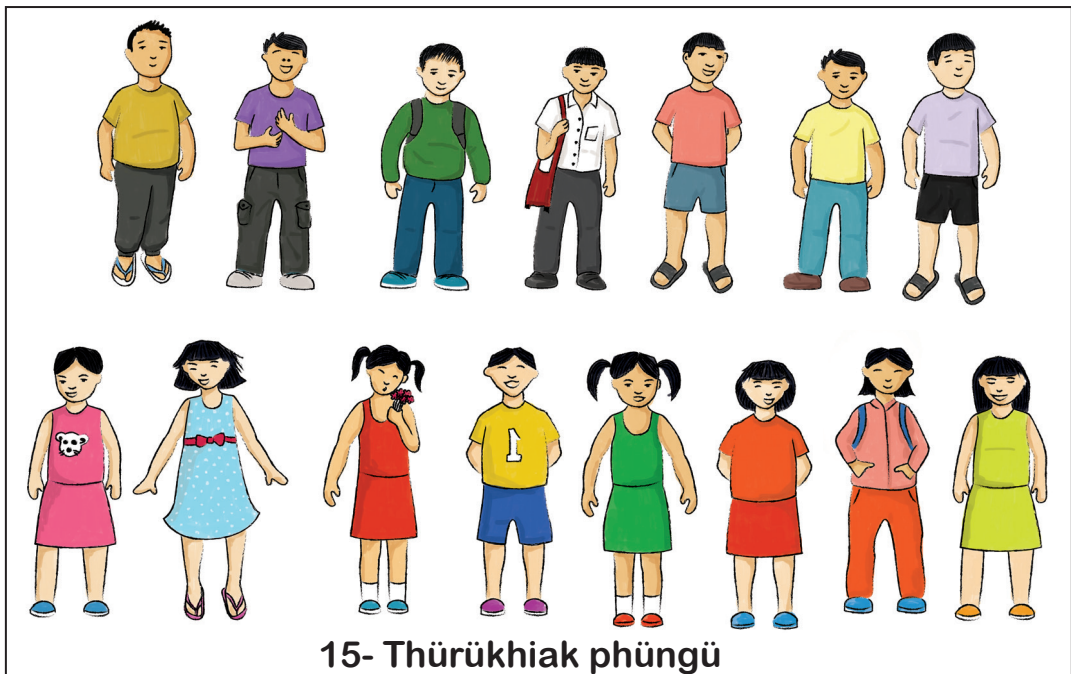
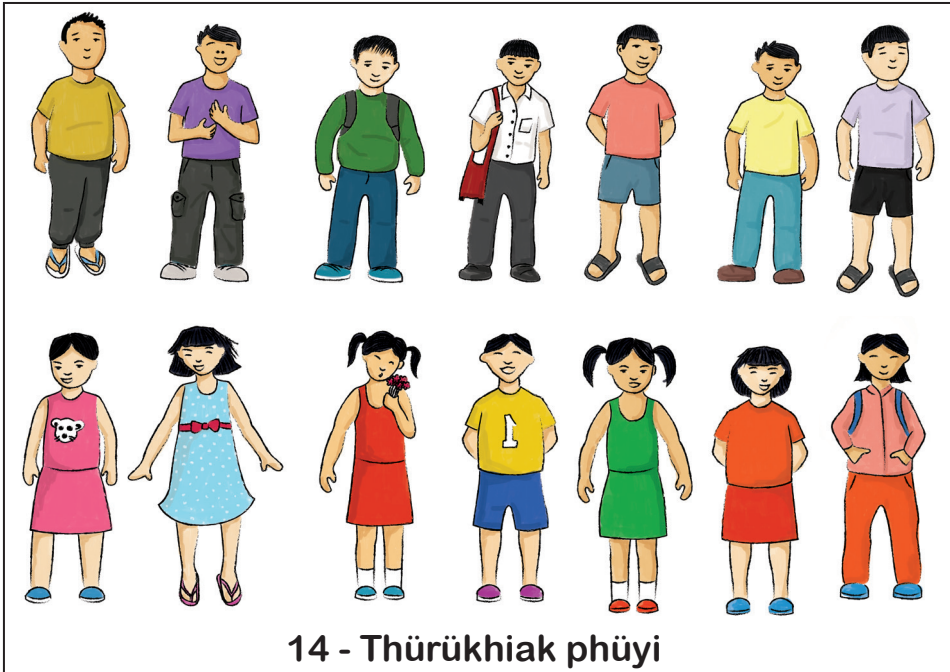
Isa nü ha anyikhitpah khe-anü:

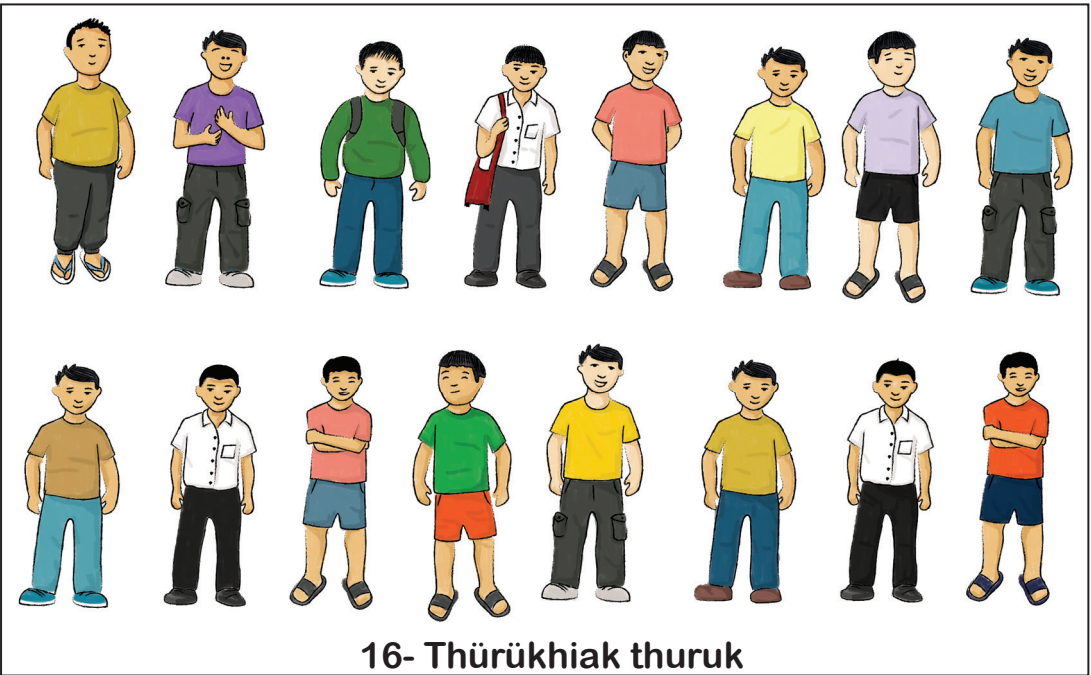


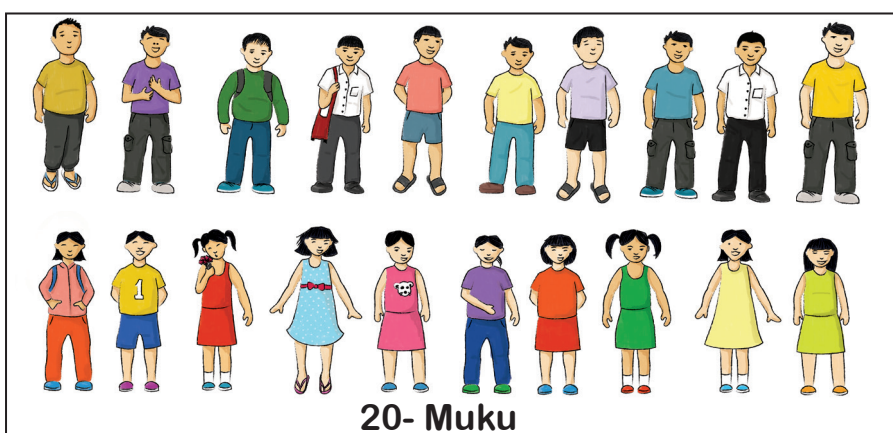
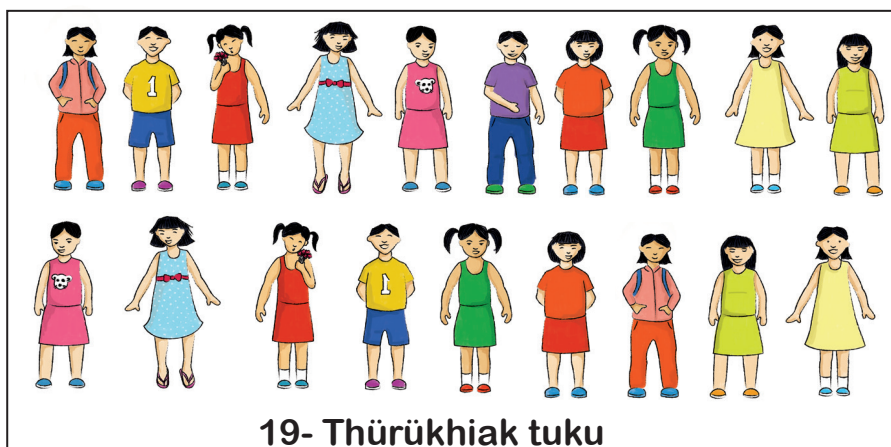
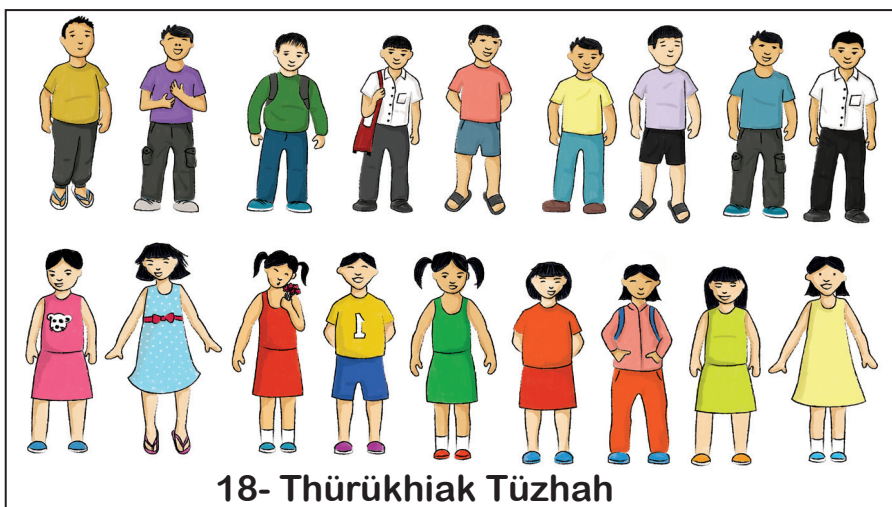












Susuthsüpe

A. Pekiuh khiahang. Wühkhe kheang tüsho wühkhe mungpo thrütang.

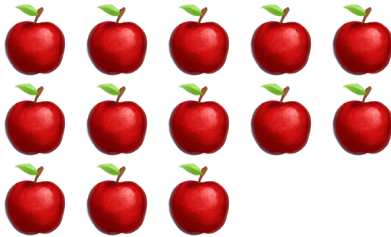
Khülang-a rhimo jihto

1.



Thürü

2.



3.



4.



5.



6.



B. Mükkhiahkih wühkhe ayeshihang tüsho wühkhe mungpo thrütjang.

Khülang-a rhimo jihto.

Wühkhe

Ngükih

Wühkhe mung

3



Mahsam

20



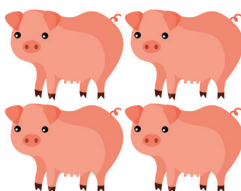
8



14



11



4



C. 1-20 khiungte thiyupüm limnü thrütjang:

D. Wühkhepo trühnyim-a lakhiju khekih limnü
thsakhamarihlojang.

8,4,2,6,20,10,5,18,1,16,14,3,7,9,11,15,12,17,13,19

E. Wühkhepo trühnyim-a lakhi ju khekhi limnü
thsakhamarihlojang.

8,4,2,6,20,10,5,18,1,16,14,3,7,9,11,15,12,17,13,19

F. Wühkhe müzahkhipo ching mishang.

1		3		5
	7		9	
11		13		15
	17		19	

3. AMUKHIP NYIMUNGPO

Anyikhitpe Mükkhiahkih:

Ha anyikhityu mükhiah shu nünü harü huhkhuk peah.

1. Isa yutha chingnü amukhip tükiak nyimungpo mung mükhiahang.
2. Amukhip tükiak nyimungpo mung thakhitang.
3. Amukhip tükiak nyimungpo akhinashu anyikhitang.
4. Amukhip nyimungpo kiokhi athühipe nü alojang.

Hapta ching amukhip thünje lachoh.

Harü ju:

Sunday -	Amunyi
Monday -	Akhuhnyi
Tuesday -	Mahnyenyi
Wednesday -	Mahsamnyi
Thursday -	Phüyinyi
Friday -	Phüngünyi
Saturday -	Thuruknyi

Ha thüyu tsüpu mükhiah anü.

Tsüsola akhuhnyi khimpo müsühchoh,
Mahnyenyi thulothiyi yüchoh,
Mahsamnyi khimpo thürechoh,
Phüyinyi thüyam müsühchoh,
Phüngünyi khim züchoh,
Thuruknyi shahwün ching rhimochoh,
Amunyi sühakhimchoh.

Susuthsüpe

A. Tsüsola pekiuh khiahang tüsho akiokhi alojang.



1. Küyimki Tsüsola khim müsühcho?

2. Küyimki Tsüsola thulothiyi yücho?



3. Küyimki Tsüsola khim thürecho?



4. Küyimki Tsüsola thüyam müsühcho?

5. Küyimki Tsüsola khim zücho?



6. Küyimki Tsüsola shahwün ching rhimocho?

7. Küyimki Tsüsola sühakhimcho?



B. Ha thiyurünpo rhimokhamjang:

1. Mahnyenyi ju küpü tunglim arücho _____
2. Phüyinyi ju küne tükiak-a_____ tüsho_____.
3. Thuruknyi ju_____ müngüh arüchoh.
4. _____ ju amukhip atankih nyimung-ah.
5. _____ ju amukhip akhiam nyimung-ah.

C. Amukhip nyimungpo khekhitang. Jushu nü hümpiak ching thrütyukang:

D. Nyimungpo ju ashikhkhin nü thsakhamarihlojang.

Phüngünyi	
Akhuhnyi	
Amunyi	
Mahnyenyi	
Thuruknyi	
Mahsamnyi	
Phüyinyi	

E. Amukhip nyimungpo thoarih-a müchinjang.

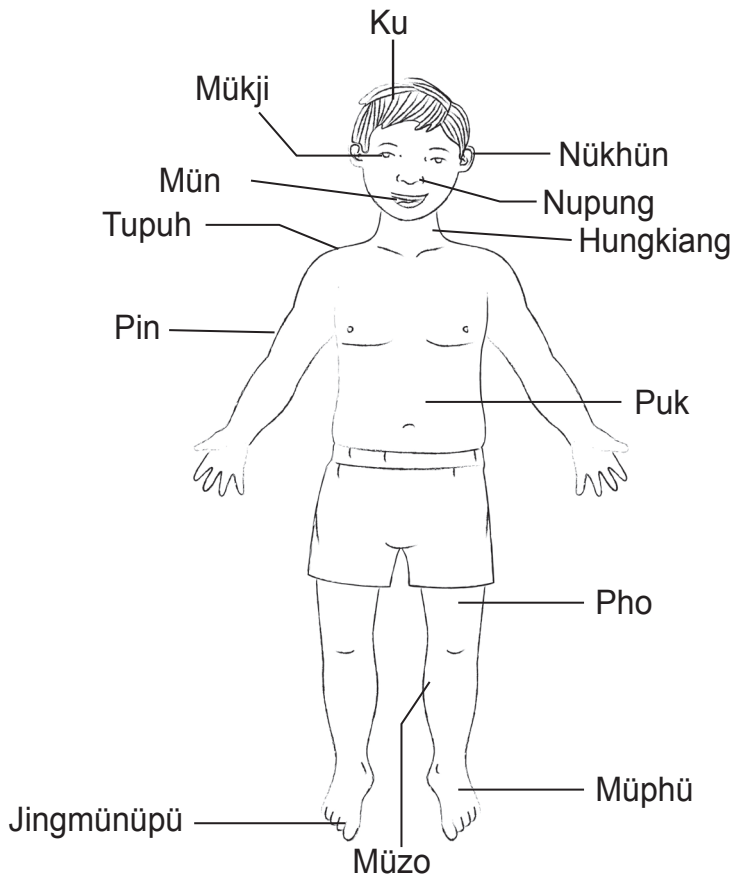
Amunyi	4
Phüngünyi	1
Akhuhnyi	7
Phüngünyi	5
Thuruknyi	2
Mahnyenyi	6
Mahsamnyi	3

4. I PANG - I

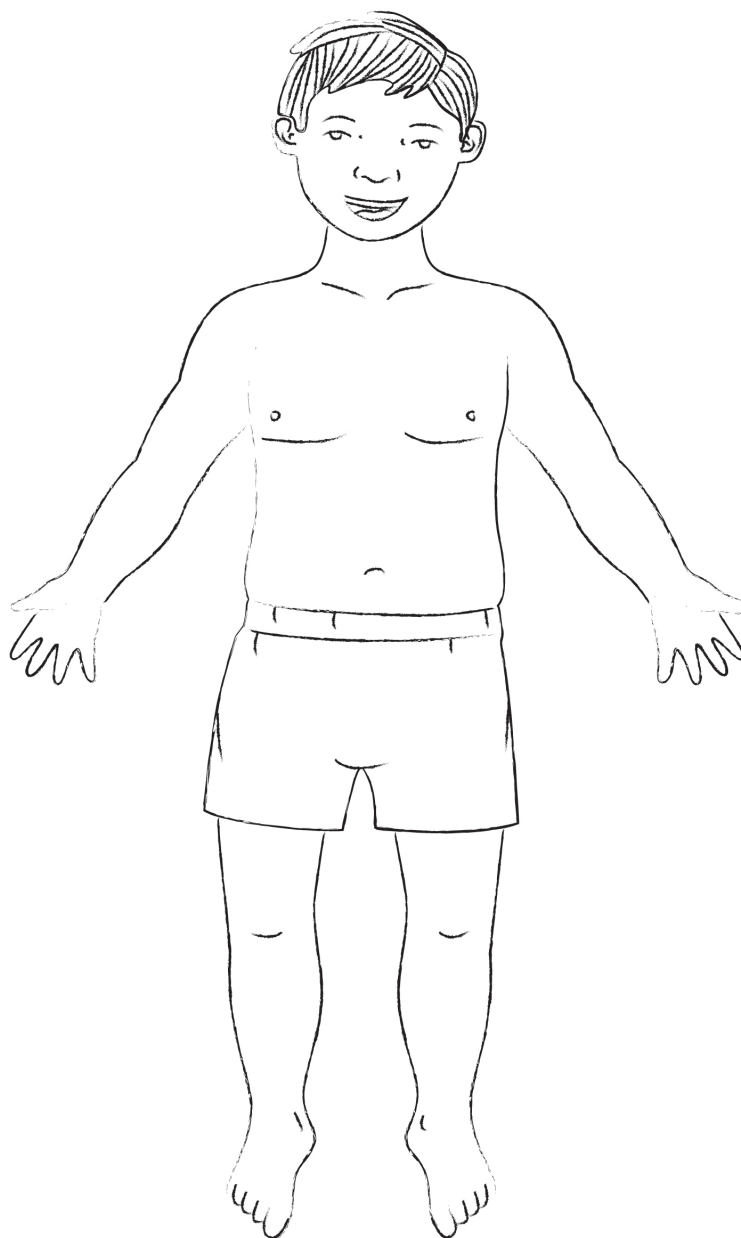
Anyikhitpe Mükkhiahkih

1. Pang shihcham puhthsüthsü mungpo anyikhitang.
2. Pang shihcham puhthsüthsü mütsankhitang.
3. Arü mungpo tüsho wuhlangyu akhiukte thaang.
4. Ha akhepe ching lakhi yante alojang.
5. Huhtankhi jiha lakhi yante thrütang tusho tha shihang.

Pekiuh khiahpahle amijak mujujihang.

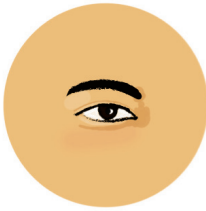


Pekiu ha pukküp zojhkhi, ku, tupuh, mükjipo, nükhünpo,
nupung tüsho mün athso-a huhkhi thrütkihjang:

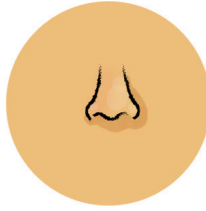


Susuthsüpe

- A. Piak 24 ching jakruk lakhi ju khiahang. Pang
achamnak aphuaphupo ju achangnü kheang.
- B. Pang shihcham mung thrütjang.



1. _____



2. _____



3. _____



4. _____

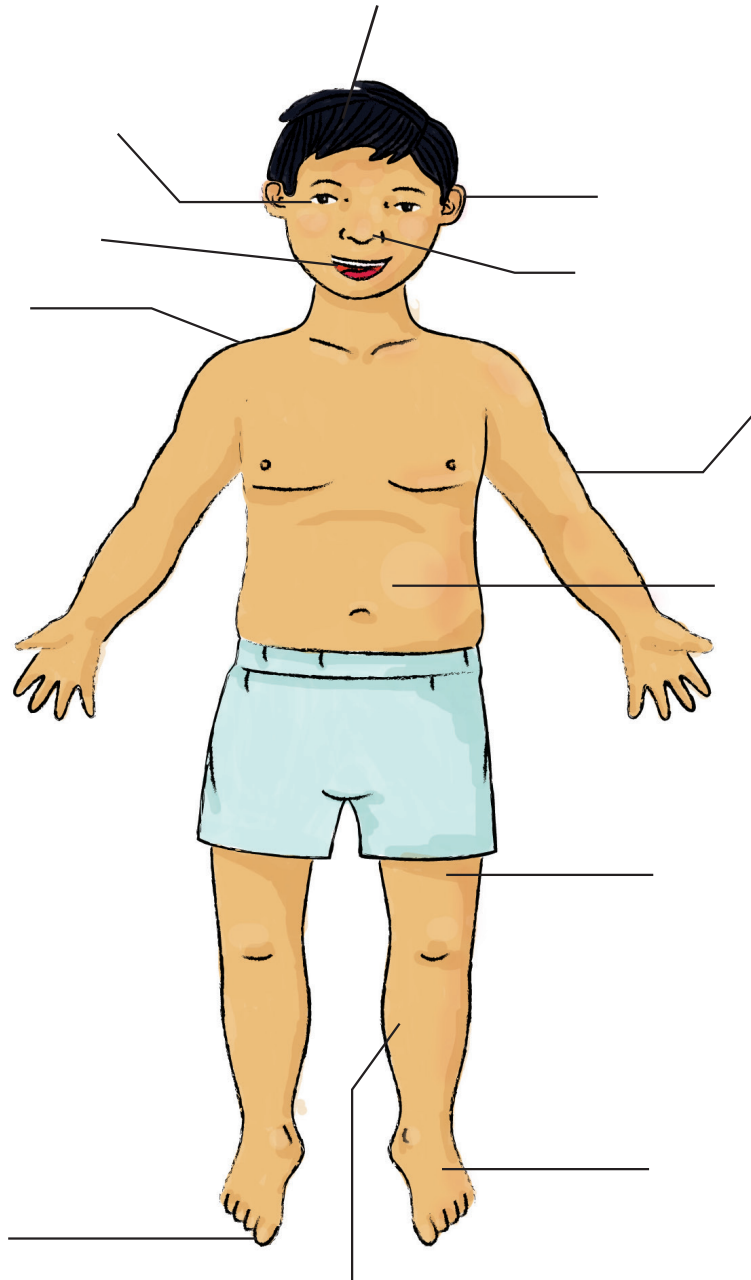


5. _____

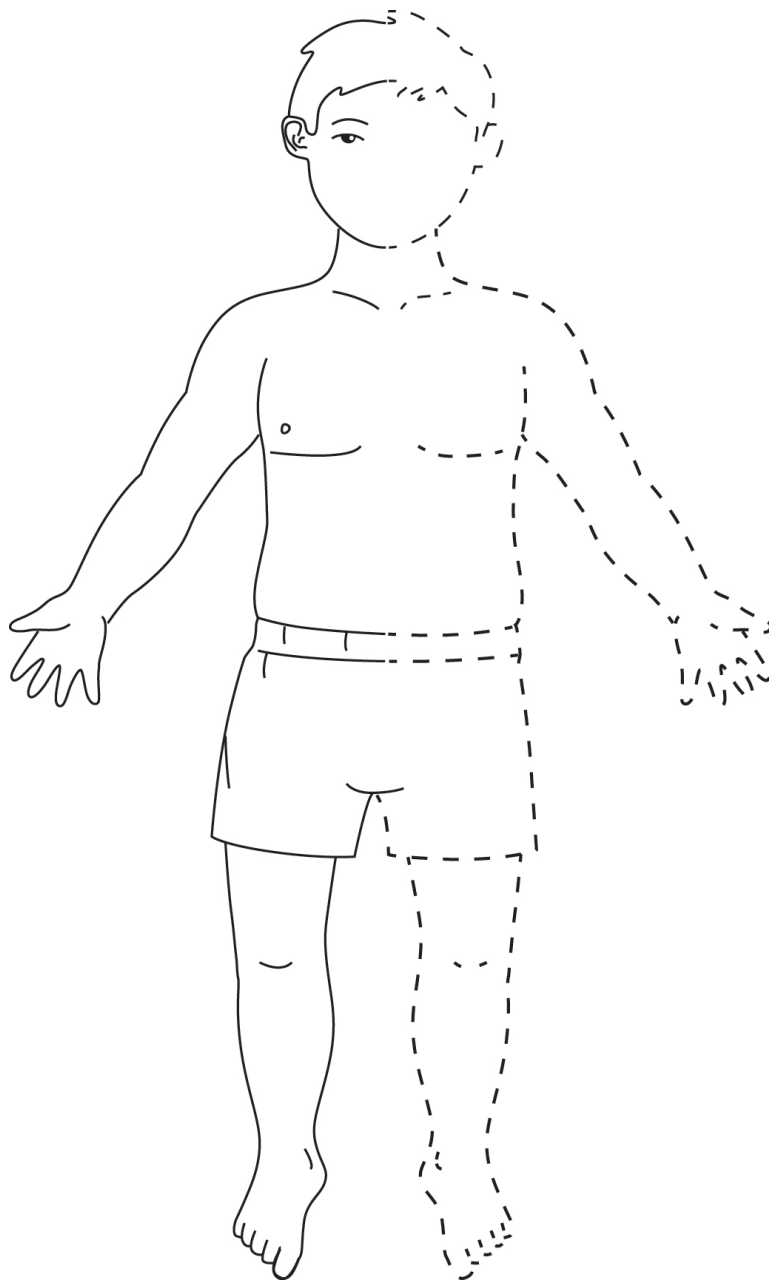


6. _____

C. Pang khiak shihcham puhthsüthsü mütsanjang.



D. Pang khiak shihcham puhthsüthsü mütsanjang:



5. I YAM

Anyikhitpe Mükkhiahkih

1. Thüyam ching khiungsheakpo mung anyikhitang.
2. Khiungsheak mungpo akhiukte thakhitang.
3. Khiungsheak ching kukrukpo lakhi akhiukte thakhitang.
4. Athühipe tühaknü ha akhepe alojang.



Ha-a mothsüpung



Ha-a yappung



Ha-a ke müyihpung



Ha-a pinpung

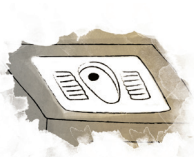
Susuthsüpe

A. Pekiuho tünkhiak thaang. Akungpo ching thiyupo
khiahang tüsho harü ahorikhi thajang.

B. Thiyu harü anyikhitang, achangnü kheang tüsho thrütang.



Methrimthrimpe Panganpe Ketan Kumükhampe Kiangkihphüh



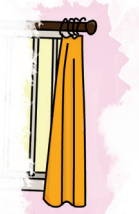
Rhuknyah

Pihpinpung

Zopung

Pinkiu
Thünak

Mothsüpfung



Zhintokhim

Pekiuhkümpe

Sangpünpung

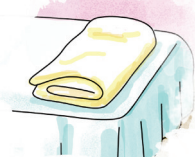
Yapkiukhimpe



Tükhümnyinyi

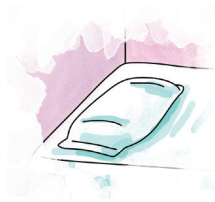
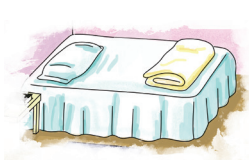


Kekhippe



Alamkhim

C. Pekiuḥ apan khiahang tüsho arü zopung ching zojang.



Yappung

Pinpung

Mothsüpfung

Kemüyihpung

D. Athape

Thiyurün khülang mahnye nü nüsa müyamrüpo tükiak
müthriachihte nüsa yam ching nünü mürühtakhi tünkhiak
thaachihang.

6. KAM CHING KHINUPO



Anyikhitpe Mükkhiahkih:
Ha anyikhityu mükhiahshu
nünü harü huhkhukpeah.

1. Kam ching khinupo mung mükhiahang.
2. Khinupo mung tükte thakhitang.
3. Kam ching akhinashu khinupo mükhiahang.
4. Anyikhityu kiokhi athühipe tüshak nü aloang.

AKHUNYI - 2023

(YUNGFU)						(KHIRHIM)						(KHISHANG)					
Akhuhnyi	30	2	9	16	23	Akhuhnyi		6	13	20	27	Akhuhnyi		6	13	20	27
Mahnyenyi	31	3	10	17	24	Mahnyenyi		7	14	21	28	Mahnyenyi		7	14	21	28
Mahsamnyi		4	11	18	25	Mahsamnyi	1	8	15	22		Mahsamnyi	1	8	15	22	29
Phüinyi		5	12	19	26	Phüinyi	2	9	16	23		Phüinyi	2	9	16	23	30
Phüngünyi		6	13	20	27	Phüngünyi	3	10	17	24		Phüngünyi	3	10	17	24	31
Thuruknyi		7	14	21	28	Thuruknyi	4	11	18	25		Thuruknyi	4	11	18	25	
Amunyi	1	8	15	22	29	Amunyi	5	12	19	26		Amunyi	5	12	19	26	

(ANYIU)						(KHITO)						(KHIHEAM)					
Akhuhnyi		3	10	17	24	Akhuhnyi	1	8	15	22	29	Akhuhnyi		5	12	19	26
Mahnyenyi		4	11	18	25	Mahnyenyi	2	9	16	23	30	Mahnyenyi		6	13	20	27
Mahsamnyi		5	12	19	26	Mahsamnyi	3	10	17	24	31	Mahsamnyi		7	14	21	28
Phüinyi		6	13	20	27	Phüinyi	4	11	18	25		Phüinyi	1	8	15	22	29
Phüngünyi		7	14	21	28	Phüngünyi	5	12	19	26		Phüngünyi	2	9	16	23	30
Thuruknyi	1	8	15	22	29	Thuruknyi	6	13	20	27		Thuruknyi	3	10	17	24	
Amunyi	2	9	16	23	30	Amunyi	7	14	21	28		Amunyi	4	11	18	25	

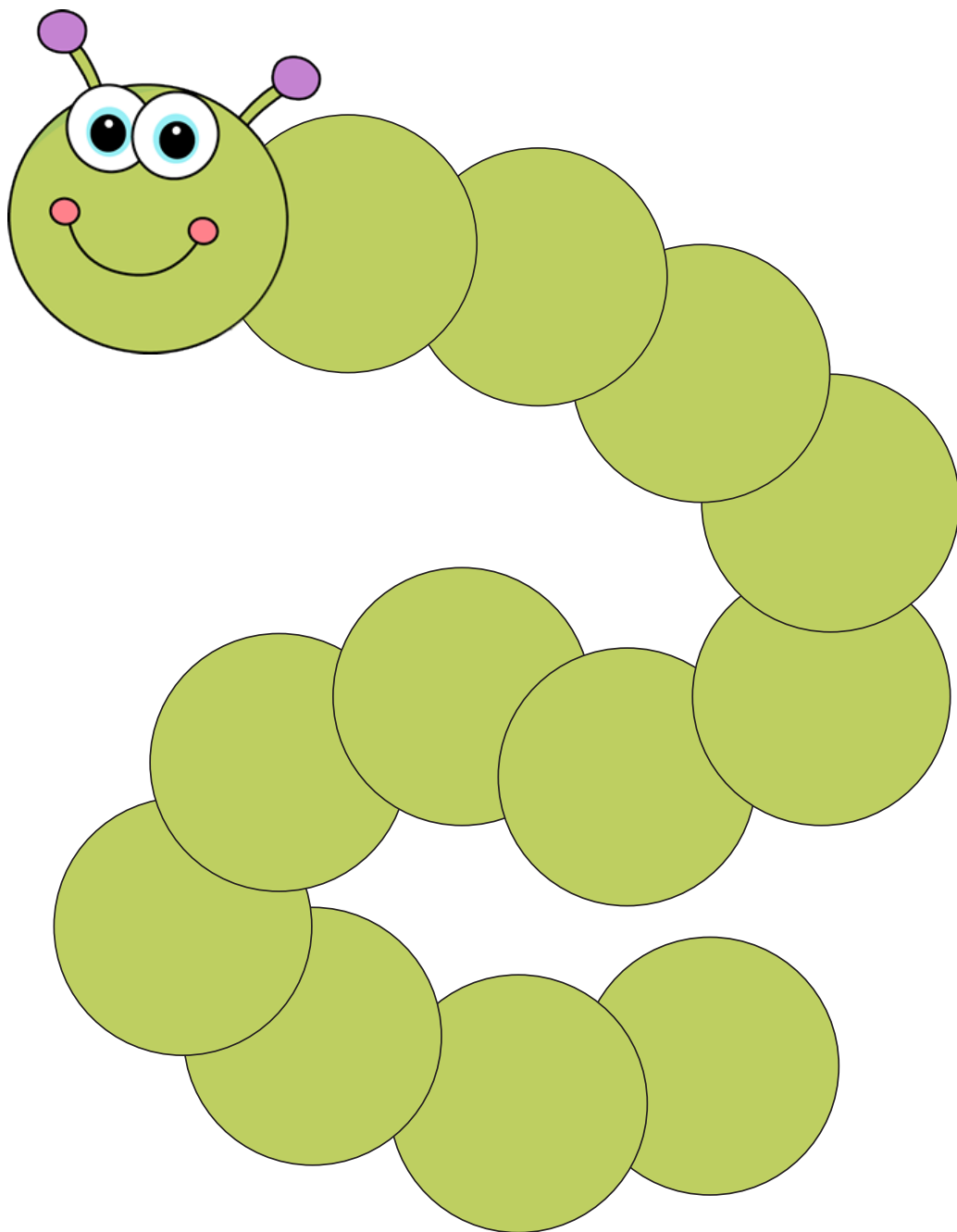
(LANGZÜ)						(MÜZHI)						(MUPHU)					
Akhuhnyi	31	3	10	17	24	Akhuhnyi		7	14	21	28	Akhuhnyi		4	11	18	25
Mahnyenyi		4	11	18	25	Mahnyenyi	1	8	15	22	29	Mahnyenyi		5	12	19	26
Mahsamnyi		5	12	19	26	Mahsamnyi	2	9	16	23	30	Mahsamnyi		6	13	20	27
Phüiyinyi		6	13	20	27	Phüiyinyi	3	10	17	24	31	Phüiyinyi		7	14	21	28
Phüngünyi		7	14	21	28	Phüngünyi	4	11	18	25		Phüngünyi	1	8	15	22	29
Thuruknyi	1	8	15	22	29	Thuruknyi	5	12	19	26		Thuruknyi	2	9	16	23	30
Amunyi	2	9	16	23	30	Amunyi	6	13	20	27		Amunyi	3	10	17	24	

(KHIPUNG)						(HANTO)						(MÜLIU)						
Akhuhnyi	30	2	9	16	23	Akhuhnyi		6	13	20	27	Akhuhnyi			4	11	18	25
Mahnyenyi	31	3	10	17	24	Mahnyenyi		7	14	21	28	Mahnyenyi			5	12	19	26
Mahsamnyi		4	11	18	25	Mahsamnyi	1	8	15	22	29	Mahsamnyi			6	13	20	27
Phüinyi		5	12	19	26	Phüinyi	2	9	16	23	30	Phüinyi			7	14	21	28
Phüngünyi		6	13	20	27	Phüngünyi	3	10	17	24		Phüngünyi	1	8	15	22	29	
Thuruknyi		7	14	21	28	Thuruknyi	4	11	18	25		Thuruknyi	2	9	16	23	30	
Amunyi	1	8	15	22	29	Amunyi	5	12	19	26		Amunyi	3	10	17	24	31	

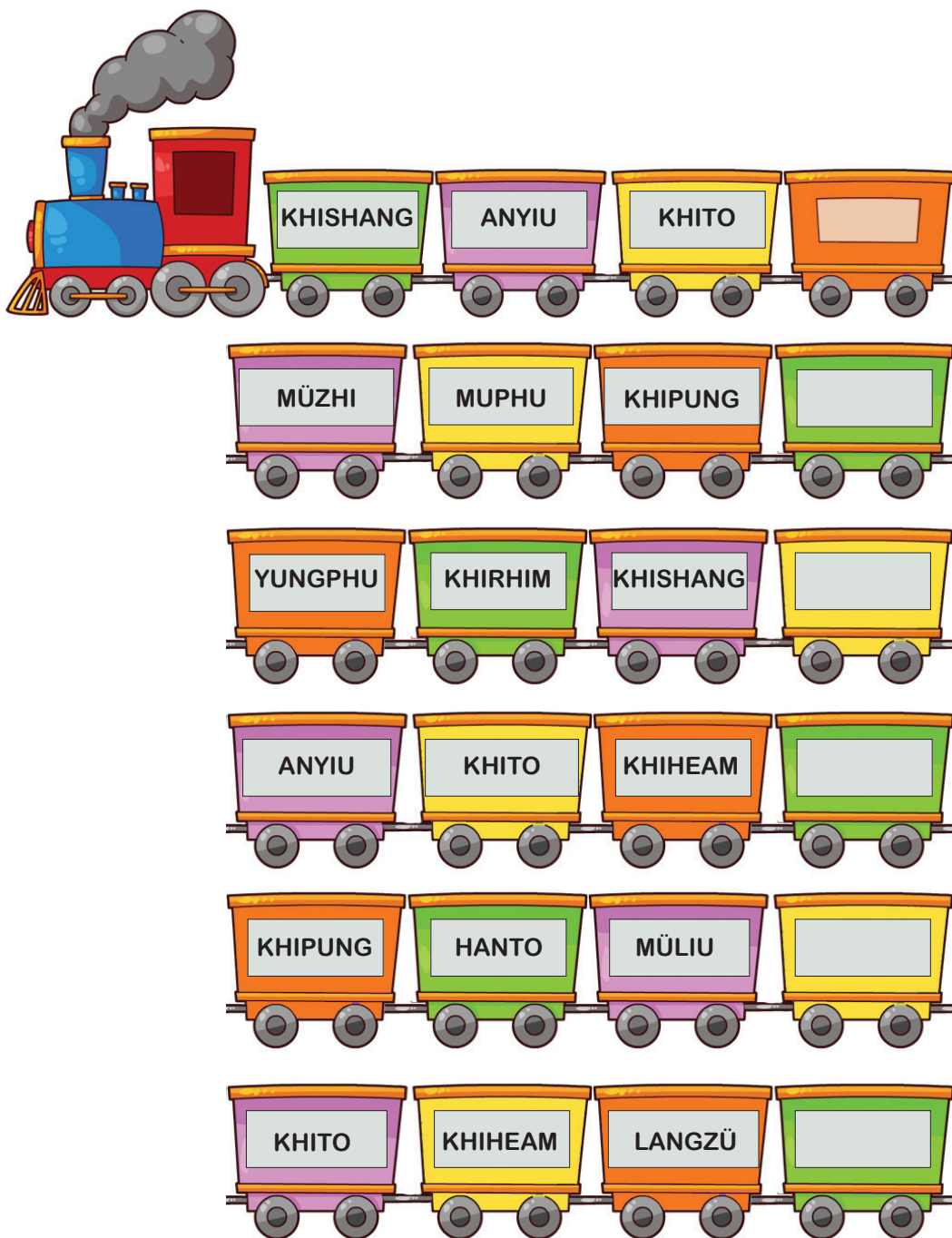
Akukhiak mungpo thrütjih laju kamyó khinupo-ah.

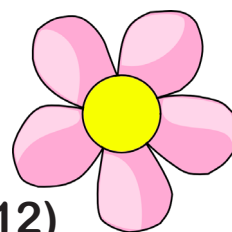
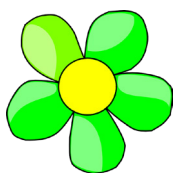
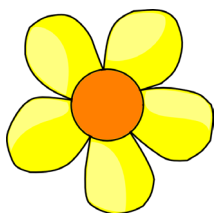
Susuthsüpe

A. Kam khülang ching khinu thürükhiak mahnye mungpo mühianjihkhi ching thrütang.



B. Jih-a lakhi tunglim kürü khinu arüchoh jurü mung thaang.





Kam ching khinu thürükhiak mahnye (12)
lah.

Harü ah:

Khinu Akhupe - Yungphu

Khinu Mahnyepü - Khirhim

Khinu Mahsampü - Khishang

Khinu Phüyipü - AnYiu

Khinu Phüngüpü - Khito

Khinu Thurukpü - Khiheam

Khinu Thünyepü - langZü

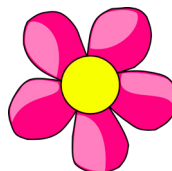
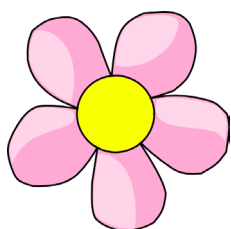
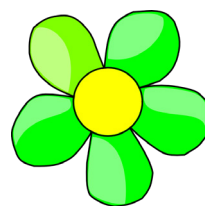
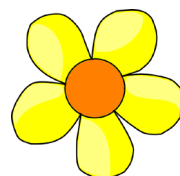
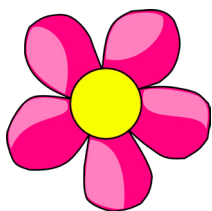
Khinu Tüzhiahpü - Müzhi

Khinu Tukupü - Muphu

Khinu Thürüpü - Khipung

Khinu Thürü Khiak Khülangpü - Hanto

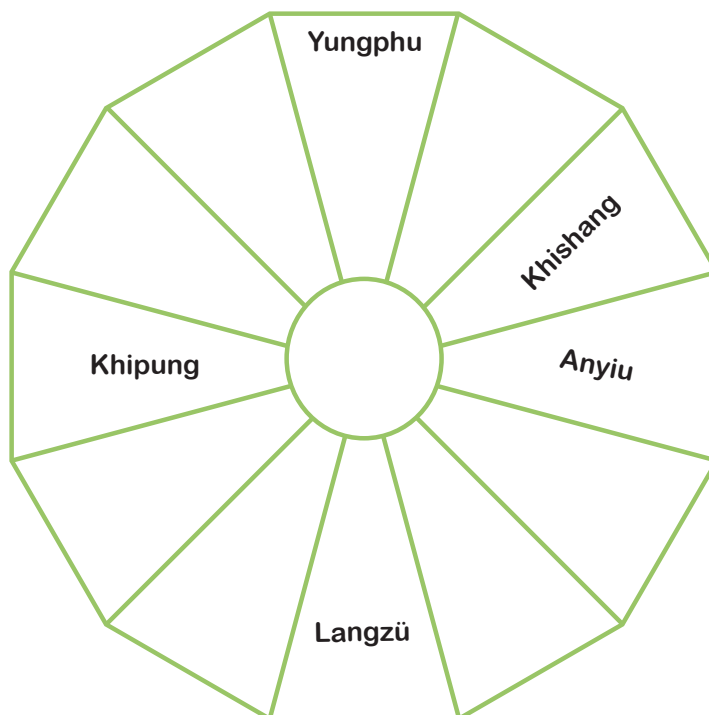
Khinu Thürü Khiak Mahnyepü - Müliu



C. Amüzahkhi ching yukjang.

Ahokhi khinu	Ha khinu	Ju khin khinu
Khipung	Hanto	Müliu
	Müzhi	
	Khirhim	
	Khiheam	
	Yungphu	
	Anyiu	
	Muphu	
	Khishang	
	Khipung	

D. Mühian-a zoihkhipo ching yukjang.



7. I YAMPUK - I

Anyikhitpe Mükkhiahkih

1. Isa yutha chingnü yampuk mungpo mükhiahang - Apa, Apuh, Akhiung, Achi.
2. Mungpo akhiukte tüsho wuhkhitte thaang.
3. Akhepe ching lakhi athühipe nü alojang.
4. Yampuk ju tümü-a nü thajang.

I a Lünthula.

I a isa yampuk lung lachoh. Yampuk ju mihtsürüpo khunung khülang nü khülang khiak chingkihachihpah lakhiah.



Ha-a i-puh, i-pe, i-khiung tüsho i-chi.

Isa thüyam ching rukkhüh lachoh.

Isa-a asühpü yampuk-ah.



Ipuh-a thulu ching rhimochoh.



Ipe-a yampuk thsakhamrü.

Arünü l muzhochoh tüsho l
kümchoh.

Susuthsüpe

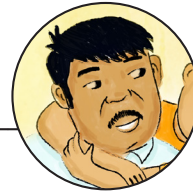
A. Harü kiokhi alojang:

1. Nüsa yampuk ching mihtsürü kütükhüh la?
2. Nüpuh tümü rhimocho?
3. Nüpe tümü rhimocho?
4. Nükhiung yungsho nüchi lanah?
5. Nüsa yampuk ching khülangnü khülang müzhoachihte lacho nah?

B. Yampuk ching mihtsürüpo mütsanjang.

Apuh, Apa, Achi, Akhiung.

Haju-a _____



Haju-a _____



Haju-a _____



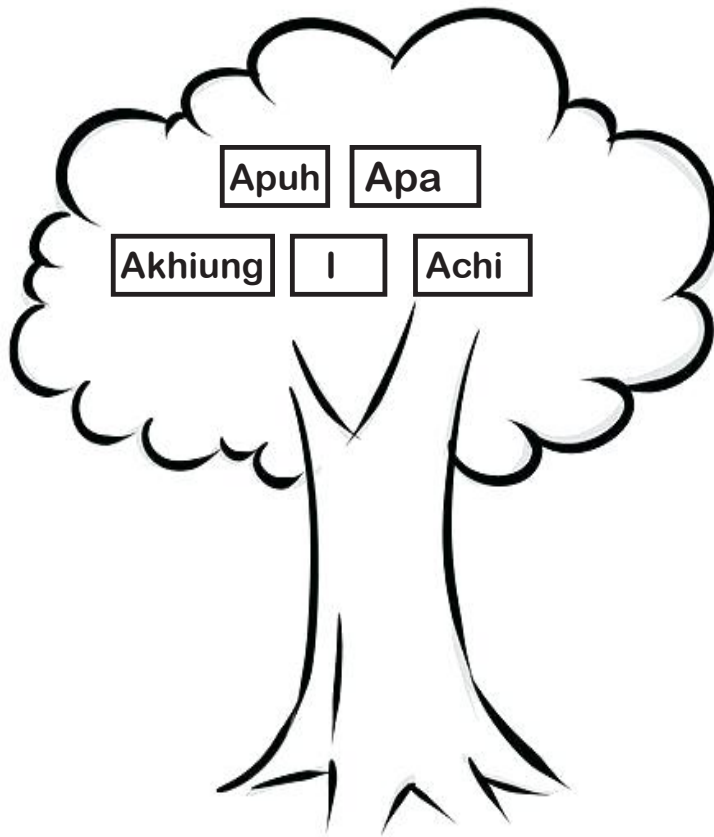
Haju-a _____



C. Atsangachihpe

- i) Nünü thiyam ching tümüpürü shihcham rhimochonü nüsa müyamrüpo khiak pepah thaa huhachihang.
- ii) Nüsa atrurü yimkhitachihpah nüsa müyamrü khiak nünü, nüsa petsührü lungnü shepü müzhotaklanü ju tünkhiak thaachihang.

D. Nüsa yampuk yo ashihkhin sangtung jak tokhitjang. Ha ching amütsanshihpü khülang jihlah



8.THÜNGÜH NYINYI

Anyikhitpe Mükkhiahkih :

1. Thiyutsü ha tsüte münakhiukte, tüshak changte tüsho nyimte khiang.
2. Thiyutsüpü tünkhiak anyikhitte akiokhipo ching alokhukpü.

Thüngühpo ke ching,
Khülang, Mahnye, Mahsam.
Thüngühpo ke ching,
Jukkhith, jukkhith, jukkhith.

Thüngühpo ke ching,
Yüla arüla phungchoh.
Thüngüpo ke ching,
Tsoang, tsoang, tsoang.

Susuthsüpe

- A. Khunung ching tüsho mahnye zangrü she thiyutsüpü ha khe-ang.
- B. Thiyutsü ching mahnye thakhi tokhitang tüsho mujujang.

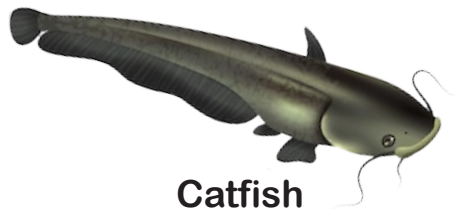
C. Akiokhipo ha alojang:

- 1) Thiyutsüpu ching thüngüh kütükhüh lakhi thapah la?**
- 2) Thüngühpo ju ke ching tümü thsücho?**

**D. Thüngühpo ju aphuaphu lachoh. Nünü
atsütsülim ngüa khiahkhipo ju mükamtojang.
(Thüngüh aphuaphu jakrukpo/ pictures)
Ngühtongüh, Kephuru, Ngühkhiung, Salmon,
Thsuhi, Mackrel.**



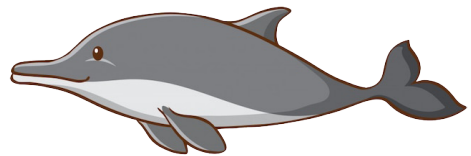
Eel



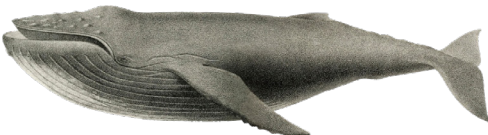
Catfish



Mackerel



Dolphin



Whale



Salmon



**STATE COUNCIL OF EDUCATIONAL
RESEARCH & TRAINING (SCERT)**

**STATE CENTRE OF
NAGALAND LANGUAGES (SCNL), DSE**



Iodine deficiency disorder is the single most common cause of preventable mental retardation and brain damage.

"Consume only Iodized Salt"