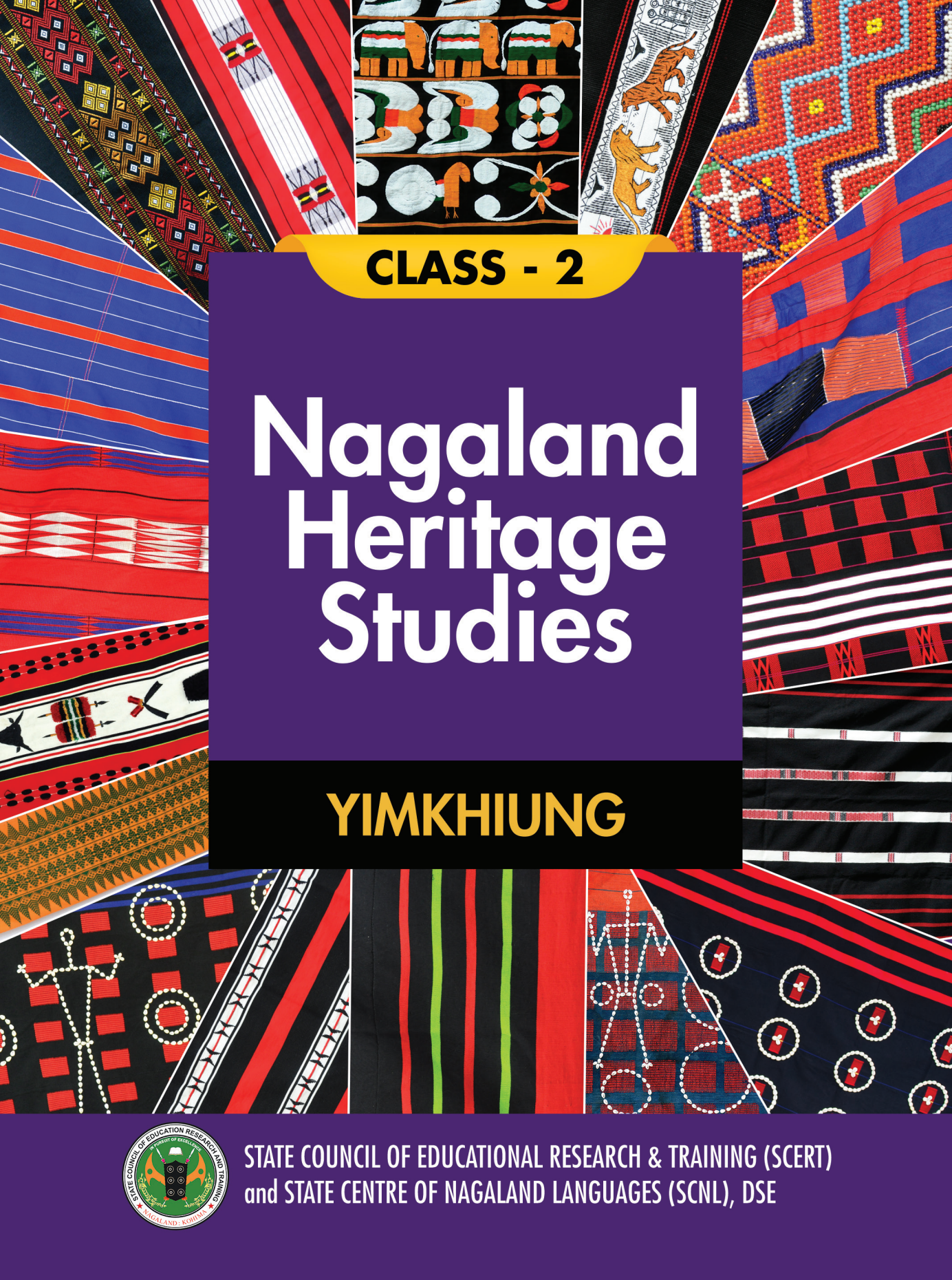




CLASS - 2

Nagaland Heritage Studies

YIMKHIUNG



STATE COUNCIL OF EDUCATIONAL RESEARCH & TRAINING (SCERT)
and STATE CENTRE OF NAGALAND LANGUAGES (SCNL), DSE



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NAGALAND HERITAGE STUDIES | CLASS 2 - YIMKHIUNG

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Illustrator: Arien

FOREWORD

The Nagaland Heritage Studies (NHS) is a series of 18 officially recognized Nagaland languages from classes 1 up to 8. These books aim to teach the Nagaland Languages using local culture and heritage as its content base and also promote cultural richness of every tribe and community. The introduction of the Nagaland Heritage Studies in the State's schools from 2018 was in consonance with the guidelines of the National Curriculum Framework (NCF) 2005. The Nagaland Heritage Studies textbooks revised edition covers the learning needs of the students which have added meaningful illustrations. The NHS textbooks are evolving to better language learning of Mother Tongue which is the core basis of one's identity, history and culture.

The State Council of Educational Research and Training & SCNL would like to express gratitude to Professor D. Koulie for his contributions.

We would also like to acknowledge the Department of Arts and Culture, DIPR, all Literature Boards, Tribal Hohos, and the individuals concerned for their contributions towards the development of Nagaland Heritage Studies Textbooks.

The Council & SCNL also wishes to extend its gratitude to Smt. Kevileno Angami, Commissioner & Secretary, Government of Nagaland, SCERT and School Education for sharing valuable suggestions towards improving/updating of Nagaland Heritage Studies textbooks.

Lastly, appreciation goes to SCERT and SCNL team members who have worked hard in completing the NHS textbooks revision on time.

Dated: Kohima the 7th of November 2022.



THAVASEELAN K
Principal Director (IAS)
School Education, Nagaland, Kohima



N.CHUMCHANBENI KIKON
Director,
SCERT, Nagaland, Kohima

MIKHUHYU

Isa Yimkhiung yu chingnü mükhiahmütu atsütak ngükhukshihpü thsungkhiak Nagaland Government nü mülüjihkhi ayannü thrütthitjihto. Ha hüm ching azürüponü mürühte tüsho nihpeyu thülihte anyikhitpe khin tüsho susu thsüpepo akhezürü thülünnü thrütthitjih lah. Hüm khepe “Nagarü Jipü Yukhian” amütsan püpürü trükpo tüsho nihpe thrükshih lalim yakli mükhiah-a lushihpü thsüte thrütjih lah.

Lümlah, ha thrütthitjihkhi hote akhekhi tüsho mükhiahmütu limro ching alü thsüte lapah tüsho lünsozürüponü asühte mükhiah a lute alapah tüsho khin thsakham jihkhi ayannü kihinnyishito lün ching amükhiah süklakte angüpü ching alüthsüpah.

Yimkhiung Literature Board hotenü hüm thrütrüpo (SCNL) Directorate of SE tüsho Resources Persons Directorate of SCERT alala kilim Yimkhiung yu chingnü thrütthitjihkhi thsungkhiak asühchoh tüsho makshe jihchoh.



(THRONGSO YIMCHUNGER)

*Chairman
Yimkhiung Literature Board*

THIYANZAHKHIPO

APIAKPO

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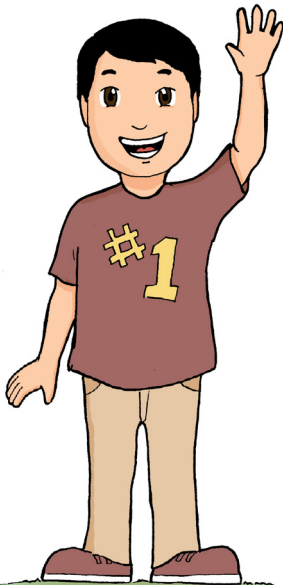
KHIN 1

WÜHKHEKHI (21-50)

Anyikhitpe mükkhiahkih:

1. Wühkhe mung anyikhitang 21-50.
2. Wühkhe mung akhinashu thsüte anyikhitang.
3. Wühkhe mung akhiukte thakhitang.
4. Mung jikhhi yante wühkhe mung mütsanjihang.

Nünü ha pukkhüp jihalakhi
khekhuk nahnü tüsho akhuhlim
anyikhitkhi nangte wühkhe 1-20
khiungte thsülangjang.



Thürükhiak mahnye, Tuku,
Thünye, Khülang, Tüzah,
Phüngü, Thürükhiak mahsam,
Mahsam, Thuruk, Thürükhiak
Phüyi, Mahnye, Thürükhiak
Thünye, Thürükhiak khülang,
Thürükhiak tuku, Thürükhiak
Phüngü, Muku, Phüyi,
Thürükhiak Thuruk, Thürü,
Thürükhiak tüzah.

Isanü akhepü tüsho wühkhe mung 21-50 khiungte anyikhit anü.

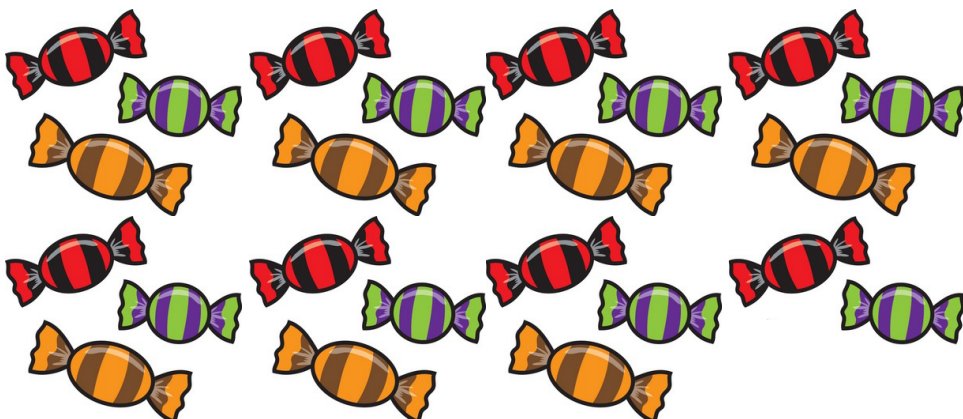
21- Mukukhiak khülang	31- Samrükhiak khülang	41- Yirükhiak khülang
22- Mukukhiak mahnye	32- Samrükhiak mahnye	42- Yirükhiak mahnye
23- Mukukhiak mahsam	33- Samrükhiak mahsam	43- Yirükhiak mahsam
24- Mukukhiak phüyi	34- Samrükhiak phüyi	44- Yirükhiak phüyi
25- Mukukhiak phüngü	35- Samrükhiak phüngü	45- Yirükhiak phüngü
26- Mukukhiak thuruk	36- Samrükhiak thuruk	46- Yirükhiak thuruk
27- Mukukhiak thünye	37- Samrükhiak thünye	47- Yirükhiak thünye
28- Mukukhiak tüzah	38- Samrükhiak tüzah	48- Yirükhiak tüzah
29- Mukukhiak tuku	39- Samrükhiak tuku	49- Yirükhiak tuku
30- Samrü	40- Yirü	50- Thünyim

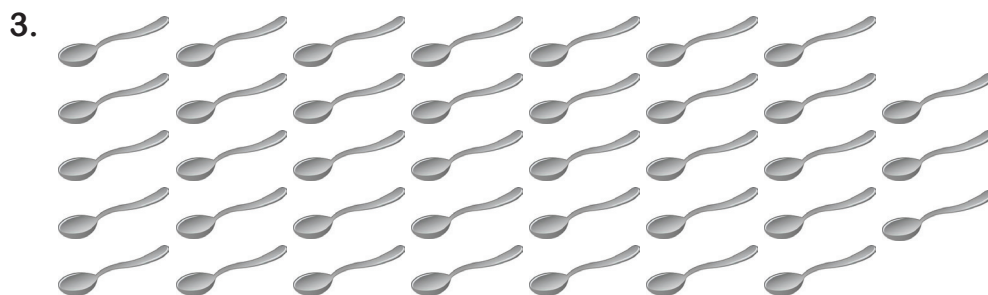
Susuthsüpe:

A. Thiyuponü wühkhe 21-40 khiungte thrütang.

B. Apolim pekiuh khiahang. Wühkhe ngükihkhi kheang tüsho wühkhe mungpo thrütang:

1.





5.



.....

6.



.....

C. Thiyuponü wühkhe 41-50 khiungte thrütang.

.....

.....

.....

.....

.....

.....

.....

.....

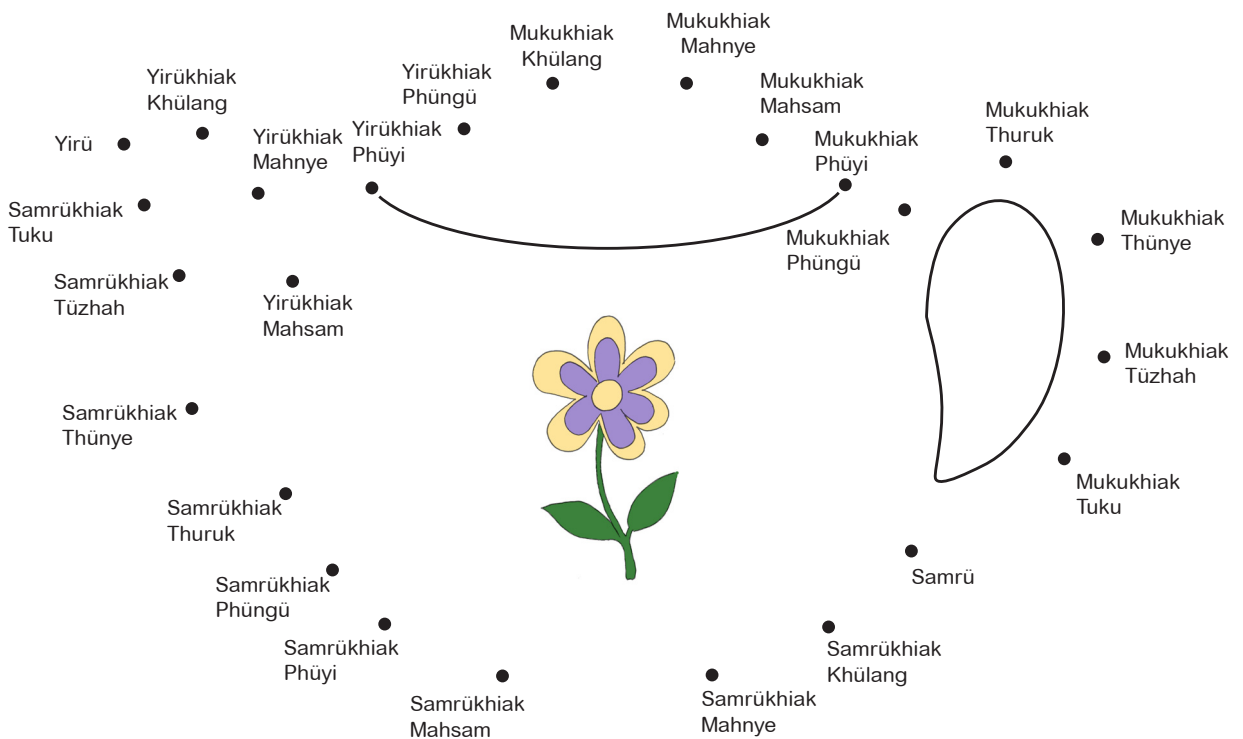
D. Wühkhepo akhinashu akhiukte thsarihlojang.

Mukukhiak phüngü	Samrükhiak tüzah	Thünyim
Mukukhiak mahsam	Yirü	Yirükhiak thuruk
Mukukhiak khülang	Samrükhiak thuruk	Yirükhiak tuku
Mukukhiak phüyi	Samrükhiak tuku	Yirükhiak thünye
Mukukhiak mahnye	Samrükhiak thünye	Yirükhiak tüzah

E. Wühkhepo ayesihang.

21	Samrükhiak mahsam
35	Yirükhiak thuruk
46	Mukukhiak khülang
33	Samrükhiak phüngü

F. Pekiuh ju amürak wühkhepo mung akhinashu nü thorünte thsakhmang.



KHIN 2

I YAMKHÜN

Anyikhitpe mükkhiahkih:

1. Nünü yamkhün ching mihtsürü tüsho petsührü jite alakhi nangte arü mung mükhiahpeah.
2. Anyikhityu akhiukte akhepü mükhiahpeah.
3. Anyikhityu ching lakhi athülihpenü alojang.
4. Athülihpe yuthanü anyikhityu thaang.
5. Khin ju tsüte khe-ang tüsho kiozukiotoang.
6. Ayeayakkhi atsangachihpah athakukpepo jakihang.

I mung ju Sorila. I isa yamkhün ching lachoh. Isa yamkhün ching lpe, lpuh, akhiung tüsho achi lah. Apü tüsho Aji she isa lung lachoh.

I-a püpü yamkhün mihtsürü poshe lah. Arüpo isa lung mülachoh.

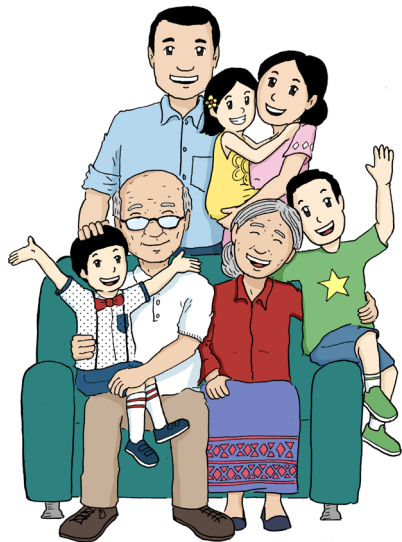
I-a lpü, azopü tüsho lpe akhiampe lah.

Arüpo ju lpe khiungmungrü tüsho chinyiurüpo-ah.

I-a lpü, lpuh akhiampuh tüsho lpe akhiampeshe-lah.

Arüpo ju lpuh khiungmungrü tüsho chinyiurüpo-ah.

Harü mihtsürü alala ju isa petsüh rü ah. Isanü muzhoachihchoh tüsho khülangnü khülang rungachihchoh.



Susuthsüpe:

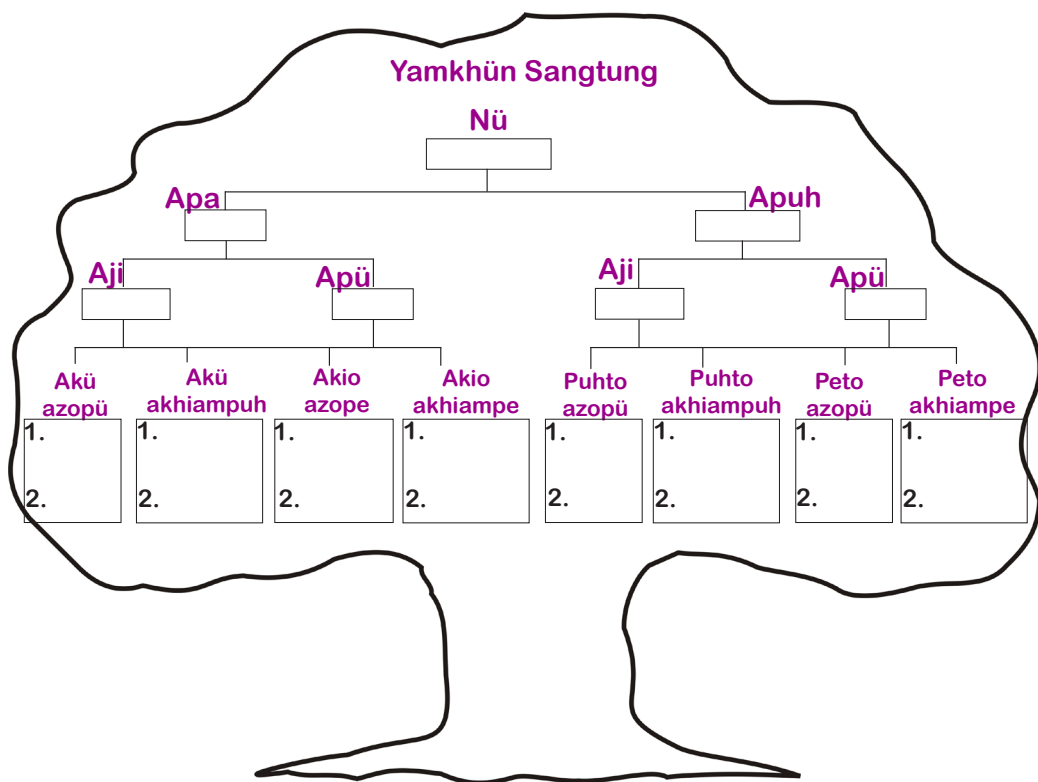
A. Amüzahkhi ching akhiukte mungpo yukjang.

1. Inü lpuh nyurü aliperü ki hate jichoh _____ .
2. Inü lpuh akhiung ki hate jichoh _____ .
3. Inü lpuh nyurü ki hate jichoh _____ .
4. Inü lpuh yungsho lpe ape ki hate jichoh _____ .
5. Inü lpuh yungsho lpe apuh ki hate jichoh _____ .
6. Inü lpe nyurüpo ki hate jichoh _____ .
7. Inü lpe azopü ki hate jichoh _____ .
8. Inü lpe nyurüpuh ki hate jichoh _____ .

B. Akiokhi alojang:

1. Nü thüyam ching shepü lung lacho?
2. Nüpuh chinyurü tüsho khiungmungrü kütükhüh-la?
3. Nüpe chinyurü tüsho khiungmungrü kütükhüh-la?
4. Nüsa yamkhün khiak hopah sherü chingkih-la?

C. Yamkhün sangtung ching nüsa yamkhün tüsho petsührü mungpo thrütyukjang.



D. Nü müyamrü lung pinpah api yamkhün thiyushak yimkhitang?

Thsangyurüpo nü akherüpo atrochihshihpah harü rhimorhiyi thsüshihpü kuklah.

Arüpo junü harü yuthapo thashihpü thsüpe-ah.

1. Api ju thüyam ching mihtsürü kütükhüh lung lacho?
2. Api ju achi tüsho akhiung kütükhüh la?
3. She ju apiyo mulungkhi akhiung yungsho achi-a tüsho küte?
4. Küyimki petsührüpo alala shomukhungchoki arü tümü thsücho?

E. Atruachihte pinpah nü atrurü khiak nünü nünyi yungsho nükü müzhokhi tünkhiak thaa-huhang. Nünü harü tünkhiak asukachihpü kuklah.

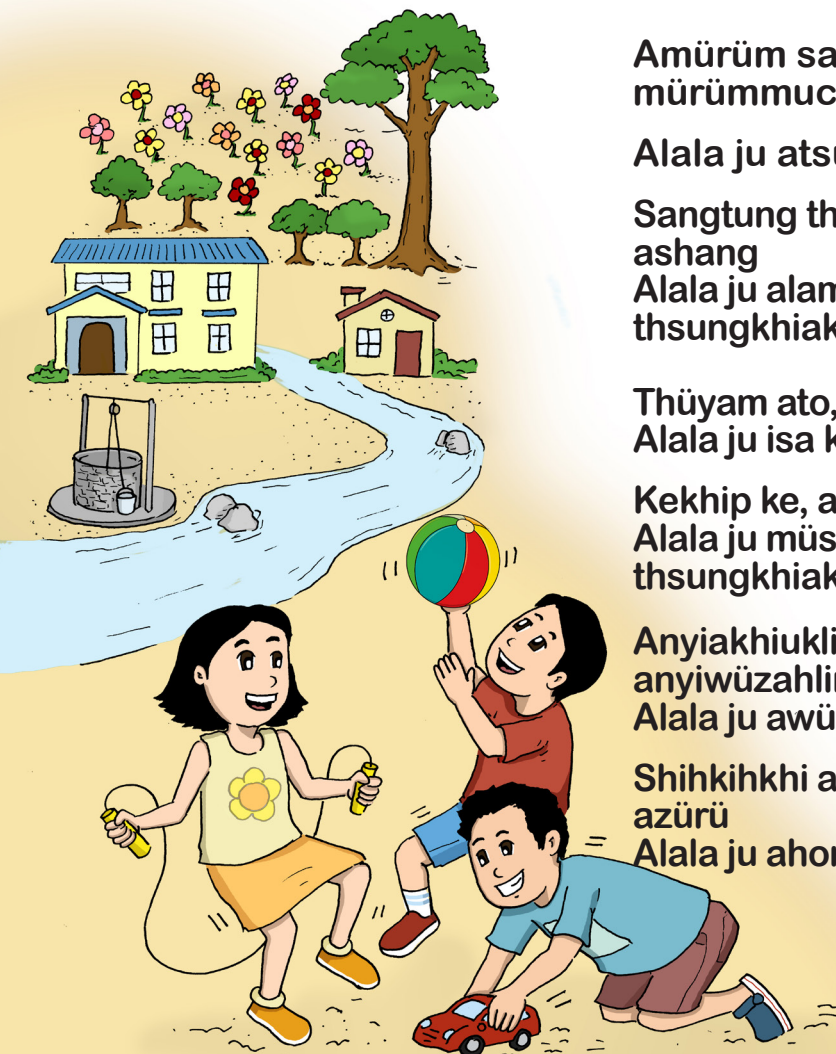
1. Api küching lacho.
2. Nünü tümü thsükhi api müzhola.
3. Nüsa küte chingkihachihkhi la.
4. Nüsa künangte rukkhüh rhimote lacho.

KHIN 3

ALALA JU (THIYUTSÜPÜ)

Anyikhitpe mükkhiahkih:

1. Thiyutsüpü ju kiamte, nahnahte, thru changte tüsho nyimte khe-ang.
2. Thiyutsüpü ching yihnüpe anyikhitkhi yikhkitang, ju tünkhiak athühipe yunü tüsho athrütkhinü thaang.
3. Aso yupumpo anyikhitang.



Amürüm sangpünpo,
mürümmuchu sangpünpo

Alala ju atsü thsungkhiak.

Sangtung thüma, sangtung
ashang

Alala ju alamme jihpü
thsungkhiak.

Thüyam ato, thüyam nyinyipo
Alala ju isa kuramkhi.

Kekhip ke, ayung ke
Alala ju müsühmürapü
thsungkhiak.

Anyiakhiuklim apung,
anyiwüzahlim apung
Alala ju awünjihpü thsungkhiak.

Shihkihkhikhi azürü, truktriangkhi
azürü
Alala ju ahoripü.

Susuthsüpe:

A. Thiyutsüpu khunung ching, mahnye lung tüsho langzü she khiang.

B. Harü thiyu amütsanpo mükhiahang:

1. Shihkih - Pang torü / Apia apang tolah.
2. Truktrang - Shih mükihrü / Apia apang aro kiangkiang ah.
3. Ayünkhi - Ayünto / Shahyün ayüna lah.
4. Kulamkhi - Thüyam khap / Ani apung tsün nü mütak mütsam.
5. Alamme - Sangtong khüp / Ha sangtung me nü alam lah.
6. Ato - Rhihtolah / I rhühtokhinü ayok mütsü.
7. Anyinyi - Pangkhümpü nyinyi lah / I pangkhümpü nyinyikhi nü mazüh.
8. Kekhip - Ke lupung / Ke mülale lupü yüpe ah.

C. Harü alojang:

1. Shihkihkh mung mahnye thrütjang.

2. Anyinyi kukruk mahnye thrütjang.

3. Amürüm mahnye thrütjang.

4. Truktrang mahnye thrütjang.

5. Ke ahorikhi mahnye thrütjang.

6. Küyimki apung wünochoki tsahcho nü ju mahnye thrütjang.

D. Nüsa atruachihte pinpah nü-müyamrühung tünkhiak thaa-huhang. Arü tünkhiak tümü tümü tüsho nüsa rukkhüh kunte ahorikhi tünkhiak thaa-huhang.

KHIN 4

I YAM

Anyikhitpe mükkhiahkihpo:

1. Khin ju tsüte kheang tüsho kiozükiotoang.
2. Thüyam puhthsükhi yak mükhiahang.
3. Thüyam ching rhimopo mükhiahang.
4. Thüyam ching ahoripe kurukpo puhthsükhi mükhiahang.
5. Thüyupum aso mükheahang.
6. Khin ching lakhi akiokhi thülihte aloang.



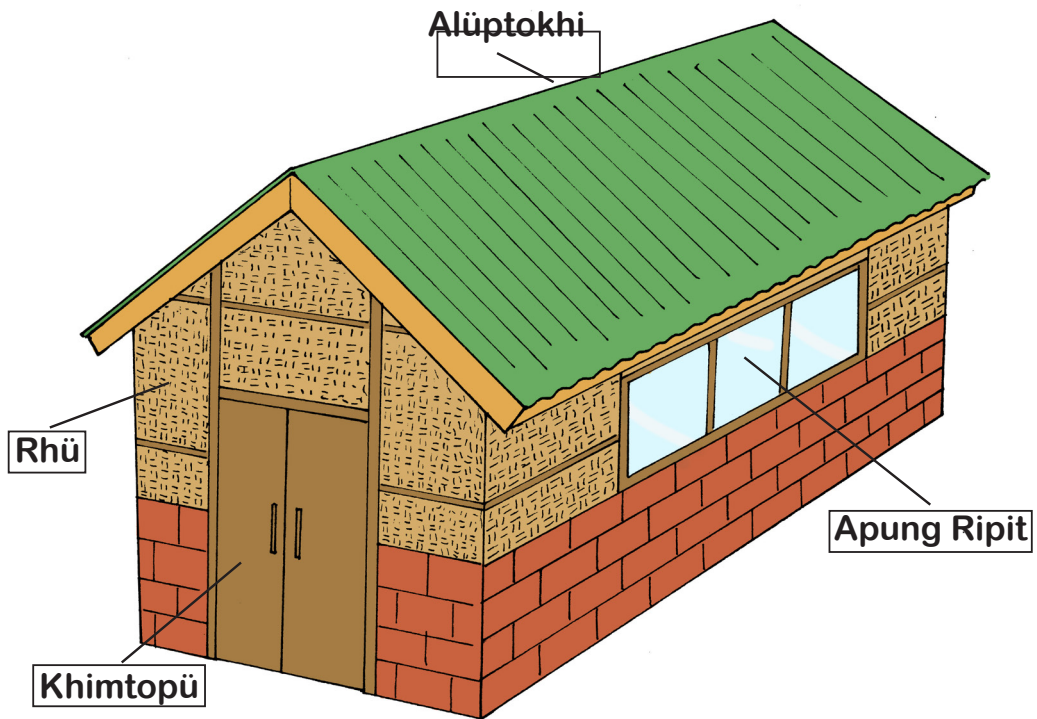
I a Hanjila ah. Haju I yam ah.
I Longtuk kiulung lachoh.



I a Lakiumong ah. Haju I yam ah.
I Shamator kiuto ching lachoh.



Isa yampo ju ayitükhik
nü athsükhah lah,
khimtopüpo, apungripitpo
tüsho rhüam-ah. Arünü
isa khümkhitte tüsho
lashihchoh.



Thüyam nü atakkhi, tsüng, athsak, apung, ahührü tüsho
mütüm shiwüh chingnü khümto jihchoh.



Isanü lungnü
athsükhi yampo,
yinchiyam,
alomüjim, sang
tüsho lotakpo
kiuto ching
ngüchoh. Harü
ju tsüte athsükhi
yampo-ah.

Kiulung ching,
thüyampo
ju sangnü,
yinchipiaknü, ayi
tüsho hühpo nü
thsüchoh. Harü
ju-a yancho
yampo-ah.



Isanü isa yampo ju müsühte shahshahte azopeah.

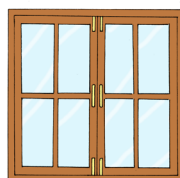
Susuthsüpe:

A. Thrütyakpo mülakhi ching yukjang.

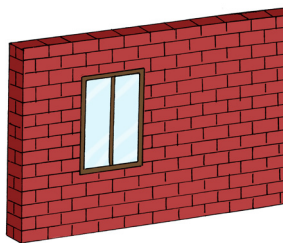
1. Khim __ __ pü



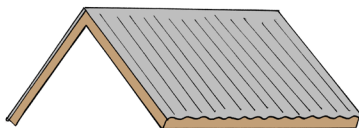
2. Apu __ __ ripit



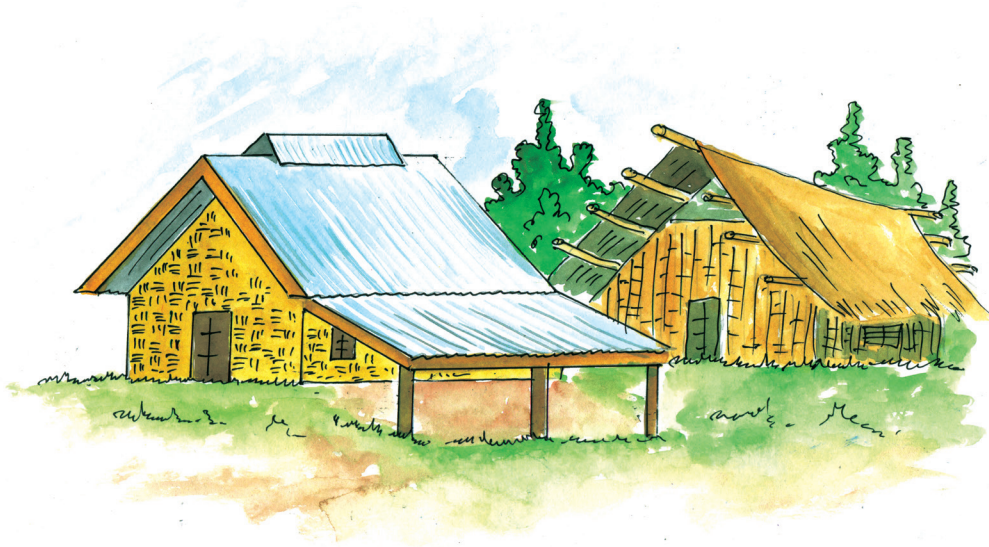
3. Rhü __ __ m



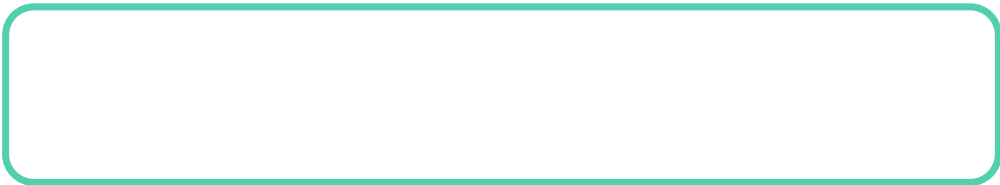
4. Ayitü __ __ ik

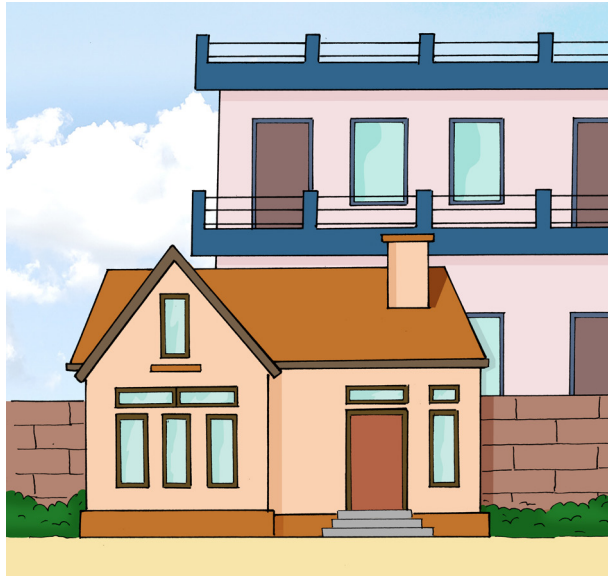


B. Thüyam thsüchoki tümüpürü kukrukpo ahorichonü mungpo amüzahkhi akungpo ching yukjang.



Yancho Yam





Tsüte Athsükhî Yam

C. Akiokhipo harü alojang.

1. Tümüthsükhî isanü thüyam yihnüpü la?
2. Tümüpürü kukrukpo nü kiulung ching thüyampo thsüte lacho?
3. Tümüpürü kukrukpo nü kiuto ching thüyampo thsüte lacho?
4. Thüyamnü küte isa khümto jihcho?

D. Nüsa yam ajak tokhitjang tüsho mujukihang.

E. Tükte lakhipo khiak athsokihjang:

1.Aiyam jua:

(a) Atoto lachoh

(b)Anyinyi lachoh

2.Lungyam jua atungtonü :

(a) Kiuto ching ngüchoh

(b)Kiulung ching ngüchoh

3.Lungyam jua:

(a) Alonü thsüchoh

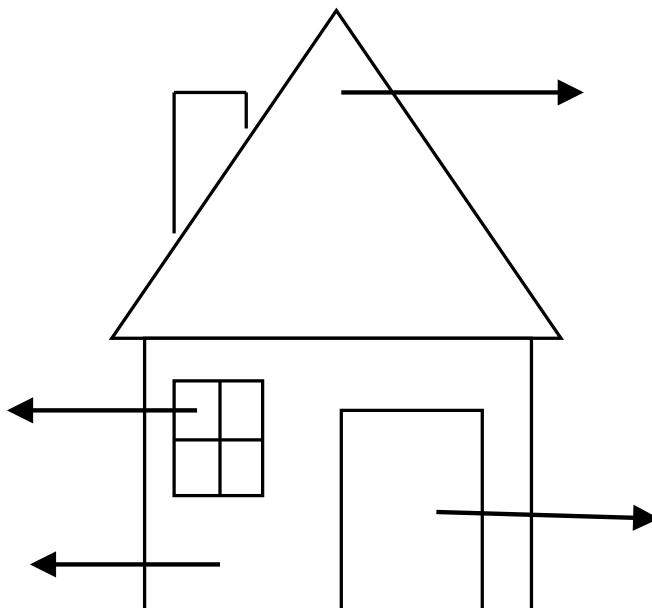
(b)Lotaklungnü thsüchoh

4.Ayinü athsükhü yamki ju:

(a) Aiyamte jichoh

(b)Lungyamte jichoh

F. Jakruk ha khiahpah thiyamyo achamnakpo thaang:



KHIN 5

SHIHPHÜATSÜ SUSU

Anyikhitpe mükkhiahkih:

1. Shihphüatsü lape susu ju thaang.
2. Isa nü isa müsümürapü kukrukpo puhthsüthsü ahorikhi thaang.
3. Harü thrütkhi akhiukte athapü tüsho athrütüpü aho ang - Haju ju-a.....?
Am, ha ju-a..... / yung, ju ju-a yungha ju-a.....
4. Anyikhitpe ching harü thrüt jihkhi kheang tüsho aso yupumpo amütsan mükhiahang.
5. Nü langzü rhangdung shihphüatsü susu lapü ahoriang.

Shihphüatsü lapü isanü isa pang müsühte zoanü.

I-a Sorito-ah.

Haju ruk inü müsühte zochoh.



Inü nyimung ching i hü mahnyeki phechoh.



Inü anyimokhün kemüyihchoh.



Inü khimmih amüsüh
khümchoh.



Inü atsühpü müngüh tüsho ashulim l
khahpo müsühchoh.

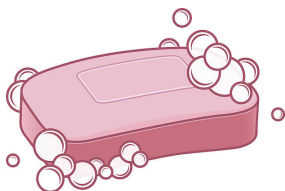


Küyimki münyitrhiakpa tüsho akhüpanü Inü khah nanpenü l
mün hümtochoh.

Susuthsüpe:

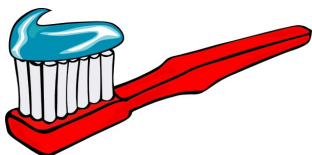
A. Pekiu khiahang tüşho thiyunü akiokhipo alojang?

1.



Ha ju tümü-a?
Haju nü tümü thsüpa?

2.



Ha ju tümü-a?
Haju nü tümü thsüpa?

3.



Ha ju tümü-a?
Haju nü tümü thsüpa?

4.



Ha ju tümü-a?
Haju nü tümü thsüpa?

5.



Ha ju tümü-a?
Haju nü tümü thsüpa?

B. Akhiukte alokhi ching shitjihang:-

1. Yapsulim, I asürü shu, akhuhpe inü rhimope lakhi ju.....

- (a) Inü sangyüke yungchoh.
- (b) Inü i jingkhümpü phechoh.
- (c) Inü i hü phechoh.

2. Inü yimtsüh tunglim.....

- (a) I ke müyihchoh.
- (b) I khahpo müsühchoh.
- (c) I khahpo nanchoh.

3. Inü ke müyih peah

- (a) Amukhip ching khülangki.
- (b) khülangkiki.
- (c) Anyimokhün.

4. Shihphüatsü zopü inü akhümpeah ...

- (a) Amüsüh khimmihpo.
- (b) Atsütak khimmihpo.
- (c) Alamlam khimmihpo.

5. Inü khahnanpe she ahorichoh...

- (a) Tükhüm nanpü.
- (b) Jingkhümpü nanpü.
- (c) I münirheak choki tüsho akhü choki lüptopü.

C. Pekiu khiahang tüsho thrütikhkhi atankihnü akiokhipo alojihte thrütang - Am ha ju-a yungsho yung haju a yung. Nü thsungkhiak khülang-a rhimo jihto.

1.



Ha ju rhuknyah-a te?
Yung, ha a rhuknyah yung. Ha-a kushu-ah.

2.



Ha ju pangnanpe-a te?

3.



Ha ju hü phepe-a te?

4.



Ha ju ketan ke-a te?

5.



Ha ju kumüyihpe keluh-a te?

D. Akiokhipo ha alojang:

1. Isa shihphü tsüte lapü thsungkhiaknü isanü tümü rhimope-a?
2. Sorito-nü nyimung ching kütükhühki ahü phete lakhia?
3. Isa nü yimtsühpü müngüh tümü thsüpe-a?
4. Isanü hahchi thsüchoki tümü thsüpe-a?
5. Tümünü isa khah mütsakpe-a?

E. Atükiakpo ching mishang:

1. Azüpuh ju _____ khimmih yuklah.
2. Azüpuh ju ahü _____-choh.
3. Azüpuh ju akhah _____-choh.
4. Isanü isa ku _____-choh.
5. Isanü kemüyihshu pangnanpenü isa pang _____-choh.

KHIN 6

AHORİPE TŪSHO (JUKTHŪLAHPE)

Anyikhitpe mŭkkhiahkih:

1. Nŭsanŭ ahorikhi ahoriŭpe tŭsho jukthŭlahpe athŭlihpe thrŭtkhi ha anyikhitpe chingnŭ khiahpah thaang.
2. Harŭ ahoriŭpe / jukthŭlahpe ching nŭ ahoriŭpŭ yihnŭpepo thaang.
3. Jipŭyak ahoriarapepo tŭnkhiak mŭkkhiahkhukpŭ.



Susuthsüpe:

A. Akiokhipo ha alojang:

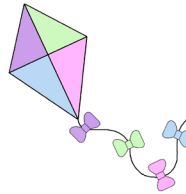
1. Pekiu ching azürüponü ahorikhi ahoriarape mung thaang.
2. Nünü ahorikhi ahoripe mung mahsam thaang.
3. Lung kipa yüshihpü thsungkhiak nünü tümü thsüpe-a?
4. Ajukpe liu thsüpü thsungkhiak nünü tümü yihnüpe-a?
5. Aphinpe thsüpü thsungkhiak nünü tümü yihnüpe-a?

B. Harü ahoripe ching nü yihnüpe mung thaang.

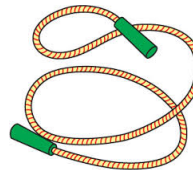
- | | |
|--------------------|------------------------|
| 1. Lung Thünye | 2. Luto |
| 3. Tsap azhihachih | 4. Khünshak pinkiu |
| 5. Carom board | 6. Müktümto azhihachih |
| 7. Table tennis | 8. Lung mükhe |

C. Jakruk khiak ayete thiyupümpo ju aru thoa arihshang:

1.Liujukpe liu



2.Shakkit



3.Shung



4. Lungthulungrakrak



5. Kiplüh



6. Rakrakpü



D. Rhimope:

Rakrapü küte thsakhampänü thsangyurünü
thsülukthsüri-a huhshang. Akherüpo apan kilim
rakrapü khülang- khülang thsakhamsang.
Rakrapü khiak ajak yungsho among thrütkihshang.

E. Ahoriarape nyimung:

Kheshak khülang ching kherüpo thsungkhiaknü
jipü yak ahoriarape lukhi nyimung akhukhitang.
Akherüpo hote Nagarü jipü yak ahoriarape mungji
3-4 nangte mükhihpah tüsho khunung yungsho
atruachihpah ahorikhukpah.

**F. Thiyam lunglim tüsho alianglimnü ahoripe mungji
mahsam thrütkhítjang. Ahoriarape kukruk yungsho
jakruk thrütkihkhí hümpiak yihnüte ahoriarape kürü
thsungkhiak kukruk kürü yihnüpe-anü jurü kioang.**

KHIN 7

YAKLI ATSÜPO

Anyikhitpe mükkhiahkihpo

1. Khin ju akhiukte kheang tüsho kiozükiotoang.
2. Yaklipo atsü tüsho tümüthsükhi atungto a jurü anyikhitang.
3. Yaklipo atsü ju mihtsürü kilim wütre tüsho akümkhi huhchohte anyikhitang.
4. Khin ching kiokhi ju thülihte aloang.
5. Azhihayihyu mükkhiahkhi ju alungki ahoripü mükkhiahang.
6. Thüyupum aso mükkhiahang tüsho arupo ching ahoriang.

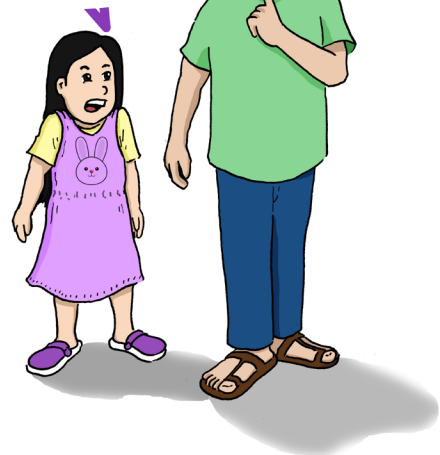
Arila ju-a aliperü azürü-ah, api Shamator ching lakhiah. Apinü ahoripe ahoripü khite kunte alakhiah.

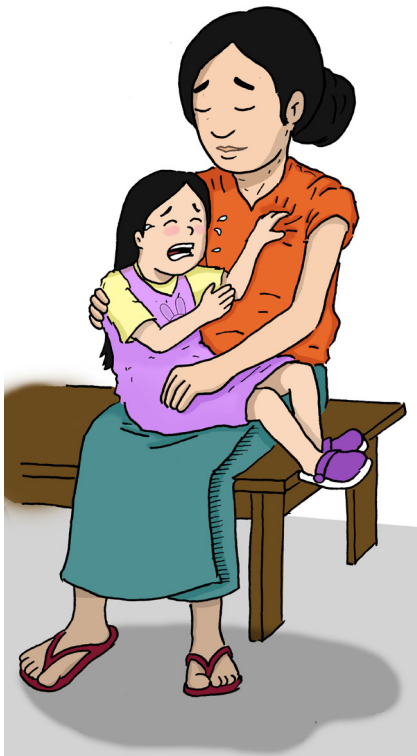
Alipenü apuh ki tha, 'I ahoripe lunyelah! Khülang thulojang.'

Apuhnü Arila yu thakhi ching masühte kam tüsho muhte tha.

I ahoripe lunyelah!

Khülang thulojang.





Arila ape kilim tripte wü.

Arila apenü apuh khiak nyak pahjangte thashihpü tüsho athünaknü ahoripe thsungkhiak mushushihpü tha.

Arila nü apuh kilim alote yüpah tha, “Iki nyak pahjang. Muzhopah I khilim ahoripe lujih nahnü apuh?”

Arila apuhnü ‘e’ te tha.

Arila a khite asühto. Alipenü tha ‘Makshe apuh.’

‘Nyak pahjang’,
‘Muzhopah’ tüsho
‘Makshe’ harü ha
athünak yupo yaklipo
atsü-ah. Azürü shenü
harü ahorichonü
alalanü mürühchoh
tüsho müzhochoh.



Susuthsüpe:

A. Akiokhipo harü alojang

1. Arilanü apuh khiak thiyu athünaknü müthakhi lümkhithpah tümü thakhia?
2. Arilanü apuh ki ahoriipe thuloshihpü tümü yünü mushukhia?
3. Apuhnü ahoriipe thulojihpü alokhichoki, Arilanü tümü thakhia?
4. Hayo anyikhityu mükhiahshunü nünü ahorite lape yakli atsü mungji 5 thrütkhithjang.

B. Kim alala ching ahoriipü athünak yupo akhiukte mung jhang.

1. Nü pünü nü kilim thsambah jihsho.

2. Nünü zukliangnü khürü sangyüke pung yikhhiuk jihsho. _____
3. Nüpe nü thüyam chingnü arhimope rungsho.

4. Nünü zukleangnü khürü jingkutopü khiak thrüm sho. _____
5. Nünü khehüm khürükhühnü lu a jihshihnyesho.

6. Nünü müyamrü thrütsang nyip-a lunye sho.

C. Harü thrütkhi ahorite tüsho pekiuh khiahte thrüt ang- muzhopah, nyak pahjang, makshe.



Amütsan: Müzhopah 1. Ju sangpün ji i she luanü?

Nyak pahjang 2. Nü sangpün khungshak khi I kilim nyak pahjang.

Makshe 3. Sangpün jipo I kilim jikhhi makshe.



Müzhopah 1. _____

Nyak pahjang 2. _____

Makshe 3. _____



Müzhopah 1. _____

Nyak pahjang 2. _____

Makshe 3. _____

D. Rhimo ahoripe

Atrurü yimkhitang tüsho jih-a lakhi mihtsürü nangte lümpah athünak yuponü lupah thamuloachihang.

Thsangyurü Thsungkhiak: arü thamuloachihpe ching jashihpü khiahrungang. Akhuhpe ju-a mürangkhi/rhimo a khiahshihkhi kim lümjihang tüsho mahnyepü kim ju nü arung hote arü langzü thamuloachihkhi ching alü jashihpü tuthsukte mülange lujang.

1. Müyamrü mahnye: Müyamrü khülang nü püpürü khimmih tsüte / pangkhümpü tsükhi makshe jihshihang.
2. Müyamrü mahnye: Müyamrü khülang nü püpürü ki thrütshang yungsho ananpe nyipshihpü mushukhi thashang.
3. Perü tüsho tsührüpo: Tsührüponü tükhum khiak jim ayokhi shihkhi thsungkhiak nyak pahjangte thashang.
4. Thsangyurü tüsho akherü: Akherü nü kleshak ching ashupah arükhi tüsho thsangyurü ki nyak khiangshihkhi.
5. Thsangyurü tüsho akherü: Akherü nü thsangyurü ki wungto wukhiukpü yungsho akurhimope khiungshiak ching yüzahpü mushukhi.
6. Akherü: Akherü khülangnü api müyamrü shakkit mükhekhi ching akukngükhi thsungkhiak makshe jikhhi.

E. Jakrukpo ju tüşhihte khiahmütsanpah jakpo ju ayekhipo ching müchinjang.

Mung: Münyemüzhikhi tüşho mulung mitingkhi jakpo ju akhinashu thsüte yakli atsü tüşho yakli amütsüpo khiak ayeshang.



 Kheshak khiungshak ching shante atsakhhi.	 Hello'-te müthakhi.
 'I nyak pahjang'-te thaang.	 'Makshe'-te thaang.
 'Chote'-te thaang.	 Tüshak achangnü alanang.
 'Liangkhichoh'-te thaang.	 Anyak pahzüpahtokhi

**F. Yakli atsü khiak tokihjang tüsho yakli khüamütsüpo
khiak toshakjang:**

1. Nüyo ahoripe müsühkhi.
2. Thiyam-rhü khiak thrütnyamnyamkhi.
3. Thiyu akhinashu thsüte thakhi.
4. Mührü rungkhi.
5. Mührü müjihkhi.
6. Mün mühümtote hahchi thsükhi.
7. Yakzanru müyankhi.
8. Anyirü atsü thsükhi.
9. Khümkhümrarate yungsho akinashu mülakhi.

KHIN 8

I KHEPUNGYAM

Anyikhitpe mükkhahkiho

1. Khin ju tsütekheang tüsho kiozükiotoang.
2. Akhepung ju tümanü yihnakhshang.
3. Khepung ching mihtsürü tüsho arü rhimopo anikhitshang.
4. Khepung ching thiyupo tüsho thiyurünpo anikhitshang.
5. Khin ching lakhi nangte akiokhi ju thülihte aloang.



I-a Mutrong ah. Ha a I khepungyam-ah.

Akhepungyam ju akhepü tüsho athrütpü anyikhit tangpung-ah.
Inü yaklipo atsü she tüsho atsü susu thsüpe anyikhitchoh.

I khepungyam ching
mihtsürü ahikhüh lah.
Ha a I thsangyurü
Anünüpe ju Hanlula-ah.
Alipenü I thsangyuchoh.



Ha-a Athrüpü Hothrong thsangyurü akupuh-ah.
Api ju khepungyam yo akuthsüpuh-ah.



Ha-a athrüpü
Lakiu, alo
phütrü ah.

Apinü isa
khepungyam
müsühte
zochoh.

I khepungyam
ching müyamrü
ahihkhüh lah.

Isa khiungshiak
ching rukhüh
pinchoh.





Isa khepungyam ching she ahoripung lah juching I ahorichoh.
Inü I khepungyam müzhochoh.

Susuthsüpe:

A. Harü akiokhipo alojang.

1. Akhepungyam ju tümü-a?
2. Akhepungyam ching nünü tümü anyikhitcho?
3. Thsangyurünü tümü thsücho?
4. Akuthsüpuh thsangyurünü tümü thsücho?
5. Alo phütrü nü tümü thsücho?

B. Amülakhi ching yukang.

1. Inü ahorite lachoh _____
2. I müyamrüpo lung pinpah anyikhihte lachoh _____
3. I ahikhüh lah _____ akheyam ching.
4. I akheyam mungju _____

C. Tokhitjang tüsho nü khepungyam mujuang.

D. Akiangkiangpo ching mishang:

1. Anünüpe Hanlula ju iyo _____-ah.
2. Athrüpü Hothrung jua _____-ah.
3. Athrüpü Lakiu jua _____-ah.
4. Akhepung ching I-a _____ahihkhüh lah.
5. Isa akhepung ching _____ lah, juchingnü isa ahorichoh.

E. Thiyurünpo ju khea khiahpah tükte lakhi yungsho mütükkhi thajang.

1. Isa akhepung ching mihtsürü ahihkhüh lah. _____
2. Isanü akhepung khiungshak chingnü ahorichoh.

3. Anünüpe Hanlula-nü akhepungyam müsühte
zochoh. _____
4. Inü iyo akhepungyam ju müzhochoh. _____
5. Inü akhepungyam ching ju anyikhitpü wüchoh.

KHIN 9

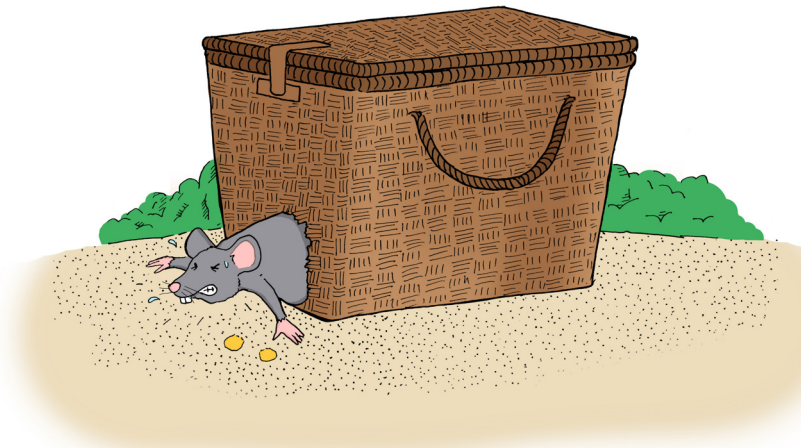
TSÜHNYEYUNGNYEKHI PHIHNU

Anyikhitpe mükkhiahkih:

1. Thiyukhian ju anyikhitkhukte anyiang.
2. Thiyukhian ju achangnü akhiukte kheang.
3. Anyikhitkhukte thiyukhian kheang.
4. Thiyukhian ching akiokhipo athühipe tüşhaknü alojang.
5. Thiyukhian ching akiokhipo kiokhiang.
6. Thiyupo aso amütsan mükhihang tüşho Amüye yu ching yihphülapjang.

Kim khülang ching tsühnyeyungnyekhi phihnu nü manji hitram mite ngü. Api nü tsühnyete kam. Jomonü apinü hitramp anyikhüh rhimashung. Api ju chingnü yüzah. Apinü manji hihte tsüh. Apuk thsüto api khite asüh.

Khiakkü ju api akhiuknye lah. Api nü akhün anyikü chingnü akhiukpü khite mürang tüşho mürangchoh. Api ju mükukte pah. Aho ju milah tüşho pangrangte lah. Apinü müranglo tüşhe müthsükukte pahto.



Pihnu ju atreppü tankih.
Rapi ju hote lakhiah. Tüshe
pihnu trepkhi ju so tüsho
kioto: “Tümü thsükhi tripcho,
müyampuh?”

Pihnu nü thakam-a huh: “Inü
akhün anyikhüh rhimashong
tüsho hitramp ching ju azah.
Tüshe khiakü-a ju khün
chingnü makhiukkhukte lah.”

Rapi nü tha: “Ju amütsan nünü
hihte tsüh-a lah. Aliangang
nüpuk tütsüplikhi khiungte.”
Rapi ju münyeto tüsho tsoto.



Pihnu ju hitramp ching
yappü kam. Ashito yap-
su aho ju nyinyite kam.
Tüshe Pihnu junü
manji anyikhüh tsühlo-
nyete kam. Jomonü
tsühto tüsho api pok
ju thsüloto. Api nü lüm-
to: “Oh! I ju shito lang
wukhiukpah.”

Tüshe ashitopü Münyi tsahhote lakhiah. Apinü hitramp chingju
pihnu rhem münyim. Apinü atrantopü ju lakhih. Apinü pihnu
ju ngü tüsho jokyukte yüzahto. Ju ching pihnu akhiam thsüto.

Susuthsüpe:

A. Mahnye zojikhhi ha ayeshihang:

NIHPEYU

1. Trip
2. Yap
3. Tütsüp
4. Shito
5. Jukyuk
6. Aho
7. Akhün
8. Anyinyi
9. Hitramp
10. Tsühnyiyungnyikhi

SHIHMÜYERÜYU

1. Greedy
2. Basket
3. Small
4. Hole
5. Belly
6. Cry
7. Asleep
8. Shrunk
9. Tomorrow
10. Bounce

B. Akiokhipo tüshaknü alojang:

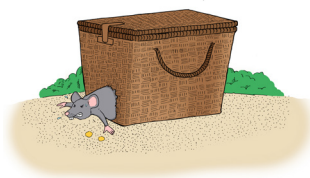
1. Yukhian ju küte la?
2. Tümü zah la hitramp ching ju?
3. Küte hitramp ching ju phihnu yüzakhia?
4. Tümü thsükhi hitramp chingnü phihnu makhiuk kukkhia?
5. Küte Rapi nü Phihnu ki thakhia?
6. Tümü kam khea akhiam ching Phihnu?
7. Nü ju Phihnu thsükhüla hitram ching nü akhiukpü ju küte athsüpa?

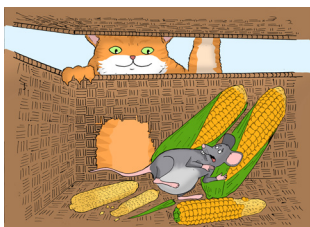
C. Thiyurünpo kheang tüsho jurü tüktüah/mütük thrütjang.

1. Hitramp ju hi mite lakhiah.
2. Hitramp ching phihnu ju akhün chingnü yüzahto.
3. Phihnu nü manji ju tsühto tüsho alote akhiukto.
4. Phihnu nü Rapi tripte lakhi soto.
5. Ashito yapsu Phihnu puk tütsüpte lakhia.
6. Phihnu nü manji ashito she tsühloto.

D. Pekiuh khiahang tüsho pekiuh ching lakhi thiyurün khülangnü thrütjang.







E. Akiangkiang lakhipo ching mishang:

1. Tsühnyeyungnyekhi Pihnu nü muluk mite lakhi _____ ngüto.
2. Apinü aliangkhiak akhiukpü _____ thsüto.
3. Rapi nü api khiak apuk _____ yichoki khiungte aliangshihpü tha.
4. Pihnu ju muluk ching ayo _____
5. _____ nü muluk ching lakhi Pihnu ju münyim-a khiah.

F. Pihnu ju mütsühnyeyungnye-khülaa, ha yukhian ha küte akhik thsüpü lakhia?

Atruachihpah pinpahle Pihnu ju mütsühnyeyungnyekhülaa ha yukhian ju künangte asühpü yak khülang chingnü akhik thsüpü lakhianü ju tünkhiak thaachihang.



STATE COUNCIL OF EDUCATIONAL RESEARCH & TRAINING (SCERT)

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Iodine deficiency disorder is the single most common cause of preventable mental retardation and brain damage.

"Consume only Iodized Salt"