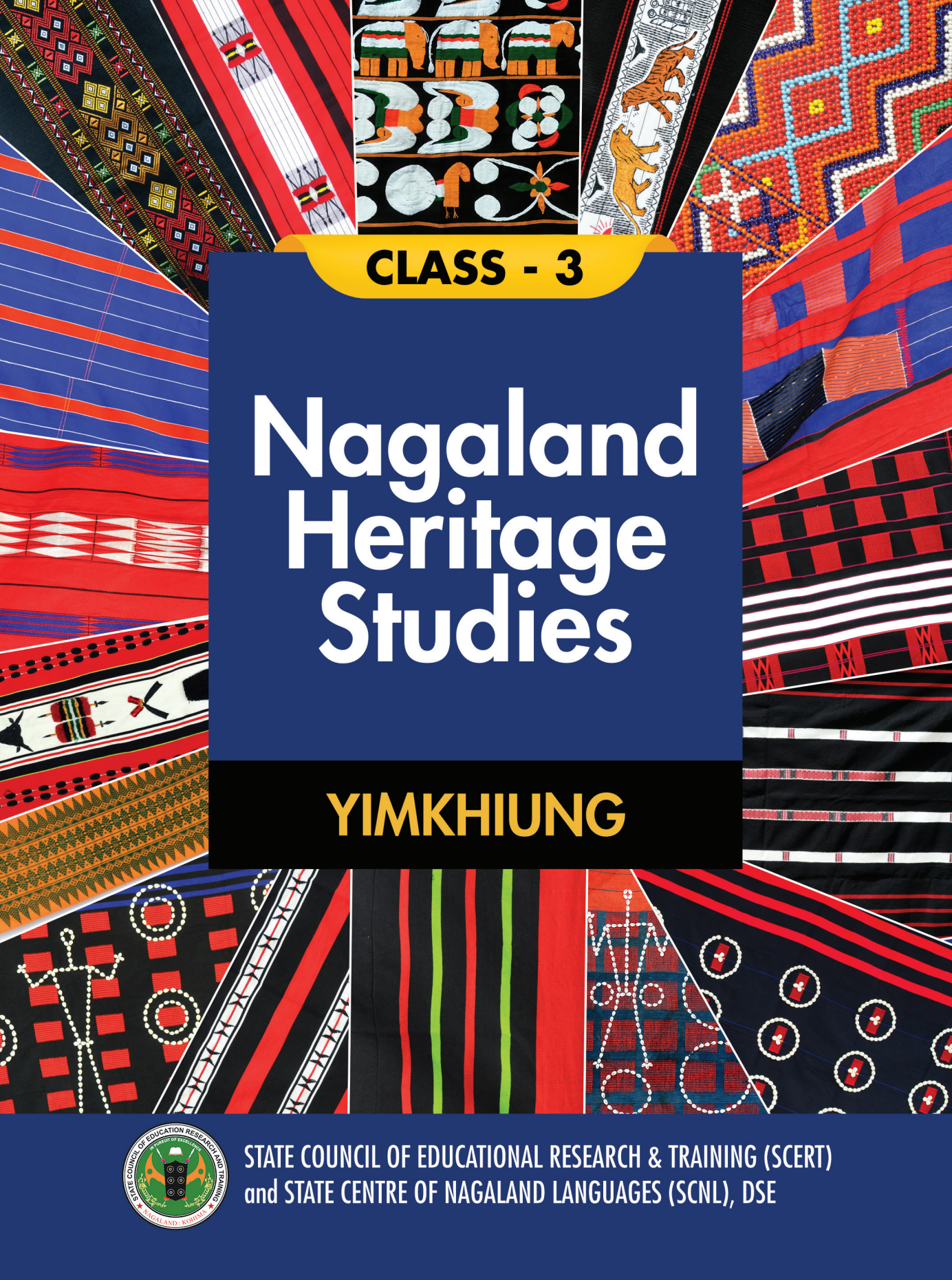




CLASS - 3

Nagaland Heritage Studies

YIMKHIUNG



STATE COUNCIL OF EDUCATIONAL RESEARCH & TRAINING (SCERT)
and STATE CENTRE OF NAGALAND LANGUAGES (SCNL), DSE



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NAGALAND HERITAGE STUDIES | CLASS 3 - YIMKHIUNG

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FOREWORD

The Nagaland Heritage Studies (NHS) is a series of 18 officially recognized Nagaland languages from classes 1 up to 8. These books aim to teach the Nagaland Languages using local culture and heritage as its content base and also promote cultural richness of every tribe and community. The introduction of the Nagaland Heritage Studies in the State's schools from 2018 was in consonance with the guidelines of the National Curriculum Framework (NCF) 2005. The Nagaland Heritage Studies textbooks revised edition covers the learning needs of the students which have added meaningful illustrations. The NHS textbooks are evolving to better language learning of Mother Tongue which is the core basis of one's identity, history and culture.

The State Council of Educational Research and Training & SCNL would like to express gratitude to Professor D. Koulie for his contributions.

We would also like to acknowledge the Department of Arts and Culture, DIPR, all Literature Boards, Tribal Hohos, and the individuals concerned for their contributions towards the development of Nagaland Heritage Studies Textbooks.

The Council & SCNL also wishes to extend its gratitude to Smt. Kevileno Angami, Commissioner & Secretary, Government of Nagaland, SCERT and School Education for sharing valuable suggestions towards improving/updating of Nagaland Heritage Studies textbooks.

Lastly, appreciation goes to SCERT and SCNL team members who have worked hard in completing the NHS textbooks revision on time.

Dated: Kohima the 7th of November 2022.



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MIKHUHYU

Isa Yimkhiung yu chingnü mükhiahmütu atsütak ngükhukshihpü thsungkhiak Nagaland Government nü mülüjihkhi ayannü thrütkhitihto. Ha hüm ching azürüponü mürühte tüsho nihpeyu thülihte anyikhitpe khin tüsho susu thsüpepo akhezürü thülünnü thrütkhitihi lah. Hüm khepe “Nagarü Jipü Yukhian” amütsan püpürü trükpo tüsho nihpe thrükshih lalim yakli mükhiah-a lushihpü thsüte thrütjih lah.

Lümlah, ha thrütkhitihi hote akhekhi tüsho mükhiahmütu limro ching alü thsüte lapah tüsho lünsozürüponü asühte mükhiah a lute alapah tüsho khin thsakham jihkhi ayannü kihinnyishito lün ching amükhiah süklakte angüpü ching alüthsüpah.

Yimkhiung Literature Board hotenü hüm thrütrüpo (SCNL) Directorate of SE tüsho Resources Persons Directorate of SCERT alala kilim Yimkhiung yu chingnü thrütkhitihi thsungkhiak asühchoh tüsho makshe jihchoh.



(THRONGSO YIMCHUNGER)

Chairman

Yimkhiung Literature Board

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Khin 1

Wühkhekhipo (51-100)

Anyikhitpe mükkhiahkihipo:

1. Wühkhekhi mungpo mükhiahang 51-100.
2. Wühkhekhi mung akhinashupo mükhiahang.
3. Wühkhekhi mungpo akhiukte thakhitang.
4. Wühkhekhi amopo amung yante akhiukte atrushihang.

Azürüpo leang yante wühkhekhipo akhekihlmnü akhiukte zolang.



Thünyim, Muku, Yirü, Thürü, Samrü.

Isanü wühkhekhi mungpo 51-100 khiungte akhepü anyikhit anü.

 – Thünyimkhiak khülang  – Rukrükhiak khülang

 – Thünyimkhiak mahnye  – Rukrükhiak mahnye

 – Thünyimkhiak mahsam  – Rukrükhiak mahsam

 – Thünyimkhiak phüyi  – Rukrükhiak phüyi

 – Thünyimkhiak phüngü  – Rukrükhiak phüngü

 – Thünyimkhiak thuruk  – Rukrükhiak thuruk

 – Thünyimkhiak thünye  – Rukrükhiak thünye

 – Thünyimkhiak tüzah  – Rukrükhiak tüzah

 – Thünyimkhiak tuku  – Rukrükhiak tuku

 – Rukrü  – Nyerü

7 1 - Nyerükhiak khülang

8 1 - Zhahrükhiak khülang

7 2 - Nyerükhiak mahnye

8 2 - Zhahrükhiak mahnye

7 3 - Nyerükhiak
mahsam

8 3 - Zhahrükhiak mahsam

7 4 - Nyerükhiak phüyi

8 4 - Zhahrükhiak phüyi

7 5 - Nyerükhiak phüngü

8 5 - Zhahrükhiak phüngü

7 6 - Nyerükhiak thuruk

8 6 - Zhahrükhiak thuruk

7 7 - Nyerükhiak thünye

8 7 - Zhahrükhiak thünye

7 8 - Nyerükhiak tüzah

8 8 - Zhahrükhiak tüzah

7 9 - Nyerükhiak tuku

8 9 - Zhahrükhiak tuku

8 0 - Zhahrü

9 0 - Kurü

9 1 – Kurükhiak khülang

9 2 – Kurükhiak mahnye

9 3 – Kurükhiak mahsam

9 4 – Kurükhiak phüyi

9 5 – Kurükhiak phüngü

9 6 – Kurükhiak thuruk

9 7 – Kurükhiak thünye

9 8 – Kurükhiak tüzah

9 9 – Kurükhiak tuku

1 0 0 – Chikhülang

Susuthsüpe:

A. Thiyuponü wükhke 51- 80 thrütang.

B. Apolim pekiuh khiahang. Arü wükhke mungpo thrütang.

1.



2.



3.



4.



5.



6.



7.



C. Thiyuponü wühkhe 81-100 thrütang.

D. Wühkhepo khiak ayeshang.

82	Nyerükhiak khülang
63	Rukrükhiak phüyi
71	Kurü
59	Thünyimkhiak mahnye
90	Zhahrükhiak mahnye
88	Nyerükhiak mahsam
95	Zhahrükhiak tüzah
52	Kurükhiak phüngü
73	Rukrükhiak mahsam
64	Thünyimkhiak tuku

E. Khekih limnü khintungte wühkhepo akhiukte thsarihlojang.

Rukrükhiak phüngü	Nyerükhiak tuku	Kurükhiak tüzah
Rukrükhiak mahnye	Zhahrü	Kurükhiak thuruk
Rukrükhiak phüyi	Nyerükhiak thünye	Kurükhiak tuku
Rukrükhiak khülang	Nyerükhiak tüzah	Kurükhiak thünye
Rukrükhiak mahsam	Nyerükhiak thuruk	Chikhülang

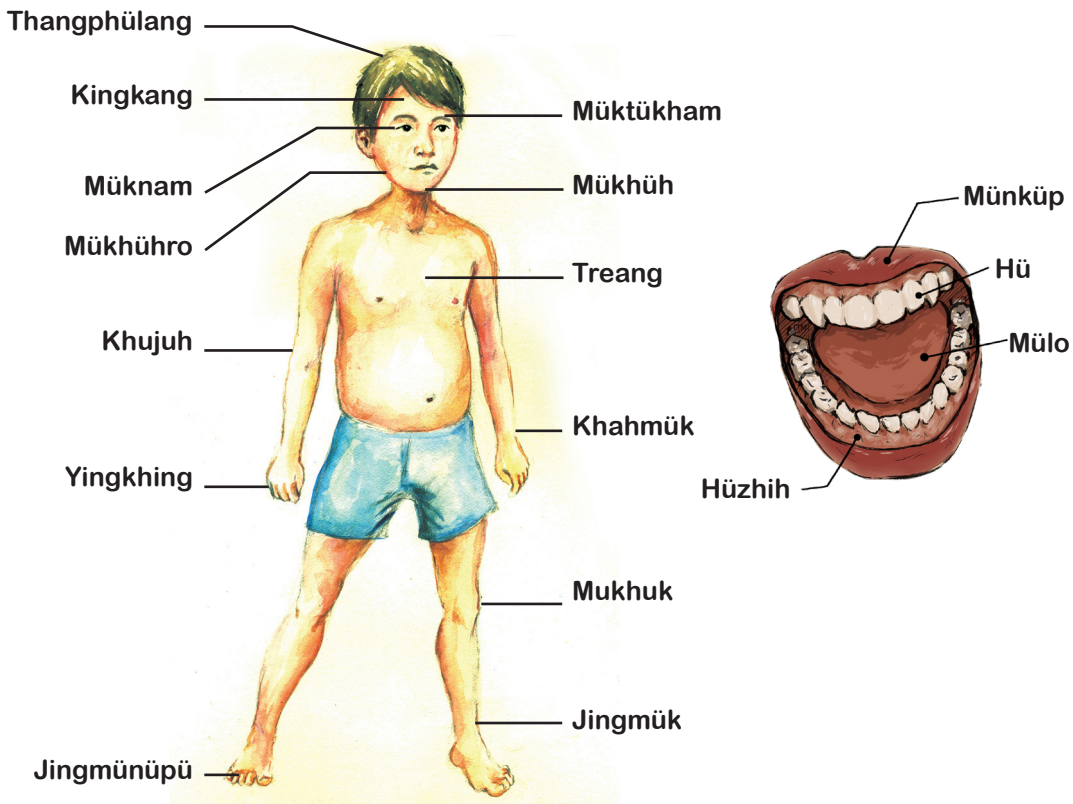
Khin 2

Isa Pang Achamnako - II

Anyikhitpe mükkhiahkiho:

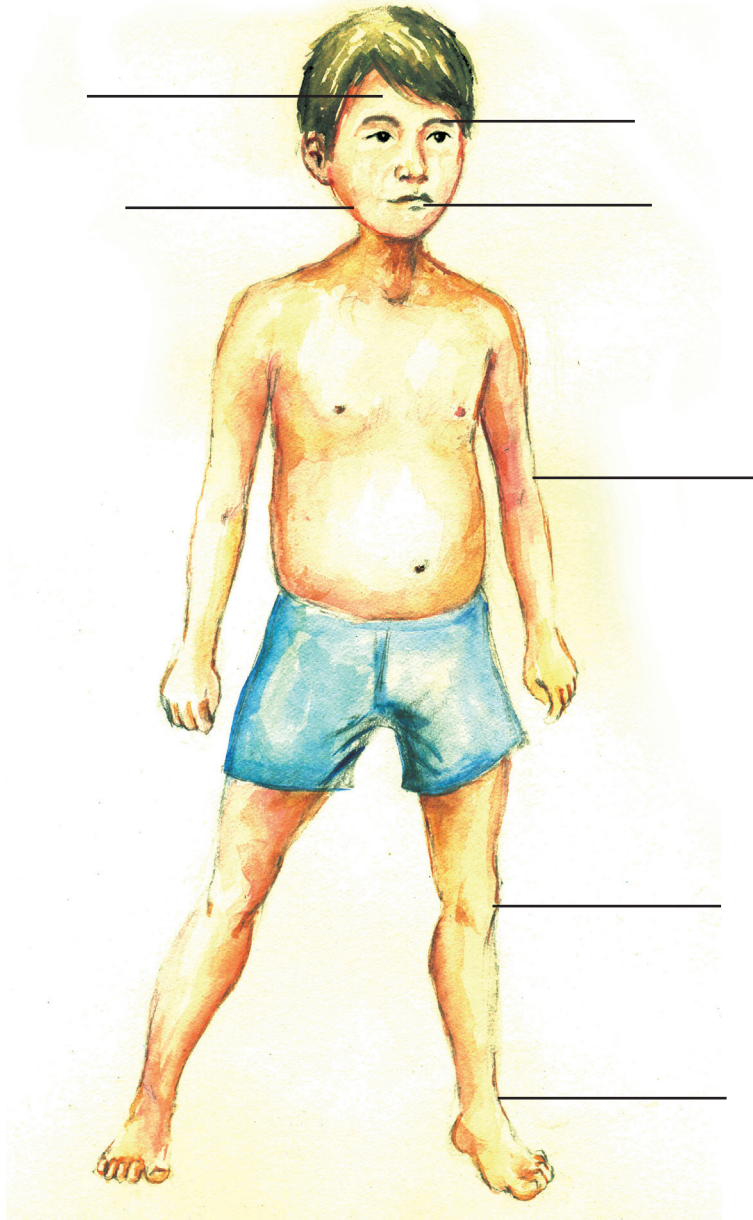
1. Pang achamnako mungpo anyikhitang.
2. Pang achamnako mütsankhitang.
3. Thaang tüsho thakhitang pang chamnakkhi mungpo akhiukte.
4. Ha anyikhityu yante akiokhipo alojang.

Isanü pang khiak achamnako mung anyikhit-anü.

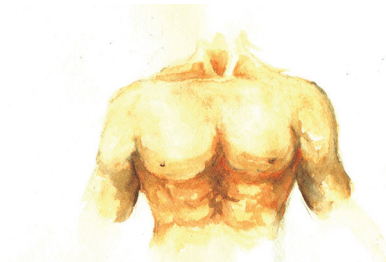
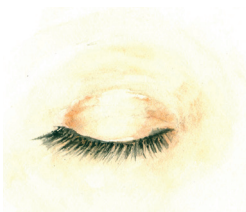


Susuthsüpe:

A. Pang khiak achamnakpo yihkihjang.



B. Harü pang achamnakpo mung jihang.



C. Nü atrurü mokhitpah pangkhiak yo achamnakpo nünü anyikhitkhipo tünkhiak thaachihang.

D. Amütsan jihkhipo ju khe-a lupah amüzahkhipo ching mishang.

1. I müphü khiak 5 kihlah. Y __ NG __ ÜN __ P __
2. I khah nappü jurü yihnüchoh. KH __ J __ H
3. I khah apan khiak 5 kihlah. Y __ NG __ H __ I __ G
4. Inü nyimung apan jurü phete lachoh. H __
5. Arü-a mük kumung kihlah. M Ü K __ Ü __ H __ M

E. Ha yupüm yimkhitpe chingnü pang achamnak mungji 10 yimkhitjang.

J	I	M	G	M	O	L	Ü	M
I	G	Ü	N	Ü	C	S	H	U
N	G	N	A	K	G	N	I	K
G	N	K	E	N	O	U	I	H
M	O	Ü	R	A	Ü	M	O	U
Ü	C	P	T	M	A	N	Ü	K
K	Ü	M	K	H	U	J	U	H
L	O	R	H	Ü	H	K	Ü	M
H	Ü	Z	H	I	H	A	M	H

F. Pang achamnakpo anyikhitkhi shitkhang tüsho yihkihjang.

KHIN 3

Akhiahkimpo

Anyikhitpe mükkhiahkihipo:

1. Akhiahkimpo mung puhthsüthsü mütsan jang.
2. Akhiahkimpo yakliako puhthsüthsü anyikhitang.
3. Akhiukte achangnü anikhitpah kheang.
4. Khin ching lakhi ayannü akiokhipo ju alojang.

Kam ching akhiahkimpo phüyi lachoh. Jurüpo jua Mükhianmüro, Müzhumüro, Mumükinmüro tüsho Tsüngkammüro harü-ah.

1. Mükhianmüro-a lamlamchoh.



Sangpünpo pungpü tankihchoh.
Shihpiangnyonyopo shahwün mühite phinchoh.

2. Muzhumüro ching-a, anyi tahchoh tüsho takchoh.



Nyimungpo shangchoh tüsho tsüngrepo khhichoh.
Muzhumüro ching-a mihtsürüponü ke hihte yungchoh.

3. Mumükinmüro ching-a, nyimungpo rünglochoh.



Sangwüpo pulukchoh tüsho kiamkhi musuchoh.

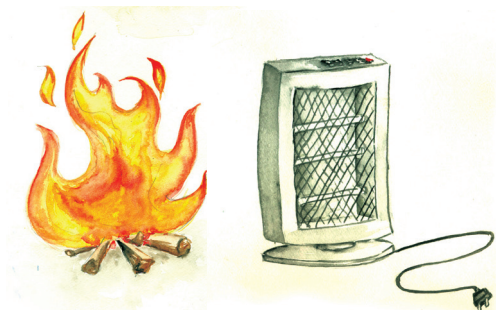
4. Tsüngkammüro ching-a, nyimungpo thsaklochoh.



Nyimungpo kihilochoh tüsho tsüngrepo shangchoh.
Tang khürüpo ching phürim shuchoh.

Susuthsüpe:

A. Pekiuho jikhhi khiahang. Akhiahkim akhiukte pekiuh apan pukkühp thrütang.



B. Harü akiokhipo alojang.

1. Muzhu akhiahkim ching, nyimung tüsho tsüngre tümü tünjicho?
2. Mumükin akhiahkim ching sangwü tümü tünjicho?
3. Sangpünpo küyimki pung musucho?
4. Tsüngkam akhiahkim ching, nyimung tüsho tsüngre tümü tünjicho?

C. Nünü mürühkhi akhiahkim pekiuh shitkihang tüsho akhiahphü mujujang.

D. Akhiahkimpo pekiuh ayeshihang.

A

B

1.



Mumükin

2.



Tsüngkam

3.



Muzhu

4.



Mükhian

E. Aphu thrütang 20 chingnü 30 yupum pekiuh ching
puhlungkiki akhiahkimpo huhkhi tünkhiak.

1.



2.



3.



4.



KHIN 4

Iyo Nagaland - Districts Tüsho Trükpo

Anyikhitpe mükkhiahkiho:

1. Nagarülo chamkhitkhi tüsho api hingrüpo mükhiahpü.
2. Districts thürükhiak thüruk mungpo mükhiahpü.
3. Trük thürükhiak thuruk mungpo tüsho kürü lomi chamnakpo (district) ching arü lachonü ju mükhiahpü.
4. Nüsa yutha chingnü tukulim, tüjinglim, anyiakhiuklim, anyüzahlim khuhlangkhi mükhiahpü.
5. Püpürü trükpo mükhiahpü mulong zahpü.

Nagaland tankhitkhi ju muliu khinu 1. kam 1963 ah. Api hingrüpo ju – anyiwüzahlim Assam, Myanmar ju anyiakhiuklim, Arunachal Pradesh ju tukulim tüsho Manipur ju tüjinglim.

Nagaland ching districts thürükhiak thüruk lah. Arüpo ju Kohima, Dimapur, Peren, Wokha, Zunheboto, Phek, Kiphire, Mokokchung, Tuensang, Longleng, Mon, Niuland, Noklak, Shamator, Tseminyu tüsho Chümoukedima.



Kohima ju Nagarü yo kiuying-ah.

Harü kiuyingpo district ching trükpo 17 lachoh. Arüpo ju Angami, Ao, Chakhesang, Chang, Khamniungan, Kuki, Konyak, Kachari, Lotha, Phom, Pochury, Rengma, Sümi, Sangtam, Yimkhiung, Tikhir tüşo Zeliang. Trük apan puhyo jipü yakliako, yutha, khimmih lah.

Nagaland tanpung thsürupahle 16, 579 akehithkhi ju lah. Wühkhe yim-a khiahkhi 2011 yimkhi ayannü thsürupahle 19.79 lakhs ah. Nagaland mükhiahmütu khekhithkhi 2011 yimkhi ayannü thsürupahle 79.55% lah.

Susuthsüpe:

A. Harüpo alojang:

1. Küyimki Nagarülo tankhithkhea?
2. Nagaland hingrü tukulim, tüjinglim, anyiakhiuklim tüşo aniyüzahlim sherü-a?
3. Nüsa district hingrü tukulim, tüjinglim, anyiakhiuklim tüşo aniyüzahlim sherü a? (Nagaland yo map khiahang).
4. Nagaland ching trük kütükhüh la?
5. Nagaland ching districts thürükhiak thürük mung thrütang.

B. Nagaland yo lomihuh (map) tokhihpah akhiahphü müjulang. District 16 ju amung pete yukkhamjang.

C. Thsangyurünü khea huhkhi ju anyipahle jurü tüktüashi(T) mütüknü (M) thrütkihjang.

1. Nagaland ching district 16 lah.
2. Dimapur ju Nagaland yo kiuying-ah.
3. Sangtamrü trük ju Tuensang le Kiphire district anyechito ching she lachoh.

4. Tseminyu district ching jua Rengmarü trükshih lachoh.
5. Nagaland yo arerü tüjinglim jua Assam-ah.

D. Amülakhi ching mishihang.

1. Nagaland tangpung thsürupahle _____ ah.
2. Nagaland wühkhekhi 2011 yimkhi ayannü thsürupahle _____ ah.
3. Nagaland mükhiahmütu khekhitkhi ju _____ ah 2011 yimkhi ayannü.

E. Anyipe Rhimo:

Kitokhipo ching Nagarü trükshih mungpo zahlaju thsangyurünü limmülim khülang khülangnü achangnü kheshang. Akherüpo hote ju anyipah arünü asokhi yante trükshih mungpo ju mükamtopah.

Lotha	Kuki
Phom	Khamniungan
Konyak	Chang
Yimkhiung	Kachari
Sangtam	Tikhir
Zeliang	Chakhesang
Sumi	Ao
Rengma	Angami
Pochury	

F. Lümki rhimo:

Püpürü trük chingnü mihtsürü mahnye yimkhitang tüsho arü khiaknü harü anyikhitang:

- i) “Nü mung she a?” te arünü küte thachoh?
tüsho
- ii) “Nü küte-a?”
(Arü yutha chingnü)

KHIN 5

Poto Thiyukhian - Thsoto Tüsho Pipi

Anyikhitpe mükkhiahkihpo:

1. Anyikhityu achangnü akhiukte kheang tüsho anikhitkhukte.
2. Aso thiyupüm kukang tüsho jurü thaachihkhi ching tüsho athrütthi ching ahoiang.
3. Kiangrükianghan thiyukhian tüsho pipi anikhitkhukrü lüm anyikhitkhi ayearate thalojihang.
4. Thiyukhian khürü thajang.
5. Poto yukhianpo ahikhüh yimkhitpü mulung zahpü.
6. Thiyunü yanzamte atsüpelim khiankhukpü.

Kim khülang ching, Thsoto nü keyungpü thsungkhiak mutuklote kenü ching yüte lakhiah.

Nyimung khülang apinü ke ju alolang ngükhit. Jomonü apuk akhiukte tha, “Sühmüh lapuh Thsoto ke ching shepünü alo yuk khea? I khiaknü atope yungsho I ruk lapuh nü lang ju rhimopah alapah!” Shepünü ke ching alo yuk khianü ju yimkhitshihpü apinü Sangtsung thiyia yüshih. Sangtsungnü kepukpong kumung wü. Juching apinü Pipi kemungyan nyokhiamte akhün ayitte lakhi yimkhit.



Sangtsungnü wütupah Pipi ki tha, “Hi nü! Sühmüh lapuh Thsotonü nü khiak masüh. Nünü ayitkhithki ju api ke ching yüzahchoh.” Apinü thato, “I khiaknü atope yungsho I ruk lapuh nü lang ju rhimopah alapah.”

Pipinü akhün ayitte apinkhi chingnü tuklopah apinkih-a khiahpah apang khiak yo akhiyang tukkhit. Api nü Sangtsung kilim jih tüsho tha, “Wüang sühmüh lapuh Thsoto khiak akhiyang ato tüsho amüküp I khiak kihkhi ruk lanahnü keoang.” Sangtsungnü Thsoto kilim alote wü tüsho tha, “O Sühmüh lapuh Thsoto, Nü ke ching alo münyan jihpuh inü shoruto” Jushu apinü Pipi akhiyang Thsoto kilim jih tüsho tha, “Apinü akhinam amütsan lang mühah lah tüsho nukhi ju api khinam nangte ato tüsho amüküp-a shi yungnü mükhiahnye lah.”

Thsotonü Pipi khinam lupah khiah tüsho apang khiak anam apüte kihkhi khiah. Apinü tre a pah. Apinühapuhshiwühha atoshang lapah tüsho atreariangpe shiwüh-ah. Apinü mütüm lim shante wü tüsho küyimkishe ayungyan müngülotepah.



Susuthsüpe:

A. Harüpo alojang:

1. Ha thiyukhian ching sherü yaklipo la?
2. Tümüthsükhi Thsoto ju apuk akhiukkhea?
3. Shepünü ayung ching alo yukjihkhea?
4. Sangtsungnü Pipi ki tümü thakhia?
5. Pipinü Sühmüh lapuh Thsoto trekheashi?
6. Pipinü Sühmüh lapuh Thsoto kilim tümü thalo jikhkhea?
7. Ha thiyukhian akhiam ching shepü ju shepuh trekhia?

B. Harüpo thiyurün khiahte tüktü ah yungsho mütük tükhi thrütjang:

1. Thsoto ju Sangtsung khiak apuk akhiuk _____.
2. Pipinü ke kumung alo yukjih _____.
3. Thsoto khiaknü atope yungsho rukruk lapuh nü lang keching alo yukpah alapah _____.
4. Pipinü aqhiyang lupah Sangtsung khiak nyimkih _____.
5. Thsotonü Pipi akhiyang ngüto tüsho tre-apah _____.

C. Amütsan akhiukkhi ching athsokihjang.

I. Kenü

- | | |
|-----------------|-----|
| (a) Keru nyinyi | () |
| (b) Kechih | () |
| (c) Kekung | () |

II. Alo

- | | |
|-------------------------|-----|
| (a) Akhün | () |
| (b) Alonü münyan jikhhi | () |
| (c) Ke müsühkhi | () |

III. Sühmüh

- (a) Wuto/ amüküp ()
- (b) Atsütak ()
- (c) Anam mükihpe shiwüh ()

IV. Trekhi

- (a) Puk akhiukpü ()
- (b) Akhümpü ()
- (c) Atrepü ()

V. Azhipe nam

- (a) Nam khiahte ashangkhi ()
- (b) Akhürang nam ()
- (c) Anyinyi tüsho hiumüzüt a shangkhi ()

D. Thiyurün khülang thrütang:

(a) Thiyukhian atankih ching:

(b) Thiyukhian aphulung ching:

(c) Thiyukhian akhiam ching:

E. Nülangzü yuponü nüsa kheshakpo(class) ki thiyukhian thaloang.

KHIN 6

Jipüyakli Khimmiŋpo Isanü Phuyukhi

Anyikhitpe mükkhiahkiŋpo:

1. Isa jipüyakliako mungpo anyikhitpü.
2. Anyikhityu anikhitkhukte kheang.
3. Anyikhityu jihkhi yante akiokhipo alojang.
4. Thiyurün athühipe nü anyikhityu tha-achihang.
5. Isa jipüyakli khimmiŋpo amo lakhi makshe jihpü junangte püpürü trük nü aphuyukhi she.



Ike ju Mungphula le Hanphu ah. Isa trük ching isanü
harü khimmih yukchoh.

**Aliperüponü rungthsün tüsho
aphuyukhi khim harü-ah.
Isanü hunglak harü yukchoh,
Khu tüsho nüpü. Isanü hünnü
akiakkhi hah isa tunglim
hanchoh.**



**Athrüponü pang akulim
harü phuyuchoh. Athrüponü
khim harü phuyuchoh. Rhih
akhihkhüh/rungrhih khim
pang apolim phuyuchoh.
Athrüponü kurung kuthran,
thsotorü, khahkhümpü,
lak, nüpü tüsho jingtümpo
yukchoh.**



**Aliperüponü ku khiak rhökkhi ju kutsünpü
Athrürüponü ku khiak thrankhi ju kurung kuthran.**



**Athrüponü nuk, thsüh, tüsho
tsung shuhchoh. Arünü
jurü shuhpah rhimochoh,
shihjimchoh tüsho thiriripo
khiaknü kümtochoh.**

Susuthsüpe:

A. Harüpo alojang:

1. Nüsa trük ching aliperünü aphuyupe khimmihpo mung thrütjang.
2. Nüsa trük ching athrüponü aphuyupe khimmihpo mung thrütjang.
3. Nüsa trük ching aliperüponü rungthsünpe khimmih mung thrütjang.
4. Nüsa trük ching athrüponü pang apolim phuyupe khimmih mung thrütjang.
5. Athrüponü treang khümtote phuyupepo khimmih mung thrütjang.
6. Chim hingpe ju tümü-a?
7. Aliperüponü ku khiak thranpe/kuyüthsünpe ju tümü-a?
8. Küyimki nüsanü harü jipü khim phuyucho?

B. Akhiukte alokhi athsokih jang:

1. Aliperüponü pang apolim phuyukhi khim.
a) panghing b) rungthsün c) rungrhih d) lak
2. Athrüponü jing tümtope khümki.
a) nüpü b) khim c) jingtüm d) khah khümpe
3. Athrüponü treang khümtote khim phuyukhi.
a) panghingpe b) khah khümpe
c) nuk d) kurung kuthran
4. Aliperüponü khah ching zülu yukkhi.
a) khim b) hah c) tsung d) khu
5. Athrüponü kuthrün zülu phuyukhi.
a) thsüh b) kurung kuthran c) lak d) panghingpe
6. Aliperüponü khim phuyukhi.
a) rungthsün b) nüpü c) chimhingpe/lak d) khim

- C. Atsangachihpe- Nünü mührü yo jipüzülu mürühkhi mungjikhüh thaang? Nünü tümü thsükhi hoju mürühla? Atruachihrü khiak pepah atsangachihang.
- D. Nüsa yo jipü yakli khimmih khülang tokihpah amung thrüt kihang.(Athrürüponü athrürü yo tüsho aliperüponü aliperü yo tokihang).
- E. Nüsa yo kheshak yam (classroom) chingnü jipü yakli huhachihkhi münchi khürü akhukhitang. Tüsho juching nüsa trükshih zülu tüsho khimmihpo yukpah arang. Hojurü khimmih le zülu atungto lakhi tümüte nünü mürühchonü ju tünkhiak porü tükiak thaachihang.

F. Pekiu ching khiahpah apolim trükshih mungpo jih-a lakhi le pekiuh arü ayeshang.



Konyak

☐

Zeliang

☐


Kuki

☐

Pochury

☐


Sangtam

☐

Khiamniungan

☐


Yimkhiung

☐

Rengma

☐


KHIN 7

ANYINYIKHÜHNÜ Alüpe

Anyikhitpe mükkhiahkihpo:

1. Tüshak arihte tüsho thru wükihla akilate thiyutsüpu mulong chingnü khiang.
2. Atungto thiyutsüpu anikhitkhukpu mükhiahang, thaang tüsho jurü thrütang.

Anyikhühnü alüpe lümjihkhi
Anyikhühnü alüpe kümjihkhi
Anyikhühnü alüpe müzhokhi
Tüsho Anyikhühnü alüpe nyak
pahjihkhi
Anyikhühnü alüpe jihchungkhi
Anyikhühnü alüpe anikhitkhukkhi
Anyikhühnü alüpe alala
Juju rükri atsü, amüzhope tüsho
anyung

Kelhoukhrieno Savi



Susuthsüpe:

A. Thiyutsüpü mulong chingnü khunung ching/mahnye langrü tüsho langzü she khe-ang.

B. Harü thiyupo amütsan anyikhitang.

1. Lümjihkhi - Püpürü thsungkhiak lümkhi.
2. Kümjihkhi - Püpürü thsungkhiak kümki.
3. Müzhokhi - Nihpenü lunyekhi.
4. Nyak pahjihkhi - Amülim ah tüshe tümümüthsü tükhi.
5. Anyikhitkhukkhi - Amümükhiakhki ju mükhiakhki.
6. Rükriatsü - Rhimo lalim tsükhi.

C. Limro khürü ching nünü alüpe müzhokhi, nyak pahjihkhi tüsho anyikhitkhukkhi thrütjang.

D. Keshak ching pinrü alala thsungkhiaknü apolim thiyupümpo jih-a lakhipo junü athülih thiyurünpo thsakhampah achangnü jurüpo ju khejang.

Lümjihkhi

Kümkanjihkhi

Nyak-pahjihkhi

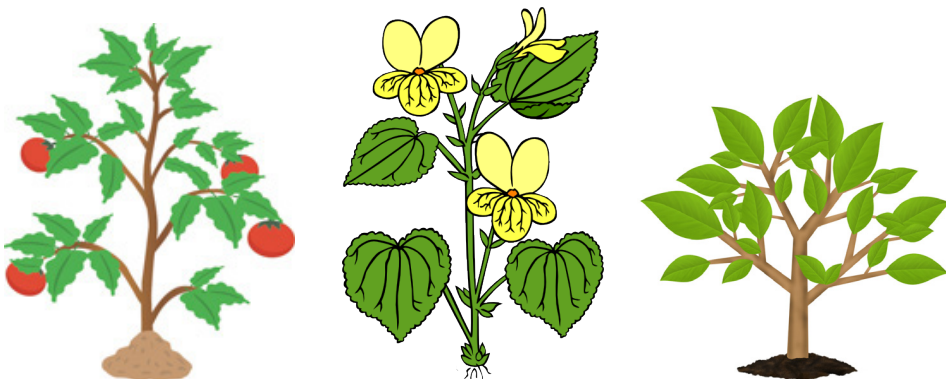
KHIN 8

Isa Mühi Sangrungpo - I

Anyikhitpe mükkhiahkihpo:

1. Sangrung achamnakpo mung anyikhitang.
2. Anyikhityu khiang tüsho anikhithkhang.
3. Nüsa yutha chingnü sangtungpo mung mung lakhi mütsanjang.
4. Sangtungpo tüsho arü shuh a horikhi tünkhiak thiyurün athühpenü thaang.
5. Sangtungpo atungto tünkhiak tüsho jurü kümkhithpü/zopü yihnüpe anikhithkhang.
6. Ha anyikhityu ching thiyupo lupah thiyurün athühpe nü thrütkhitang.

Isanü sangrungpo puhthsü thsü isa phünyite lakhi ngüchoh. Sangrungpo ju rhangtung lape kukruk-ah. Arü shak thsüchoh tüsho zokihchoh. Arünü she alü puloshihchoh. Sangrungpo ju isa thsungkhiak khite yihnü lah. Sangrungpo khürü ato tüsho amüküp lah. Sangrungpo khürü a anyinyi tüsho yiuhyiuh lachoh.





Tüzhisang (Alder)



Tsünsang (Pine)



Rihkhümsang (Banyan)

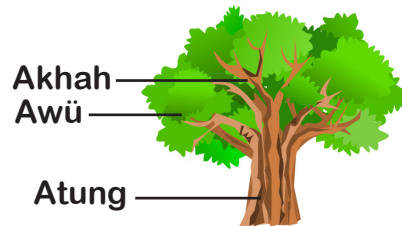
Sangrung atopo:

Ashang, ato tüsho amüküp sangrungpo ju sangtungpo te jihchoh.

Arü khiak akhahpo ahikhüh lah.

Arü langakinto zhipchoh.

Arü chinglang ju amüküp-ah.



Sang chinlang a zhipkhi ki ju sangtung te jichoh.

Sangtungnü alamme, sangaso tüsho sang jihchoh.

Thülamsang (Oak), Tüzhisang (Alder), Tsünsang (Pine), khupasosang (Fig), Rihkhümsang (Banyan), ayangayü (Naga Tenga), Tükhü (Walnut), Müngümsang (Mechinga), Tsühniungasosang (Gooseberry), Kelütaso (Orange), Plum (Plum), Tsaramkiu (Peach) and Simul (Simul) harüpo ju pokhuh sangtungpo isa phünyi lahchoh.

Susuthsüpe:

A. Sangrung shitkihpah achamnakpo yihkihjang.

B. Harüpo alojang:

1. Nüsa mükiak ching lakhi sangtungpo mung thaang.
2. Nüsa mükiak ching sangasopo lakhi thaang.
3. Sangtung khürü nü isa khilim sang tüsho rhipsang jikhhi mung thaang.
4. Sangtungponü tümüpürü ahoricho?
5. Küte sangtung ju arhang lakhi kuruk-a?
6. Isanü sangtungpo alala kiushak a pahsho tümü tünjipa?

C. Amüzakhhi ching thiyupo jih a lakhi chingnü yukjhang.

Sangaso, zokih, alamme, tükhü, rihkhümsang

- a) Tsühniungaso ju _____ sangtung ah.
- b) Sangtung atonü isa khilim alamme jikhhi ju _____ Sangtung.
- c) _____ sangtung junü isa khilim sangaso tüsho arhipsang jihchoh.
- d) Sangtungpo nü isa kilim anyitak _____ jihchoh.
- e) Sangtungpo ju arhang lape tümütüsho arü _____ choh.

D. Harü thiyuponü thiyurünpo akhiuk shang:

Ato, anyinyi, ahang, zokih, sangaso, alamme, sangtung, yiuhyiuh.

E. Nüsa mükiak ching puhyo sangwü lakhi momukhungang. Nü khehüm khiak müjimkhang tüsho arü mung jhang.

KHIN 9

Isa Mühi Sangrungpo - II

Anyikhitpe mükkhiahkiho:

1. Ha anyikhityu khiang tüsho anyikhitkhukang.
2. Nüsa yutha ching lakhi sangrung anyinyipo mung mütsan-ang.
3. Sangrungpo lakhi puhthsüjang sangzürung, molitungwü, apükihpe tüsho aphüpe.
4. Sangrung anyinyipo shuh-a ahorikhi tünkhiak thaang.
5. Athülihpe yutha nü sangrung anyinyipo tünkhiak thaang.



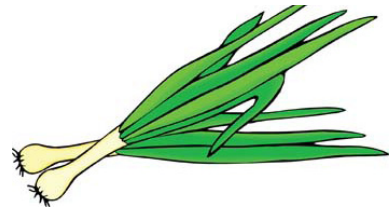
Sangrung anyinyipo ju sangtungpo khiaknü anyinyi lah.
Arü tungpo ju-a anyinyi tüsho yiuhyiuh lachoh.
Arüpo ju kHITE aShang yung.
Sangzürung, Molitungyü, aphüpe tüsho apükihpe ju
sangrung anyinyipo-ah.

Sangzürung:



Molirungpo ju sangtung anyinyi ah. Arü ju anyinyi, apüte, amüküp, sangtung tüsho akhahpo lah. Ayangsangpün, kelütsan tüsho jipüyangasopo ju sangzürung isa mühite lah.

Molitungyü:



Molitungyüpo ju sangtung anyinyi-ah. Arü atungpo ju thünak lah tüsho phüyak lah. Arü ju khinu anükhüh lang lachoh. Rhümthünya moliyü, moliying, pinu, muthsu, tüsho müngrhühpo ju pokhuh molitungwü isa mühite lah.

Phükihpepo:



Sangrung khürü-a yiuhyiuh lachoh tüsho alo chingnü arü zangrü müzhipkhuk. Arü zhipkhukpü thsungkhiak sangrung khürü yungsho tsopo yihnüpü lah. Harü sangrungpo ju phükihpe te jichoh. Phükihpepo ju arü khahying hote zhipkhukshihchoh. Yükhüh aso, liurheak, cherry tomato, liuwoso, hühkeang tüsho mungrhüh mungrhüh, kurungasopo ju phükihpepo isa mühite ngüchoh.

Apükihpepo:



Sangtung khürü-a alo yante apüte phüte yüchoh. Arü ju apükihpe te jihchoh. Apükihpe ju atung yiuhyiuhchoh. Arü -a langakinto müzhipkhuk. Jimüru tüsho kekhamperü poju apükihpepo-ah.

Susuthsüpe:

A. Harüpo alojang:

1. Nüsanü atsühkhi rhümthünye molitungyü mung khürü jhang.
2. Nüsanü atsühkhi phükihpe sangaso yungsho ayü mung khürü jhang.
3. Nüsanü atsühkhi apükihpe sangaso mung mahnye jhang.
4. Nüsa thüyam ki shahwün lanah? Tümüpürü sangrungpo nüsanü asürüshihcho?

B. Harü ha tüktüah mütük tükhi thajang.

1. Sangrung anyinyi athünakpo jua rhangtung sühkhüh lang lachoh.
2. Sangrung aphüpe jua akütah thsüte langte zhipkhuklah.
3. Khiungwün jua sangrung anyinyi ayuhyuh polung mungji khülang-ah.
4. Sangrung anyinyi aküpküppo jua atung athünak tüsho aphüyak lachoh.
5. Müripkihpe sangrung ju azhipkihpü thsungkhiaknü amüripkihpe atung lape-ah.

C. Nüsa tangpung chingnü akhiuk a tsühkhi awo tsühpepo, sangaso, sangyüpo hakhüp jihkhipo thrütshitang.

Sangzürung	Moliyü	Apükihpe	Phükihpe

D. Thiyulimnü athape:

(Sangrung anyinyi athünak, aküpküp,aphüpe yungsho amüripkihpe) khürü akepung ching lute arang. Hoju sangrung ju kütürüa tüsho yihnükhipo ru 2 yungsho 3 nü thrütjang.

E. Lümkehrimo kim:

- Nüsa thsangyurü arung lupah harü thsüang:
- Tangpung yimkhitang tüsho nüsa class thsungkhiaknü wotsühpe shahwün thsakhamang.
- Nüsa tangpung ching suhtahte alakhi aji tüsho sangrungpo khimang.
- Khunung chamnakpü kuklah tüsho kim kim müthriachihte shahwün akhuara shang.
- Shahwün chingnü akhiukkhi ju arü class tükiak cham a tsühkhuk lah yungsho class thsungkhiaknü yinyuk-a sho alü thsü-a lupü kuk lah.

KHIN 10

Mihzorüpo ki wüntre jihkhi

Anyikhitpe mükkhiahkihpo:

1. Nagarü lung atünamo tünkhiak anyikhitang.
2. Mihzorüpo ki wüntre jihpü mütsanang.
3. Atungto atünamo zokhupü anikhithukang.
4. Khin ju anyikhitte khe-ang.
5. Yupum aso mükkhiahang.

Nagarü khiak atünamo atsü ahikhüh lah. Jurü ju isa jipürüponü thsangyute arükhiah.
Harü polung atünamo atsü ju mihzorüpo khiak khite sükte wüntre jihkhi lah.

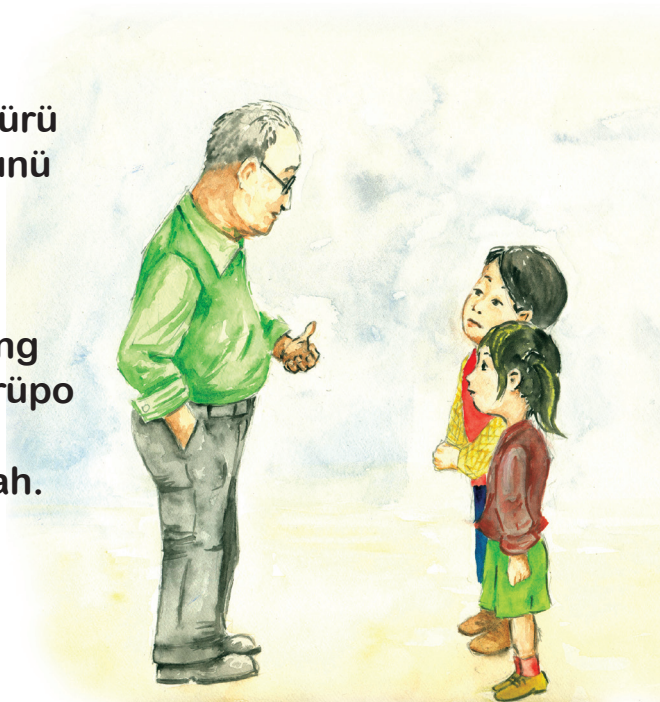
Isa Nagarü lalimyakli ching küte mihzorüpo kilim wüntre jihpe-a nü limro ahikhüh ching isa ki huhchoh.

Küyimki mihzorü mihtsürü khiungshak ching azahpanü isa junü zhippah pinkiu jihpe-ah.



Küymki mihzorü mihtsürü
nü thiyu thapanü, isa junü
azhihayhte pinpah
anijihpe-ah.

Küymki isa kütang ching
lapanü, isa junü mihzorüpo
mihtsürü nü akhuh
asukshihpü aleangpe-ah.



Isa junü akhuhte mihzorü mihtsürü kilim
aleangkhi yu thajihpe-ah.



Isa junü mihzorü mihtsürü nü athsunganah atsü jikhhi mihyuanipe-ah tüsho ayanpe-ah.



Isa junü tümü limro chingnü rungkhuk lanü mihzorüpo kilim rungpe-ah.

Atünamo ju isa lalimyakli jipüyukhian tüsho lakhit-ah. Isa junü küyimki she mümihpe-ah tüsho mütükhiak shihpe-ah. Isanü mihzorüpo kilim wütre jikhhi hote isa lalimyakli zokhukchoh.

Thiyupüm asopo:

- | | |
|----------------------------|-------------------------------|
| 1. Jipürüpo | - Athüso mihtsürü ki thachoh. |
| 2. Atünamo | - Rhimo thsüshihkhi atün. |
| 3. Wüntrejih | - Azorü khiak akin jihkhi. |
| 4. Azhihayih | - Mihyu anyirü azürü. |
| 5. Lalimyakli jipü-yukhian | - Late rhimote arükhi. |

Susuthsüpe:

A. Harü kiokhipo alojang.

1. Küyimki mihzorü khiungshak ching azahpanü, nü junü tümü thsüpe-a?
2. Küyimki mihzorü mihtsürü nü thiyu asuk panü, nü junü tümü thsüpe-a?
3. Isa jipürüponü Nagarü thsungkhiaknü atünamo khülang thsangyukhi ju tümü-a?
4. Tümü thsükhinü isanü Nagarü atünamo ju mümihpe-a yungsho mütükhiakpe-a?

B. Tükte akhiukkhi ching (T) thrütjang tüsho amakhiuhkhi ching (F) thrütjang.

1. Isa junü kim alala ching mihzorü ki akhuhte asühjihkhi thajihpe-ah _____.
2. Isa junü mihzorüpo kilim murungpe-ah _____.
3. Isa junü mihzorüpo ki mihyuanipe-ah _____.
4. Isa junü athsunganah atsü mihzorü mihtsürü yo müyanpe-ah _____.

C. Nünü thiyupüm asopo mükhiahkhipo junü apolim jiha lakhi atükiakpo ching mishang.

Atünamo, Lalimyakli jipü yukhian, Wüntrekhi, Jirüpürü, Azhihayih

1. Ponungrüponü _____ jihte khah shuhkihchoh.
2. Ipe-ipuhnü müyamrü yo _____ lakhi mükhiahshihpü thsangyuchoh.
3. Isa _____ nü kam ashang müngühnü ha kiulung thsükhitkhiah.
4. Isa yo _____ ju akümkangpü atungtoah.
5. Anyihpuh ju-a alala khiak _____ te lachoh.

D. Apolim thrütthipo jua wüntrekhi tüsho wüntre mülakhi yaklipoah. Khea khiahpah yimkhita akhüshakkhi alungkipo ching yukjang.

Jihachihkhi

Tsüyihkhi tüsho athünakyu yihnükhi

Mührü thiyu thachoki anyipü

Mihyu manyipü

Nyamnyamruru müsühapahkhi

**Nünü mürühkhi khiangpah
müjihchoki pukakhiukkhi**

**Thiyupümpo 'Müzhopah',
'Are' & 'Makshe'yihnükhi**

Mührü khiak arungte münyahkhi

Mükhütmürapü

Münyanmürukhi

**Lakmihchoki thsülangchoki thiyu
thalokhi**

Kim tükte ching

Wüntrekhi	Wünmütrekhi

E. Atsangachihkhi:

Khunung ching perungpah tümü limropo chingnü mihzorü kilim wüntre jihpe-a jurü tünkhiak thaang.



STATE COUNCIL OF EDUCATIONAL RESEARCH & TRAINING (SCERT)

STATE CENTRE OF NAGALAND LANGUAGES (SCNL), DSE



Iodine deficiency disorder is the single most common cause of preventable mental retardation and brain damage.

“Consume only Iodized Salt”