

CLASS - 1

Nagaland Heritage Studies

ZEME



STATE COUNCIL OF EDUCATIONAL RESEARCH & TRAINING (SCERT)
and STATE CENTRE OF NAGALAND LANGUAGES (SCNL), DSE



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NAGALAND HERITAGE STUDIES | CLASS 1 - ZEME

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Illustrator: Imtinungsang Longchar

FOREWORD

The Nagaland Heritage Studies (NHS) is a series of 18 officially recognized Nagaland languages from classes 1 up to 8. These books aim to teach the Nagaland Languages using local culture and heritage as its content base and also promote cultural richness of every tribe and community. The introduction of the Nagaland Heritage Studies in the State's schools from 2018 was in consonance with the guidelines of the National Curriculum Framework (NCF) 2005. The Nagaland Heritage Studies textbooks revised edition covers the learning needs of the students which have added meaningful illustrations. The NHS textbooks are evolving to better language learning of Mother Tongue which is the core basis of one's identity, history and culture.

The State Council of Educational Research and Training & SCNL would like to express gratitude to Professor D. Koulie for his contributions.

We would also like to acknowledge the Department of Arts and Culture, DIPR, all Literature Boards, Tribal Hohos, and the individuals concerned for their contributions towards the development of Nagaland Heritage Studies Textbooks.

The Council & SCNL also wishes to extend its gratitude to Smt. Kevileno Angami, Commissioner & Secretary, Government of Nagaland, SCERT and School Education for sharing valuable suggestions towards improving/updating of Nagaland Heritage Studies textbooks.

Lastly, appreciation goes to SCERT and SCNL team members who have worked hard in completing the NHS textbooks revision on time.

Dated: Kohima the 7th of November 2022.



THAVASEELAN K
Principal Director (IAS)
School Education, Nagaland, Kohima



N.CHUMCHANBENI KIKON
Director,
SCERT, Nagaland, Kohima

MRAI SAM

Zeme ze heleuh ke-nlang nah ke-mting ge tei eh Peren deukui Nagaland gage lung kera damgai. Chine ahnui zai nah ahnui let keyi gaze leisikwak peset ket gaze peset mengeu kechang Naga Mapwa ze kecu gaze puopei kera tei mpet gaila.

Ci-nzwa I Zeme Literature Committee Nagaland keku gaze Zeme pelane dage ahnui “Zeme Let” teu maisia kebam ahnui na meze keteilia mzet lo rang gaila. Iciu eh ahnui let aize mting teu ndu nah maci pet silu kerane.

Nagame deucei sorkari ze tei keherei delie bam keraide Principal Secretary, School Education nah Director penai Additional Director SCERT penuize. Penui Zeme Let peke-ncam kebam ranggai nah chize ahnui macet ket gaze tei gaibeu. Pechaide Editing Committeeme ze de tei keherei delie penui kemui kebaa ci mezing eh nah leudi mene ahnui leuhme ziuyi ziemne heta keyi peting kedui nage gage tei mmisang kegai ziemne, Zeme Council Nagaland puisiau nah ngha gaze, aichü hiage leilu.

Aize ahnui Zeme Let teumai kesia setket pet-si kelu nah keregui gedah. Chine ahnui Zemena ke-mteu nah keningcing leune aize ahnui koalet teu mting nah teu mdu eh lung gaulie.

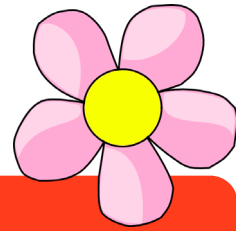
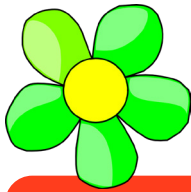


(N. Haisoyi Ndang)

Chairman

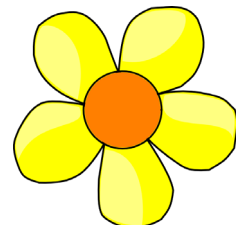
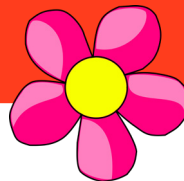
Zeme Literature Committee

Peren : Nagaland



Riakling

1. Keraugiak (Alphabets)	1
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Kepei - 1

KERAUGIAK (ALPHABETS)

Kepei kahkegaidung;

1. Ahnui let gaze keraugiak chilu.
2. Ahnui Let gaze keraugiak nah kepeikoa be chilu.
3. Ahnui let gaze keraugiak rang kela koa be rang gapte lu.

1. Keraugiak nah pekoa

A – aa

B – ba

C – ca

D – da

E – ee

F – fa

G – ga

H – ha

I – i

J – je

K – ka

L – la

M – m

N – n

O – o

P – pa

Q – kiu

R – ra

S – sa

T – ta

U – u

V – ve

W – wa

Y – ya

Ü – üh

Z – za

Aa



Agwetme

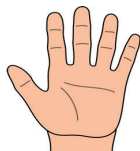


Alu



Banggaitsi

Bb



Ba



Bakni



Bamrak

Cc



Cingget



Ciangdi



Charak

Dd



Dui



Duilim



Dei

Ff



Fo



Fali



Fukditsi

Gg



Gari



Gaibiak



Pentratsi

Hh



Heceuni



Hepei



Hekie

Ii



Ineu



Itube



Ineile

Jj



Hejo Ziangbei



Jakreu pai



Jari

Kk



Ki

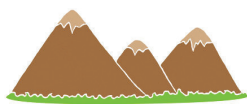


Kwakpi



Kerang

Ll



Lamlwa



Luh



Lingrie

Mm



Mrei



Mpaktsi

Nn



Ngiena



Nkaine



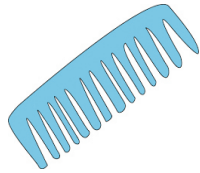
Ndeili

Oo



Ostrich

Pp



Poitau



Paitau



Pwagimta

Qq



Keli



Qi



Qie

Rr



Releime

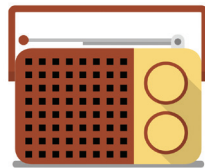


Radi



Reteipi

Ss



Sambung



Sak



Sakibung

Tt



Tangkui



Tauli

Uu

Ubung

üü



Übung

Vv



Vütlie



Vütrie

Ww



Whah



Whoa

Xx



X Ray

Yy



Ye-ralha

Zz



Zanutsi

Teikereli

A. Keraugiak be pei sahbak eh pei gailu.

B. Keraugiak be ngau mene rau gailu.

C. Kemrwadung ga keraugiak koa le tei phui gailu.

A	_____	P	_____
B	_____	Q	_____
C	_____	R	_____
D	_____	S	_____
E	_____	T	_____
F	_____	U	_____
G	_____	V	_____
H	_____	W	_____
I	_____	X	_____
J	_____	Y	_____
K	_____	Z	_____
L	_____	Ü	_____
M	_____		_____
N	_____		_____
O	_____		

D. Keraugiak petau be ga ge reheu gailu.

B	_____	P	_____
D	_____	T	_____
C	_____	R	_____
A	_____	Q	_____
E	_____	S	_____
G	_____	U	_____
F	_____	W	_____
H	_____	V	_____
L	_____	Z	_____
J	_____	X	_____
I	_____	Y	_____
K	_____	Ü	_____
M	_____		
O	_____		

E. Keraugiak aidung teu saulia samkieh peu gailu.

1. A	_____	6. H	_____
2. P	_____	7. S	_____
3. T	_____	8. V	_____
4. Ü	_____	9. O	_____
5. M	_____	10. R	_____

Kepei - 2

RIAKPIE (NUMERALS 1 - 20)

Kepei kahkegaidung

1. Ahnui let gaze riakpie chilu.
2. Riakpei zi ket chai ket eh chilu.
3. Riakpei zi kau rangsiak te eh rang lu.
4. Peu riakpei nah pezi bede nzwa siak eh nzang lu.

Leipwak (poem);

Leipwak be peupei reli, rang reli nah pelei tei eh
pe lettak petau siak be tei lu.

Lei tei reli lu

Ket ceuna kena ceuna

Kecum ceuna Zeme

Mdai ceuna mengei ceuna

Herok ceuna Zeme

Sena ceuna teset ceuna

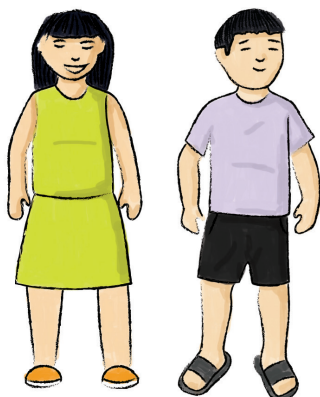
Hekui ceuna Zeme

Kerei ceuna Zeme peu.

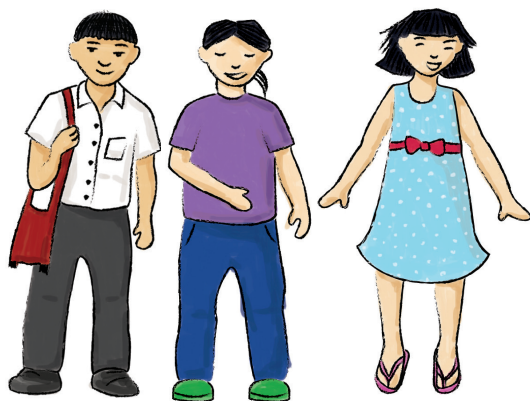
Pei lwe hekwa gailu:



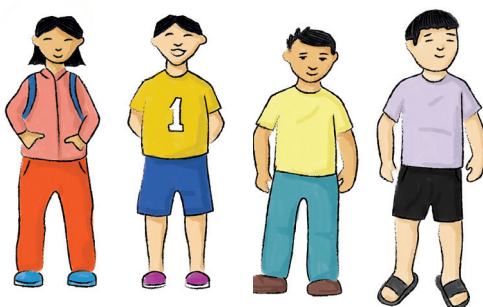
1- Ket



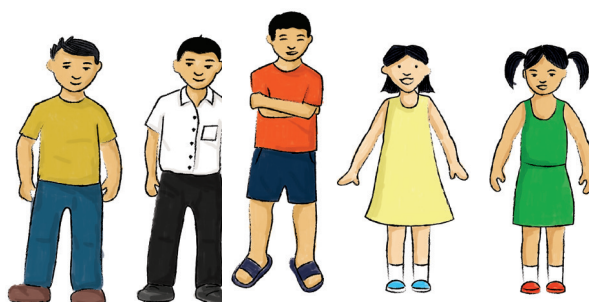
2- Kena



3- Kecum



4 - Mdai



5 - Mengei



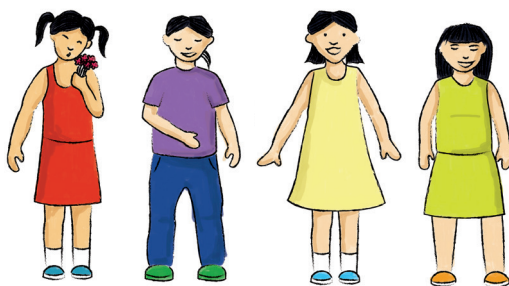
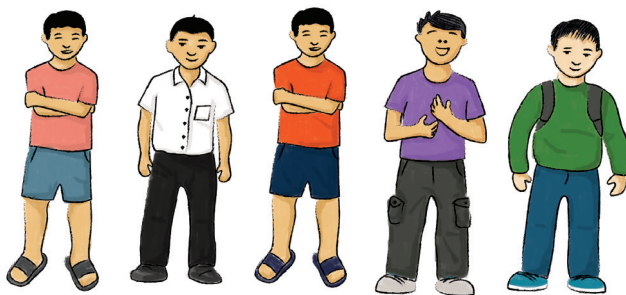
6- Herok



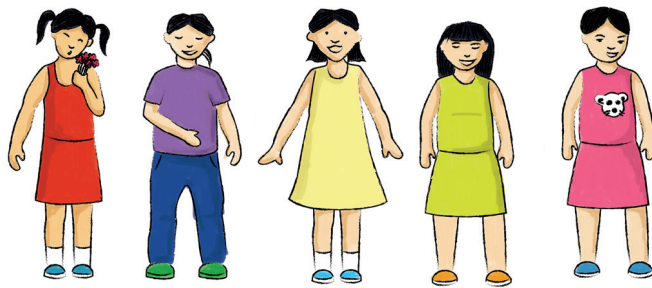
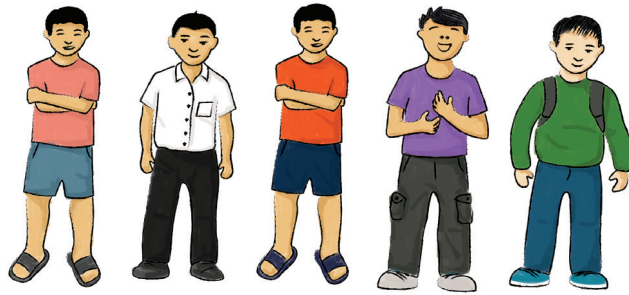
7- Sena



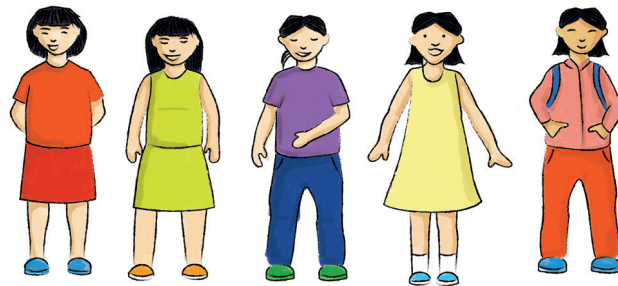
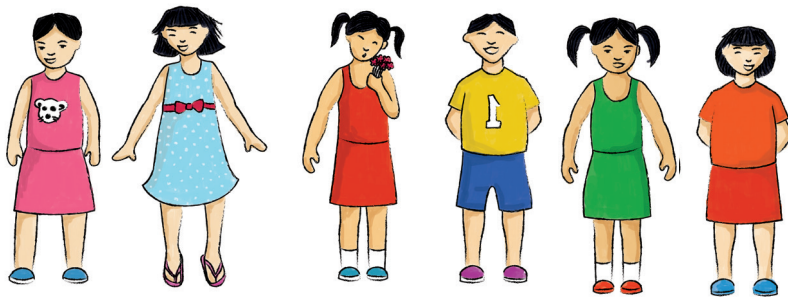
8 - Teset



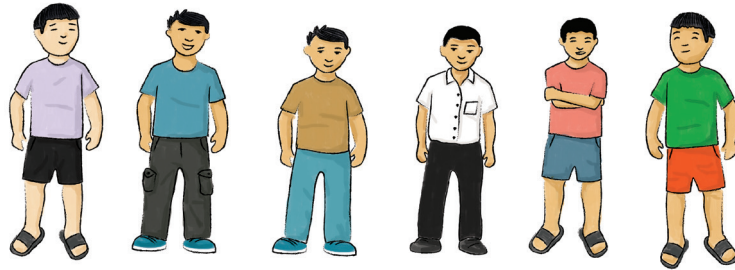
9- Hekui



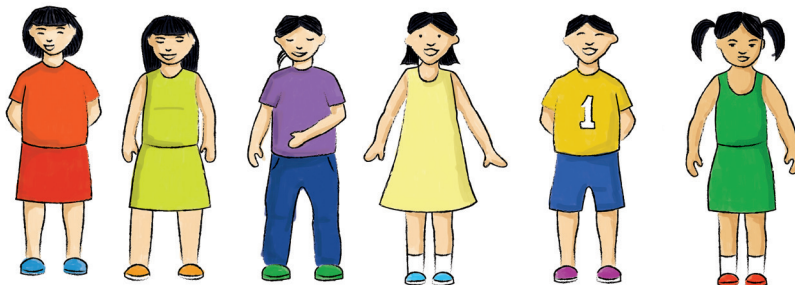
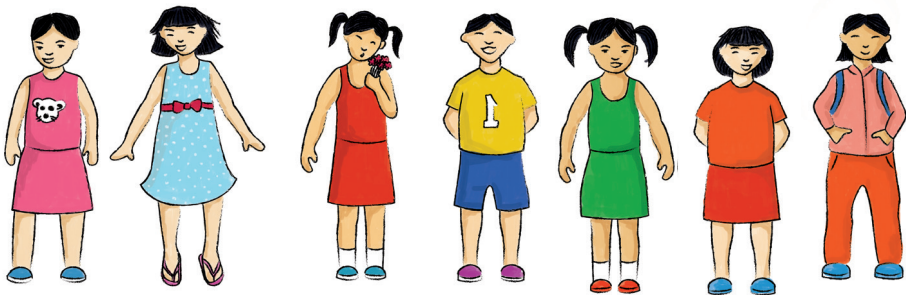
10- Kerei



11- Kereieket



12- Kerieiekena



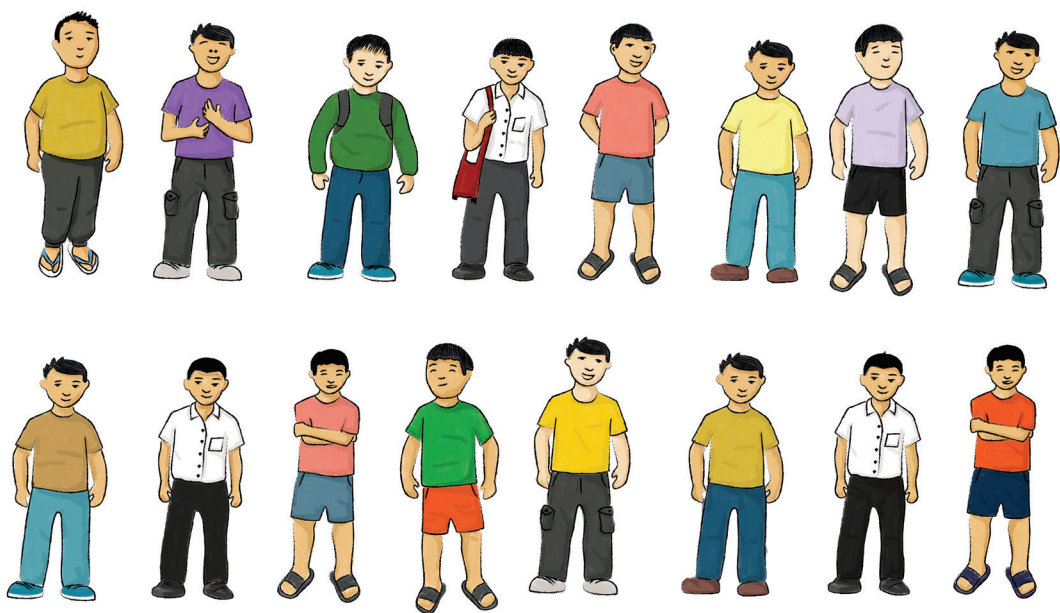
13- Kerieiekcum



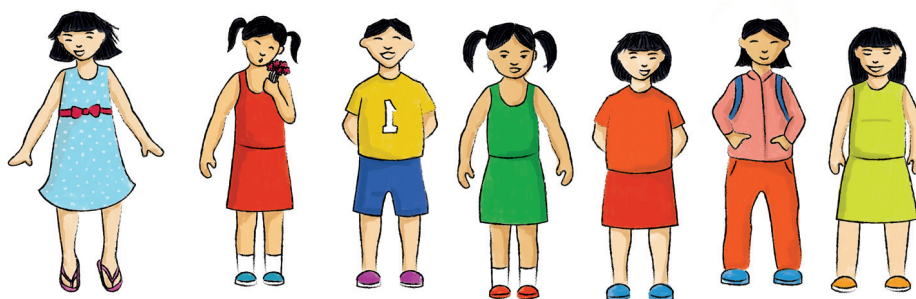
14- Kereiemdai



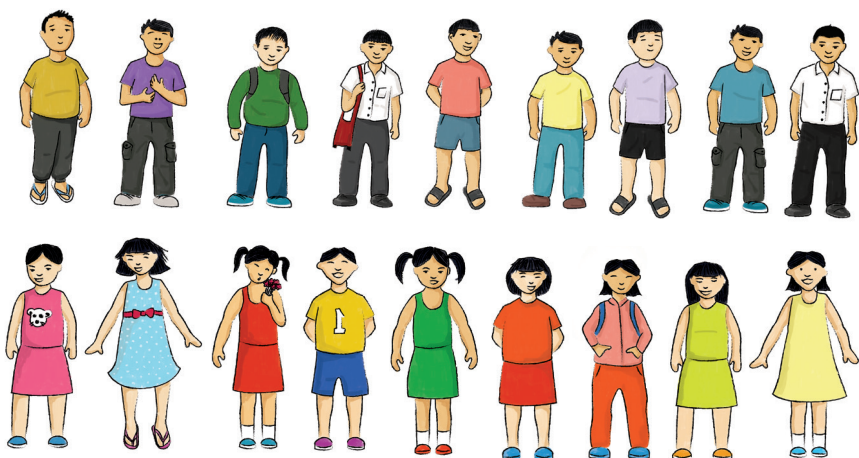
15- Kereiemengei



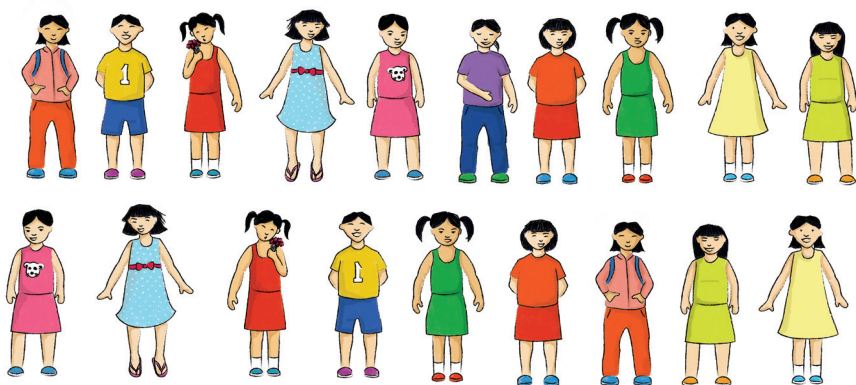
16- Kerieherok



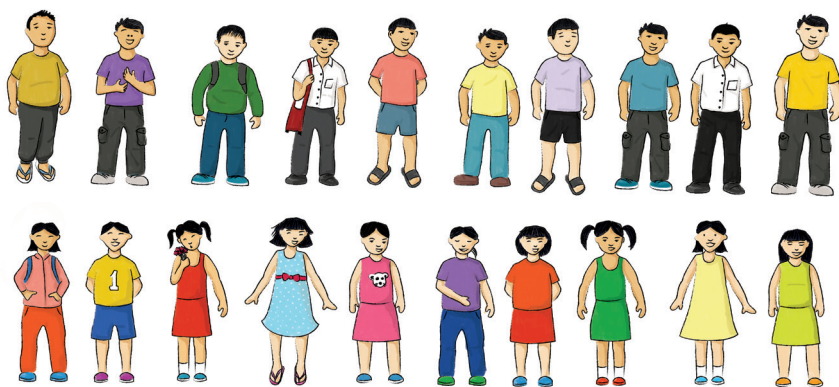
17- Kerieherok



18- Kereieteset



19- Kereiehekui



20- Nkai

Teikereli

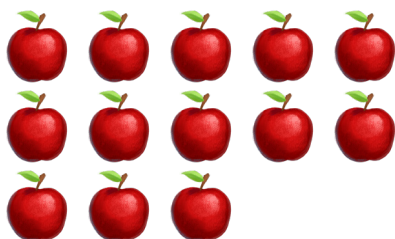
A. Peupwa kebam miedung de pielwe daikie bam bi rau gailu.

1.



Kerei

2.



3.



4.



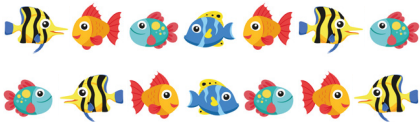
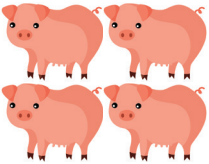
5.



6.



B. Riakpei penai pemie kenzwa be gage riet ncüt gailu delwe riakpei zi be rau gailu. Ket teilia pwahbam.

Riakpei	Pemie	Riakpei zi
3		Kecum _____
8		_____ _____
20		_____ _____
14		_____ _____
11		_____ _____
4		_____ _____

C. Riakpei Ket gade ngkai kechang rau gailu.

D. Riakpie reheu pwa kecam be gade kekie be gage kai gailu.

8,4,2,6,20,10,5,18,1,16,14,3,7,9,11,15,12,17,13,19.

E. Riakpie reheu pwa kekie be gade kecam be gage kai gailu.

8,4,2,6,20,10,5,18,1,16,14,3,7,9,11,15,12,17,13,19.

F. Riakpie pebung ga rau nzeu kemak dung teiphui gailu

1		3		5
	7		9	
11		13		15
	17		19	

Kepei - 3

TENITKAK TINGBADUNG

Kepei kahkegaidung

1. Tenitkak bega tingba zi pei chilu.
2. Pe tenitkak bega tingba zidung pekau rangsiak te eh peilu.
3. Tenitkak gu tingba peredwa be chilu.
4. Keteu kegai peu kerang gaze samli peu lu.

Tenitkak ga tingba sena
bam.

Aidung ze:

Sunday	- Naimikmai
Monday	- Hekeumai
Tuesday	- Hegimai
Wednesday	- Summai
Thursday	- Kedeimai
Friday	- Rimai
Saturday	- Kammai

Aipau leipwak de pei lu.

TENITKAK TING

Hekeumai Itule pai keta lu,
Hegimai mie malui
Summai painyia herui lu
Kedeimai ki tei mchilu
Rimai pai neu ndui lu
Kammai hegurie ta tei lu
Naimikmai nai mtak lu.

TEIKERELI

A. Itule mie pei lwe samli peu gailu.



1. Dai benai Itule pai heta no ?

2. Dai benai Itule malui no ?



3. Dai benai Itule painyia herui no ?



4. Dai benai Itule ki tei mci no?

5. Dai benai Itule pai neu ndui lu no ?



6. Dai benai Itule hegurie tei mci no?

7. Dai benai Itule mtak lu di no ?



B. Kemrwah ga teiphui lu:

1. Hegimai au _____ chai gwang la.
2. Rimai au _____ penai _____ kak ga bam.
3. Kedeimai nai au _____ dwa gwang la.
4. _____ au tenitkak gade raitube nai.
5. _____ au tenitkak gade kamtube nai.

C. Tenitkak tingbadung reheu petau tei gailu.

D. Tenitkak tingbadung reheu petau tei gailu.

Rimai	
Hekeumai	
Naimikmai	
Hegimai	
Kammai	
Summai	
Kedeimai	

E. Tenitkak nah tingbadung petau gage kai lu.

Naimikmai	4
Rimai	1
Hekeumai	7
Kedeimai	5
Kammai	2
Hegimai	6
Summai	3

Kepei - 4

TINGKUM GU HEKEI DUNG



Kepei kahkegaidung

1. Pe tingkum gu hekei zi dung rau chilu.
2. Hekei zidung pekau pei nah rangsiak tetu.
3. Hekeizie zidung peredwa be cisiak tetu.
4. Keteu kegai, kerang gazene samli peulu.

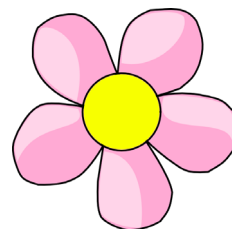
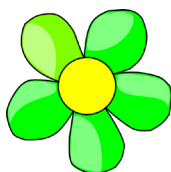
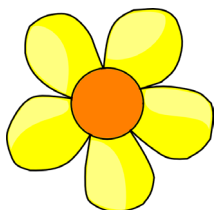
CALENDAR 2023

(YUNGPHU)						(KHIRHIM)						(KHISHANG)					
Hekeumai	30	2	9	16	23	Hekeumai		6	13	20	27	Hekeumai		6	13	20	27
Hegimai	31	3	10	17	24	Hegimai		7	14	21	28	Hegimai		7	14	21	28
Summai		4	11	18	25	Summai	1	8	15	22		Summai	1	8	15	22	29
Kedeimai		5	12	19	26	Kedeimai	2	9	16	23		Kedeimai	2	9	16	23	30
Rimai		6	13	20	27	Rimai	3	10	17	24		Rimai	3	10	17	24	31
Kammai		7	14	21	28	Kammai	4	11	18	25		Kammai	4	11	18	25	
Naimikmai	1	8	15	22	29	Naimikmai	5	12	19	26		Naimikmai	5	12	19	26	

(KERAM)						(KEPEU)						(NCHEI)					
Hekeumai		3	10	17	24	Hekeumai	1	8	15	22	29	Hekeumai		5	12	19	26
Hegimai		4	11	18	25	Hegimai	2	9	16	23	30	Hegimai		6	13	20	27
Summai		5	12	19	26	Summai	3	10	17	24	31	Summai		7	14	21	28
Kedeimai		6	13	20	27	Kedeimai	4	11	18	25		Kedeimai	1	8	15	22	29
Rimai		7	14	21	28	Rimai	5	12	19	26		Rimai	2	9	16	23	30
Kammai	1	8	15	22	29	Kammai	6	13	20	27		Kammai	3	10	17	24	
Naimikmai	2	9	16	23	30	Naimikmai	7	14	21	28		Naimikmai	4	11	18	25	

(NDI)						(KEPAI)						(HECET)					
Hekeumai	31	3	10	17	24	Hekeumai		7	14	21	28	Hekeumai		4	11	18	25
Hegimai		4	11	18	25	Hegimai	1	8	15	22	29	Hegimai		5	12	19	26
Summai		5	12	19	26	Summai	2	9	16	23	30	Summai		6	13	20	27
Kedeimai		6	13	20	27	Kedeimai	3	10	17	24	31	Kedeimai		7	14	21	28
Rimai		7	14	21	28	Rimai	4	11	18	25		Rimai	1	8	15	22	29
Kammai	1	8	15	22	29	Kammai	5	12	19	26		Kammai	2	9	16	23	30
Naimikmai	2	9	16	23	30	Naimikmai	6	13	20	27		Naimikmai	3	10	17	24	

(HEZUI)						(LÜTDI)						(NDUI)					
Hekeumai	30	2	9	16	23	Hekeumai		6	13	20	27	Hekeumai		4	11	18	25
Hegimai	31	3	10	17	24	Hegimai		7	14	21	28	Hegimai		5	12	19	26
Summai		4	11	18	25	Summai	1	8	15	22	29	Summai		6	13	20	27
Kedeimai		5	12	19	26	Kedeimai	2	9	16	23	30	Kedeimai		7	14	21	28
Rimai		6	13	20	27	Rimai	3	10	17	24		Rimai	1	8	15	22	29
Kammai		7	14	21	28	Kammai	4	11	18	25		Kammai	2	9	16	23	30
Naimikmai	1	8	15	22	29	Naimikmai	5	12	19	26		Naimikmai	3	10	17	24	31



Tingkum ge ga kei kereuekena
bam:

Keige - **KERIE**

January

Keina - **KENA**

February

Keicum - **KEZING**

March

Keimdai - **KERAM**

April

Keimengei - **KEPEU**

May

Keiherok - **NCHEI**

June

Keisena - **NDI**

July

Keiteset - **KEPAI**

August

Keihekui - **HECET**

September

Keikerei - **HEZUI**

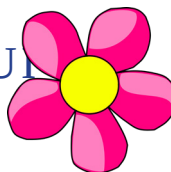
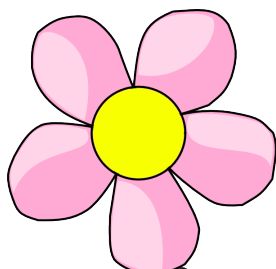
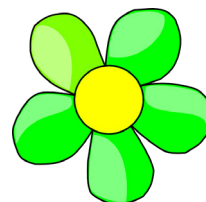
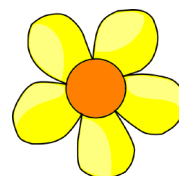
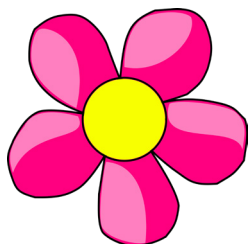
October

Keikereieket - **LÜTDI**

November

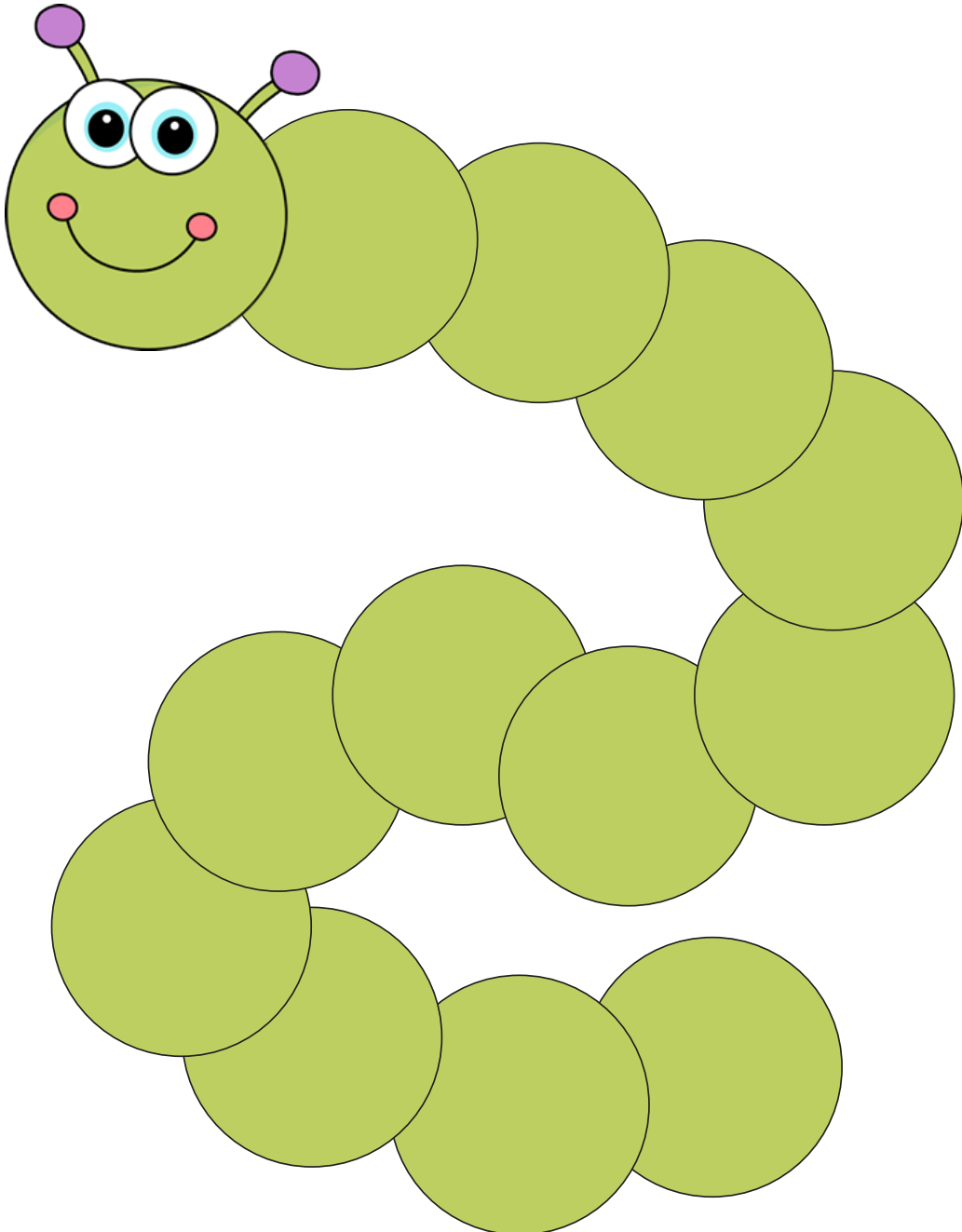
Keikereiekna - **NDUI**

December

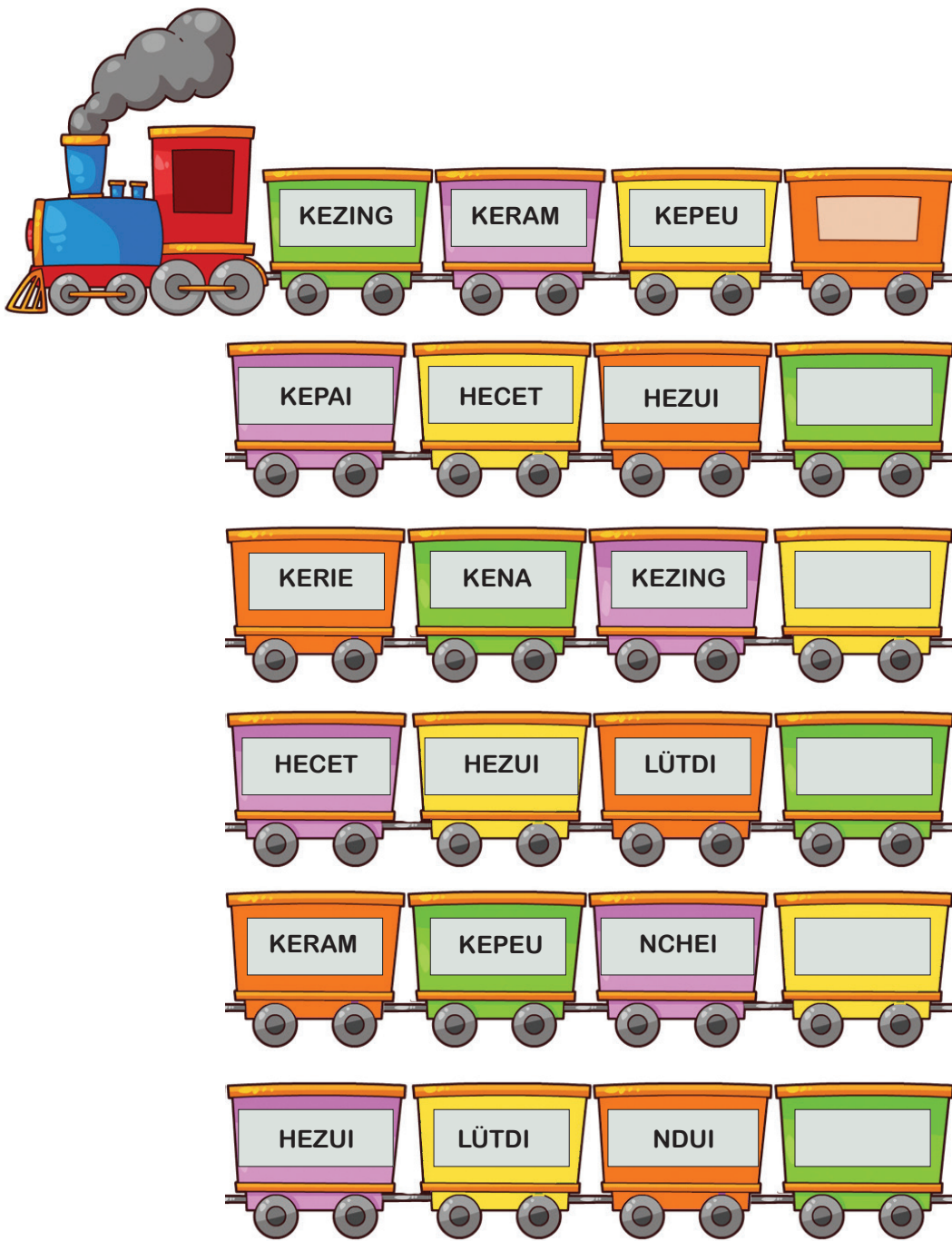


TEIKERELI

A. Tingkum ge ga kei keikereiekena kei kebam zi riet ken-
go gage rau gailu.



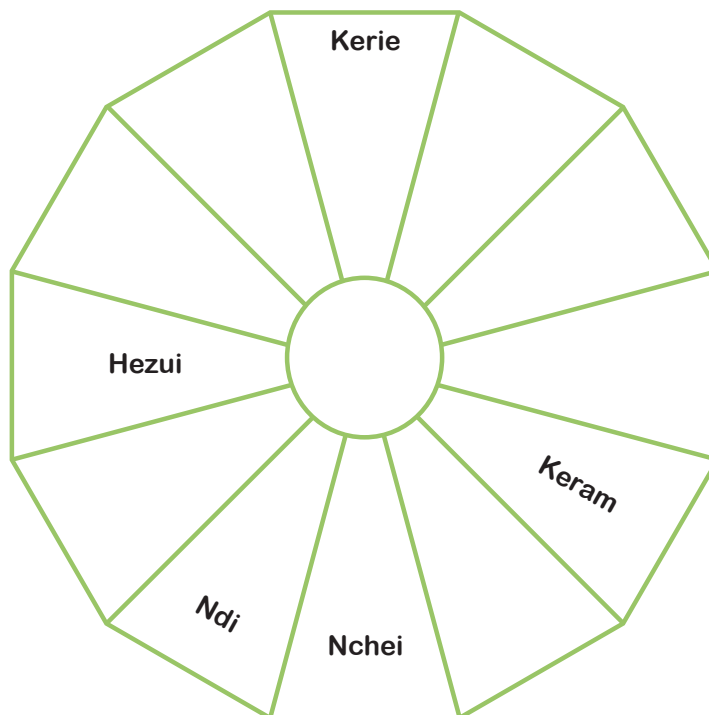
B. Dai bekei gwang rai no ?



C. Mrwa kebam tei pui gailu.

Gwang kedi kei	Aipau kei	Gwang kerabe kei
Hezui	Lüt di	Ndui
	Kepai	
	Kena	
	Nchei	
	Kerie	
	Keram	
	Hecet	
	Kezing	
	Hezui	

D. Riango ga mta kebam dung tei phui gailu.

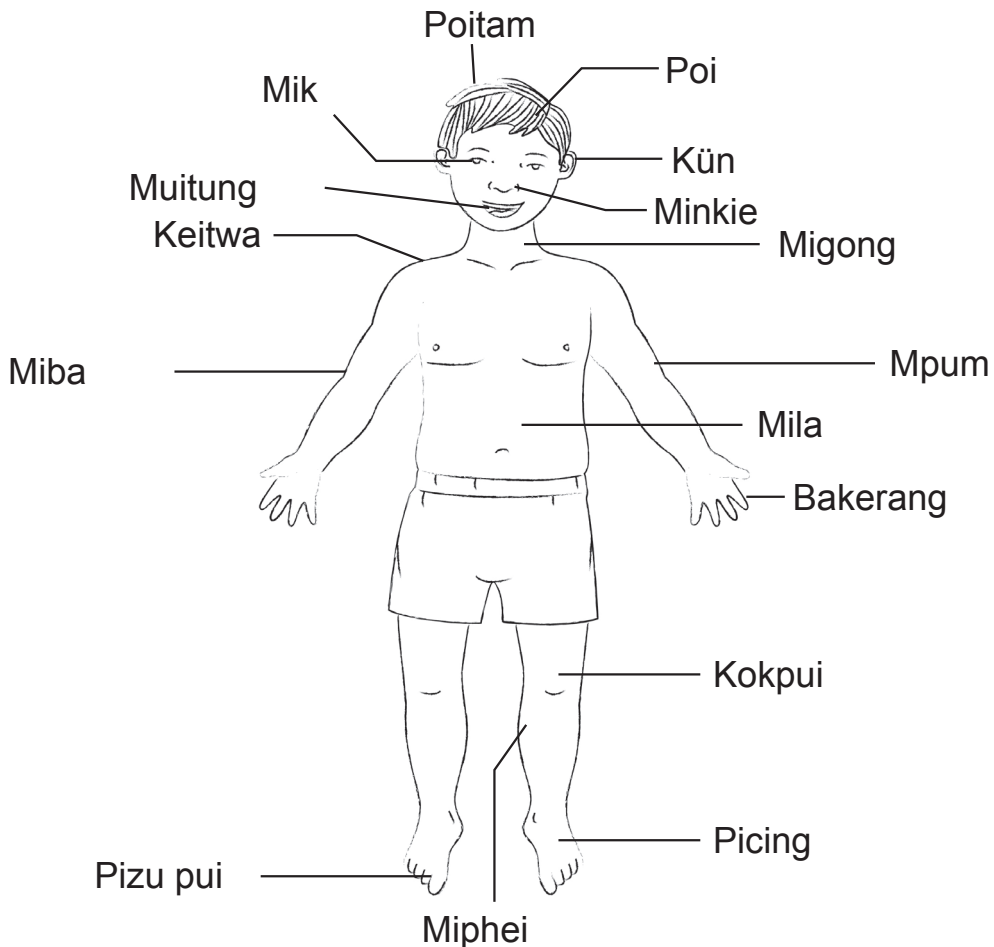


Kepei - 5

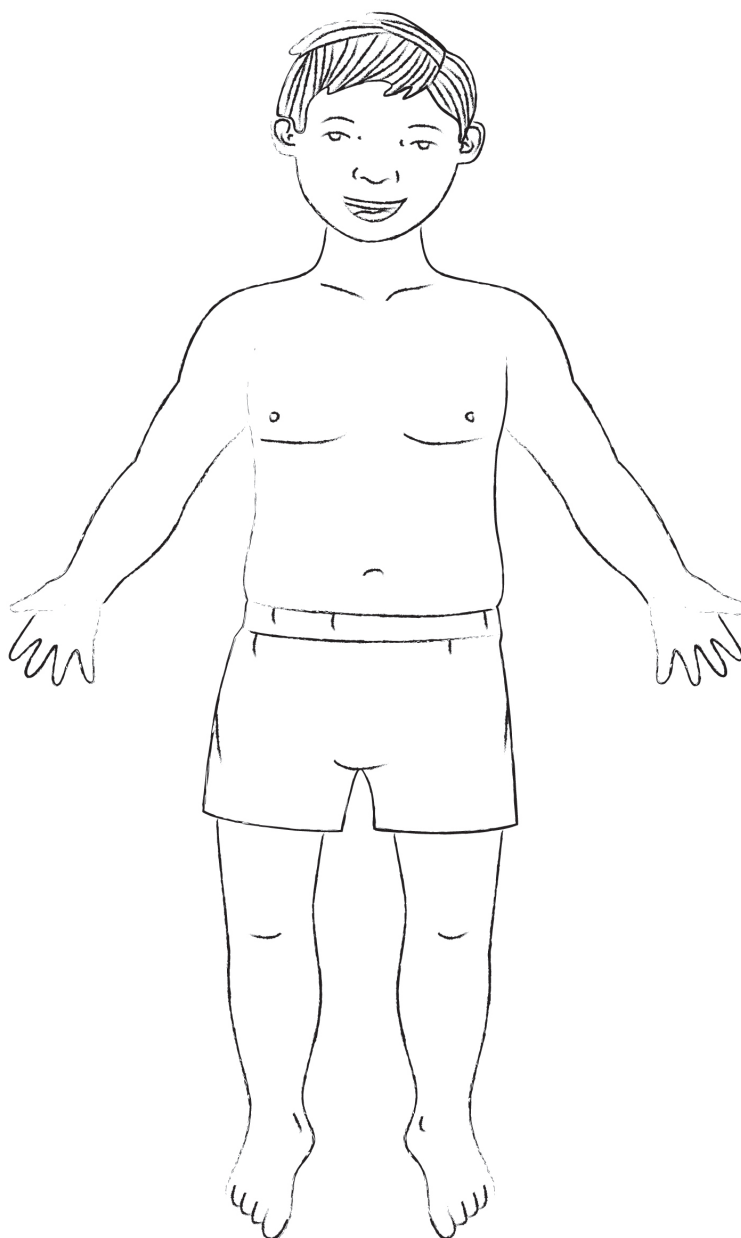
Ah pum

Kepei kahkegaidung.

1. Mipum zi ketsamtsam ci lwe rau gailu.
2. Mipum mie pie lwe riet tegwa gailu.
3. Pumzi nah pekau rangsiakte lu.
4. Kepeibe nzui eh keteu kegai samli peu lu.
5. Kepeibe gade kerau nah kereang teireli lu.

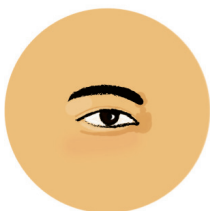


Mamie peupwa kebam de pie lwe pegiak nsui be giak gailu :

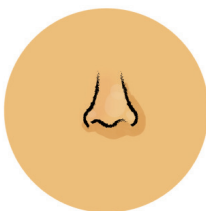


TEIKERELI

- A. Pelim 30 ga mamie be pie lu eh pumzi ketsamtsam
pei sahbak gailu.
- B. Aidung zi rau gailu



1. _____



2. _____



3. _____



4. _____

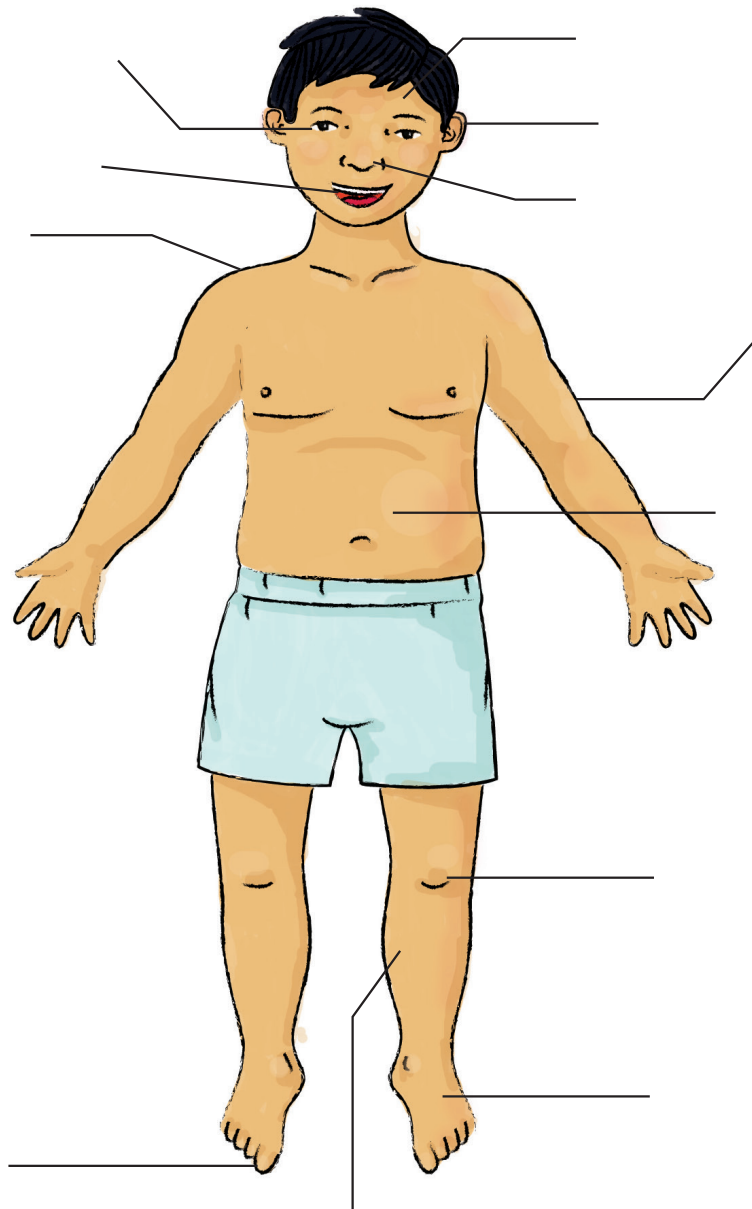


5. _____

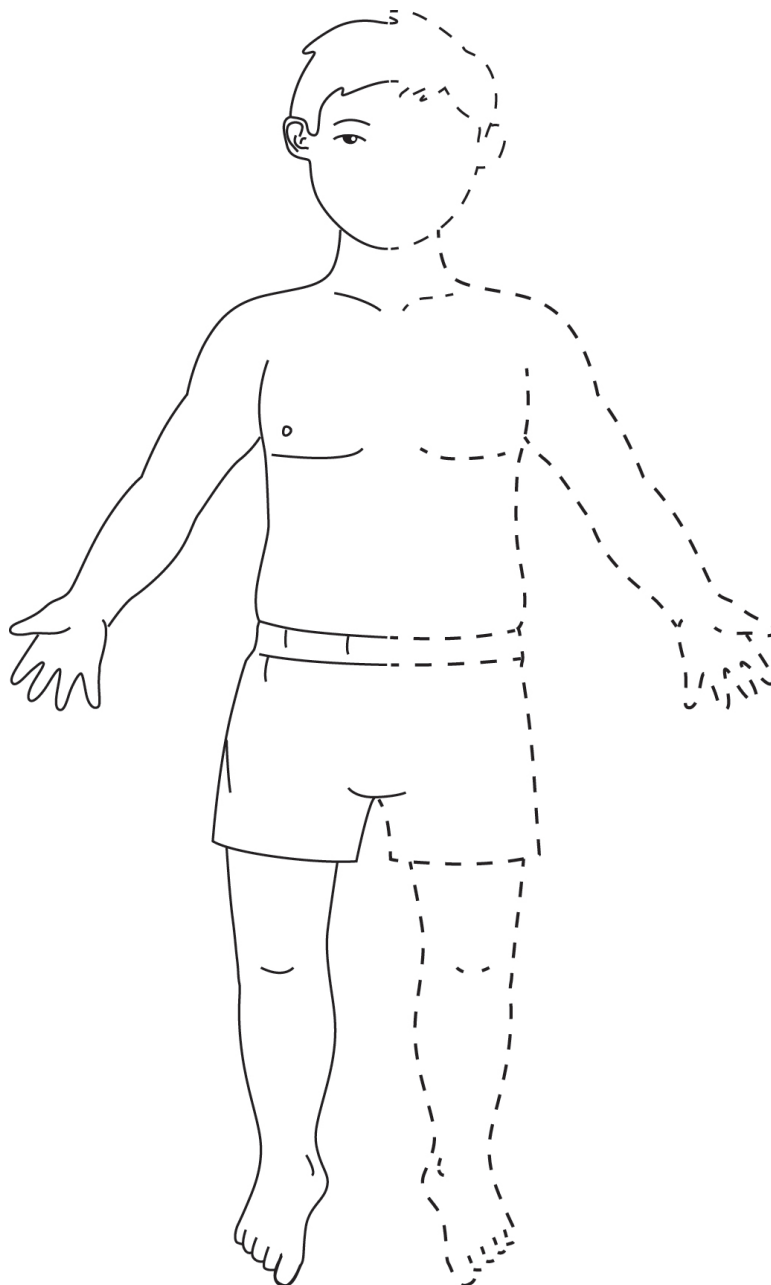


6. _____

C. Riet kenzeu zi dung rau gailu.



D. Mamie be heri canggai lwe pezi ketsamtsam dung riet twagwa gailu :



Kepei - 6

Ah KILUNG

Kepei kahkegaidung

1. Kilung be ga kibung ketsam tsam zi chilu.
2. Kibung zi pekau pezi rang siak te lu.
3. Kibung be ga mahnya ketsamtsam kebam zi dung pe nah rangsiak te lu.
4. Keteu kegai dung peu kerang gaze keli gailu.



Aize Malangki



Aize zeubung



Aize duipia bung



Aize bamkentak bung

Teikereli

A. Aipau mie ze pie lwe mpau sünne lu. Riet tegwa kenzeu samkie dung peilwe daitei la bi chilu.

B. Samkie aidung ze pei sahbak gailu. Mamiebung, duipiapai, duizubung, kiteli, mpop, hetoibahm, mahbam, teibam, mimang, kezupai, mamierak, mapabung, zeupai, sumkairak, tejak, tekui, Kairak.



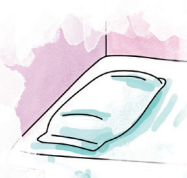
Mamiebung



Duipia Pai



Duizubung



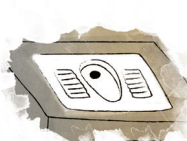
Biangkum



Kiteli



Mpop



Hetoibahm



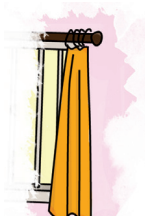
Mahbam



Teibam



Mimang



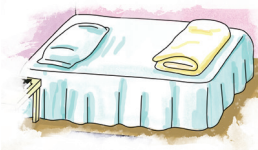
Kezu Pai



Mamie rak



Mapabung



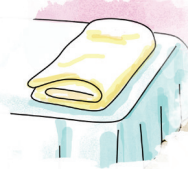
Zeu



Kairak

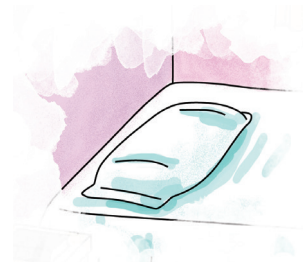
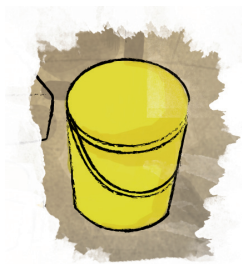
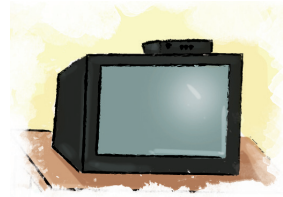
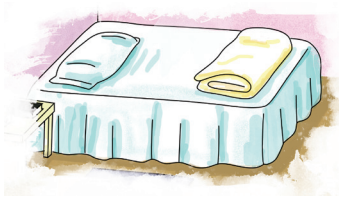


Tezak



Tekui

C. Mamie be pielwe petau kibung gage kailu.



Zeubung

Bam kentakbung

Malangki

Duipiaki

D. Kerang

Mbungme dwa gade nkilung ga nsuitube bahm samriah ket mede kena rau lu delwe ngngwa mpau lu.

Kepei - 7

AH KELAK - I

Kepei kahkegaidung

1. Nled gaze kelak zi dungde chilu. Mipui, mipeu, nchaikereibe, ntipui.
2. Hezidung pekau pei siak delu.
3. Keteu kegai dungze keli gailu.
4. Kelak daibi rau gailu.



A zi au Idale.

I aki meze ngngwa lung bamla, kelak ge ze kecu au pepui, pepeu, pename ngngwa lung ncüt kebam ze rangla.



Aize apui, apei, aheibe nah Ahnui ki ket ga lung ncüt bam.

Ahnui au suiye kelak ge.



Apeu au heta me.



Apui ze diki ga kam ketei me ge

Penai hang nana acu hung sütla nah ama pie zunbeu la.

TEIKERELI

A. Keli gailu :

1. Kelak bega peupei daikiege bam no?
2. Idale peu daita keteu kau lau?
3. Idale pui daikauta teu be mekau lau?
4. Idale chaireiswacing dai kiege bam no?
5. Kelakbe ngngwa yi eh bam la ni?

B. Pekang ga kebam zidung rau gailu.

Peu, pui, tipui, heipeu

Aize au a _____



Aize au a _____



Aize au a _____



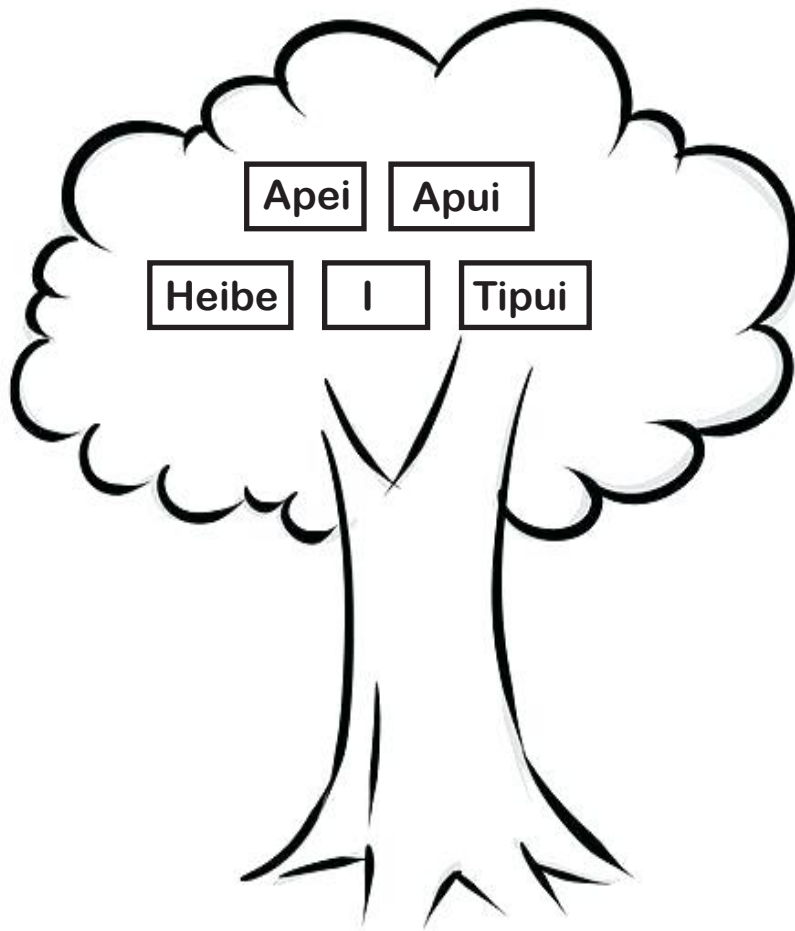
Aize au a _____



C. Kelunglia

- i) Nang nkilung gade dai tatei mede dai teibam labi kecu kecum ngu class mede nzi lu .
- ii) Nzang mege kedetlu eh nkilung gade msuitu be ha teu mpau le.

D. Nkibau me tsingbang herilu, aidega sauliage.



Kepei - 8

HEKA KECEUNA

Kepei kahkegaidung

1. Leipwak be pekieh ci eh pei, pelei tei sünne, kezang nah peciam tei lu.
2. Leipwak be rehi gade keteu kegaidung de samli peu lu.

Dui ga heka dung
Ket, kena, kecum,
Dui ga heka dung
Mdhing, mdhing, mdhing

Dui ga heka dung
Zak nlüt mpet
Dui ga heka dung
Tetti, tetti, tetti.

TEIKERELI;

- A. Leipwak be hema tei lwe mede hekan mzi lwe pei lu.
- B. Leipwak be ga makie kena kebam ze pemie herhi lu eh pegiak giak gailu.

C. Keteu kegaidung samli peu gailu.

1. Leipwakbe ga heka daikie ge rang nzeu no?

2. Dui gade hekadung dai tei no?

D. Hekadung ketsamtsam bam, kesang gade nang kengau gage riettwagwa gailu (Mamie ga heka ketsamtsam dung)



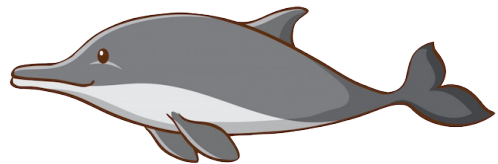
Eel



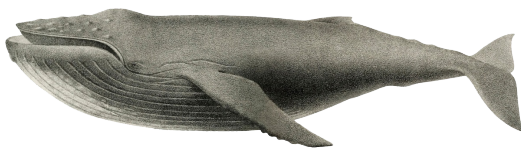
Catfish



Mackerel



Dolphin



Whale



Salmon



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