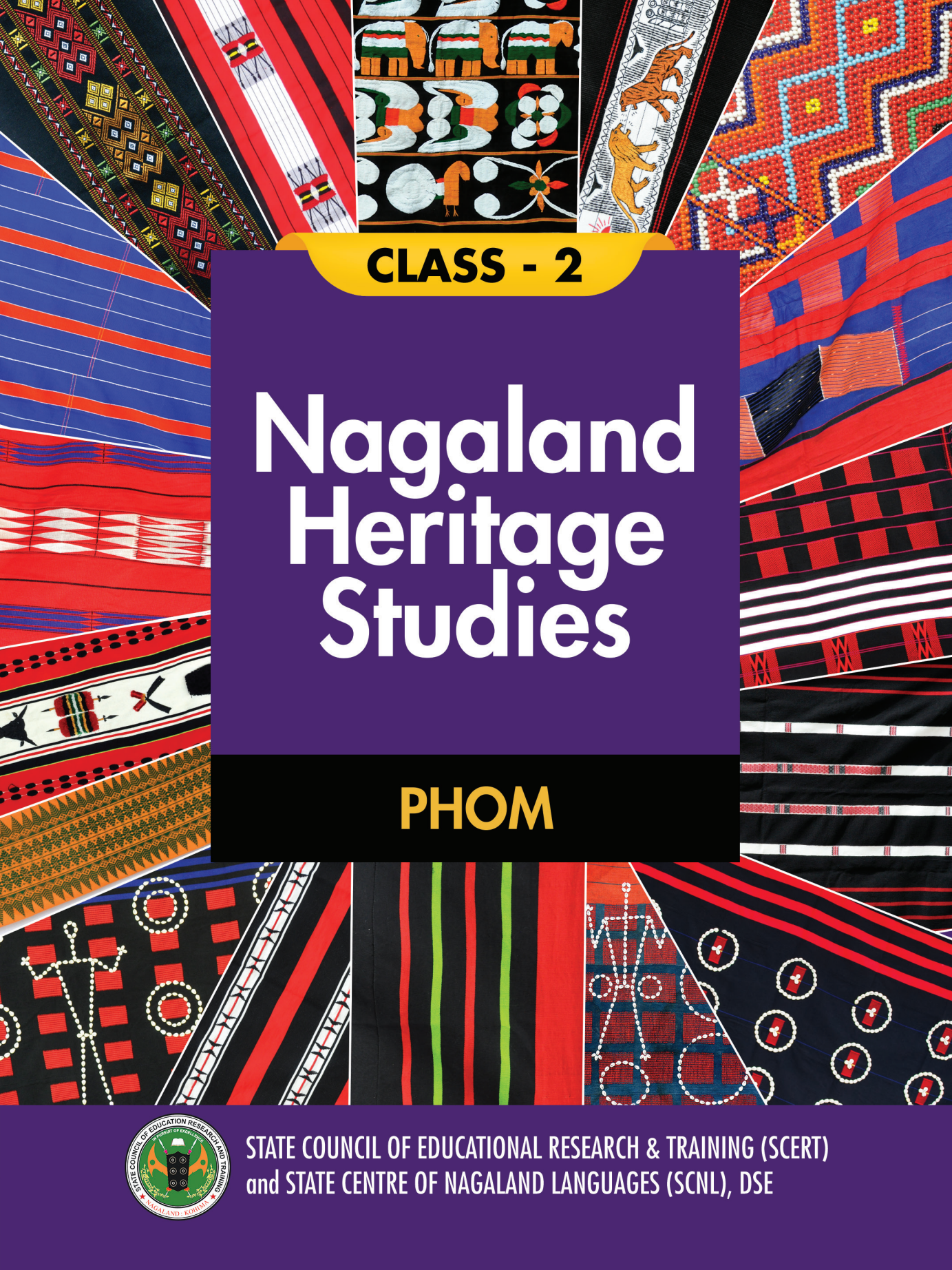




CLASS - 2

Nagaland Heritage Studies

PHOM



STATE COUNCIL OF EDUCATIONAL RESEARCH & TRAINING (SCERT)
and STATE CENTRE OF NAGALAND LANGUAGES (SCNL), DSE



Nagaland Heritage Studies

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NAGALAND HERITAGE STUDIES | CLASS 2 - PHOM

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Illustrator: Arien

FOREWORD

The Nagaland Heritage Studies (NHS) is a series of 18 officially recognized Nagaland languages from classes 1 up to 8. These books aim to teach the Nagaland Languages using local culture and heritage as its content base and also promote cultural richness of every tribe and community. The introduction of the Nagaland Heritage Studies in the State's schools from 2018 was in consonance with the guidelines of the National Curriculum Framework (NCF) 2005. The Nagaland Heritage Studies textbooks revised edition covers the learning needs of the students which have added meaningful illustrations. The NHS textbooks are evolving to better language learning of Mother Tongue which is the core basis of one's identity, history and culture.

The State Council of Educational Research and Training & SCNL would like to express gratitude to Professor D. Koulie for his contributions.

We would also like to acknowledge the Department of Arts and Culture, DIPR, all Literature Boards, Tribal Hohos, and the individuals concerned for their contributions towards the development of Nagaland Heritage Studies Textbooks.

The Council & SCNL also wishes to extend its gratitude to Smt. Kevileno Angami, Commissioner & Secretary, Government of Nagaland, SCERT and School Education for sharing valuable suggestions towards improving/updating of Nagaland Heritage Studies textbooks.

Lastly, appreciation goes to SCERT and SCNL team members who have worked hard in completing the NHS textbooks revision on time.

Dated: Kohima the 7th of November 2022.



THAVASEELAN K
Principal Director (IAS)
School Education, Nagaland, Kohima



N.CHUMCHANBENI KIKON
Director,
SCERT, Nagaland, Kohima

SHEEHONGSHAH

India Sorkar hommei nyiübüh shah meeishi lekkei nyingei nyuhen medkü kaüpjän nyupü kü shenshi Nagaland sorkar-i yao hangkovih yah-ei jen maanpü kahmüg vailangmao shahlhem longi nyupü kahmüg kü Hashih beü-i laophü lei nyiübüh shah mhanhen ahshiüng shongnyiü shei teihtü Education Department hommei school lei iehen laaitap ngaihen shing SCERT ami mongshang longpü kotü “NAGALAND HERITAGE STUD-IES” shei mentü daoshu dhü dükpülei Naga amei vanglem dükhiliüng Mohitap, Yimpila, Bü-oo chongei leiyei yemmei dükpü, laaitapmü ngaiyei iehen, haa hommei mahdaihen nyupü yiangei tuhpü kei chongkahan.

Pünyüvaishi, jen Phom ami laophülei nyiübüh shah ne-mhan, meheyao lekpü neshiü vangbung longi nyu-ei dainyüke. Shah-ang ngaipü laaitap hapalei nyiangkuk jaa (new spelling pattern) Phom Laaiyuong Dükliüng Ghong hommei liüngpü Spelling hapa Phom People Council-i mongei yahpü kü lahbhentü jennei hapa ielhem laaitap ngaiynyüpa. Kandok shah kü epükei nedükpü phiyü pheidaipü üng meibüpa, shah-ang jenni mehe dükkei dainya haa dao-aong leiyei dükshah.

Denjaa kü nyinghen mhanhen longi nyujao, mechem-ao laophülei Ny-iübüh shah kü neken-i, haa deyakphong, shejao nyiangpü iepü kü longi mongshuohtuh. Hapa-i mon niüng üpa ang ha mih-i nyinghen. Menyih thahshi hakeipü laai dhü neshiü hadü hangkovihvaishi nedük, hanang-kü lhem longi peihtük, betük aamtük ha mechemmao nyokkei neleika-hen.

Tohpülei hashidhü amphongi laophü nyiübüh shah mechem mhanhen-shang niüng yongpü lashopshing dongvongpü vaikahen hadü mih-i niüng üpa ha nyinghen. Hapa laai iepü ambeü Kahvangi moihimante.



(T. IMDONG PHOM)

*Chairman
Phom Literature Board*

GOSHI NYUPÜ

Fah

1. FEI-IE (21-50)

1

2. HAM SHEM-AÜM - II

7

3. VAANYAAÜ

11

4. NGELEI SHEM

13

5. YIANGNYU MEEISHI NYUHEN

20

6. NGAAPÜ JAAPÜ

26

7. MEEIPÜ YEMYA

30

8. NGELEI LAAIPANG

36

9. BÜSHAH

40

IELHEM 1

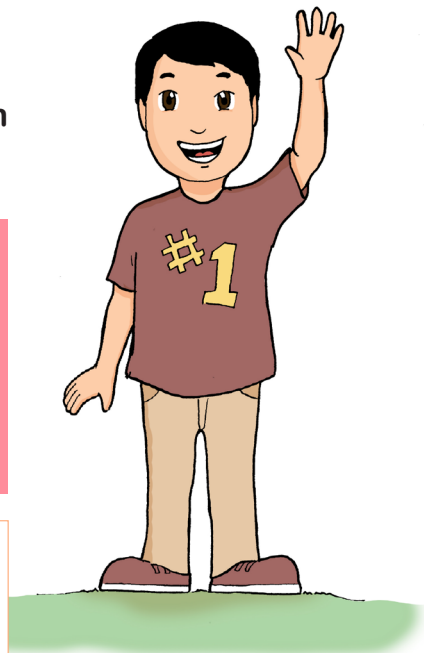
FEI-IE (21-50)

Nyinghen müghung:

1. Amei shah kü fei-ie men nyüpeih shei nyinghen 21-50.
2. Fei-ie men dhü dhennei shei nyinghen.
3. Fei-ie men hadü ngeü jieüshangi ietuh.
4. Fei-ie mendhü jieüshangi ietuh.

Niüngi shuoh-ei nyupü fei-ie jieüshangi ietuh
hadü hük küpü kukha thahshi nyiangtuh.

Annpü nyi, Shiü, Nyet, Hük, Shet, Nga,
Annpü chem, Chem, Vok, Annpü alli, Nyi,
Annpü nyet, Annpü hük, Annpü shiü, Annpü
nga, Kukha, Alli, Annpü vok, Ann, Annpü
shet.



Jenni iehen mhanshah hadü fei-ie mendhü nyingshah.

21- Hapü hük
22- Hapü nyi
23- Hapü chem
24- Hapü alli
25- Hapü nga
26- Hapü vok
27- Hapü nyet
28- Hapü shet
29- Hapü shiü
30- Hapü ann

31- Hapü annpü hük
32- Hapü annpü nyi
33- Hapü annpü chem
34- Hapü annpü alli
35- Hapü annpü nga
36- Hapü annpü vok
37- Hapü annpü nyet
38- Hapü annpü shet
39- Hapü annpü shiü
40- Penyi

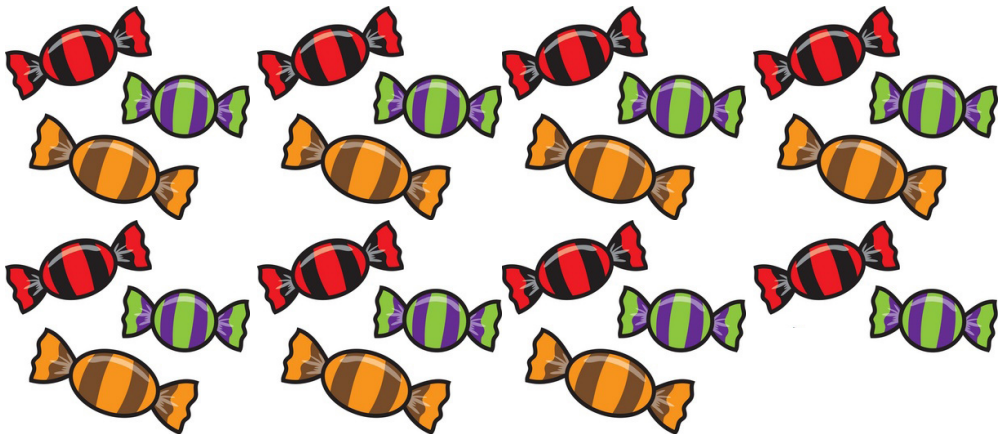
41- Penyipü hük
42- Penyipü nyi
43- Penyipü chem
44- Penyipü alli
45- Penyipü nga
46- Penyipü vok
47- Penyipü nyet
48- Penyipü shet
49- Penyipü shiü
50- Penyipü ann.

Dükhen:

A. Fei-ie hapü hük küpü penyipü hük thahshi nyiangtuh.

B. Phangei pü lhachei dhü kü veituh. Daodhü ietuh hadü fei-ie mendhü nyiangtuh:

1.



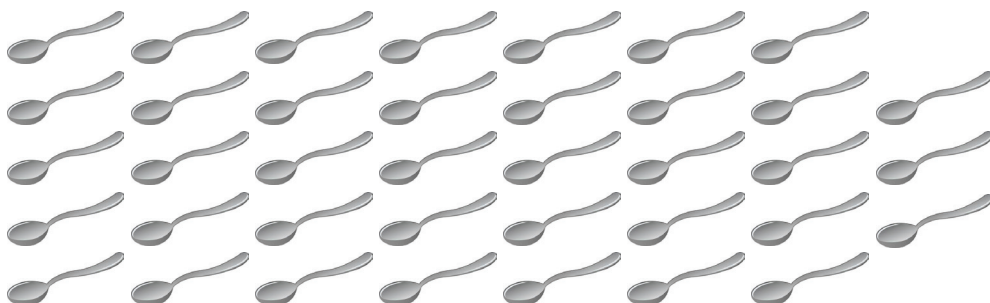
.....

2.



.....

3.



.....

4.



.....

5.



.....

6.



.....

C. Fei-ie penyipü hük küpü penyipü ann thahshi nyiangtuh.

.....

.....

.....

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.....

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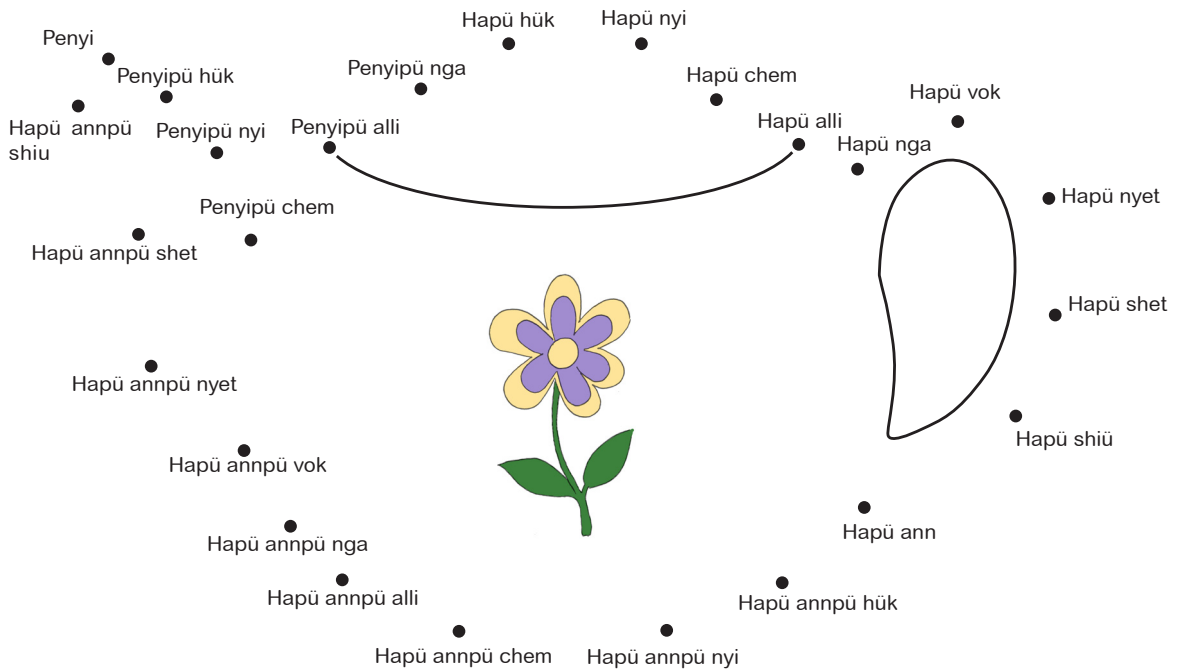
D. Fei-ie dhennei jieüshangi nyiangtuh

Hapü nga	Hapü annpü shet	Penyipü ann
Hapü chem	Penyi	Penyipü vok
Hapü hük	Hapü annpü vok	Penyipü shiü
Hapü alli	Hapü annpü shiü	Penyipü nyet
Hapü nyi	Hapü annpü nyet	Penyipü shet

E. Fie-ie jieütei pü kei nyiangtuh

21	Hapü annpü chem
35	Penyipü vok
46	Hapü hük
33	Hapü annpü nga

F. Lhachei hi fei-ie akü jük shingei shentuh. Hapü hük-i pahngei dhennei jük shingei beü shentuh.



IELHEM 2

HAM SHEM-AÜM - II

Nyinghen müghung:

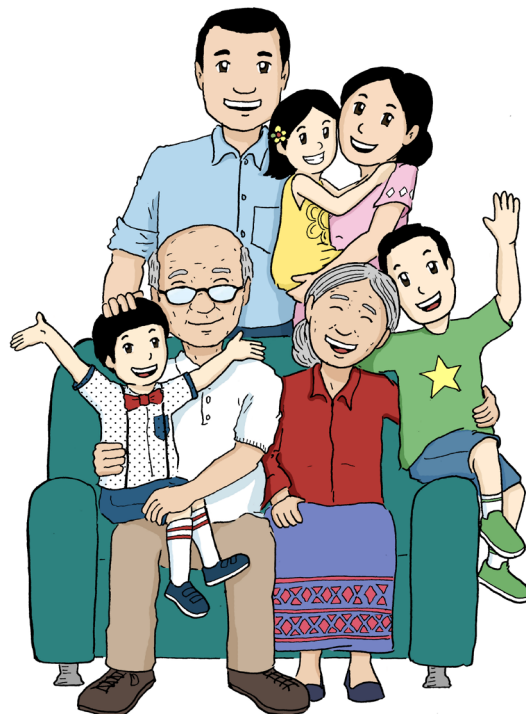
1. Ielhem wongmü hadü jieüşhi ietuh.
2. Jieüşhanghi laophü shem-aüm, shemshaa dhü üpa kü mükkei nyukhen ha nyingtuh.
3. Ielhem jieüşhanghi ietuh.
4. Ielhem kü pheepü phaja-i lahtuh.
5. Ielhem nang phaja-i jaüteituh.
6. Shah-e mhanhen shingvaishi nyi jaütei pa-i sheühnyeih.

Ngelei men Moilen. Ngelei shem-aüm mü ngei nyunyieh. Ngelei shem-aüm mü nyiühipa, jeihinaü. Ngelei obü hadü opi ham mü nyunyeih.

Lebü shem-aüm mao nyüpeih. Jumphong ham mü nenyunyih. Ngelei oku, Onyei hadü jenaübeü. Jumphong-ü ngelei onyiü lei jennaübeü dhü.

Ngelei opa naüepa hadü opa shompü hadü ngelei onyei. Jumphong ü opa lei jennaübeü dhü.

Haadhü shennyiak beü-ha ham shem-aüm. Hamphong hük hi hük pamteishi hadü sheühteishi nyunyeih.



Dükhen:

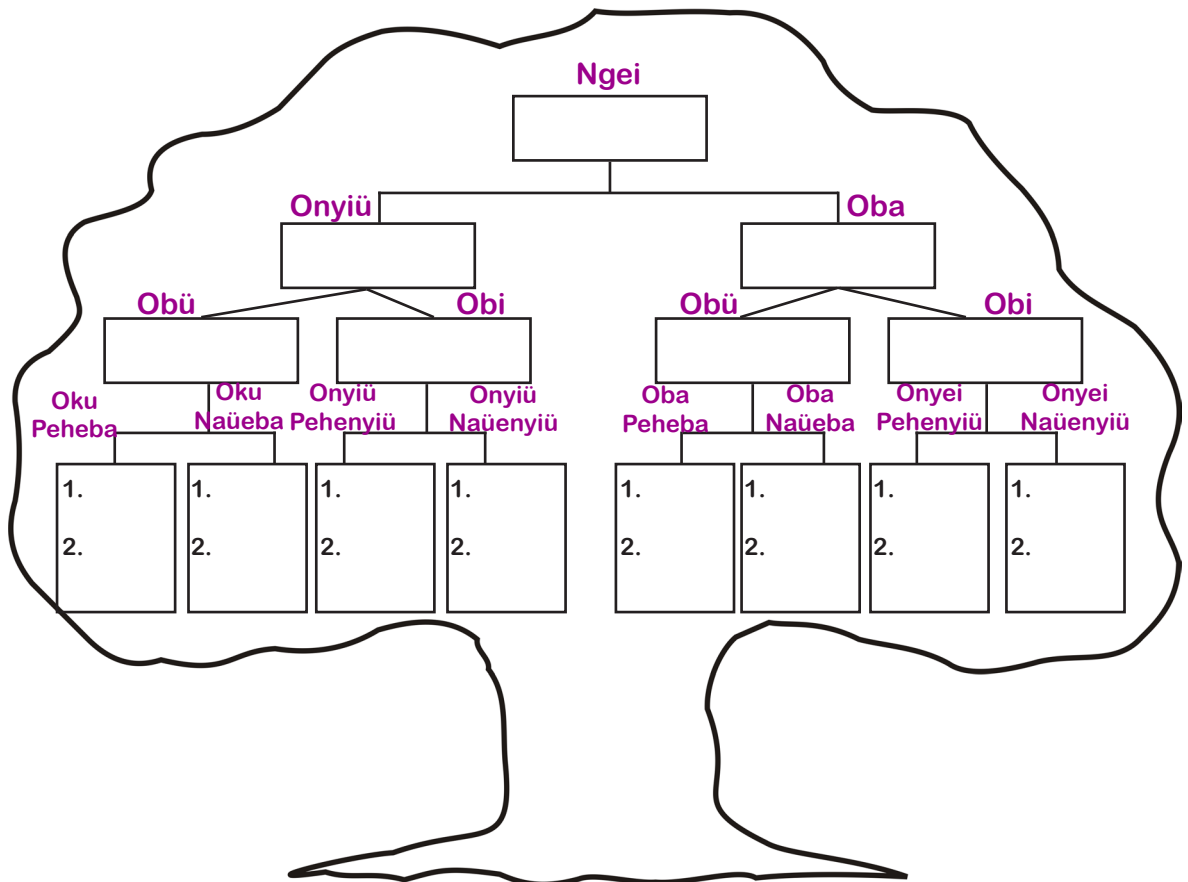
A. Shingkong nyupülei men jieü-ei nyiangtuh.

1. Ngelei opa lei jenaünyiü kü _____ nyüknyeih.
2. Ngelei opa lei jejei kü _____ nyüknyeih.
3. Ngelei opa lei jenaü kü _____ nyüknyeih.
4. Ngelei onyiü lei jepa hadü jenaü kü _____ nyüknyeih.
5. Ngelei opa lei jepa hadü jenaü kü _____ nyüknyeih.
6. Ngelei onyiü lei jenaü kü _____ nyüknyeih.
7. Ngelei onyiü lei jenaü nyiü kü _____ nyüknyeih.
8. Ngelei onyiü lei jejei kü _____ nyüknyeih.

B. Pheepü kü lahtuh:

1. Shemmei niüng üpa mü nyu nya?
2. Niüngei annyei hadü pa-naüeba meshük nyüpa?
3. Niüngei annyei naüenyiü meskük nyüpa?
4. Am shem-aüm mü lennei niüng mü hühteipü üpa ang?

C. Shemmongshaa püü kü am shem hadü jeihinaü men dhü nyiangtuh.



D. Küphü mü uotü büpa/benyiü lei shemmong jong yemtuh?

Nyuhbü üpa kü vaijao haadhü dao dükhen jumphong nyi nyi uophei kü kanghen. Büpa/benyiü-i deihpü jieü-ei iehen vongpong.

- Büpa/benyiü shem-aüm meshük mü nyunya?
- Büpa/benyiü lei pa-naü e hadü onyei meshük nyüpa?
- Büpa/benyiü-i nyeinya pampü yü panaüepa hi annyei ang?
- Shem-aüm beü thaijü mehe düknya?

**E. Küphü mü uotü niüngi pampü oku nevaijü onyei jong etuh.
Niüngi hapakei jaüteituh:**

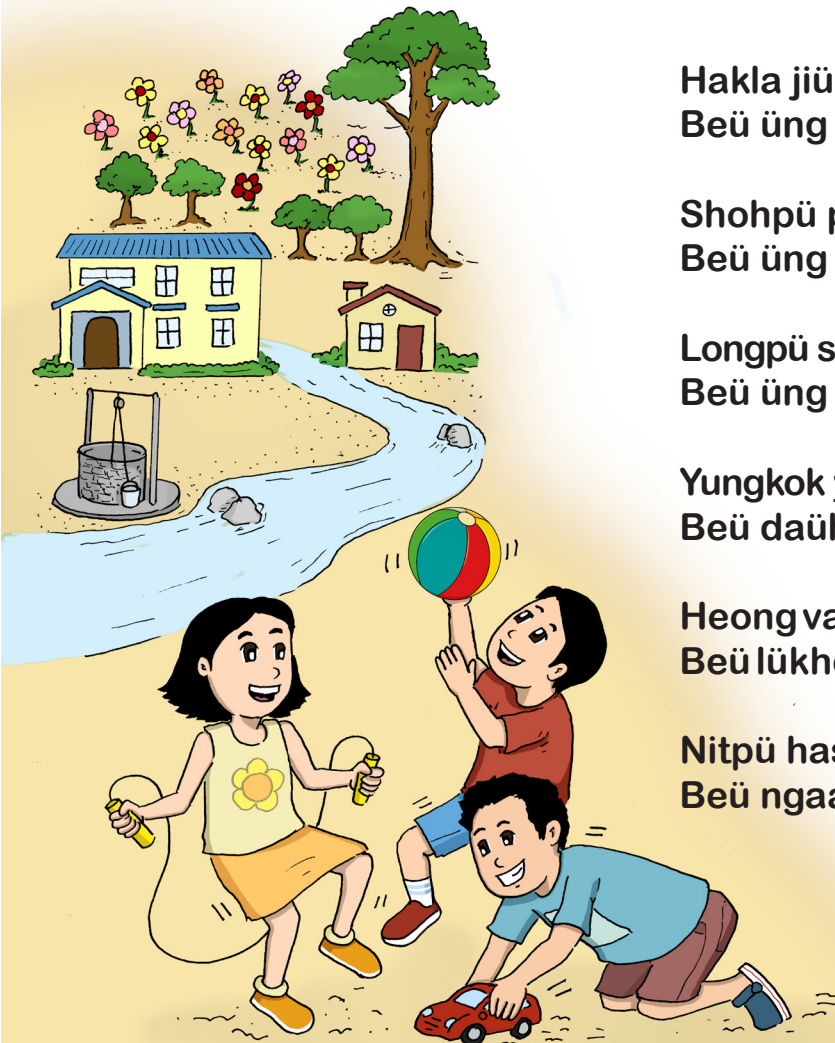
1. Büpa/benyiü mellei nyunya?
2. Büpa/benyiü kü niüngi mehekei pamnya?
3. Büpa/benyiü mükkei etü niüng mü shenteishi nya?
4. Büpa/benyiü hadü niüng jemi mehe düknya?

IELHEM 3

KAÜMMEI SHING (Vaanyaaü)

Nyinghen müghung:

1. Hapa vaanyaaü üng kü jieü-ei ietuh.
2. Vaanyaaü nying pheï kü phaja-i nyiangkuk hadü shahlhüng nang jaüteituh.
3. Shah jaa ngeü jaa iepü nyiangnüng mhantuh.



Hakla jiü, vungve jiü
Beü üng dhe meeishi.

Shohpü püü, lupü püü
Beü üng Dhüm.

Longpü shem, maanpü shem
Beü üng Dhümloi.

Yungkok yung, yungyen yung
Beü daühen langhen shing.

Heong vanglök, heeshü vanglök
Beü lükhen shing.

Nitpü hashih, koihpü hashih
Beü ngaahen jahren shing.

Dükhen:

A. Hapa vaanyaaü ghong/shennyiak nyi hadü lomja-i ietuh.

B. Hapa shahjök lei labpü mhantuh:

1. Nitpü - Büpa longi nitshi nyüke.
2. Koihpü - Büpa longi koihshi nyüke.
3. Lükpü - Shennyih lükpü vanglök longi wongmü khih.
4. Dhümloi - Jen nyupü shem jennei dhümloi.
5. Dhüm - Phaü kü shajü dhüm jannyeih.
6. Longpü - Hapa püü shaüm longi longshi nyüke.
7. Maanpü - Hapa yaong longi maanshi nyüke.
8. Yungkok - Yungkok lei yung nyüke.

C. Haadhü pheepü kü lahtuh:

i. Nitpü lem nyi lei men?

ii. Maanpü daolem nyi lei men?

iii. Hakpü daolem nyi lei men?

iv. Koihpü daolem nyi lei men?

v. Yung nopü lem nyi lei men?

vi. Mechem vanglök lük hen shang aülaü pü daolem nyi lei men?

D. Küphü mü uotü niüngei küphü meeipü jong jaüteituh. Niüngi jum kü mehe lümmei deihnnya hadü jemmi mehe pammei ngaanya ha etuh.

IELHEM 4

NGELEI SHEM

Nyinghen müghung:

1. Ielhem wongmü hadü jieüshi ietuh.
2. Shem lao lao nyupü nyingtuh.
3. Shem nyupü nanglei nyingtuh.
4. Shem lao lao kü nopü daolem dhü nyingtuh.
5. Shah jaa ngeü jaa iepü nyiangnüng mhantuh.
6. Ielhem kü nyupü phaja-i lahtuh.



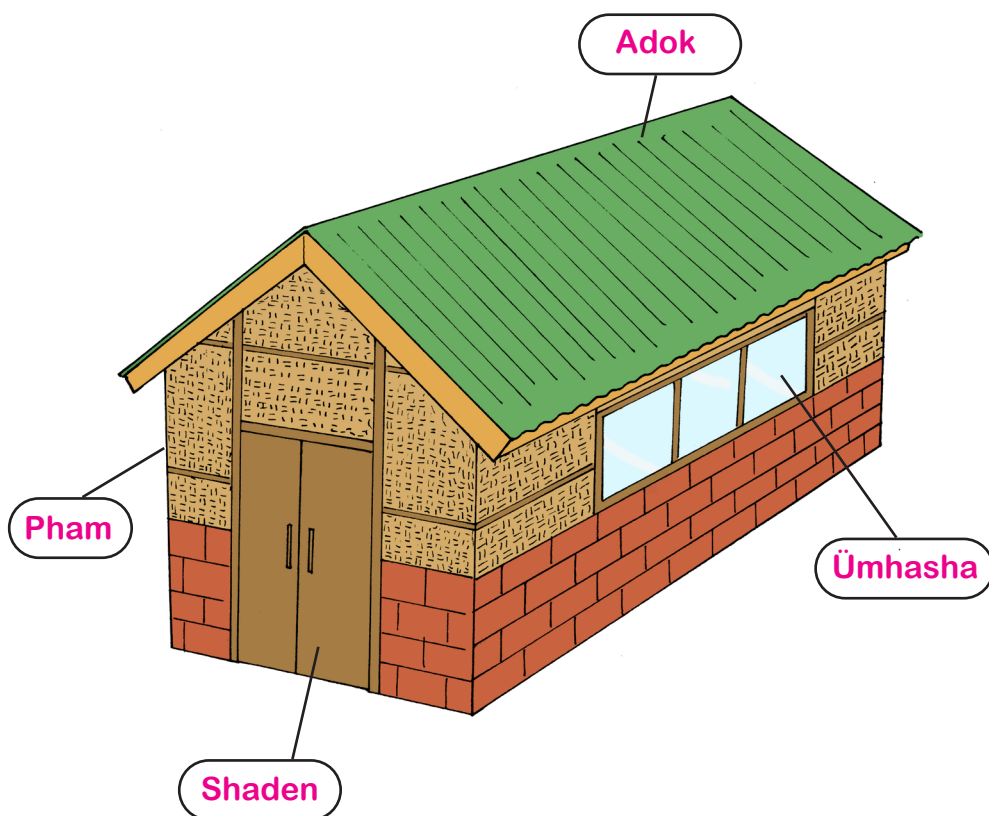
Ngei-yü Moilen. Hapa yü ngelei shem.
Ngei Tamlu ching-ei nyunyeih.



Ngei-yü Chaiba. Hapa yü ngelei shem.
Ngei Longleng chila lei nyunyeih.



Hammei shem kü adok, shaden,
ümhasha hadü pham nyüpeih. Haadhü-i
ham yangei meeishi tuhnyeih.



Shem-i hamphong shampü, vang, vohongpü, vanglük, qühpa hadü
phaüyem küpü yangnyeih.



Chila dhü-lei shem-ü yaong, nyam, cement, püü hadü eta yaong-i liüngnyeih. Haadhü shem kü yaong shem shei enyeih.



Chingshu lei püü shem dhü-ü püü, dam, lang hadü voong-i liüngnyeih. Hakü büpi shem shei enyeih.

Jenni shem daülangi tuhshah.

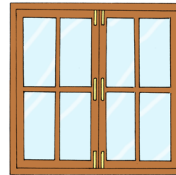
Dükhen:

A. Shingkong mahütuh.

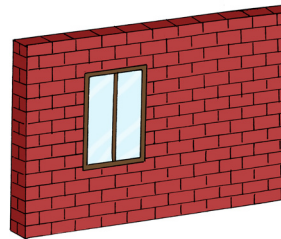
1. S _ _ _ n



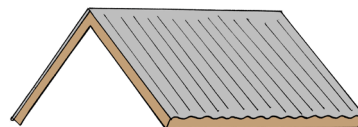
2. Ü _ _ a _ _ a



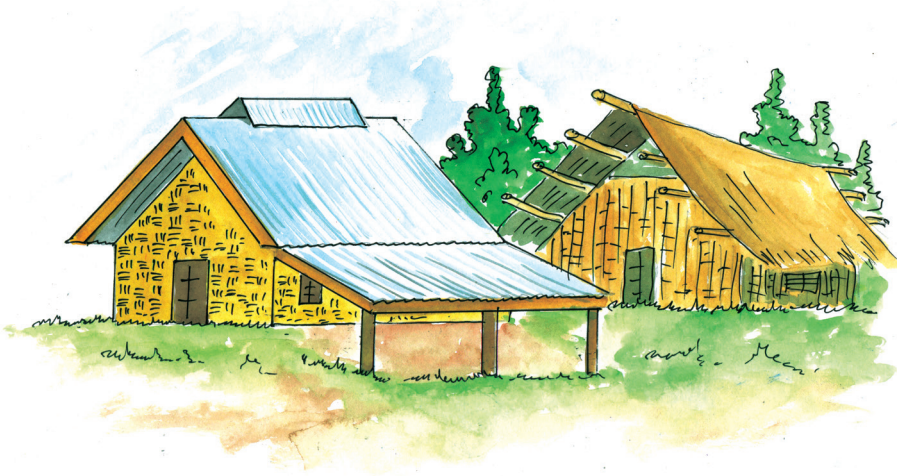
3. P _ _ m



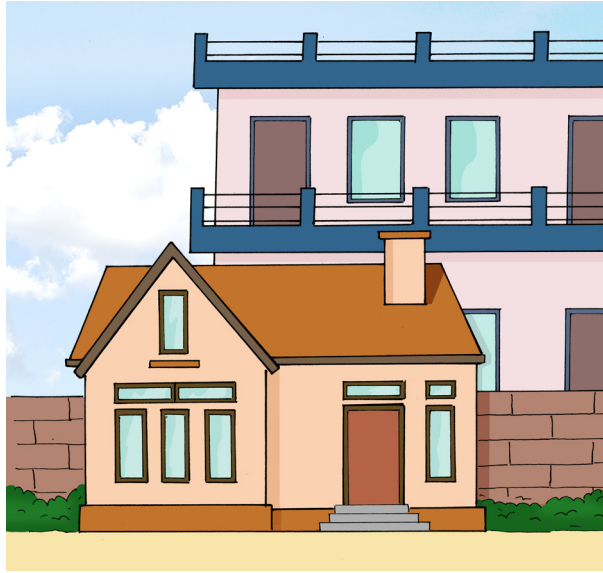
4. A _ _ k



B. Phangei shuohpü lhachei kü veituh mepa daolem-i vehen mendhü shingkong kü nyiangtuh.



Pham Shem



Yaong Shem

C. Phangei pheapü kü lahtuh.

1. Jenni shem mehekei nanya?
2. Chingshu lei mepa daolem-i shem liüngnya?
3. Chila lei mepa daolem-i shem liüngnya?
4. Shem-i jen menüing lem küpü yiangnya?

D. Shem baktuh hadü ow shihtuh.

E. Jieü�ü shah kü veikok shihtuh:

1. Pham shem mü

(a) Longpü shem (b) Maanpü shem

2. Yaong shem mü longshi shing mellei eenya:

(a) Chila (b) Chingshulei

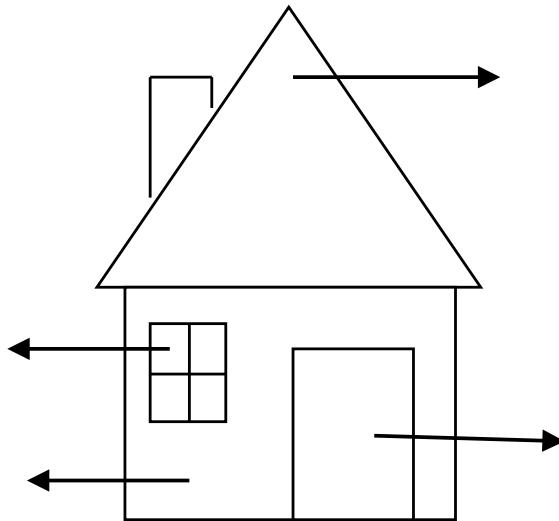
3. Yaong shem mü mepa i liüngnya:

(a) Asham (b) Eta yaong

4. Laahng-i liünpü shem mü:

(a) Pham shem (b) Yaong shem

F. Lhachei kü veitü shem phaihen lao lao men nyiangtuh:



IELHEM 5

YIANGNYU MEEISHI NYUHEN

Nyinghen müghung:

1. Yiangnyu meeishi nyuhen yemya nyingaokhen.
2. Daüshi langshi nyuhen lem lao lao nyinghen.
3. Shahlhüng jieüshi iehen hadü nyianghen. Hapa yü..? Hih hapa yü... nevai hapa yü...ha yü..
4. Ielhem küpü shahlhüng meeishi lekkei ietü shahjök jaa yemhen.
5. Niüngei yiangnyu kü meeipü yemya lok lakk ei daihen.

Jenei yembüm daülangshi tuhhen hadü yiangnyu meeishi nyuhen.
Ngei yü Chaiba.
Ngei hapa kei daülangshi nyunyeih.



Ngelei fa nyih kü nyiba vaünyeih.



Ngei nyihjeih hangha laknyeih.



Ngei ashak viha
daülangpü thuhnyeih.



Hahying shee kü hadü
hahying pheikü dungei lak hühnyeih.

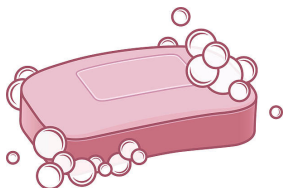


Ngei kaai kaai shing kü hadü hahshü shü shingkü ju kü romal jümnyeih.

Dukhen:

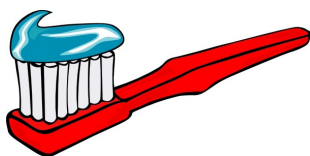
A. Lhachei kü veitü, pheapü shah kü lahtuh?

1.



Ha mehe ang?
Hapa-i mehe vainya?

2.



Ha mehe ang?
Hapa-i mehe vainya?

3.



Ha mehe ang?
Hapa-i mehe vainya?

4.



Ha mehe ang?
Hapa-i mehe vainya?

5.



Ha mehe ang?
Hapa-i mehe vainya?

B. Jieüpu shah kü viekok shihtuh:

1. Thom kü paowei ngei shongei
 - (a) Khalap yingnyeih.
 - (b) Latuh paünyeih.
 - (c) Fa vaünyeih.

2. Ngei nük hah pheikü
 - (a) Hangha laknyeih.
 - (b) Lak hühnyeih.
 - (c) Lak thitnyeih.

3. Ngei hangha
 - (a) Hapta kü jem laknyeih.
 - (b) Jem jem mon laknyeih.
 - (c) Nyihjeih laknyeih.

4. Yiangnyu meeishi nyuhen shingvaishi
 - (a) Ashak viha daülangpü thuhnyeih
 - (b) Ashak viha ja thuhnyeih.
 - (c) Ashak viha shampü yahnyeih.

5. Ngei romal yah-ei
 - (a) Table daünyeih.
 - (b) Lathuh thitnyeih.
 - (c) Ju kü jümtü kaainyeih.

**C. Lhachei kü veitü pheapü shah kü hih hadü nevai shei lahtuh.
Hük-ü dükkei shüpeih.**

1.



Hapa yü sapon vaila?
Nevai, hapa yü shuhai kih.

2.



Hapa yü hanghadhit ashak vaila?

3.



Hapa yü fa vaü haanha vaila?

4.



Hapa yü yung vaila?

5.



Hapa yü shu thuteipü shampoo vaila?

D. Pheepü shah kü lahtuh.

- 1) Jenni yembüm meeishi tuhhen nang kü mehe dükhen?
- 2) Chaiba i meshükpa fa vaünya?
- 3) Nük mang hah shee kü jenni mehe dükhen?
- 4) Mechem jenni hahshü shüjü mehe dükhen?
- 5) Jenni mepa i lak daühen?

E. Shingkong kü nyiangtuh:

- 1) Paha näü i ashak viha _____ tuhnyeih.
- 2) Paha näü i büpa lei fa _____
- 3) Paha näü i büpa lei lak _____
- 4) Jenni shu _____ i hainyeih.
- 5) Hangha lakphei kü hanghadit ashak i büm _____ shing nonyeh.

IELHEM 6

NGAAPÜ JAAPÜ

Nyinghen müghung:

1. Ngaapü jaapü lem lao lao baong haanei nyingaokhen.
2. Ngaapü jaapü shongnyiü nang nyinghen.
3. Hapa, ante, hadü, haaphong shahkjiük yah-ei shahlhüng meeishi liüngaokhen.



Dükhen:

A. Pheepü kü lahtuh:

1. Lhachei lei hashih dhü-i ngaapü men ietuh?
2. Niüngi ngaateipü lhem chem ietuh?
3. Nyeikhaonglah yahei mehe liüngnya?
4. Skipping vü-i mehe vainya?
5. Kite-i mehe vainya?

B. Haadhü ngaahen shingvaishi mehe daolem nadang ang.

- | | |
|-----------------|------------------|
| 1. Seven stones | 2. Ludo |
| 3. Spoon race | 4. Musical chair |
| 5. Carom board | 6. Sack race |
| 7. Table tennis | 8. Hopscotch |

C. Jieüpu shah hadü lhachei kü veiyei line dütuḥ

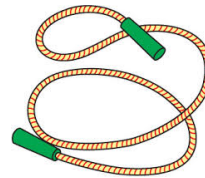
1. Voong iishup piipü



2. Viü yahei phokpü



3. Bangshong



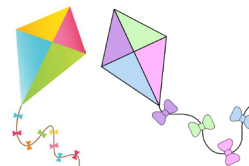
4. Nyeikhaong



5. Lijak



6. Marbles



- D. Nyuhbü i voong iishup piipü mükkei liünghen haa hutuh. Laaivangh hanaü eyei voong iishup piipü (kite) liünghen khetuh. Voong iishup piipü kü laaivangh hanaü dhü lei men bakkei nevaijü nyiangtuh.
- E. Ngaapüjaapü nyih
Class ei büyem vanglem kü ngaapüjaapü nyih yahtuh. Ghong mü nevaijü nyi nyi uotü hashih i Naga amei büyem vanglem kü ngaapü jaapü 3-4 nyingei ngaahen.
- F. Mongei hadü chingshe lei ngaapü lem chem nyiangtuh. Laai dhü nevaijü ngaapüjaapü kü nopü daolem dhü yahei laaivangh hanaü dhü mepa daolem dhü yahei ngaanya haa phetuh.

IELHEM 7

MEEIPÜ YEMYA

Nyinghen müghung:

1. Ielhem wongmü hadü jieüşhi ietuh.
2. Meeipü yemya shongnyiü nang nyinghen.
3. Meeipü yemya nyupai vangdhüm shuohpü hadü kenpü hunyeih.
4. Ielhem kü nyupü phaja-i lahtuh.
5. Shah jaa ngeü iepü mhantuh hadü shahlhüng kü noteituh.
6. Pheepü shah kü jieüşhi lahtuh



Nyiüli yü maanpü hashih hük, benyiü Longleng lei nyünyeih. Benyiü i doll longi yalhü-ei deihpü nangkü benyiü-i chepa kü, “ngei doll yalhü angke!! Doll shak shih”, shei-e.

Chepa-i Nyiüli-i shah epü vanglem nelüm hanangkü doll neshak pih shei eshuoh.

Nyiüli mongmangei thaüp yaki chenyiü daowei heih.

Chenyiü-i Nyiüli kü shah meeishi ehen vanglem nyuh hadü Nyiüli-i chepa kü “opa mangtükshih, ngei kü doll hük shakpha aokhalla?” shei phee.



Nyiüli lei chepa-i doll shakhen mongshuhteke, Nyiüli longi mongong hadü “opa mongmei nyeih nyu shei-e.”

‘Mangtükshih’, ‘Chingmeilemnüngei’, ‘Mongmei nyeih’ shei ehen meipü yemya nyuhhen ahshiüng shongnyiü. Hashih hük yemya meeishi nyu jü ma shennyiak beü-i lümnyeih hadü pamnyüpeih.

Dükhen:

A. Pheepü shah kü jieüshi lahtuh.

1. Nyiüli-i chepa kü shah meeishi nüepükih shei deihtü mehe vaipa?
2. Chepa kü khümmei benyiü-i mehe shah epa?
3. Chepa-i benyiü kü doll shakphahen shei eshingkü benyiü-i mehe epa?
4. Hapa ielhem nying pheikü niüngi meeipü yemya 5 yahei noteituh.

B. Yemya meeipü shah mükkei ehen shang nyiangtuh.

1. Niüngei opü-i niüng kü dhindho yahpüjü _____.
2. Niüngei lak küpü khalepshong langei shennyiak haanei kü hayshuohjü
_____.
3. Niüngei onyiü-i homework dükkei sheühpüjü _____
_____.
4. Niüngi nenyngi mih-ei la kü shop shuoh jü _____
_____.
5. Niüngi mih kü hapa laai jem jaishi shei ehen vaijü _____
_____.
6. Niüngei küphü kü pencil jem yühen vaijü _____.

C. Lhachei kü veitü hadü labpü shuohei nyupü kü veitü shahlhüng liüngei nyiangtuh.



Eg: Chingmeilemnüngei 1. ngei kü hapa jiü maani yahshih?
Mangtükshih 2. Ngei hapa jiü yahpü kü mangtükshih.
Mongmeei nyeih 3. Ngei kü jiü yahphüpü nang kü mongmeei nyeih.



Chingmeilemnüngei 1. _____
Mangtükshih 2. _____
Mongmeei nyeih 3. _____



Chingmeilemnüngei 1. _____
Mangtükshih 2. _____
Mongmeei nyeih 3. _____

D. Ngaahen

Küphü hük nyüktü yemya meeipü shah-i jaüteituh.

Nyuhbü-i nyinghen: Hashih dhü kü shah meeipü ehen nyuhtuh. Hashih dhü hük-i-hük mü vanglem meeipü shah-i jaüteihen ngaapü hük liüngtuh hadü ngaahen dhongtuh.

1. Küphü nyi: Hük-i küphü lei phakthuh ashak meeipü kü vihpü shuohpü.
2. Küphü nyi: Hük-i küphü kü pencil/pen yü-ei khümpü.
3. Nyiu hadü habeü: Nükdü lei nük haypü kü habeü-i nyiü kü manglahpü.
4. Nyuhbü hadü hashih: Hashih hük laaipang phei shi ngoiyei manglahpü.
5. Nyuhbü hadü hashih: Hashih-i chingshe lei lao han nyuhbü ku khümpü.
6. Hashih: Nyeikhaong (Football) kü aokpü küphü kü menvih shuohpü.

E. Phangei shuohei nyupü lhachei kü veitü jieüpü dhe dhü shihtuh.



 Classroom mongei mokteipü	 'Mongmeeinyüpa' shei epü
 Nyuhbü kü sheühei niüngi laai dhü kotuh	 'Napmei'
 'Ngei kü mangdükshih' shei epü	 Ngeü vammei wongmü etuh
 Pencil yühen nang kü khümmei epü	 Nyiüp meeishi neyakpü

F. Yemya meeipü kü (✓)shihtuh hadü yemya nemeeipü kü (x) shihtuh

1. Ngaapüjaapü daolem dhü daütuh.
2. Pham kü nyiangtuh
3. Shennyiak i shah eshing kü attei shah epü.
4. Shennyiak kü sheühpü.
5. Nehanteipü.
6. Ju nejümi hahshü shüpü.
7. Shahkungnyiü vennepangpü.
8. Nenteiaokei pangpü.
9. Mongshihpü nevaijü dhüm neshuohpü.

IELHEM 8

NGELEI LAAIPANG

Nyinghen müghung:

1. Ielhem wongmü hadü jieüshi ietuh.
2. Laaipang shem mepa ang.
3. Laaipang shem-ei mehe düknya.
4. Laaipang shem kü shenpü lempöhü nyinghen.
5. Ielhem kü nyupü phaja-i lahtuh.



Ngelei men Aloi. Hapa yü ngelei laaipang hih.

Laaipang-ei ngei laai enüng hadü nyiangnüng mhannyeih hadü yemya vanglem meeipü mhannyeih.

**Laaipang-ei shennyiak longi nyüpeih.
Hapa yü ngelei nyuhbü Moishen hih.
Benyiü-i ngei kü nyuhnyeih.**



**Büpa yü Bakon laaipa kheipü.
Büpa-i laaipang shem
kaümmei kü khe-i vainyeih.**

**Hapa yü Batok nyiüpmaopü.
Büpa-i laaipang shem nyiüp moawei
daülangi tuhnyeih.**





Laaipang-ei ngei küphü longi nyüpeih.
Hamphong jemi class lei uo nyeih.



Hammei laaipang-ei ngaahen shing longpü nyüpeih.
Ngei ngelei laaipang pamnyeih.

Dükhen:

A. Pheepü shah kü lahtuh.

1. Laaipang mehe ang?
2. Laaipang-ei mehe düknya?
3. Laaipang-ei nyuhbü-i mehe düknya?
4. Laaipa kheipü-i mehe düknya?
5. Nyiüpmoapü-i mehe düknya?

B. Shingkong kü nyiangtuh:

1. Ngei _____ lei ngaa nyeih.
2. Ngei küphü dhü mü laai mhannüng _____ lei uonyeih.
3. Laaipang-ei ngelei _____ longi nyüpeih.
4. Ngelei laaipang-ei men ü _____.

C. Niüngei laaipang baktuh hadü rong shihtuh.

D. Shingkong kü nyiangtuh.

- 1) Miss Moishen yü ngelei _____
- 2) Mr. Bakon yü _____
- 3) Mr. Batok yü _____
- 4) Laaipang-ei ngelei _____ longi nyüpeih.
- 5) Hammei laaipang-ei ngei _____ shing nyüpeih.

E. Phangei shuohei nyupü shahlhüng dhü ietü jieüpü nevaijü nejieüpü nyiangtuh.

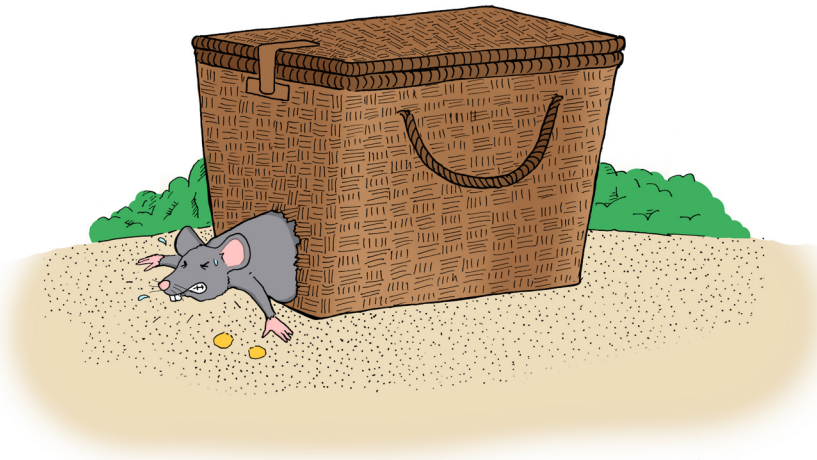
- 1) Ngelei laaipang-ei shennyiak longi nyüpeih. _____
- 2) Hamphong classroom mongei ngaanyeih. _____
- 3) Miss. Moishen laaipang daüshi tuhnyeih. _____
- 4) Ngei ngelei laaipang pamnyeih. _____
- 5) Ngei laaipang-ei mhannüng dainyeh. _____

IELHEM 9

Наһмangpü Yiüphüh

Nyinghen müghung:

1. Yimpila wongmü hadü jieüshi ietuh.
2. Yimpila ngeü vammei meeishi ietuh.
3. Yimpila jieüshi ietuh.
4. Yimpila jong ju-i phaja-i lahtuh.
5. Yimpila jong pheetuh.
6. Shahjük jaa labpü nyingtuh hadü shula shah mü labtuh.



Hepak hük kü hahmangpü yiüphüh mühdo maashi ongjük nyupü eteke. Büpai hapa hahhü. Hanang kü büpai mühdo kü wou liüngteke. Lithteï wou lemmei shü. Ongjük longi bupa hah. Mohpü büpai nying bupa longi mongmeei.

Shahang bupa laonüng shei khe. Bupa wou lemmei laonüng shei khe khan khe shejao neaok. Büpalei shünyüü maa hadü longtai. Shao üng bupa laonüng khe shejao angkung.

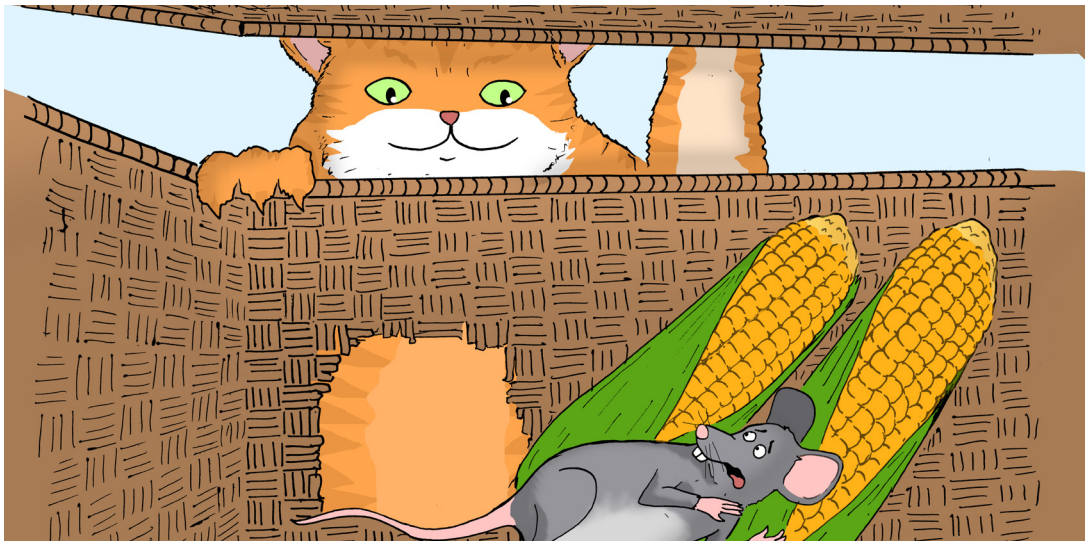
Yiüphüh thaüpnüng pang. Langshi lemmei daishing kü yiüphüh thaüppü tan hadüphe. “Ngeilei küphü mehekkei thaüpnüya?”

Yiüphüh-i hapakei eteke:

Ngei wou maanpü liüngei mühdo mongei shü. Shaang ngei hapa leipü laohen neaok.”

Langsh-i e:

“Niüngi longi hahpü nangkü khih. Tantuh niüngei shünyü mangjap thahshi.” Langshi hei etü nyiyei lütai.



Yiüphüh mühdo mongei shihüyei pei. Nepphei yü büpalei shünyü japtai. Shejao yiüphüh-i shaoüng ongjuk hahhü-ei pei. Hanang kü hah khan hahteke. Shao üng büpalei shünyü maadai. Büpai deih, “Oh! Ngei yü ngenep üng laohen khih.”

Shejao nepphei mashi peihei daishing kü. Mühdo mongei pü yiüphüh ngü pü shuohteke, dhühlak aüp mechem yiüphüh ee büpa longeshük. Hapakei ha yiüphüh tohteke.

Dükhen:

A. Baong nyi jieüshi häüpteituh:

MT	English
1. Hahmangpü	1. Hole
2. Mühdo	2. Belly
3. Maanpü	3. Shrunk
4. Wou	4. Greedy
5. Shünyü	5. Pounce
6. Thaüppü	6. Basket
7. Shihüpu	7. Small
8. Japtaipü	8. Tomorrow
9. Ngenep	9. Asleep
10. Longeishük	10. Cry.

B. Haadhü shah kü jangei lahtuh:

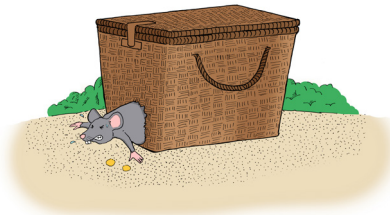
1. Üba jong ang hapa yimpila?
2. Mühdo mongei mehe nyupa?
3. Mükkei ietü yüphüh mühdo mongei shüpa?
4. Mehenangkü yüphüh mühdo mongeipü nelaopa?
5. Langshi-i yüphüh kü mehe iepa?
6. Shompü lei yüphüh kü mehe vaipa?
7. Niüng pao yüphüh vailang meyü mühdo mongei pü mükkei laohen?

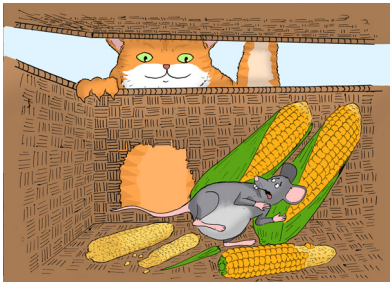
C. Laaphong ie jieüpu hadü nejieüpu nyiangtuh:

1. Mühdo maashi ong nyuteke.
2. Yiüphüh mühdo wuo lemmei lithte shü.
3. Yiüphüh-i ongjük haphphei kü mühdo mongei pü laodai.
4. Langshi thaüppü yiüphüh i tanteke.
5. Nepphei yiüphüh lei shünyü japtai.
6. Nepphei yao yiüphüh-i ongjük hah.

D. Lhachei kü veituh hadü shahlhüng hük nyiangtuh:







E. Shingkong kü nyiangtuh.

- 1) Hahmangpü yiüphüh mühdo maashi eeteke.
- 2) Büpa laonüng liüngteke.
- 3) Langshi-i büpa kü shünyü thahshi tantuh shei eshuhteke.
- 4) Yiüphüh mühdo mongei pei.
- 5) Mühdo mongeipü yiüphüh ngü kü pü shuohteke.

F. Yiüphüh hahmangpü nevaijü hapa yimpila mükkei etü tohhen?

Nyi nyi uotü hük hi hük kü yiüphüh hahmangpü nevaijü hapa yimpila mükkei etü mongongei tohhen haa jong jaüteituh.



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Iodine deficiency disorder is the single most common cause of preventable mental retardation and brain damage.

"Consume only Iodized Salt"